

Champagne Village

# CV TIMES

FEBRUARY 2022



## CVPOA HOURS

### OFFICE

Monday through Friday  
9:00 – 11:30am and 1:00 - 3:30pm

### FRONT GATE KIOSK

Monday through Friday  
8:00am – 4:00pm  
Saturday and Sunday  
10:00am – 4:00pm

### TRASH

Thursdays

## POOL HOURS

**ADULTS** 9:00am – 3:00pm  
**KIDS** 12:00pm – 2:00pm

## BOARD MEETING

THURSDAY, FEBRUARY 17TH

## UPCOMING EVENTS

Refer to the calendar, page 23.

## February News

The CVPOA Board of Directors met for its monthly meeting on Thursday, January 20th in the Village Hall. About 45 members were present.

New business included the following:

A motion to set May 26, 2022, as the date for the counting of election ballots for 2022 Board Directors was approved.

A motion to appoint Director Steve Caves as assistant CFO was approved.

A motion to approve an insurance proposal for the Association was tabled due to the proposal not being ready.

Discussion of a proposal for improvements to the Dog Park by several members took place with member input. A recommendation was made to refer recommendations and possible donations to the Common Area Facilities committee for further consideration, with a tentative report to be submitted to the Board within the next 45 days.

The next Board meeting is scheduled for Thursday, February 17th at 6:00pm in the Village Hall.

## SPECIAL WEDDING ISSUE: YOUR PHOTOS INSIDE!

### CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: [tsteigely@associatedasset.com](mailto:tsteigely@associatedasset.com) Board email: [CVPOAboard@gmail.com](mailto:CVPOAboard@gmail.com)

Website: [ChampagneVillage.org](http://ChampagneVillage.org) Office Phone: (760) 749-8008 Fax: (760) 749-8036

*sending love!*

## OFFICE NOTICES

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### **Paying Monthly Assessments Online**

If you pay your monthly assessment bill online, we advise that you wait until after the 6th of each month to submit your payment. This allows for time to add your water bill to the amount owed.

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### **REMINDER: NO Overnight Parking**

As a reminder, no overnight parking is permitted on any streets in Champagne Village. If you're expecting overnight guests, contact the Front Gate to arrange for a guest pass that will permit them to park in the guest parking areas.

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### **General Notices now Posted in Mail Center**

All General Notices from the Office will now be posted on the bulletin board at the Mail Center (see page 19 for details) and the bulletin board NEXT TO the entrance to the Card Room.

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### **Please Mind Where you Park!**

During the day, please be mindful of where you park along our streets. Please be considerate and avoid parking near an intersection or along a curve that may block a driver's view of oncoming traffic. Thank you!

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### **Dog Walking NOT Permitted on Most Streets**

Remember, dog walking is permitted ONLY in the designated dog-walking area. This area begins at the intersection of Sumac and Ironwood and extends down Ironwood past the Tennis/Pickleball courts, the RV Park and the dog park, to the end of Ironwood – then on to Live Oak toward the Stage/Picnic Area, ending at the Car Wash area (dogs are not allowed within the Picnic Area itself). Details are provided in the Rules and Regulations, available in the Office and on our website, ChampagneVillage.org. **Dog walking is NOT permitted elsewhere.**

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### **Not Feeling Well? Please Stay HOME**

In keeping with both CDC and San Diego County guidelines, **if you're not well or you have tested positive for COVID-19, please avoid indoor common areas.**

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### **GENERAL NOTICE: Gas Safety Public Notice**

This month, an important gas safety public awareness message for CV residents is being distributed along with your newsletter. This notice provides information about the CVPOA propane system and propane gas usage here in the Village. **It is important that you read this notice, as it provides important safety information for ALL residents and not just those who currently use the propane system.** If you have questions, contact the Office.

## OFFICE

**Tom Riggs**  
Community Manager

**Tami Steigely**  
Assistant Community Manager

## BOARD OF DIRECTORS

**Wade Steverson** President  
**Charolette Steele** Vice President  
**Tom Bossmeyer** Secretary  
**Greg Lorton** CFO  
**Susie Riley** Director  
**Steve Caves** Director  
**Donna Perez** Director

## BOARD COMMITTEES

**Architecture & Landscape**  
Donna Perez

**Common Area Facilities**  
Steve Caves

**Common Area Landscape**  
Charolette Steele

**Emergency Planning**  
Greg Lorton

**Communications**  
Everett Smith

**Social Activities**  
Linda Steverson

**Governing Docs**  
TBD

## CV TIMES EDITOR

**Susie Riley #311**  
CVTimesEditor@gmail.com  
(603) 938-5283

### **DEADLINE FOR ALL ARTICLES AND ADVERTISEMENTS**

The 15th of each month.

Residents are encouraged to write articles, submit photos and provide feedback on our newsletter.

The Editor reserves the right to edit or print any item submitted.

February 12, 2022

# Valentines Day Dinner-Dance Party



Catering by PRIME CUTS

Lemon Herbed Chicken w/Beurre Blanc Sauce  
Baked potatoes; Vegetables; Rolls  
Peach Bread Pudding w/Ice Cream

\$17.00 each

Check in: 4:30 pm

Reservations must be in by Monday, February 7 th

Make checks payable to SAC

Dance to the  
music of

**CALICO RIDGE**

## History of our Dog Park

Karen Smith #152

While President of the CVPOA back in 2008, I saw a real concern with the designated dog-walking area adjacent to the RV storage location. It was not cleared to provide an adequate and safe walking surface and the area was harboring an abundance of wildlife that could be dangerous to homeowners and their pets. After one instance where a dog was bitten by a snake it became necessary to find another area to build an outdoor oasis for the community's furry friends.

I approached several homeowners who had dogs and expressed that they make a proposal to the Board concerning their interest in developing a Dog Park here in the Village. Billy and Doreen Smith and Doreen Burchett were not only excited by the prospect, they also immediately spearheaded a committee to raise funds to share the costs and identify any specifications other pet owners may desire.

It was proposed to the Board that these residents wanted a flat area close to the creek, adjacent to the Picnic Area. The area was to be sodded and fenced to allow the dogs to run free and socialize. The committee worked with our Community Manager to develop both a plan and all associated costs, and the Board approved it in April, 2008, agreeing to continue its support of the asset as an amenity for the homeowners from that date forward. Labor was provided by the Association and work was completed in August of 2008.

Pet owners quickly set up the rules and regulations for the use of the Dog Park, including disposal of animal waste, expected behavior of the dogs and pet health requirements, and invited all homeowners to join in their Yappy Hours between 3:00-5:00pm. They posted signs and locked the entry to provide safety and security. Keys were initially distributed by the Office, but since are no longer required.

The Dog Park continues to provide a social network for both dogs and their owners. Both the fencing and sod are maintained by the Association, with seating provided for the homeowners.

*Resident Doreen Smith remembers, “none of us knew how to build a chain-link fence or plant sod, but our maintenance crew, Fil and Mario, worked with us to make it happen. Many of us brought sandwiches and cookies and cheered on the volunteer workers. The result is a dog park we can all be proud of!”*



FROM TOP: Linda and Dick Kroemer, Beverly and Chuck Bedwell, Betty and Charlie Service

THE YOUNG AND THE REST OF US PRESENT

A NIGHT OF FUN JUST FOR US GALS!

# galentines party

photo booth dancing  
games & prizes music cake

**MONDAY FEBRUARY 14th**

**6:00pm**  **CV HALL**

BRING YOUR OWN LIBATIONS

AND AN APPETIZER OR TREAT TO SHARE

WEAR PINKS & REDS - EVEN YOUR TUTUS AND TIARAS!



QUESTIONS: CALL SUSIE RILEY OR JULIE CONNER





FROM LEFT: Pat and Jean Slaughter, Sue and Mark Seebach, Sharon and Hil Sybesma

85th Annual

# *Student Speakers* **CONTEST**

2022 Topic:

**“How Can Kindness Reunite Our Country?”**



**WEDS, FEBRUARY 9TH**

**6:00 PM VILLAGE HALL**

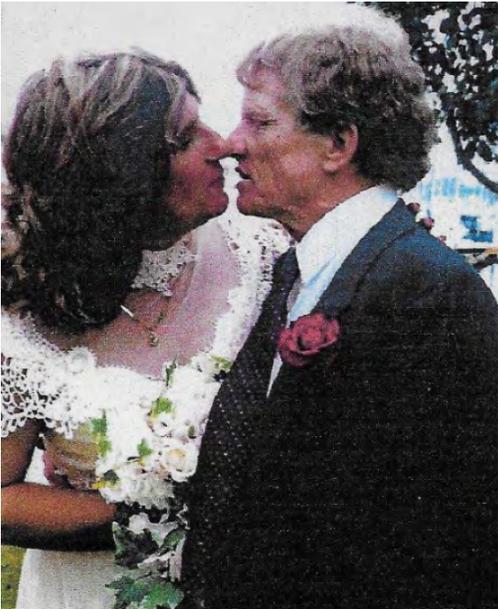
**NO ONE MAY ENTER THE HALL DURING A SPEECH**

Watch students from Calvin Christian High School compete in the first of six levels of a Lions statewide contest. The final winner will receive over \$21,000 in scholarships and cash prizes.

**FREE TO ALL VILLAGERS AND GUESTS**

**COOKIES, SNACKS, COFFEE & TEA WILL BE SERVED**

# VILLAGE NEWS



CLOCKWISE FROM TOP LEFT: Deanna and Tom Clatworthy, Marty and Steve Hacker, Marcia and Roger Elyea, Janet and Pat LeRossignol, Anna Marie Montoya and Stanley Ford, Fran and Dick Cummings

# SAC NEW YEAR'S EVE DINNER DANCE 2021



## Carbon Monoxide Poisoning

*Excerpted from a Deer Springs Fire Council article*

The heart of winter, when our homes are pretty much closed up and the heat is on, is when carbon monoxide poisoning becomes most frequent.

The CDC reports that more than 430 deaths and 50,000 ER visits are caused by carbon monoxide poisoning annually.

Carbon monoxide is known as the Silent Killer. Poisoning can leave survivors with long-term physical and cognitive effects. When inhaled, carbon monoxide reduces the amount of oxygen the blood can transport to the heart and brain as well as to other vital organs. Continuous low-level exposure can result in long-term effects on the body. Exposure to high levels can be fatal. Early symptoms of possible poisoning include headache, dizziness, weakness, nausea or vomiting, shortness of breath or blurred vision. If you suspect CO poisoning has occurred, evacuate everyone to fresh air and dial 911.

Carbon monoxide alarms, like their smoke alarm counterparts, are required by California law, and should be installed in the immediate vicinity of bedrooms and primary living areas or wherever a fuel-burning appliance is located.

CO alarms are available with non-replaceable ten-year batteries as well as replaceable batteries. There are also units available that provide both CO and smoke alarm functions in a single unit.

**Smoke and CO alarms come with a test button. They're there for a reason: exercise your alarms monthly and make certain all family members know what they sound like.**



ABOVE: Karen and Everett Smith  
BELOW: Lora and Rich Dann



I was watching a TV show when this lady started listing all these great things to do for fun. Then I realized that it was one of those religious shows and she was reading a list of sins...

## CRAFTERS & CONVERSATION

Thursdays, Card Room - 10am to 4pm

Whether or not you craft, to join us! We're a friendly group and would like to learn more about our Village people! Bring lunch if you want and have a friendly outing!

**Questions? Call Julie Conner**

**(626) 536-9167**

## MORNING GATHERINGS

The Gathering Place is located behind the Laundry Room

Monday  
through Friday  
8:30am - 10:30am



**TAI CHI  
YOUR WAY**

WITH INSTRUCTOR SIFU GLENN BUMACOD  
Assistant Instructor Kitty Koss

**MONDAYS / WEDNESDAYS  
4:00pm Village Hall**



## The Health Benefits of Tai Chi

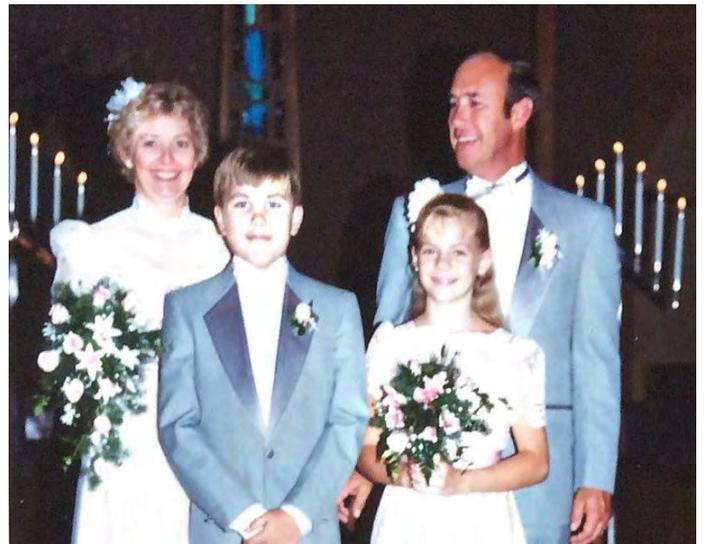
According to an article from Harvard Health Publishing, Tai Chi's slow and gentle movements address the key components of fitness: muscle strength, flexibility, balance and, to a lesser degree, aerobic conditioning. Here's some of the evidence cited in the article:

**Muscle Strength:** Tai Chi can improve both lower-body strength and upper-body strength. When practiced regularly, Tai Chi can be comparable to resistance training and brisk walking. Although you aren't working with weights or resistance bands, the unsupported arm exercise involved in tai chi strengthens your upper body. Tai Chi strengthens both the lower and upper extremities and the core muscles of the back and abdomen.

**Flexibility:** Tai Chi can boost upper- and lower-body flexibility as well as strength.

**Balance:** Tai Chi improves balance and, according to some studies, reduces falls. Proprioception — the ability to sense the position of one's body in space — declines with age. Tai Chi helps train this sense, which is a function of sensory neurons in the inner ear and stretch receptors in the muscles and ligaments. Tai Chi also improves muscle strength and flexibility, which makes it easier to recover from a stumble. Fear of falling can make you more likely to fall; some studies have found that tai chi training helps reduce that fear.

**Aerobic Conditioning:** Depending on the speed and size of the movements, Tai Chi can provide some aerobic benefits. If your clinician advises a more intense cardio workout with a higher heart rate than Tai Chi can offer, you may need something more aerobic as well.



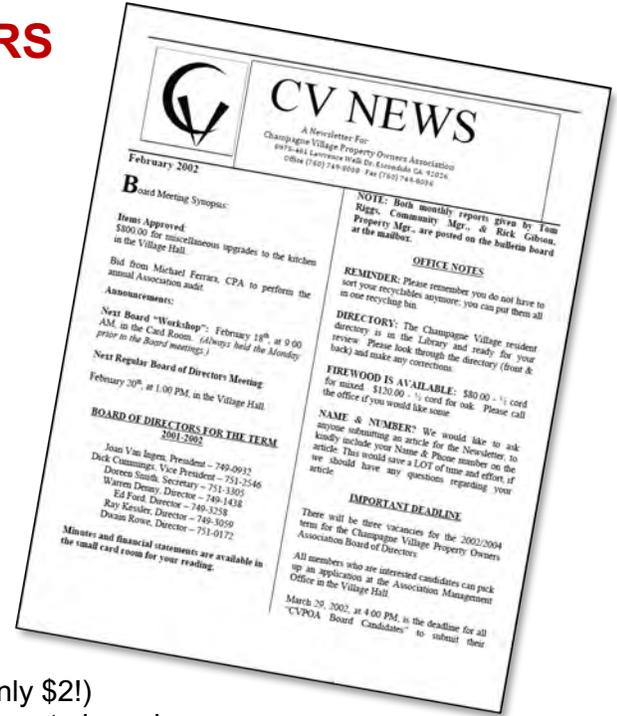
FROM TOP: Pat and Gary Krumweide, Arlene and Dave Belt, Ginny and Tom Walker

**IT WAS 20 YEARS AGO TODAY...**

Here's something fun: a peek at the CV TIMES' FEBRUARY 2002 issue!

News reported included announcements of the 2001/2002 Board (Joan Van Ingen as President, Dick Cummings as Vice President and Doreen Smith as Secretary) new residents (including Sam and Ann Reno), a free Tai Chi class following the Country Line Dancing class, the monthly Men's Breakfast (only \$2!) several events for what appear to have been a very active Champagne Singles Club, lots of trips from the Day Trippers and 'Travels with Gladys' (including trips to concerts, racetrack, stage musicals and local dances) and TONS of news bits from countless of clubs and groups (including the Computer Club!). **WOW – so much!**

To read this and other CV Times issues that date back to 2000, go online at [ChampagneVillage.org](http://ChampagneVillage.org).



**California's New Composting Law starts January 1st**

Among the 770 new laws signed that went into effect in January is Senate Bill 1383, which requires that California residents sort their organic waste. This means that instead of tossing that container of fuzzy strawberries into the trash, you'll need to recycle or compost it, along with other food scraps and leftovers.

Programs for this effort will be rolled out in phases throughout this year. For Villagers, this may likely involve placing food scraps and other compostable kitchen items in our green trash receptacle beginning sometime this year. **Watch for announcements from EDCO regarding when this will begin.**

Meanwhile, don't panic: enforcement of this new law, including any imposed fines or penalties, will not begin until sometime in 2024.

SHOWN LEFT, FROM TOP: Annette and Joe Rossi, Anita and Bill Ellenberger, Yvonne and Paul Scott

## From the Editor

The best thing about each February issue is seeing all the wedding photos you've sent in. I adore those faces filled such promise and love.



For generations, February has traditionally been the month of love. But we often limit our celebration to *romantic* love. Instead, we should celebrate all the people in our lives that we cherish: our children, our families, our friends and neighbors, our pets. Remember, they're called 'loved ones' for a reason. This month, let's celebrate the great gift of love that we're able to give and receive. In ALL its forms. While you're at it, give yourself some extra love, too.

Speaking of love, there's lots to cherish about living here in Champagne Village. It's this love that makes it such a hard place to leave. But it's time for Rick and I to move on and find another place to love. So while I will likely be editing the next few issues, I've sadly resigned my role as Editor of the CV Times. In this month of love, I am realizing just how much I've adored this job, and those I work with to do it.

Love... in all its forms. Even endings. xoxoxo

Read the article on page 16 if you'd like to edit the CV Times!



## Fruit Trees Need Picking?

If you would like help picking, call Etta and she'll come with her long pole-picker and helpers, then distribute your fruit to others in the Village.

**(619) 606-1062**

## In Memory

Joyce Lines #8  
 Joan Van Ingen #315  
 Walt Zielinski #54  
 Priscilla DeArman (former resident)



everyone is  
**welcome!**  
 Vespers Sunday Worship

*join us!*

**Sunday, February 6th  
 4:00pm Village Hall**

Pastor Steve Blue will conduct our service

VESPERS is a NON-DENOMINATIONAL group that gathers for fellowship, music, prayer, sermon and Communion.

Everyone is invited to join us. For more information or to be added to our All Call list, contact Doreen Smith at (760) 751-3305.

**DONATIONS APPRECIATED**

Susie Riley and Rick Kent





**STAYING ALIVE**  
**COMEDY! MYSTERY! MURDER!**  
 SALLIE BRANNON NANCY THWEAT NANCY HEALEY LJ HACKER  
 TOM BOSSMEYER JOE ROSSI CAROLINE BOSSMEYER

**REHEARSALS ONGOING  
TARGETED FOR APRIL**



We are **STAYING ALIVE...**  
see you soon!

WAKEY, WAKEY - EGGS AND BAKEY!  
**MEN'S BREAKFAST**  
**SATURDAY**  
**FEBRUARY 5TH**  
 8:00 - 9:30am \$5/person  
 scrambled eggs, sausage,  
 bacon, pancakes, waffles  
 fruit, juice, coffee  
**GOOD MORNING!**  
 everyone's welcome  
 bring your family and friends!  
 questions call Tom Bossmeyer (442) 217-8194

**CHORUS NEWS**

Sharon Sybesma #127

Chorus members are back from our holiday break, busy preparing for our spring concert on May 14th at 2:00pm in the Village Hall. We will be singing songs you'll remember from your younger years including a medley of the Beatles, songs from the Everly Brothers, the Carpenters, and more! We hope to bring back some great memories for everyone. Our own CV Strings will open the concert with a couple fun melodies.

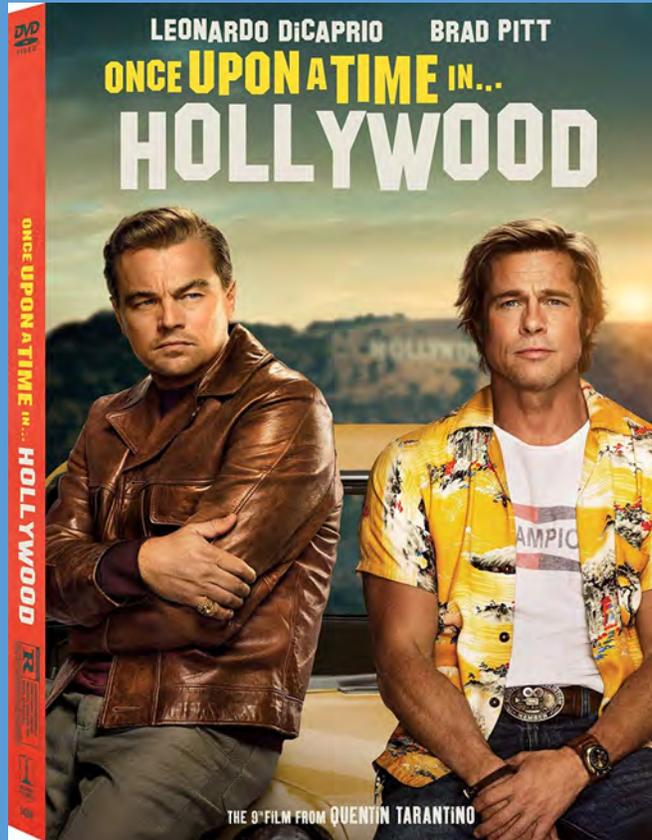
**It's not too late to join us!** We meet every Tuesday at 10:45am (NEW TIME) in the CV Hall's Card Room. We guarantee an enjoyable time. See you there!

**CV VETERANS:**

**Paver Deadline Extended**

**WE HAVE EXTENDED OUR DEADLINE FOR ORDERING PAVERS** in the Veterans Memorial to **February 25th**. If you're a resident veteran and would like to have your name installed in the Memorial, contact Susie Riley (603-938-5283) for more information.

# Champagne Village SAC Movie Night



**Sunday, Feb 23rd**

**6pm at CV Hall**

**Free Admission/Free Popcorn**

**My new approach to self care: talk to myself the same way I talk to my dog.  
'HEY, SWEET GIRL! You're so pretty! Look at that beautiful belly! Want a treat?'**



FROM TOP: Norma and Bob Halstead, Kitty and Dave Koss, Linda and David Collins

## Care and Concern News

Charolette Steele #334

**Thank You.** Thanks to the many residents who've donated to Care and Concern. Not only have we received money but health paper goods, DVDs we sold for a fundraiser and clothing we provided to residents. We appreciate your support.



**Celebrations of Life.** The Memorial Committee appreciates everyone who signs up to attend a Celebration of Life: it helps us prepare for seating and gauge the amount of food to purchase. Be sure to check for memorials on the bulletin board at the Mail Center for updates. We've had to cancel one celebration due to illness and a note was placed at both the Mail Center and at the sign-up sheet on the bulletin board across from the Card Room. It's the first time this has happened, but due to COVID and other illnesses you'll want to check the day before to be sure the celebration is still being held.

**Semi-Annual Meeting.** The Care and Concern article for the CV Times must be submitted to the Times Editor by the 15th of each month, therefore the information from our semi-annual meeting on January 24th will be provided in the March issue.

**Valentine's Surprise.** Be sure to check your mailboxes for a Valentines surprise on February 14th. Happy Valentine's Day!

**Care and Concern committees are composed of volunteer teams who provide support for residents of our community through prayer and care.**

## NEW CV TIMES EDITOR NEEDED

### Requirements

- Good command of the English language
- Experience in editing preferred (writing as well if possible)
- Knowledge of Microsoft Word needed
- Must be a year-round CV resident

This position reports to the Chair of the Communications Committee and the Community Manager. If you have questions regarding this role, contact Everett Smith, the Committee Chair (760-807-5730).

### To Apply

Email your experience and qualifications to Tami Steigely (tsteigely@associatedasset.com) **NO LATER THAN TUESDAY, FEBRUARY 15TH.** The Board will interview all candidates before announcing the new Editor.



FROM TOP:  
Linda and Wade Steverson,  
Sally and Nicholas Sangermano,  
Sharon and Larry Parker



FROM TOP: Charolette and Wayne Steele, Billee and Dean Hueter, Joanne and Bill Hansen

## Keeping our CVPOA Pipes Clean

As was reported in our January issue, work on our sewer lines along the top of Terrace will be scheduled sometime in early 2022. One of the easiest ways to protect this valuable asset of our infrastructure is to be mindful of what we put into those pipes via our sinks and toilets. Keeping them healthy throughout the Village is the responsibility of each of us.

Fats, oils, and grease, wipes, and solid food waste is a serious maintenance problem and causes increased operation and maintenance costs for our pipes. When grease washes down the sink, it sticks to the inside of our sewer pipes. This buildup restricts flow or, in combination with other materials, can block pipes completely. And just because a product is biodegradable does not make it safe to flush. Most 'flushable' products such as wipes do not readily disperse upon flushing and actually remain in a solid state as they travel through our pipes (unlike toilet paper or tissue, which is readily dispersible and dissolves quickly).

To help keep our sewer pipes clean and maintenance-free, PLEASE use the following guidelines:

- Pour grease and oil into a can and put it in the trash (you can also freeze the grease until the can is full)
- Scrape food scraps into the trash or compost food scraps
- Never put these items down your kitchen drain: coffee grounds, grease, eggshells, pasta or rice, produce stickers, household cleaners and paint.
- Never flush these items down the toilet: dental floss, diapers, cotton balls or swabs, paper towels, cat litter or anything plastic.
- NEVER flush personal hygiene products or wipes.



## Love Your Heart!

Etta McQueary #299

February is Heart Health Month and the Love month with Valentine's Day in the middle. Many of you remember our spring Health Fairs in the Hall and the resources provided. Hopefully, we can have one next year. For now, here are some of the Heart Healthy Tips from the American Heart Association.



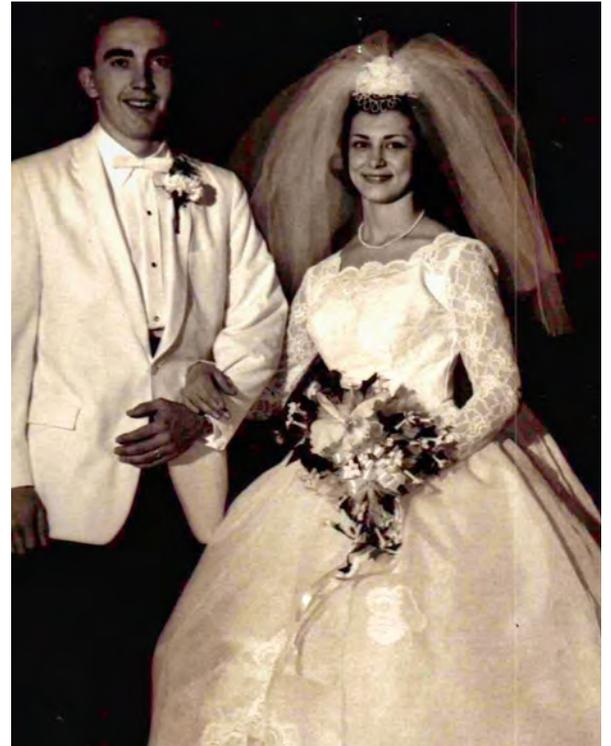
First of all, they tell us to know our screening numbers so we know our risk factor for a heart attack, cardiac arrest and stroke. These would include blood pressure and levels for cholesterol, triglycerides, and diabetes glucose and A1c. These are generally provided in your annual blood workup as part of prevention.

You can also include several nutrient measures such as D3, Omegas and some others. This will help you determine where in your diet and lifestyle to focus some changes.

As part of your own health screening, pay attention to your legs and feet. Look for symptoms of poor circulation. Wounds that don't heal if not checked can lead to serious problems. Note that what is good for the heart will also keep your blood pressure in the healthy normal range.

General tips for a Healthy Heart will include:

- **Get active.** Some form of moderate activity for 30 minutes five days per week is recommended. You can also break it up into ten-minute sessions if needed.
- **Use the DASH eating plan.** This is a diet rich in colorful fruits, vegetables and low in fat and foods high in fiber. Avoid trans fats and sugar.
- **Be a quitter.** Smoking is still a major cause of peripheral artery disease that hinders blood flow, oxygen and nutrition. This can be your year! Get help from the CA Smokers helpline at 800-NO-BUTTS (800-662-8887).
- **Restrict sodium intake and alcohol.** This is usually only a problem if you eat out a lot. Moderate alcohol consumption (two drinks for men and one drink for women per day).
- **Maintain a healthy weight** and lean body mass index. Muscle weighs more than fat so don't rely on your weight as an index for health. You may be lean but if your weight is low, you could be frail with weak bones and that's not good either.
- **Embrace healthy lifestyle habits** to protect you from the harmful effects of worry and stress. Remember to laugh and smile! They will change a poor mood fast. Learn to 'pace,' instead of 'race' (I needed this!).
- **Love more!** Love your neighbor, spouse, family, friends, pets and most of all, yourself and your HEART. I could go on, but you know what I mean. Enjoy this LOVE month and I hope to see you at February's Valentine's Day events.



FROM TOP: Lana and Tom Mullaney, Patricia and Tom Brynie, Merilyn and Jim Roggow

RULES AND REGULATIONS

**Bulletin Boards in the Village**

Numerous bulletin boards are in three areas of Champagne Village: at the Mail Center, in the Village Hall, and in the Laundry Room. Any non-CVPOA notices placed on these bulletin boards must be approved by the Office, and can be posted for no more than 15 days.

Each bulletin board is designated for a specific use:

**Mail Center Bulletin Boards**

Four bulletin boards are located in the Mail Center:

- The CVPOA section on the right is used by the Board of Directors and the Office to provide general notices and CVPOA information for residents.
- The Personal and Services section in the middle may be used by residents for brief posts, not exceeding one page, to other residents.
- The left section is for posts of personal items for sale by residents, limited to a 3x5 inch card that is dated, approved and posted by the Office.
- The freestanding board, centrally located in the Mail Center, is where social event notices are posted.

**Village Hall**

Three bulletin boards are located in the Village Hall:

- The board located ACROSS FROM the entrance to the Card Room is primarily used for sign-up sheets and travel or entertainment notices. Other notices may be posted on this board on a space-available basis, when approved and posted by the Office.
- The board located NEXT TO the entrance to the Card Room is used by the Office to post general notices from the Association and Office to all residents.
- A third board, located near the drinking fountain (just around the corner from the Office window) is used to post agenda items for upcoming or recent Board meetings.

**Laundry Room Bulletin Board**

The bulletin board in the laundry room is for general notices by residents and may include photos of items for sale by residents.

**CV Men's Golf**

Plays twice a week, Tuesday mornings on the Oaks (18 holes, all par threes), Thursday mornings on the Fountains (executive course, 18 holes, par 62).

Contact Rich Magnuson at (442) 248-1916, Mike Uhl (non-CV) at (760) 533-7337, or Ken Jones at (303) 319-4655. Sign-up sheets for each week are posted at the Welk scoreboard.



the young and the rest of us present  
**REEL FUNNIES**  
 monthly movies to make you laugh!

STEVEN SPIELBERG Presents  
**THE MONEY PIT**

Shelley Long  
 Tom Hanks

**WEDNESDAY, FEB 16TH**  
**3:00PM VILLAGE HALL**

**SAC's WINNERS FOR DECEMBER'S CV FESTIVAL OF LIGHTS**

This year's votes were so close, SAC awarded three Top Awards (\$50) to these homes:

**294 - Pio**  
**324 - Becker/Greenamy**  
**344 - Brooks**

## Health Insurance News

*Carla Grills #105*

Understanding Medicare Original Medicare basic costs is very important when budgeting medical costs but also for evaluating upcoming changes in Health Care Proposals. This article is a review of the primary costs that seniors may pay for Health Care.

All amounts quoted are new for 2022. The new hospital (Part A) deductible is \$1556 for each benefit period. A benefit period is defined as beginning with admittance and ending 60 days after release from the hospital. If you do not reenter a hospital for treatment within sixty days, a new benefit period begins. There is no limit to the number of benefit periods in a year. After the first 60 days (as an inpatient) a co-pay of \$389 is due per day through day 90. You pay for private duty nursing, TV, phone and private room unless medically necessary.

Skilled Nursing Facility stays have a \$0 co-pay for the first 20 days, then \$194.50 daily to days 21-100 for each benefit period. Benefit periods are the same as for hospitalization.

The new medical premium (Part B) now starts at \$170.10 (higher income levels are more) with a deductible of \$233 per year. Medicare pays 80% of medical bills, so you are billed for your 20% until this deductible is satisfied. It is important that you track your bills according to the service dates so you don't overpay. You can call Medicare if needed to verify when your deductible is satisfied.

There is no annual out-of-pocket limit to original Medicare. There is no doctor network, and a drug plan is required for drug coverage. Beneficiaries can, however, purchase a supplemental plan from private insurance companies to cover deductibles and copays.

Advantage plans (Part C) replace original Medicare. Medicare coverage is not paid directly by the federal government but through a private insurer. They are HMO networks and have annual out-of-pocket maximums and different co-pays and deductibles according to each state and county. Some have no premium, while some plans have benefits original Medicare does not offer. Most Advantage plans in San Diego County include drug coverage. Some doctors do not accept Advantage plans. Advantage plan members cannot buy additional supplemental insurance.



SHOWN AT RIGHT FROM TOP: Sandy Noble and Alan Hyams, Theresa and Myke Felice, Patricia and Jim Pio



Bonnie and Wayne Cuddeback (top), Marci and Vern Burns



## Champagne Village Lions Club



**Our 26th Year**  
*Lion Alan Rings #386*  
**WE SERVE**



The Care and Concern Committee wrote, "Dear Lions Club members, thank you for your donation used to purchase food for the Christmas meal delivered to our residents."

Despite COVID, 2021 was a banner year. Villagers generously contributed \$10,295 and the Club donated \$6,196 to Lions' charities. Currently, the Club's Charity account starts the year with a balance of \$9,508.

At the Club's January 12th meeting, the question was how best to invest the money to serve Villagers and others. As a result, the Club has offered a \$5000 donation toward making improvements to the Dog Park, to allow access to those with mobility issues who are unable to negotiate the uneven surfaces of the parking areas and the Dog Park itself. This is the same improved quality-of-life objective as the five lifts the Club has installed around the Village.

The rest of the meeting was spent brainstorming ideas for 2022 projects. Club meetings will be held every second Wednesday, starting at 6:00pm in the Hall, with no food being served. Program suggestions were guide dogs, the Sheriff's Department and the new EDCO composting processes. Villagers will be encouraged to attend any program of general interest.

Further, cash prizes for the Student Speaker Contest were doubled. Due to COVID concerns, the Spring Fashion Show will be deferred to next year. A Mexican Fiesta FunRaiser or a clothing drive could be conducted instead. Another possibility discussed was for the Lions reviving the Newbee brunches that was sponsored by Lion Arlene Garich, possibly on April 30th.



## Be Careful when You Walk!

Every eight minutes, a pedestrian is injured in a motor vehicle accident. Most of these incidents occur in low-light conditions beyond daylight hours.



If you walk (even here in the Village), it's vital to increase your visibility to oncoming traffic after dusk and before dawn. Wearing reflective, high-visibility clothing lets you be seen by motorists and alerts them that you are in their vicinity. Reflective bands are available online and at most sporting good shops for less than \$8 a pair. Another option is reflective tape you can attach to your clothing.

Wearing reflective clothing will give you the protection and safety you need by keeping you visible, anywhere, anytime.

## CV ACTIVITIES/CONTACTS

Please let us know if there are any changes to this list!

### CARDS AND GAMES

Bridge for Everyone  
Bunco  
Game Night  
Ladies Duplicate Bridge  
Pool Players

### WHEN AND WHERE

Tues, 1:00pm Card Room  
1st and 3rd Fri, 1:00pm Hall  
Mon, 6:00pm Hall  
2nd Fri, 1-4:00pm Card Room  
Mon, Weds, Fri 1:00pm Hall

### CONTACT

Wayne Steele (760) 913-5345  
Delores Madsen (760) 751-3472  
Kitty Koss (760) 580-8283  
Linda Clifford - text only (760) 877-4745  
Wade Steverson (760) 297-4810

### CRAFTS, HOBBIES, ETC.

Chorus  
Crafters & Conversation

### WHEN AND WHERE

Tues, 10:00am, Card Room  
Thurs, 10:00am Card Room

### CONTACT

Nancy Thweatt (619) 209-1422  
Julie Conner (626) 536-9167

### EXERCISE, SPORTS, DANCE, WELLNESS

Bocce Ball  
Chair Yoga  
CV Hikers  
Exercise Line Dancing

### WHEN AND WHERE

set your own time  
Mon, Weds, Fri, 8:00am Hall  
Second Weds each month  
Mon, 11:00am, Hall  
Tues, Thurs, 9:00am, Hall  
Weds, Fri 10:00am, Hall  
Tues mornings, Oaks Course  
Thurs mornings, Fountains Course  
call first  
call first  
Mon, Fri, 8:30am Tennis Courts  
Beginners Lessons Weds, 8:30am  
Mon-Weds, 1:00pm, Card Room  
Thurs, 8:30am, Card Room  
Mon, Weds, 4:00pm Hall  
Fri, 3:00pm Picnic Area

### CONTACT

Janie Hamilton (760) 913-5534  
Linda Clifford - text only (760) 877-4745  
Mark Seebach (760) 644-8838  
Susan Larsen (619) 850-2197  
Susan Larsen (619) 850-2197  
Susan Larsen (619) 850-2197  
Rick Magnuson (442) 248-1916  
Rick Magnuson (442) 248-1916  
Janet LeRossignol (760) 749-7934  
Janet LeRossignol (760) 749-7934  
Jan Nyberg (661) 203-9352  
Jan Nyberg (661) 203-9352  
Leo Soldatenkov (858) 382-7918  
Leo Soldatenkov (858) 382-7918  
  
Glenn Bumacod (818) 632-6949

Men's Golf

Line Dancing  
Line Dance Lessons  
Pickleball

Table Tennis

Tai Chi

### RELIGIOUS

Women's Bible Study  
Life Group Bible Study  
Vespers Sunday Worship

### WHEN AND WHERE

Weds, 10:00am Card Room  
Thurs, 6:30pm Hall  
1st Sun, 4:00pm Card Room

### CONTACT

Gail Jordan (808) 633-3295  
Mary Brown (760) 807-1358  
Linda Clifford - text only (760) 877-4745

### COMMUNITY

Care and Concern  
CV Lions  
Library  
Memorial Assistance  
Men's Breakfast  
Veterans Memorial

### WHEN AND WHERE

various  
2nd Weds, 5:00pm Hall  
text if needed  
call if needed  
1st Sat (Oct-May), Hall  
various

### CONTACT

Barbie Floyd (530) 925-2319  
Alan Rings (858) 395-7572  
Linda Clifford - text only (760) 877-4745  
Charolette Steele (760) 913-5345  
Tom Bossmeyer (442) 217-8194  
Susie Riley (603) 938-5283

### SOCIAL, CLUBS

CV Boomers  
CV Democrats  
CV Morning Gathering

### WHEN AND WHERE

various  
various  
Mon-Fri, 8:30-10:00am,  
The Gathering Place  
various, Hall  
various  
various

### CONTACT

Joanne Hansen (619) 743-3823  
Susie Riley (603) 938-5283  
Wade Steverson (760) 297-4810  
  
Wade Steverson (760) 297-4810  
Linda Steverson (760) 297-4810  
Susie Riley (603) 938-5283

Karaoke  
Social Activities Committee  
Young and the Rest of Us

# FEBRUARY 2022 ACTIVITIES CALENDAR

## REGULARLY SCHEDULED WEEKLY ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Yoga Village Hall 8:30 Pickleball Tennis Courts 8:30 Morning Gathering Gathering Place 9:00 Line Dancing Village Hall 9:45 Line Dance Lessons Village Hall 11:00 Exercise Line Dance Village Hall 1:00 Ping Pong Card Room 4:00 Tai Chi Village Hall 5:00 Game Night Village Hall	8:30 Morning Gathering Gathering Place 9:00 Exercise Line Dance Village Hall 10:45 CV Chorus Card Room or Hall 1:00 CV Bridge Card Room 1:00 Drama Group Village Hall	8:00 Yoga Village Hall 8:30 Morning Gathering Gathering Place 8:30 Pickleball Lessons Tennis Courts 9:00 Line Dancing Village Hall 9:30 Women's Bible Study Card Room 10:00 Exercise Line Dance Village Hall 1:00 Ping Pong Card Room 1:00 Drama Group Village Hall 4:00 Tai Chi Village Hall 6:00 CV Poker Card Room	8:30 Morning Gathering Gathering Place 8:30 Ping Pong Card Room 9:00 Exercise Line Dance Village Hall 10:00 Crafts/ Conversation Card Room 6:30 Life Group Card Room	8:00 Yoga Village Hall 8:30 Pickleball Tennis Courts 8:30 Morning Gathering Gathering Place 9:00 Line Dancing Village Hall 10:00 Exercise Line Dance Village Hall 3:00 Tai Chi Picnic Area	8:00 Yoga Village Hall 8:30 Pickleball Tennis Courts 8:30 Morning Gathering Gathering Place 9:00 Line Dancing Village Hall 10:00 Exercise Line Dance Village Hall 3:00 Tai Chi Picnic Area	8:00 Men's Breakfast Village Hall 9:00 SAC Valentine's Decorations Village Hall
<b>THE FOLLOWING ACTIVITIES ARE IN ADDITION TO THOSE ABOVE</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 4:00 Vespers Village Hall	7 6:00 GALentine's Party Village Hall	8 7:00 Bible Study Card Room	9 10:30 Lions Club Gathering Place 6:00 Lions Student Speaker Contest Village Hall	10 5:00 Pickleball Club Meeting Village Hall	11 12:00 Ladies' Dup. Bridge Card Room 5:30 Dubs Bridge Village Hall	12 4:30 SAC Valentine's Dinner Dance Village Hall
13 6:00	14 6:00	15	16 3:00	17	18 1:00	19
20	21	22	23 3:00	24	25	26 5:00
27 6:00	28					

See something wrong?  
Contact the Office to add/remove calendar events

6:00 SAC Movie  
ONCE UPON A  
TIME IN  
HOLLYWOOD  
Village Hall

5:00 Karaoke  
Village Hall