

Champagne Village TIMES



April 2018

VOLUME 14, ISSUE 4

Welcome, April!

In honor of this, National Poetry Month:
Roses are red, but here's something new...
Violets are violet - they're not really blue.

Speaking of flowers, some of your neighbors are readying their gardens for the Annual Garden Tour! See page 9 for details and locations.

April 4 is **National Walking Day**. Here's a fun fact: **Champagne Village has about 4.5 miles of street on which to walk. There's lots to see and check out just about every day: this newsletter is packed with activities and events, so read on and mark your calendars!**

See page 5 to find out who won last month's photo scavenger hunt contest! Here are the answers:

1. Street sign at corner of Ironwood.
2. Village map sign near the Mail Center.
3. Post box at the Mail Center.
4. Surface in the pool area.
5. Clock in the pool area.
6. Hose in the car wash area.

We've added one more photo on this page: know what it is? See the end of this article for the answer!

And don't forget our monthly film at the Hall on April 22: see page 8 for details.

Lots of new faces are springing up around the Village - see page 10 to see who they are, then stop and say hello!

We're calling all 'seniors' for our May photo collage: see page 5 for details - and be sure to participate!

April's Board meeting may have a slightly new format introduced: read about Consent Agendas on page 5.

Our long-awaited, new gate entry system is working like a charm - read a few fast facts about it on page 4.

This month, our residents offer helpful and informative reading on keeping New Years resolutions (page 11), health insurance news (page 13) and the benefits of meditation (page 14).

Finally, in honor of April Fools day (April 1), we've added a completely fictional (and silly) article somewhere in this newsletter. Can you find it - or will you be 'fooled?!'

answer: the microphone statue, located on the bookshelf that's across from the water fountain in the Village Hall.



CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: kmikkelsen@associatedasset.com

Board email: CVPOABOARD@gmail.com

CV website: ChampagneVillage.org

Phone: (760) 749-8008 Fax: (760) 749-8036

NOTES FROM THE BOARD

By Wade Steverson #388

Seventy nine CVPOA members were in attendance for the March 15th meeting. What a great turnout of the CVPOA members, demonstrating a great interest in the affairs of the Association!

The Board voted on the following motions, reports and new business:

- Motion for Acceptance of Open Meeting was approved.
- Minutes of February 15, 2018 were approved.
- CFO Report/Financials for period ending February 28, 2018 was accepted.
- Reserve Expenditure in an amount not to exceed \$2,000 to repair and plant the median near Unit #58 was approved.
- Reserve Expenditure to repair the fence in the maintenance yard in the amount of \$4,620 was approved.
- Approval to send the proposed SAC Operating Guidelines and the Policy for Board Member Education to the membership after review by the Board was granted.
- Two reserve expenditures were approved: Front/West Gate Operator on slide gate in the amount of \$3,450, and \$1,230 for the well consultant.
- Approval to send a Pay or Lien Letter was granted.
- Discussion to have the Documents Committee review Policies and Procedures for the Communications Committee was amended to have the Documents Committee create and/or review Policies and Procedures for the Communications Committee. It was approved.

APRIL MEETINGS

- Agenda Workshop: **Friday, April 13 at 9:00 am in the Card Room.**
- Board of Director's Meeting: **Thursday, April 19 at 6:00 pm in the Village Hall.**
- Board minutes are available on the CVPOA website, ChampagneVillage.org
- Minutes, financial statements and SAC financial statements are available in the Library.

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BOARD OF DIRECTORS

John Grubb President
Wade Steverson VP
Bob Suttie CFO
Susan Robinson Secretary
Lee Martin Director
Walt Zielinski Director
Roger Elyea Director

COMMITTEE CHAIRS

Architecture & Landscape
Wade Steverson

Care & Concern
Barbie Floyd

Common Area Facilities
Lee Martin

Common Area Landscape
Walt Zielinski

Communications
TBD

Emergency Planning
Susan Robinson

Social Activities
Linda Steverson

CV TIMES Editors
Janet & Pat LeRossignol
jleross1@gmail.com

We encourage you to write articles and provide feedback on making our newsletter better.

DEADLINE: 18th of each month

Editors reserve the right to edit or print any item submitted.

OFFICE NOTES

REQUEST TO THE BOARD

By Tom Riggs

Over the past several months there have been increasing number of residents approaching individual board members requesting directors to help facilitate some form of action or request. These requests range from speeding up action work orders to ideas or suggestions for rule changes, improvements to common area etc. The association has a protocol for communicating to the board which requires that all requests be put in writing and be directed to the entire board. Individual board members cannot take any action and it is inappropriate to be contacting them on their time. Each board member volunteers a significant amount of time to their job as a director and has agreed to follow the protocol that is in place. The sooner the entire board sees an item, the sooner a course of action can be set in place. Not all items will make it to the agenda, however all items will be reviewed.

The office receives over 100 work order requests in any given month along with the hundreds of scheduled and routine maintenance items. Staff's job is to prioritize those items and to get the work done in the most efficient and cost effective way possible. As you can imagine, everyone feels that their request should be first in line for action. That is neither practical nor possible. You may contact me to check on the status of your request or a particular work order; however that will not speed up the process. Thank you for your cooperation.

FREE INCOME TAX PREPARATION LOCATIONS

Free tax preparation is being offered at three locations. Most of the locations will begin taking appointments in early February for tax preparation in February through early April.

The **Park Avenue Community Center** is 8.5 miles away and is located at 210 Park Avenue in Escondido, 92025. The telephone number is (760) 480-0611.

The **Gloria McClellan Senior Center** is 10 miles away and is located at 1400 Vale Terrace Drive, Vista, 92084. The telephone number is (760) 639-6160.

The **Fallbrook Senior Center** is 16 miles from CV and is located at 399 Heald Lane, Fallbrook, 92028. Their number is (760) 728-4498.

THANK YOU! to Linda Blakley, Karla Kroft and Janet LeRossignol for entering the license plate numbers for our residents into the new gate system. Many of the problems have been resolved by removing license plate frames, plastic coverings and cleaning the plates. Overall the new gate system is working great.

USE EMAIL TO CONTACT THE GATE cvfrontgate@gmail.com

We are asking all residents who have access to email to **email** the people at the kiosk when you have visitors coming instead of calling. This is only for gate requests. You will receive an email reply.

DRIVING IN CHAMPAGNE VILLAGE

Please be very careful driving through Champagne Village. One of our residents was hit by a car while they were walking. Please be aware of your surroundings when driving and watch your speed. **It's 15 MPH**

SPRING POOL HOURS

April 1 - June 15

ADULTS - 9am to 7pm

CHILDREN - 12pm to 2pm

Children

Allowed in the Pool

**12pm to 2pm ONLY
in the Winter!**

ONE CALL

(Our Automated Messaging System)

If you get a One Call message and you don't understand it, below are steps to listen to the message again:

1. If you answer the phone, after the message is done, hit the # key on your phone and it will repeat the message.
2. Under any other circumstances, you can hear the message by calling their toll-free number: 877-698-3261 from the phone the message was sent to.
3. At the "To hear your group's latest message, press 1" prompt, you press 1.
4. At the prompt: To listen to the most recent message press 1. To listen to an older message press 2."

PROGRAM ONE CALLS INTO YOUR PHONES

Please pick up your phone right now and program **(877) 698-3261** into it. It's just like programming your kid's and grandkid's numbers in your phone so you know when they are calling! This way, you'll know you're receiving one-calls (automated messages regarding announcements, reminders, and emergency information) from the Village. Thanks!

PET POLICY

For the residents who have dogs, we've had several reports of dogs being walked on the streets and sidewalks of Champagne Village. Our Rules & Regulations (pages 4-5) prohibit this. Also, all dogs must be on a leash. Thank you, CV Office.

FAST FACTS ON OUR NEW GATE ENTRY SYSTEM

Is the new system working?

You bet! If you've submitted your license plate information, you can now use the new entry access system.

How does it work?

Briefly, a camera reads your license plate when you pull into the marked area - based on whether your plate is in the database, opens the arm and gate for access to the Village. On the front gate, your rear plate is read, while your front plate is read on the back (Welk) gate.

Is the system working?

While some fine-tuning may still be occasionally needed, most residents are reporting success in using the new system!

Any tricks I need to know when using the new system?

The length of your car will determine the best location for your plate to be read. So if the gate does not immediately begin to open, we suggest slowly pulling up a bit further. In short time, you'll know where you need to be in order for your plate to be properly read.

What if I haven't completed the form?

Until you've provided the office with all license plate information, you will not be able to use the new gate system. Copies of the form are at the Office window. Once you've submitted your form, you can use the gate in about two business days.

Does the kiosk keypad work the same way?

Yes, with one positive exception: you can now be programmed for two phone numbers. If you'd like that second number entered into the system, contact the Office.

What about my old transponders?

These will continue working on the back gate for several more weeks as a 'safety net.' We suggest that you keep them for a while, in the event you experience any problems at the front gate. If this should happen, please contact the Office.

Can I turn in my transponders for a refund?

Sorry, no.

CALLING ALL 'SENIORS!'

Let's have another photo contest - send us your high-school yearbook photo!

Email it to the newsletter editors Janet & Pat LeRossignol at jleross1@gmail.com or drop it off at our home mailbox at 435 Live Oak Lane by Friday, May 18 to participate!



Janet (Oxford) & Pat LeRossignol
Venice High School Class of '64
Los Angeles, California

MARCH PHOTO SCAVENGER HUNT CONTEST WINNER

We received several entries for our March contest, and randomly selected **Tommy and Linda Blakley** as our winners! Contact Sue Seebach to pick up your movie tickets - and congratulations!

COMMITTEE MEETINGS

Architecture & Landscape:	Tuesdays 8:30 am
Common Area Facilities:	Contact the Office
Common Area Landscape:	1 st /3 rd Mon 9:00 am
Communications:	TBD
Governing Docs:	Tuesdays 9:30 am
Social Activities:	Contact the Office
Well Water:	Tuesdays 1:00 pm

All meetings are held in the Board Room. Residents are welcome to observe these meetings in action, provided that they are present when the meeting begins. (To access the Board Room, please knock.) As an observer, you are asked to remain silent and not interrupt. You can ask questions at the conclusion of these meetings if the Committee Chair recognizes you.

UPDATE ON AB1943

This bill addresses the proposed changes that will include manufactured homes in CIDs (Common Interest Developments): passage of this bill will allow the county office to immediately return to issuing **433As** for those CV homes in need during their purchase or sale. Per Assembly member Marie Waldron's office, the bill has been referred to the Assembly committee on Housing and Community Development and they are expecting the bill to be heard some time during the first half of April. Her office has been working closely with the Committee and is looking forward to its first vote. FYI: the County has also come in to support the bill. Stay tuned!

CONSENT AGENDA?

During the March Board meeting, an announcement was made that the Board will be moving toward a Consent Agenda. What does this mean?

A Consent Agenda is a grouping of standard, routine items that are seen on every Agenda and typically approved without discussion, into one item. The consent agenda item can then be approved in one action, rather than filing motions on each item separately. This method can save time during meetings. When the Board reaches that portion of the Agenda, the president asks if any Director wishes to remove (or pull) any item from the consent agenda. If any Director wants to vote against an item, he/she must pull it from the consent agenda. Pulling an item does not require a second. After all the pulls are made, the president states, "Without objection, the remaining items (or all the items if none have been pulled) are adopted by general consent." Silence from a Director is Consent. Any items then pulled can either be immediately taken up for discussion and voted on.

Social Activities Committee

Linda Steverson (Chair), Martie Jenson (Co-chair), Bev Davenport (Secretary),
Anita Amaro, Doreen Smith, Wayne Steele, Ed Hocking,
Marci Burns, Joan & Harold Slavinski

**VILLAGE HOP
AND DINNER DANCE**
SATURDAY APRIL 28
5PM

50'S

60'S

70'S

MUSIC BY:
CALICO RIDGE

**CV
DINER**

SAC WILL BE SERVING
**BURGERS, HOT DOGS
SALAD AND DESSERT**

\$10 each

Good FOOD! Good TIMES!

MEN'S BREAKFAST

Sunday, April 8

7:30 am to 9:00 am (or until the food runs out)

Only \$4 per person! Pay at the door!

Scrambled eggs, sausage, bacon,
pancakes, fruit, juice, coffee

All Villagers, friends welcome.

2018 CV EVENTS

Men's Breakfast	Sun, Apr 8	7:30a
Board Agenda	Fri, Apr 13.....	9:00a
Board Meeting.....	Thu, Apr 19.....	6:00p
Karaoke.....	Fri, Apr 20.....	5:30p
Greatest Showman	Sun, Apr 22	6:00p
80+ Birthday Party	Thu, Apr 26.....	11:30a
Village Hop.....	Sat, Apr 28	5:00p
Men's Breakfast	Sun, May 6	7:30a
Garden Tour.....	Sun, May 6	12:30p
Spring Concert.....	Sat, May 12	2:00p
Garage Sale.....	Sat, May 19	9:00a
Boomers Wine Tasting	Fri, May 25	6:00p
Luau.....	Sat, Jun 9	5:00p
4th of July Party	Wed, Jul 4	4:00p

Friday April 20

Sing - Dance

Starts 5:30

Free KARAOKE Party

CV Hall

BYOB and Snacks



"Okay, we grew old together
— now what?"

Men's Breakfast

83 guests @ \$4	\$332.00
Donation	\$4.00
Food	-\$243.09
Cleaning	-\$50.00
Net Profit.....	\$42.91

St. Patrick's Party

109 guests @ \$16.....	\$1744.00
50/50	\$227.00
Catering.....	-\$1900.28
Band	-\$550.00
Cleaning	-\$100.00
Net Loss	-\$579.28



GREAT FOR THE WHOLE FAMILY

Hugh Jackman in
THE GREATEST SHOWMAN

**Sunday, April 22
 6:00 PM Village Hall**

Inspired by the ambition and imagination of P.T. Barnum. This musical biography tells the story of a visionary who rose from nothing to create a mesmerizing spectacle that became a worldwide sensation. Oscar nomination for best song "This is Me."

Presented in wide screen hi-definition
 Blu-ray ***stars Rated PG

**FREE ADMISSION * FREE POPCORN
 MERRY MELODY CARTOON**

**80+ Birthday Party
 Thursday, April 26
 11:30 am**

**All residents 80 and over
 are invited to a
 FREE lunch and fun program
 to honor and celebrate YOU!
 (mates & caregivers included)**

**You must sign up
 in the Copy Room by
 Monday, April 23**

**You may sign-up with friends
 and neighbors at the same
 table. See you there!**



OPEN
 Monday - Saturday
 8:30 am - 10:30 am

**Enjoy a cup of coffee!
 Meet a new friend!**
 (Located behind the Laundry Room)

CHAMPAGNE VILLAGE ANNUAL GARDEN TOUR

Gardens, Porches and Patios

SUNDAY MAY 6
12:30PM - 3:30PM

STEELE #334
CONNER #374
KRUMWEIDE #262
AMARO #280
ZIELINSKI #54
SCOTT #428



BOOMERS' WINE TASTING EVENT

By Joanne Hansen #244

Thanks to all Boomer members who came to our Untwist and Unwind party and enjoyed the six course wine tasting event. Ken Zignorski, Monte De Oro Winery's General Manager, talked about each wine prior to the course, and shared some interesting information on the wine-making process. The appetizer menu consisted of a charcuterie platter, puff pastry brie bites with a tropical sweet and spicy compote sauce, crab cakes with remoulade and tartar sauce, spinach and artichoke ravioli in a lemon cream sauce, flat bread pizza and a chocolate pot topped with whipped cream. The room was filled with laughter and great energy.

Our deepest thanks go to all the volunteers who helped with this event. Volunteers are the lifeblood of our community. Also, thanks to Liberty Homes and Monte De Oro Winery, our sponsors for this event, for their continued support.

All residents are welcome to join the Boomers for a one-time member fee of \$15 per individual or \$25 per couple. For more information, contact Anna Marie Montoya at (619) 200-0415.

Stay tuned for our next event!



New Residents!

By Alan Rings #386

#94 Eric & Jodi Schuster, (760) 801-6259
Carlsbad is where they're from. Eric, who grew up in North County, works for Lusardi Construction. Jodi works for the Carlsbad Library. They have two cats, Bug and Button, and were blessed with four children and four grandchildren. He looks forward to playing bocce ball with other Villagers.

#217 Kathy Gay, (626) 862-1004
Kathy is a native Californian from Monrovia in the Los Angeles area. She retired from her position as the Executive Assistant to the San Gabriel School Superintendent. She has a lab, Mocha, and enjoys visiting other dog owners at the Dog Park. Her daughter and two grandchildren all live in L.A. She has already started learning line dancing and wants to play bunco, too.

#391 Kathy Fair & Dan Boslough, (702)465-2837
Kathy moved here from Vista and Dan from Riverside. She works in floor coverings and he's a truck driver. She has three children and he has two; no grandchildren yet. They and their dog enjoy the Dog Park. Dan plays golf. They are interested in evening and weekend activities.

#116 Jeff & Sharon Friend, (760) 703-4762

#24 Jodene Wilmot, (858) 663-0800
She's in the midst of a chaotic move into her new home. More information next month!

CHAMPAGNE VILLAGE NEXTDOOR

champagnevillage.nextdoor.com

By Pat & Janet LeRossignol #435

This is a private social network for all residents in Champagne Village. To join you must be invited by email by any resident who is registered on the site. If you're having problems figuring it out, feel free to call Janet or Pat at (749-7934).



CV Bird Lovers

By Marty Hacker, Deanna Clatworthy, Joan Slavinski



Our bird lovers group met in the picnic area last month and the acorn woodpeckers entertained us with their antics. Our list of birds spotted in our Village now numbers 24 varieties - quite an aviary! We hope to see more during the spring migration period.

Our first bird walk with the Audubon Society was unfortunately cancelled due to rain, but we hope to get out for another before the end of the month. Our next meeting will be Wednesday, April 4 at 2:00 pm, again at the Picnic Area (or Hall if it rains). Contact Marty Hacker at mmhacker01@aol.com to be added to our email list!

COMING UP THIS MONTH!

Lots of fun events are happening around the Village... The all-ladies Taxidermy Club will proudly display their collected works at the Village Hall, entitled 'Stuff from Us.' Our recent Show-and-Tell night for tattoos was a huge hit: this month's prize was awarded for the most original use of a foreign language. The Board recently approved plans for a golf-cart race course to be located near the picnic area, and construction is soon to begin on the rock-climbing wall and sushi bar. Meanwhile, please note the following additions to our rules and regulations: snowplowing is prohibited after 8:00pm, underwater whistling is not allowed, and the following are no longer permitted in the common areas: canned meat, bagpipes, staple removers and the letter J. Sadly, due to recent tragedies near the Mail Center, cream of rhubarb has been officially banned. And mark your calendars for our monthly essay contest: our March winner was Dobbie Bumfuzzle (unit #528), who's work entitled 'Why I Love Parsnips' captivated our judges. That's it for this month - Enjoy your April!

Are Your New Year's Resolutions Still Working for You?

By Etta McQueary #299

When the New Year rolls around we think about what we want for ourselves in the new year and start out with great intentions. We go full blast into the new year and by March, we are back to our old habits and patterns. What happened? There are many theories about how to make it all work but here is another perspective.

There are two types of people: those who can go 'cold turkey' to make changes and those who need to make small changes along the way. We all know people who have quit smoking, drinking, coffee, donuts, whatever, and succeeded. Most people need to take it slowly to make long lasting change in their life. As a social worker and health educator, I have worked with the latter most of the time. Here are a few health and nutrition tips you can apply this spring that can make a big difference for you over time.

- **Make reading food labels a hobby** so you can pick out the harmful ingredients in foods to avoid. We do not want to consume high fructose corn syrup, hydrogenated fats, or added sugars and chemicals. We want to consume the best ingredients possible and ditch the foods with long ingredient lists that we don't recognize. The best choice is to just eat real whole foods.
- **Focus on the nutrients of the food, not the calories.** We all have different calorie needs depending on age, activity, and our personal metabolism. Some of our reduced calorie foods contain more chemicals and many nonfat foods have more sugar added. This can all be confusing. Nuts may look like

a high fat food but they contain healthy fat, fiber and protein, and when combined with some fruits or vegetables, can be healthy snacks.

- **Fill up on fiber-rich foods.** The easiest of these are fruits and vegetables, loaded with soluble and insoluble fibers. Next we have whole grains, legumes, seeds and nuts. Adults need to consume 25-35 grams of fiber per day. Many adults don't come close to this amount and have lots of digestive and intestinal issues as a result. If this is new to you, go easy at first and drink plenty of water. The extra fiber will help you feel full and satisfied, it will clean out your intestinal track and provide health benefits for your entire body.
- **Move more often throughout the day.** If exercise is not something you enjoy or will do, find something you will do and ways to just move more. Many of you walk your dogs, which is great. We must move to keep ourselves functioning, flexible and strong even if it's housecleaning. Did you know that dancing is one of the best exercises we can do for our brain as well as our body? It helps our balance and coordination which prevents falls. Studies now show the brain/body connection needed for dancing prevents dementia and Alzheimer's. How about trying line dancing? Our CV instructor is very patient with us, so give it a try. What do you have to lose?

If you have any questions or comments, I would love hearing from you. I consider our health our most important asset. Have a healthy fun day!

- Telling a woman to calm down works about as well as baptizing a cat.
- Being cremated is my last hope for a smoking hot body.
- You may not have lost all your marbles, but there's definitely a hole in the bag.
- I just did a week's worth of cardio after walking into a spider web.

**DON'T DO SOMETHING
PERMANENTLY STUPID BECAUSE
YOU'RE TEMPORARILY UPSET.
IT'S BETTER TO WALK ALONE
THAN WITH A CROWD GOING IN
THE WRONG DIRECTION.
IN A WORLD WHERE YOU CAN BE
ANYTHING, BE KIND.**

Word Search

Y D C U S X M A M C E B R H G
 R N I E A E W T V N N S W A B
 I V L R M M R O G N W E E O K
 S U S B E S W A L Y B I L P D
 R Y E N M C P V Y E G T K V K
 W R S Q O M T H F X P I V C R
 N O I T A I C O S S A L I O H
 G N F H A W T S R H Y I L Q D
 Z L C C P G E A I N L C L B M
 B O A R D J E M L N H A A B D
 C O M M I T T E E U N F G Z U
 W F P H L O O P L T G E E G T
 T W A D N H Y A R O B E T Z A
 Z L P Z D J O K F G T R R Z P
 L W Y P O Z Y Y Z V M D X J V

ASSOCIATION
 BOARD
 BYLAWS
 CFO
 CHAMPAGNE
 COMMITTEE
 CVPOA
 DIRECTOR
 FACILITIES

HALL
 MEMBER
 POOL
 REGULATIONS
 RULES
 STAGE
 TENNIS
 VILLAGE
 WELK



- People who wonder whether the glass is half empty or half full miss the point. The glass is refillable.
- I only drink a little, but when I do, I turn into another person, and that person drinks a lot.
- Not to get technical...but according to chemistry alcohol is a solution.
- I don't drink alcohol, I drink distilled spirits. So I'm not an alcoholic...I'm spiritual.





FREE HOME CARE EQUIPMENT

We have relocated the medical equipment room to the area between the

Laundry and the Gathering Place. You may take what you need and return it in a **clean and sanitary condition** when you are done. There is no need to sign out the equipment.

If you have something to donate, please contact the Office, do not just leave it in the room. Thank you.



CALL 9-1-1 and ask for a LIFT ASSIST!

There is no charge to call the fire department if you fall with no injury and cannot get up.

Please don't rely on your senior neighbor to help.

None of us should be doing any heavy lifting!

FREE HOME HEALTH PRODUCTS

There are donated home health care products (adult Depends, bed protection sheets, etc.) in the southwest cupboard in the Village Hall main room. If you know of someone who can use these products please tell them. Also, if you have something you wish to donate for the cupboard, you can either place them in there or call Charolette Steele (913-5345) to pick them up. Thank you!

NEED YOUR FRUIT PICKED?

By Etta McQueary #299

Citrus fruit is in abundance in the Village now. We need more pickers for the job. Please call Etta (619-6060-1062) if you can help pick or have a tree that needs to be picked. I have the fruit picker and buckets to do the job.

HEALTH INSURANCE NEWS

By Carla Grills #105

By way of review I want to remind everyone over 65 that your new Medicare Cards will begin to be mailed out this month. California will be among the first states to receive the new cards. Keep an eye open for your card which may not come at the same time as your neighbor's. Other states will receive mailings throughout the end of 2018.

As we celebrate Spring's arrival we often are making plans for vacation trips. If you are considering a trip outside of the US, I cannot emphasize enough how important travel insurance can be to your financial and physical health. It only takes one major health issue to not only spoil your enjoyment but to also cause great financial burden even after you return.

US based health insurance policies are limited in their ability to aid you in another country. At best they reimburse for expenses months later. That is after you have your documents translated into English. Unless you have really large credit lines on your credit cards, hospitals may not release you until you can come up with cash to cover the bills. If you have a critical situation, and need to be evacuated, standard health insurance does not cover your medical evacuation which can total over \$100,000. It's a financial gamble to travel internationally without travel health insurance.

If you have ever had trouble contacting your insurance customer service line in the US, think what it would be like from another country and time zone.

Travel insurance can give you 24/7 and 365 days of emergency contact. They have apps that will direct you to English speaking care and the nearest hospital with quality care. They have worldwide networks in most countries that recognize and accept your coverage. Coverage can be purchased for days at a time, weeks or over a year for multiple trips. It is worth the peace of mind and financial protection to shop for travel insurance before you leave home. Pack your bags and enjoy!



CHORUS

By Sharon Sybesma #127

Spring is in the air and we're seeing its beauty all around our Village! The flowers are in bloom and all the rain has made everything so green. Our Village chorus is busy preparing for our Spring Concert on May 12 at 2 pm. As always there will be fun surprises included.

We are always looking for new members. We especially encourage you men to join us. Our practices are every Tuesday at 10 am in the Card Room. We appreciate the support of our neighbors and friends here in beautiful Champagne Village.

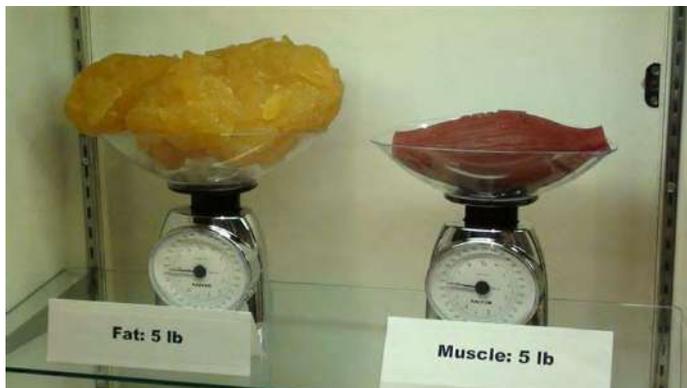


CV LIONS CLUB

By Paul Fischer #31

CV residents enjoyed and learned a great deal about elder abuse and fraud last month when Deputy District Attorney Paul Greenwood, with years of experience as head of the county's Elder Abuse Unit, told us the many ways to protect ourselves and our money. Elder abuse comes in many forms such as physical abuse, emotional abuse and neglect. He pointed out how we are targets for scammers and thieves. It was very interesting and we learned a bunch.

The next Lions Board meeting will be on Wednesday, April 18 at 11 am with a dinner meeting that evening at 5:30 pm.



Meditation... AH!

By Susie Riley #311

Even if it's just once a week, joining a group for meditation has tons of benefits for your mind, body and spirit. Here are five good reasons to meditate with others:

1. It helps develop good habits. It's easy to find excuses not to meditate at home. Just like meeting friends at the gym for group fitness class can motivate you to work out, group meditation provides the necessary encouragement for developing a consistent practice.
2. It's good for you. Countless studies overwhelmingly reveal that meditation lowers blood pressure, relieves stress, lessens chronic pain and contributes vastly to your overall wellbeing.
3. It's easy and convenient! Meditation is nothing more than mindful relaxation in a peaceful setting. Thirty minutes is all it takes to make a change in your life - and our meditation group is located down the street in our own Village Hall!
4. Joining is good for us. Loneliness is proven to be bad for our health. An environment of acceptance and belonging are perfect conditions under which we all can thrive.
5. There's power in numbers. Studies have proven the existence of a ripple effect in the surrounding community when a group meditates together. The peace we all feel transcends our group and spreads beyond. As Margaret Mead once said, "Never doubt that a small group of people can change the world: indeed it is the only thing that ever has."

If you'd like to join us for group meditation, we'd love to have you. Come to the Card Room in the CV Hall Saturday mornings at 8:00 am.

- I don't have time to worry about people who don't like me. I'm too busy loving the people who love me.
- Putting your phone away and paying attention to those talking to you? There's an app for that. It's called respect.



CV MENS GOLF CLUB

By Pat LeRossignol #435

Due to a rainout, the March meeting was cancelled. Hopefully we'll do better this month. Jim Stevens and Bill Glenn will still be providing the chili and corn bread on April 19.

In addition to the rainout, we also suffered through the **aeration of the Fountains greens** on the 1st and the 8th. The players who showed up on those two days were treated to a maximum of two putts which lowered most scores, but we were not able to post handicaps for those two rounds. Fountains handicaps for April will be computed but probably won't change. The **aerification on the Oaks** will occur the last week of March and details will follow soon on how that's being handled.

The Q1 **Fountains Golfer of the Year** rankings won't be posted until the end of March and too late for this publication. But with one week to go it reads like this: (1) Tom Zynda, (2) Jim Fields, (3) Jim Stevens and (4) Jim Portlock tied with Ron Gaedtke. On the **Oaks**, the **GOY** leader is Don Resch. Don't worry too much about the standings because the rest of us have nine more months to catch up.

As always, we're looking for new members so touch base with all your new neighbors. Remember, you don't have to be a golfer to join.

OAKS LADIES GOLF CLUB

By Betty Service #259

There was no meeting in March. There also wasn't much play on the course. We only have a group of about 6 -7 golfers on a good day. We would certainly like to have more but don't know where they are hiding.

We will have our quarterly meeting on April 5 in the Card Room. We hope to see a lot of you there.

If you are interested in joining our fun group please call or email Sharon Raymond (619-322-9249 or jarskr1964@gmail.com). Dues are still \$30 per year, beginning July 2017 to June 2018.

CV TENNIS CLUB

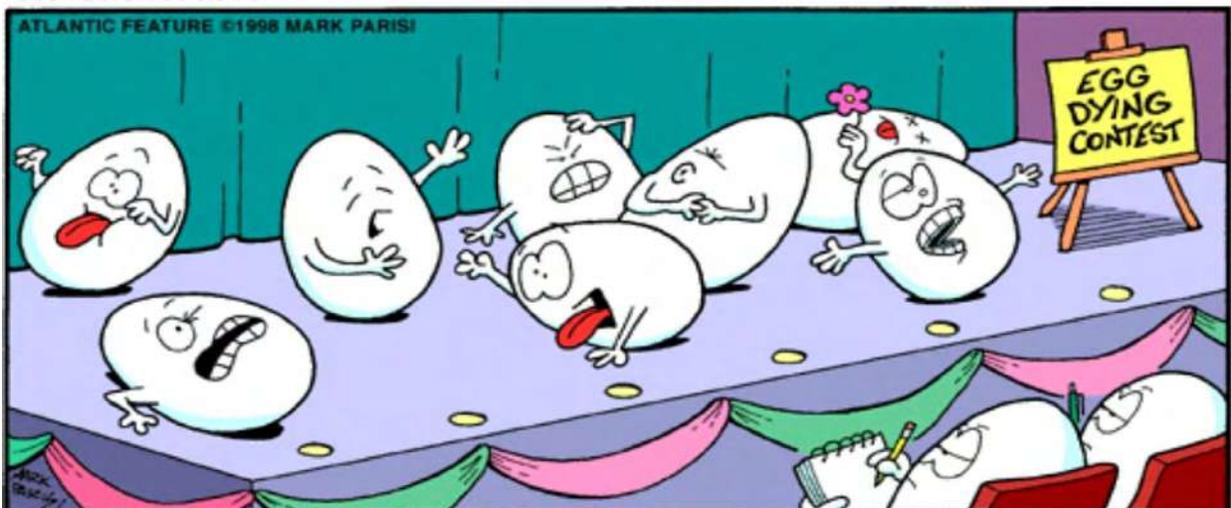
By Anna Marie Montoya #173

It's time for our next CV Tennis Club meeting and potluck on Thursday, April 12 in the Village Hall at 5:30 p.m. Diane Hoadley and Debbie Chappie



will be hosting this meeting and will be serving pork loin roast for the main course. As always a sign up sheet will be posted in the Copy Room. We're looking forward to seeing you there.

off the mark





As a guitarist, I play many gigs. Recently I was asked by a funeral director to play at a graveside service for a homeless man. He had no family or friends, so the service was to be at a pauper's cemetery in the back country. As I was not familiar with the backwoods, I got lost.

I finally arrived an hour late and saw the funeral guy had evidently gone and the hearse was nowhere in sight. There were only the diggers and crew left and they were eating lunch.

I felt badly and apologized to the men for being late. I went to the side of the grave and looked down and the vault lid was already in place. I didn't know what else to do, so I started to play.

The workers put down their lunches and began to gather around. I played out my heart and soul for this man with no family and friends. I played like I've never played before for this homeless man.

And as I played 'Amazing Grace,' the workers began to weep. They wept, I wept, we all wept together. When I finished I packed up my guitar and started for my car. Though my head hung low, my heart was full.

As I opened the door to my car, I heard one of the workers say, "I never seen nothing like that before and I've been putting in septic tanks for twenty years."

Apparently, I'm still lost...

VESPERS SUNDAY WORSHIP

Sunday, April 1 at 4:00 pm
Card Room, Champagne Village Hall

Steve Blue, Pastor

Dinner will be served

VESPERS is a NON-DENOMINATIONAL group that gathers the first Sunday of each month for fellowship and communion. **EVERYONE WELCOME!**



By Charolette Steele #334

Easter Treats: Easter treats will be delivered to resident's mailboxes around April 1. We hope you all have a wonderful Easter weekend and enjoy the treats.

80+ Birthday Party: The celebration for anyone over 80 years of age will be on April 26 in the Hall. Signup for the event is April 9 through April 23 in the Copy Room. Please look for the event article in this CV Times edition for more information. Thank you to all our members who came to the organizational meeting. We thank those who volunteered to help. This is a big event and takes a lot of people willing to do their share.

The Annual Garden Tour: This year it will be on **Sunday, May 6 from 12:30 to 3:30 pm.** Seven homes will be on the tour which is named "Gardens, Porches and Patios." See page 9 for more information in this issue.

Birthday Facts: Since we're celebrating birthdays of our residents who are 80+, these are some facts you may not know.



- The song "Good Morning to You" was written in 1893 for Kindergarten schools. The lyrics were later changed to "Happy Birthday."
- A popular 21st birthday present of the 19th and early 20th century was to have all teeth removed and replaced with dentures - therefore, avoiding future dental costs.
- The most common birth date is October 5, nine months after New Year's Eve.

If you would like to be added to our prayer list, contact Leonore Alvarado (rlalvarado@juno.com). If you wish to join C&CC, call Barbie Floyd (530-925-2319).

The Care and Concern Committees are composed of volunteer teams who provide support for the residents of our community through prayer and care.

CV LIBRARY



- It's always open.
- You can take books whenever you want.
- Return them when you are through with them.
- Donations are always welcome.
- Put *new* books and *returned* books in the basket.
- **Always** call in advance (751-0223) if you have a large number of books to donate.

CV LIONS CLUB RECYCLES

CRV glass/plastic bottles/aluminum/cans
DROP THEM OFF IN THE CARPORT AT:

#205 Camphor - Arlene G.

#232 Lawrence Welk- Deanna C.

#348 Ironwood - Carol & Jack Cox

#386 Mulberry - Alan R.

Also the Village Hall near the ice machine

If you are unable to drop off and need a pick up, call Alan Rings (858-395-7572).

We also recycle used eyeglasses, prescription sunglasses, broken frames or eye glass cases.

There is a drop box in the Copy Room.



GOLF CART CLINICS at the Car Wash Area

9:00 am

on 2nd, 3rd, and last *Fridays*

If you're having trouble with your golf cart, take it to the Car Wash on these days:

A-1 Golf Cars (732-0712) - every *second* Friday

Golf Carts & More (975-0033) - every *third* Friday

Escondido Golf Cars (735-8200) - *last* Friday



BOOKMOBILE

1st and 3rd Tuesdays of every month

10 am - 12 noon

In the parking lot by the Laundry Room

SEE'S CANDY TIME! \$17 per 1 lb. box

It's time to place your order for See's Easter candy. Everyone *loves* See's!

Place your order preference along with your check (do not add tax, it's already in the price) made out to Linda Clifford and put it in her mailbox #186, or in the dropbox at the Hall.



FINALLY!

I was in the six item express lane at the store quietly fuming. Completely ignoring the sign, the woman ahead of me had slipped into the check-out line pushing a cart piled high with groceries.

Imagine my delight when the cashier beckoned the woman to come forward, looked into the cart and asked sweetly, "So which six items would you like to buy?"

PUZZLES GALORE!

Did you know there are puzzles (lots of them) in the upper cabinets in the Fireside Room at the Hall for all Villagers to enjoy? They are donations from residents. If you find one that is missing a piece, please don't return it, just discard it.

CHAMPAGNE VILLAGE ACTIVITIES

CARDS & GAMES

	<u>TIME / PLACE</u>	<u>CONTACT</u>	<u>PHONE</u>
Bridge for Everyone	Tuesday - 1 pm /Card Room	Wayne Steele	913-5345
Bunco	2 nd /4 th Friday - 1 pm /Hall	Delores Madsen	751-3472
Game Night	Mon - 6 pm /Hall	Anita Amaro	913-5055
Hand and Foot	Thursday - 1 pm /Gathering Place	Martie Jenson	201-5520
Pool Players	Mon thru Fri - 1 pm to 3 pm /Hall	Mike Mann	(714) 323-8417

CRAFTS, ETC.

Crafters' Corner	Thursdays - 10 am /Hall	Julie Conner	(626) 536-9167
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EXERCISE

Aerobic Workout (indoors)	T/Th - 8 am /Hall	Linda Clifford	877-4745
Chair Yoga	M/W/F - 8 am /Hall	Linda Clifford	877-4745
Line Dance - Beginners	Friday - 9:45/Hall (Call Janet first)	Janet LeRossignol	749-7934
Line Dancing (no lessons)	M/W/F - 9:00 am /Hall	Janet LeRossignol	749-7934
Water Exercise	M/W/F - 10 am /Pool	Deanna Clatworthy	751-0204
Informal Water Exercise	T/Th/Sa - 10 am /Pool	Jan Nyberg	(661) 203-9352
		Deb Moyneur	745-2902

SPORTS

Bocce Ball	You set your own time to play	Charolette Steele	913-5345
Men's Golf	Tues/Thurs morning	John Raymond	(619) 322-9060
Oaks Ladies Golf	Thursday morning	Sharon Raymond	(619) 322-9060
Pickle Ball	M/F - 8 am	Jan Nyberg	(661) 203-9352
Table Tennis	M-Th - 4:30-6:30 pm /Card Room	Ben Read	751-8466
Tennis Club Meeting	2 nd Thursday - 5:30 pm /Hall	Anna Marie Montoya	751-0287

RELIGIOUS GROUPS

Catholic Bible Study	Thursday - 6:30 pm /Gathering Place	Jim & Carol Kostick	500-8565
Ladies Bible Study	2 nd /4 th Wed - 10 am / Card Room	Bev Davenport	751-3025
Vespers Sunday Worship	1 st Sunday - 4 pm /Card Room	Margaret Meadows	749-7573
Village Care Group	2 nd /4 th Thurs - 6:30 pm /Card Room	Don Densmore	751-8865
	5 th Thursday - 5 pm potluck /Hall		

VOLUNTEERING

Care & Concern Committees	Various	Barbie Floyd	(530) 925-2319
Lions Club	3 rd Wed - 5:30 pm /Hall	Paul Fischer	522-0374
Men's Breakfast	1 st Sunday (Oct-May) - 7:30 am /Hall	Mark Henderson	271-9551

MISCELLANEOUS

Bird Watchers	Various	Marty Hacker	(847) 476-5020
Bookmobile	1 st /3 rd Tuesdays - 10-12 /by Laundry Room	Joann Galarneault	751-0223
Boomers Club	Various	Joanne Hansen	(619) 743-3823
Bubbly Babes/Red Hats	Various	Mary Starkey	751-0825
Chorus	Tuesday 10 – 12 /Card Room	Lauretta Broderick	913-5185
CV Democrats	Various	Diane Hoadley	300-8506
Drama Club Rehearsals	Fridays 2-4; 1 st /3 rd (Hall), 2 nd /4 th (GP)	Jennie Shaw	751-8909
Library	Borrow books/donate books	Joann Galarneault	751-0223
Meditation	Saturdays - 8 am /Card Room	Sue Seebach	224-5899
Social Activities Committee	Various	Linda Steverson	297-4810
Ukulele Group	Tuesday - 3:30 pm/Hall	Hil Sybesma	751-8764

For changes to this list contact the editors

CHAMPAGNE VILLAGE CALENDAR - APRIL 2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
1 9-9 Private Party, Picnic 4:00 Vespers and Fellowship/CR	2 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/VH 6:00 Game Night/VH	3 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Bookmobile 1:00 Bridge for Everyone/CR 1:00 Bocce Ball 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR 6:00 Silver Swans Dance	4 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR	5 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Crafter's Corner/VH 11:30 Oaks Ladies 1:00 Hand & Foot/VH 1:00 Pennies 4:30-5:30 Table Tennis/CR 6:30 Catholic Bible Study/GP	6 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 2:00 Drama Club/VH	7 10:00 Water Exercise
8 7:30-9 Men's Break-fast/VH	9 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/VH 6:00 Game Night/VH	10 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Chorus/CR 1:00 Bridge for Everyone/CR 1:00 Bocce Ball 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR 6:00 Silver Swans Dance	11 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 10:00 Ladies Bible Study/CR 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR	12 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Crafter's Corner/VH 1:00 Hand & Foot/VH 1:00 Pennies 5:30 Tennis Club Meeting/VH 4:30-5:30 Table Tennis/CR 6:30 Catholic Bible Study/GP 6:30 Village Care Group/CR	13 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Boara Agenda Meeting 9:00 Line Dance/VH 9:00 A-1 Golf Carts 10:00 Water Exercise 1:00 Bunco/VH 1:00 Ladies Duplicate Bridge 2:00 Drama Club/GP	14 8:00 Meditation/CR 10:00 Water Exercise Carpets Cleaned
15 Carpets Cleaned	16 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/CR 6:00 Game Night/VH	17 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Chorus/CR 10:00 Bookmobile 1:00 Bridge for Everyone/CR 1:00 Bocce Ball 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR 6:00 Silver Swans Dance	18 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 4:30-5:30 Table Tennis/CR 5:30 Lions Club/VH 6:00 Larry's Poker/CR	19 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Crafter's Corner/VH 11:30 Men's Club/VH 1:00 Couples Duplicate Bridge 1:00 Hand & Foot/VH 1:00 Pennies 4:30-5:30 Table Tennis/CR 6:00 Boara Meeting 6:30 Catholic Bible Study/GP	20 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 9:00 Golf Carts & More 10:00 Water Exercise 2:00 Drama Club/VH 5:30 Karaoke	21 7-10 Private Party/Hall 8:00 Meditation/CR 10:00 Water Exercise 1-8 Private Party/Picnic
22 5:00 The Greatest Showman	23 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/CR 6:00 Game Night/VH	24 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Chorus/CR 1:00 Bridge for Everyone/CR 1:00 Bocce Ball 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR 6:00 Silver Swans Dance	25 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 10:00 Ladies Bible Study/CR 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR	26 8:00 Aerobic Workout/VH 10:00 Water Exercise 10:00 Crafter's Corner/VH 11:30 80+ Birthday Party 1:00 Hand & Foot/VH 1:00 Pennies 4:30-5:30 Table Tennis/VH 6:30 Catholic Bible Study/GP 6:30 Village Care Group/CR	27 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 9:00 Escandido Golf 10:00 Water Exercise 1:00 Bunco/VH 2:00 Drama Club/GP	28 8:00 Meditation/CR 10:00 Water Exercise 5:00 Village Hop
29	30 8:00 Chair Yoga/VH 8:00 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/CR 6:00 Game Night/VH				VH - Village Hall CR - Card Room GP - Gathering Place Lib - Library	