



Champagne Village

CV TIMES

APRIL 2020

CVPOA HOURS

THE OFFICE WINDOW IS CURRENTLY CLOSED.

OFFICE STAFF REMAIN ON SITE, AND ARE AVAILABLE BY EMAIL, PHONE OR THE HALL DROP BOX

9:00am – 4:00pm M-F
(closed 11:30am – 12:30pm)

KIOSK 8:00am – 4:00pm M-F
10:00am – 4:00pm S-S

TRASH THURSDAYS

POOL HOURS

At this time, the Pool and Spa remain open.

ADULTS 9:00am – 7:00pm
KIDS 12:00pm – 2:00pm

BOARD MEETING

April's Board meeting is cancelled.

UPCOMING EVENTS

All events taking place in CVPOA common area facilities have been cancelled until further notice: please see newsletter articles throughout this issue for details.

CVPOA & Coronavirus

In light of recent coronavirus updates, **most of the common area facilities were recently closed.** All activities and meetings scheduled to take place in these facilities have been cancelled. Details are on page 3 of this newsletter.

If you need to be in the Hall, please do not linger or congregate.

The Office will continue to be staffed during normal business hours. To keep everyone safe, however, the Office window remains closed. If you need to contact the Office please call, email, or use the drop box in the Hall lobby.

To keep residents up to date on these closures and other CVPOA news, the Office will distribute **weekly updates** as needed: see page 3 to learn more.

An **Executive Committee** has been formed and will meet weekly to determine the contents of these updates. (An Executive Committee consists of the Board President and two Directors who may alternate each week.)

New signs will be posted at all outdoor common areas this week, alerting residents that they are using these areas at their own risk.

At this time, the April Board meeting is cancelled, but the Board remains at the ready if a meeting is required. Also for the coming months, the A&L Committee will meet every other week: their next meeting is April 7th.

In other news, Candidates Night for those having applied for Board seats will be scheduled in May, with elections taking place in June. This is due to recent state HOA election laws passed last year (see page 1 of the March issue for details), which adds 60 days to our CVPOA Director election schedule.

Finally, please note that the Welk Resort currently remains OPEN and in compliance with local, state and federal laws. The Sheriff's office has asked that we let you know since they've received several calls from CV residents regarding this.



CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: tsteigely@associatedasset.com Board email: CVPOAboard@gmail.com

Website: ChampagneVillage.org Phone: (760) 749-8008 Fax: (760) 749-8036

Happy
Spring!

OFFICE NOTICES

Motorcycle Rule

A special Board Meeting was held Wednesday, March 4th at 1:00pm in the Village Hall to count the ballots submitted for repeal of the Board's decision to allow motorcyclists to park at their homes in the Village.

The vote was 180 to 112 to NOT repeal the motorcycle rule. Residents with motorcycles ARE allowed to ride them to and from their homes and park them on their property.

Bookmobile News

Visits from the North County Bookmobile are cancelled until further notice. To avoid fines, the return date for all books have been automatically updated to April 30th. Do not attempt to return books to any Library or other location at this time.

Tips for Using the Welk Gate

When using the back Welk gate, be sure to **make a complete stop** at the spot on the pavement where STOP is printed, then VERY SLOWLY move toward the gate until it engages. Most residents are not fully stopping or are moving too quickly toward the gate and not giving it the time needed to engage. If you're still having problems after attempting this, please contact the Office.

Board Meeting Activity

A report on the March 19 Board meeting is located on page 4.

Contacting the Office

The Office window is closed, but Office staff are still here – please email (tsteigely@associatedasset.com) or phone (760-749-8008) if you need to reach us.

SECURITY DISCLAIMER

We hope that our entry systems provide some deterrence to crime. However, no matter what steps we take, the Association can never be completely safe and secure. For example, it is possible for someone to enter the property under false pretenses to commit crimes, for residents to commit crimes against their own neighbors, for guests of residents to commit crimes, and for employees to commit crimes. As a result, the Association is not and can never be free of crime, and we cannot guarantee your safety or security. Accordingly, you should NOT rely on the Association to protect you from loss or harm. Instead, you should provide for your own security by taking common-sense precautions such as carrying insurance against loss, keeping your doors locked, refusing to open your door to strangers, asking workers for identification, installing a security system, locking your car, etc. You may also wish to check various websites and law enforcement lists to be aware of those living in your area.

BOARD OF DIRECTORS

Charlie Service President
Jean Slaughter Vice President
Wayne Steele Secretary
Roger Elyea CFO
Joe Rossi Director
Karen Smith Director
Greg Lorton Director

BOARD COMMITTEES

Architecture & Landscape
Karen Smith / Joe Rossi

Common Area Facilities
Jean Slaughter / Joe Rossi

Common Area Landscape
Greg Lorton

Emergency Preparedness
Greg Lorton

Communications
Everett Smith

Governing Docs
Everett Smith

Social Activities
Linda Steverson

CV TIMES EDITOR

Susie Riley #311
CVTimesEditor@gmail.com
(603) 938-5283

DEADLINE FOR ARTICLES AND ADVERTISEMENTS 15th of each month

Residents are encouraged to write articles, submit photos and provide feedback on our newsletter to help make it better.

The Editor reserves the right to edit or print any item submitted.

THIS INFORMATION IS SUBJECT TO CHANGE. ANY NEWS WILL BE INCLUDED IN OUR WEEKLY UPDATE.

FAQS: CV Events and Activities

Have ALL CV events been cancelled?

All indoor events scheduled to take place in the common area facilities have been cancelled through the end of April.

Is this really necessary?

Yes, in order to comply with state and federal mandates and guidelines that are in effect to limit the spread of the coronavirus. These decisions were made in the best interests of all residents and staff.

How long will this last?

We will continue to monitor the situation to determine when it would be safe to resume all activities and events.

How will we know when these facilities re-open?

The Office will provide weekly updates (see the WEEKLY UPDATES box on this page) to keep you posted on any news or changes to this information.

What if I have a private event scheduled in the Hall?

Please call the Office to discuss your event.

Can I still borrow books and movies from the Library?

The Library remains open: residents can briefly visit to borrow and return books and movies. Please don't linger or congregate while there.

What about packages in the Hall?

The Hall remains open to pick up your packages. To comply with both state and federal mandates, do not linger or congregate while collecting them.

What about the Dog Park? Can I still walk my dog?

Both the dog-walking area and dog park remain open. We ask that you allow for safe spaces between each other.

What about the Tennis Courts? Can we still play pickleball?

For now, the Tennis Courts remain open. Allow for safe spaces between each other while there.

What about the Pool?

The Pool area and Spa remain open for now. However, all water exercise classes have been cancelled. While in the Pool and Spa areas, be sure to allow for safe spaces between each other.

Can I go for a walk or a golf cart ride?

Yes. As with all other areas, allow for safe spaces between other walkers, and gather only in small groups.

Is the Kiosk at the Front Gate still open?

The Front Gate continues to be manned by our Kiosk staff. As always, you need to let them know when you're expecting guests and vendors.

What if I have other questions?

Email (tsteigely@associatedasset.com) or phone the Office (760-749-8008).

CHAMPAGNE VILLAGE

FACILITIES CLOSED

Hall
Kitchen
Sitting (Living Room) Areas
Card Room
Pool Room
Office Window
Gathering Place
Exercise Room (Gym)
Picnic Area

CHAMPAGNE VILLAGE

FACILITIES OPEN

Pool and Spa
Laundry Room
Tennis/Pickleball Courts
Dog Park
Bocce Ball Area

This information is subject to change: we'll provide the latest information in our weekly updates.

WEEKLY UPDATES

Each Tuesday, the Office will deliver weekly updates to the mailbox in front of your house. Please check your boxes to ensure that they are empty of older notices and deliveries.

If you would like to receive these weekly updates by email, please send your email address to tsteigely@associatedasset.com.

BORED?

The LIBRARY remains open and contains **hundreds of books, DVDs and magazines** for you to borrow and enjoy – **puzzles** are also available in the Hall's living room area. (The Bookmobile is cancelled until further notice.)

Notes from the Board Meeting

March 19, 2020 at 1:00pm

The CVPOA Board of Directors met on Thursday, March 19th, and conducted the following business:

An amendment to the Election Policy that would require Directors to serve on the CVPOA Board for one year before being elected to the Office of President, was unanimously approved. This will ensure that all Directors have at least one year of CVPOA Board experience prior to serving as President, and will thus have an understanding of Board's workings as well as their role as Director.

Amendments to the A&L Application were unanimously approved. These amendments add important attorney-provided disclaimers to the form that protects the CVPOA from potential liability when approving A&L requests from members. This new wording will be located on the forms found next to the Office window.

An amendment to the Facilities Reservation Form was unanimously approved. This amendment adds wording that alerts residents that failure to comply with the Agreement may result in a fine or loss of privileges after a hearing before the Board.

The purchase of a new heating and air conditioning system for the Exercise Room at a cost not to exceed \$10,025 was unanimously approved. This new system will replace the 20-year-old failed one, and will be charged to Pool Area Reserve.

CFO Roger Elyea provided a brief overview of the monthly finance report, noting that the Village is in solid financial shape through February, with excess revenues of \$18,776. This prepares us well for the heavier expense months of Summer. Common-area water savings are on the high side of forecasted results, and it is anticipated that \$25,000 in common-area water savings can be returned to the Reserve Fund in the first fiscal quarter to replenish well expenditures.

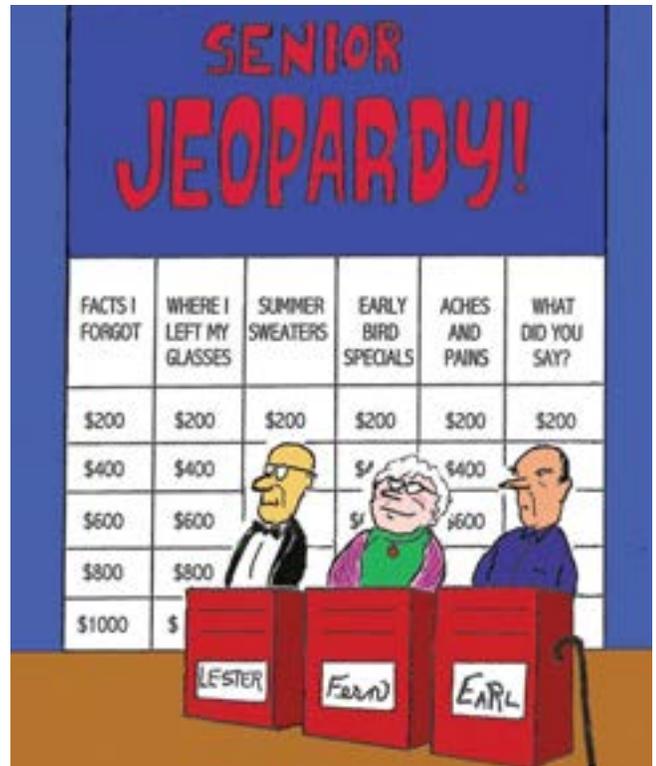
Vice President Jean Slaughter requested that the Community Manager look into the logistics and cost of adding more package mailboxes at the Mail Center.

No committee reports were presented, in the interest of keeping the meeting brief.

PLEASE NOTE: at present, no April Board meeting is scheduled.



Etta McQueary (#299) took this photo of our resident duck family out for a stroll near the mailboxes on March 6th. They're quite comfortable with us human folks!



Let's Create a Rainbow Connection!

All around the world, people are placing rainbows in their windows as a symbol of hope and unity, and to admire as neighbors take their walks.

Let's create our own CV rainbow connection: put a rainbow in your front window for all of us to enjoy!



From the Editor

These are odd times. As a result, this is an odd edition of the CV Times...

We're all anxious, and we're all at home. It's a tough combination, because while 'social distancing' is the right thing to do, our instinct in tough times is to connect more deeply with others.



That's what I've been asking myself: how do we stay connected when we can't be close? How we can be together while we remain apart - at least by six feet? Then I remembered four years ago, when I left everyone I loved behind in New England (except my husband!) to move here. I ached for my family and friends. To fill the cavern of geography between us, I connected any way possible - and not just to say hello. I phoned to help sing Happy Birthday, I kept FaceTime on while we all had Thanksgiving dinner 'together,' and I used online chat groups to talk with multiple friends at the same time. I still Skype with my parents every Wednesday afternoon. I'm so grateful for these options: they help me feel more connected to them.

For all the disruption and danger this world is facing right now, we are thankfully well equipped to stay in touch. We can exchange kind words and thoughts, streaming our faces onto screens just inches from our friends' real faces, with no risk of germs hopping over. Even when we're apart, whether separated by thousands of miles or just a few blocks, we can still be together.

Speaking of those few blocks, please remember the following in the days to come if you feel down or disconnected: at any moment, you are no more than a hundred feet away from other real, physical people. Your neighbors. Your community. US. Our thoughts and hearts are here with you. **YOU ARE NOT ALONE.** Open your door, step outside and, from a safe distance, say hello and reconnect with each other. And **if you need help, PLEASE ASK.** These simple acts will help us all feel a little less, uh... socially distant.

Here in CV, let's make LOVE go viral. Take care of yourselves and each other,

A handwritten signature in blue ink, appearing to read 'Jill'. The signature is fluid and cursive, with a long horizontal stroke extending to the right.

SAC ST PADDY'S DAY PARTY, MARCH 2020





Stan Ford and Anna Marie Montoya (#173) sent this photo taken March 10th from the top of Skyline Drive.

Is It OK to Take a Walk?

YES! Whether it's a heart-stimulating jaunt or a leisurely stroll, a walk is good for both your mental and physical health. Just keep a safe distance!

Whether it's for transportation, health or meditation, the leisurely walk has come to symbolize not only a crucial thread in our social fabric, but these days is often a thread to sanity itself, given the current health crisis.

The social and psychological benefits of a walk are irreplaceable. Those making decisions on a government level understand the link between outdoor time and our mental health: even with our recently announced mandate to stay at home except for essential needs such as medicine or food, the state made an exemption for "engaging in outdoor activity, such as walking, hiking, or running provided that you maintain at least six feet of social distancing."

For those struggling with moments of depression or anxiety, going for a walk alleviates those feelings by boosting the release of much-needed neurotransmitters. Even short walks can make a big difference!

Spring is here, our Village streets are safe, and we're about to experience some amazing San Diego weather – so let's all get out there and take a walk! **And watch for the rainbows in our windows (see page 4 for details)!**

Enjoy all the beautiful photos in this issue that were taken by people who've been out and about!

Think you Know THIS Person?

Jan Nyberg #221 and Nancy Thweatt #93

Have you ever marveled at the livability of San Marcos or admired its beautiful parks and successful school system? We can thank community-minded civic leaders from the 1980s who ushered San Marcos into a mature city – one of which lives right here in Champagne Village!

She has been happily married for 65 years and raised four children in San Marcos. Her children rode horses from their home to the beach and one son canoed flood waters covering the area now known as Palomar College.

Some of her accomplishments include having been elected the first woman President of the Cardiff By The Sea Chamber of Commerce, having owned a successful floral business, having been a member of the San Marcos Planning Commission and also having been voted their Woman of the Year. None of this could have been accomplished without the support of her husband.

They started their lives together in New Jersey and moved to San Diego for her husband's service to the Marines. Once they completed their time in California, they retired to God's country in Pagosa Springs, Colorado, where she sold real estate. They've since re-retired to Champagne Village to be closer to their family. Often, they can be seen dancing cheek to cheek at CV social club parties.

Let's hear it for a woman who led the way! Hip-hip hooray!

DO YOU KNOW WHO THIS VILLAGER IS?

Check later in this newsletter for the answer!

**WITHOUT A SENSE OF CARING, THERE IS NO SENSE OF COMMUNITY.
ANTHONY DANDELO**

STAY TUNED FOR ANY UPDATES REGARDING THIS EVENT

**CHAMPAGNE VILLAGE
ANNUAL GARDEN TOUR**

Porches, Patios & Plants

**SUNDAY MAY 3
1:00 - 4:00PM**

**# 24 JODENE WILMONT
#120 MARILYN FRAZER
#209 CAROLE & KURT HORNER
#306 MICHELLE SORGE
#338 MARY KAMINSKI
#392 BOB & CINDY MCWAY**

**SPONSORED BY THE CARE & CONCERN COMMITTEE
DONATIONS GRATEFULLY ACCEPTED**

**suggestion:
bring your return
address labels for
your drawing tickets!**

Care and Concern News

Charolette Steele #334

80-Plus Birthday Party

Care and Concern Committees was deeply sorry to announce the cancellation of our 80 Year Plus Birthday Party scheduled for April 2nd. In light of the continuing spread of the coronavirus and particularly all the data indicating that people over 70 years old are in the gravest danger of severe symptoms, we believed it would be irresponsible of us to hold this large gathering of our oldest residents. We were saddened to take this step, but challenging times call for prudent measures. We hope this can be seen as evidence of how highly our aptly named Care and Concern Committees values our most senior neighbors.



Upcoming Home Garden Tour

The Home Garden Tour is scheduled for Sunday, May 3rd from 1:00-4:00pm. At least six homes will be on the tour. Look for the ad in this CV Times and stay tuned for any pending updates or changes regarding this event.

Life Changes Workshop in March

Barbie and Etta gave their presentations about 'Life Changes' to an attentive audience on March 5th. They both covered topics we don't often want to talk about but are very important not to ignore. Be sure to complete the documents they talked about and share them with those you trust. If you accidentally picked up Etta's resource book on the table, she would appreciate you returning it to her at space #299.

Thank you from the Memorial Committee

The Care and Concern Memorial Committee wishes to thank those who helped with the Celebration of Life held February 19th. We appreciate all of you who gave your time helping with preparing the Hall, cleanup, audio and cookie baking. We are grateful for those who volunteered to be on a call list for cleanup or cookie baking committees. If anyone would like to volunteer for either committee or would like to volunteer to be on the organizing committee, call Charolette Steele at (760) 913-5345.

Care and Concern committees are composed of volunteer teams who provide support for residents of our community through prayer and care.

Champagne Village Lions Club

Our 25th Year

Lion Alan Rings #386

WE SERVE



Your Lions provided a free personal lift for new Village residents **Harlen DeWall** and **Sharon Solmosen** (#108). **Harlen** has difficulty with stairs and this will allow him greater freedom. The lift was moved from #442, where it allowed recently departed resident **Marie Oslie** the freedom to spend time in her beloved garden, instead of being housebound. We are honored to have helped, even in such a small way, to brighten her days in her last months. That's what Lions do.

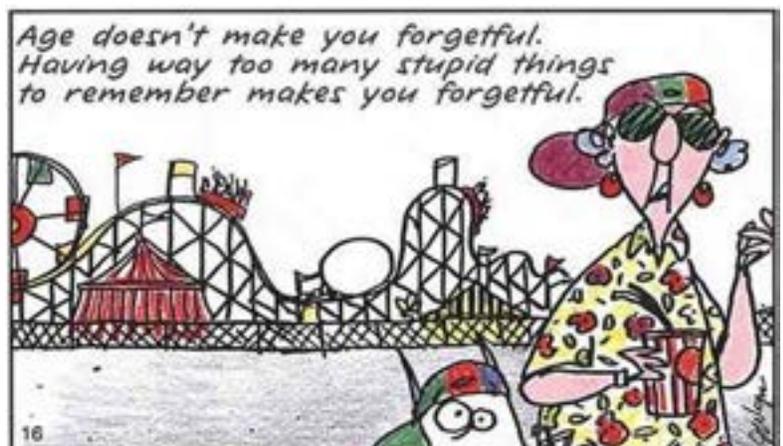
Unfortunately, the winner of our February 19 Student Speaker Contest, **Dulci Stutzman**, did not win the Zone Contest. We hope to see her compete here again next year. It is gratifying to see how the students improve in poise, delivery and message as they gain experience each year. We hope to be able to convince one more school to participate next year.

The Lions, along with much of the rest of the world, erred on the side of caution by cancelling all activities in April, due to fear of the coronavirus. Like the flu, COVID-19 is particularly dangerous for people in our age group. While we hope this crisis will be on the wane by the time you read this and that none of our neighbors will have suffered from it, it's always better to be safe than sorry. Be well.

HUNKER DOWN

When you **hunker down**, you settle into a safe, sheltered position.

This term is such a popular way to describe taking shelter from a storm that it's become a weather report cliché. *Hunker* comes from Scottish — it means 'crouch on your heels' or 'squat.' Sometimes the phrase is also used to mean 'get to work,' like when you hunker down to finish homework or a deadline.



RESOURCES FOR SENIORS IN SAN DIEGO

This information is accurate at the time of printing, but may change.

County of San Diego

Through the Gary and Mary West Foundation, is delivering free meals to seniors 65 and older. Call (619) 235-6572.

Park Avenue Community Center

Their Senior Nutrition Program continues in place while they are closed. Pick-up of meals only. Call (760) 839-4803.

Meals on Wheels

Call (769) 736-9900 and ask for Barbara.

ElderHelp

Housing Services/Escorted Transportation/Care Giver Services. Call (619) 284-9281.

Aging and Independent Services

Helps keep clients safely in their homes, promote healthy and vital living. (800) 339-4661.

San Diego Food Bank

200 food distribution sites throughout San Diego County for families and seniors to receive food assistance during this crisis. Call 1-866-350-FOOD (3663).

Salvation Army San Diego Senior Programs

Call (619) 231 6000.

Meeting Senior Needs Hotline

Call (866) 960-9261.



Marilyn Fraser (#120) sent this photo taken March 21st from Terrace.

LOCAL STORES: HOURS FOR SENIORS

This information is accurate at the time of printing, but may change.

Albertsons and Safeway

Tuesdays and Thursdays, 7 to 9 am

Dollar General

Daily, first hour of business

Northgate Gonzalez Market

Daily, 7 am

Target

Wednesdays, first hour of business

Vallarta Supermarkets

Daily, 7 am

Vons

Mondays through Fridays, 7- 9 am

Walmart

Tuesdays, one hour before store opening



STAY AT HOME, SHELTER IN PLACE, LOCK DOWN: What's the Difference?

On March 19 when Governor Newsom called on California residents to self-isolate, he said: "I don't believe the people of California need to be told by law enforcement it's appropriate to home-isolate – go about the essential patterns of life, but do so by socially distancing yourselves from others and using common sense."

So, what's the difference between 'shelter in place' and other terms we've been hearing recently? Here are a few basics that may help:

Travel Ban

With a travel ban, you are restricted from crossing borders.

Curfew

This is a strict mandate that requires all citizens to stay indoors during set overnight hours.

Shelter in Place

While it's frequently used for a shorter-term emergency – a tornado, for example, or chemical spill – shelter in place can refer to any time authorities direct you to stay indoors until it's safe to go outside.

Lockdown

These days, the term lockdown is applied to more restrictive measures – such as those in France, where you need a certificate to leave your home for any reason, and in Italy, which also requires a certificate to travel around with checkpoints throughout the region to make sure residents comply.

Essential Activities

Even with many of these restrictions in place, you can still perform 'essential activities,' such going to a doctor, picking up groceries and medical supplies and going for a walk (as long as you are maintaining a safe distance). If your work is considered essential, many movement restrictions may not apply.

What's Open?

- Gas stations
- Pharmacies
- Grocery stores, farmers markets, food banks, convenience stores, take-out and delivery restaurants
- Banks
- Laundromats/laundry services
- Essential state and local government functions

What's Closed?

- Dine-in restaurants
- Bars and nightclubs
- Entertainment venues
- Gyms, fitness studios, spas and hair salons
- Public events and gatherings
- Convention centers



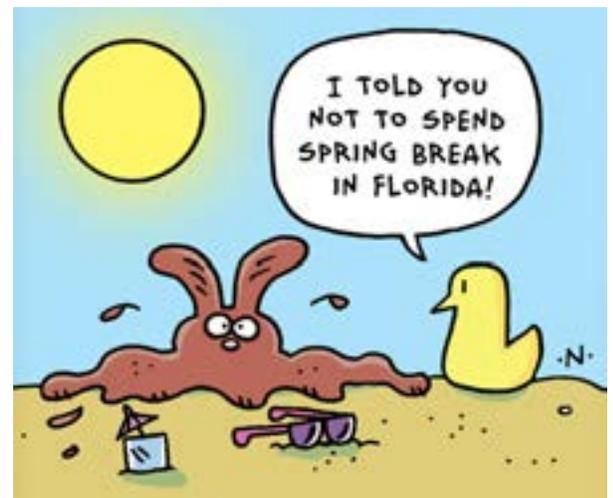
ANSWER: WHO'S WHO on page 7

Joan (with Harold) Slavinsky, #255

DO YOU NEED HELP?

Please contact the Office if you need help getting food or prescriptions: we have a list of kind and caring residents who are ready to shop for seniors needing assistance.

(760) 749-8008



Our cleaning lady just called to tell us that she will be working from home, and is sending us instructions on what to do.

VILLAGE NEWS

Victoria Moore (#432) sent these beautiful photos from her morning walk here in Champagne Village on March 22nd.
PLEASE SEND US PHOTOS FROM YOUR CV WALKS! Email them to CVTimesEditor@gmail.com.



REBUS PUZZLES

Each rebus below portrays a common word or phrase. Can you guess what they are? Answers later in this newsletter!

CA SE
CASE



Search

DOCTOR
DOCTOR

And

Get Text Updates on your Phone

County residents can now receive information about the coronavirus via text thanks to the County COVID-19 public information text message alert system.

The system allows County health officials to send real-time information about COVID-19 in the region. To sign up to receive the messages, **text COSD COVID19 to 468-311**.

The system was set up to let County public health officials issue information and instructions on changes related to COVID-19 in the region.

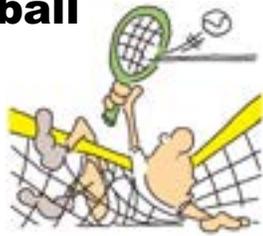


**IF YOU CHANGE THE WAY YOU LOOK AT THINGS,
THE THINGS YOU LOOK AT CHANGE.**

Tennis and Pickleball

Nancy Thweatt #93

There was no business meeting of the Tennis and Pickleball Club in March.



However, the members have been out there playing their hearts out on the Pickleball Courts. Come join us! Newbies are welcome.

Here's some Pickleball history you might be interested to read about (or maybe not):

- Was first thought up in 1965
- Created by Congressman Joel Pritchard and two friends (and you thought Congressmen weren't earning their keep!)
- Named after Pritchard's dog, Pickles
- Combination of tennis, badminton and table tennis
- The ball is slower than a tennis ball
- First permanent court installed in 1967
- By 1990, it was played all over the U.S.
- More than 40 tournaments each year

There you have it! See you on the courts! Monday and Friday mornings 8:30am

Good exercise and good fun...and watch for the updating of our courts!

FOUR LITTLE STORIES WITH BIG MEANINGS

In desert villages, people often gather to pray for rain - and some show up with umbrellas.

THIS IS FAITH.

Every night, we go to bed without any assurance of being alive the next morning - yet many of us set alarms to wake up.

THIS IS HOPE.

When we toss babies in the air, they laugh because they know we'll catch them.

THIS IS TRUST.

We see the world suffering, but we still get married and have children.

THIS IS LOVE.

Oak Ladies Golf

Betty Service #259

The worldwide outbreak of the coronavirus has certainly changed our daily lives. At this time I feel it is prudent that we not plan on gatherings of our ladies' group. As of this writing all dining out options are closed, so we will not be meeting in April at the Gopher Hole Restaurant at Castle Creek Golf Club. Also, due to the ten-or-less gathering rule, I am holding off on the dedication for the memorial stone for Doreen Burchett until further notice.



In March we had a nice turnout at the restaurant and good food and laughter was enjoyed by all. Hopefully we will be back to doing this again soon.

If you are interested in playing golf with us or joining us for lunch, please feel free to contact me at betty.service@gmail.com or call me (619) 933-8887 for more information. We play Thursday mornings at 8:00am. Since I am currently taking a small break from golf, you can also call Karen Smith at (760) 751-9762. Karen usually plays every week.

CV Men's Golf

Pat LeRossignol #435

As we're all aware, most activities in the Village have ceased for a while. We're not scheduled for a meeting until June 18 so we will wait to make a determination on that. As each week goes by, however, each golfer has to make a decision as to whether to show up for golf on the Oaks on Tuesdays or the Fountains on Thursdays. We will continue to keep in touch with JC/Welk golf concerning their plans for the next weeks/months. Hopefully this situation will be measured in weeks.



Due to the uncertainty, it is imperative that players verify if they are going to play each week. Oaks players need to keep **Bob Olsen** apprised of their intentions, while Fountains players should contact **John Votaw** or in his absence, **Pat LeRossignol**. Bob Olsen continues to do a great job running the Oaks events and John Votaw has been excellent taking over on the Fountains.

Big winners on the Fountains lately have been Bob Bolt, Kevin Ide, Mike Uhl, Walt Van Dien and John Votaw. Bolt, Olsen and John Grubb lead the pack on the Oaks. You better watch out guys.... I'm coming back one of these days! Everyone stay healthy and please make good decisions concerning your activities.

Crime Prevention in CV, Part II

Richard and Diane Reed #312

Last month we introduced the idea of re-establishing a **Neighborhood Watch (crime prevention) Program** in CV. We've volunteered to organize and administer the Program if there is sufficient community interest. Over the past month, we've received questions about the level of involvement needed, and are providing the following responses. Please call Richard (530) 313-8884 with any other questions.

What is the goal of establishing a Crime Prevention Program here in CV?

Criminals despise being watched. Generally, when they see that a community is protected by a Neighborhood Watch Program, they move on to an easier, unsuspecting target. Ideally, we would like to see all residents committed to serving as the eyes and ears of the Village, with the overall goal of preventing crime.

How does this Program work?

Those opting to participate in the Program will be given a Neighborhood Watch decal to post in their front window so that passers-by can see who is actively involved. Potential violators of the law likely know that behind every decal is a set of eyes ready to report any inappropriate behavior. As with the Homeland Security mantra, *if you see something, say something*.

Would residents be expected to patrol the Village or confront suspicious people they encounter?

NO. Trained Neighborhood Watch participants are instructed not to confront suspicious people – even if those individuals are actively participating in the commission of a crime. Instead, participants are trained to collect and provide suspect and vehicle descriptions, then report potential violations promptly and accurately to their Block Captain or directly to the Sheriff.

What's a Block Captain, and what would they do?

These individuals serve as liaisons to the Program Coordinator (us) and the Sheriff's Department. For the size and layout of our community, the Sheriff's representative believes that we would need five or six sections: we therefore need five or six Block Captains. Each receives information from the Coordinator regarding upcoming events and issues of interest, then communicates this to participants in their section. Conversely, Block Captains convey items of interest or concerns from their participants to the Coordinator or Sheriff's representative.

How much time is involved if I participate?

We'll have one initial meeting for the Sheriff's Department to provide an overview of the Program and describe some services available through the county. We may also provide a few informative sessions per year, but attendance would be voluntary. These sessions might cover elder abuse, senior frauds/scams, emergency first aid, home security, and other issues of interest to residents and participants.

What's next?

We first need to determine the level of interest. **We need at least 50 households to establish a Neighborhood Watch program.** We hope that once we begin organizing, more residents will consider participating. If less than 50 households express support, we will assume that most don't see the need for a Neighborhood Watch here in CV.

If you'd like to participate in the Neighborhood Watch Program, we'll post a sign-up sheet in the Hall once this health crisis has subsided and it's safe to gather for meetings.

We hope that those of you who've had positive experiences with Neighborhood Watch will encourage your neighbors to participate. The time commitment is minimal, and our community will be safer if everyone participates. Again, call Richard at (530) 313-8884 with any questions.



Welcome, New Residents!

#290 Glenn and Michal Cloes

Glenn (760) 715-9380, Michal (760) 715-9007

#265 Edith (Edie) Hillebrecht (760) 644-0619

#108 Sharon and Harlen DeWall

Harlen (760) 803-0797

#383 Ralph and Marilyn Kier

Ralph (760) 954-6226, Marilyn (760) 791-0854



Health Insurance News

Carla Grills #105

By the time our newsletter goes out, many updates will have been published concerning the coronavirus. So, in light of the stay-at-home advice from the CDC, I would like to remind you that a new service has been added by many employer and Medicare plans: **medical care by telephone or computer video.**

A few of us are old enough to remember when Doctors still did house calls. Telehealth is the house call of the next generation. It can save us trips to the doctor's office or even the ER. Telehealth is recognized and provided for by Medicare and many employer plans. While some may charge the usual co-pay of a doctors' visit, others have no fee.

During this time Molina Health Care has announced it will waive all fees for their Teladoc calls. All doctors and nurse practitioners are fully licensed by the state of California. Some are semi-retired with years of experience while others are adding telemedicine to their active practice

If you have a smart phone with FaceTime capabilities or a computer with video camera, you can have a face-to-face talk with a doctor or nurse. Phone calls by voice only are also accepted.

Covered California has emphasized that all their family plan companies and employer plans offer Telehealth calling. Most Medicare Advantage plans that I am familiar with offer 24/7 Teledoc or a nurse line.

DO YOU KNOW HOW YOUR BENEFIT WORKS?

There is some account setup in the beginning, so NOW would be a good time set up your plan BEFORE you are sick! Records are sent to your doctor for ongoing follow-up. Prescriptions can be ordered when necessary. (Opiates are not available).

Several years ago I had a young family who purchased a Teladoc service because they had four children under the age of ten. The father praised their experience: he told me it saved them many trips to the ER for earaches, sore throats and other minor ailments. He also used it for himself several times so he wouldn't lose any work time.

If you no longer have the enrollment booklet for your coverage, call your Insurance customer service and ask them to send or email you a brochure or instructions to sign up for this benefit today. Save yourself a trip to the doctor for 'what-to-do' advice, diagnosis or a drug. This a valuable tool to help us avoid exposure during the flu or coronavirus season.

Know the Signs of a Phone Scam, Especially During Filing Season

Ken Cozzens #421

Taxpayers should be aware that aggressive criminals pose as IRS agents in hopes of stealing your money or personal information. The tax filing season is a prime time for phone scams because people are thinking about taxes.

The IRS initiates most contacts through regular mail delivered by the United States Postal Service.

However, there are special circumstances in which the IRS will call or come to a home or business, such as when a taxpayer has an overdue tax bill, to secure a delinquent tax return or a delinquent employment tax payment, to tour a business as part of an audit, or during a criminal investigation. Even then, taxpayers generally first receive several letters (called *notices*) from the IRS via mail.

Here are some telltale signs of a tax scam, along with actions you can take if you receive a scam call.

The IRS will NEVER:

- Call to demand immediate payment using a specific payment method such as a prepaid debit card, gift card or wire transfer. Generally, the IRS will first mail a bill to anyone who owes taxes.
- Threaten to immediately bring in local police or other law enforcement groups to have the taxpayer arrested for not paying.
- Demand that taxes be paid without giving taxpayers the opportunity to question or appeal the amount owed. (You should also be advised of your rights as a taxpayer.)
- Call out of the blue about an unexpected tax refund.

If you receive one of these phone calls:

- Hang up immediately.
- Report the call to Treasury Inspector General for Tax Administration using the IRS Impersonation Scam Reporting form on their website tigta.gov, or by calling them at (800) 366-4484.
- Report the phone number via email to phishing@irs.gov. Be sure to put IRS Phone Scam in the subject line.

PLEASE NOTE

The filing deadline for tax returns has been extended from April 15 to July 15, 2020.

They said a mask and gloves were enough to go to the store. They lied: everyone else had clothes on.

Anxious or Depressed? Breathe...

When you feel anxious and uncertain about the future, it's easy to feel stressed or depressed. Taking care of yourself can help you cope these feelings. Here are some things you can do:

- Take breaks from watching, reading, or listening to the news and social media.
- If you have a smartphone, sign up for county updates (see page 12), so you won't need to keep the news on.
- Sit back, close your eyes and take slow, deep breaths.
- Eat healthy, well-balanced meals at the same times each day.
- Go for a walk and exercise regularly.
- Search YouTube.com for yoga or guided meditation videos.
- Get plenty of sleep.
- Find other activities you enjoy and make time for them.
- Connect with others. Talk with people you trust about your concerns and share how you are feeling.
- Help others if you can. Check in regularly (at a safe distance) with a neighbor.

People feel anxious about the future at the best of times, and many people have never encountered a pandemic like this before. **It's okay if you need help.** Call your healthcare provider if stress gets in the way of your daily activities for more than a day in a row. Take care!

from a story shared online by a young boy:

Me and Dad are sharing the dining room table while he's working from home today. He's an aerospace engineer on a conference call ordering fuselage prototypes, and I'm drawing a duck...



Live Animal Cams!

Check out the Zoo's animal cameras, available on their website polar bears, penguins, elephants, tigers, cheetahs, gorillas and more!

sandiegozoo.org

FREE BOOKS

If you're looking for classics online, the Library of Congress has got you covered. With **more than 60 classic books** available on an easy-to-use interface, this is the perfect website if you have a specific classic you're looking to read. read.gov/books

GO ONLINE!

Here are a few online resources that can be helpful while we're all hunkered down:

GRUBHUB.COM

Order takeout from local restaurants and have them delivered to your door, safely and securely.

INSTACART.COM

Order groceries from several local stores – Vons, Albertsons, CVS, Target, Walmart and Costco, to name a few – and have them delivered to your door, safely and securely.

ZOOM.COM

Video chat online with a group of family and friends, easily and for free. (*I use this all the time and I love it!*)

FACETIME, SKYPE and GOOGLE DUO

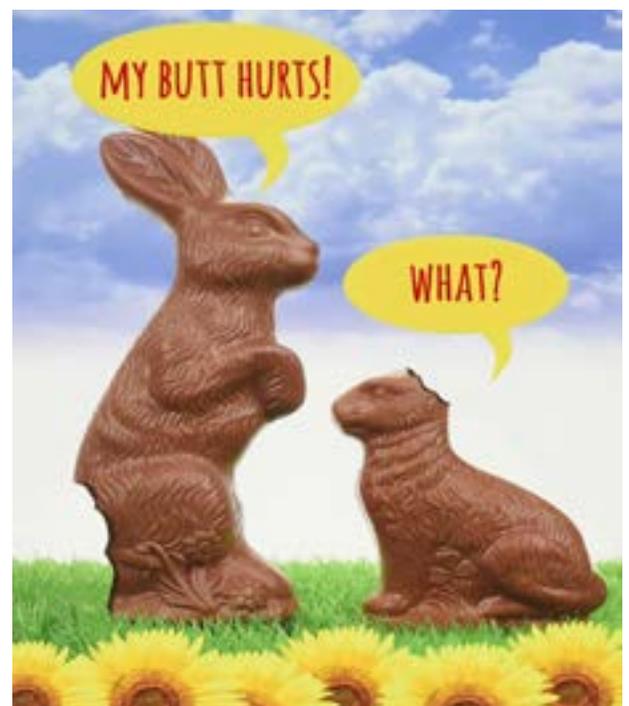
Video chat online one-on-one or (with Duo) up to eight people at a time. Free.

SENIORPLANET.COM

This site is a GEM. Free virtual classes, from Yoga to using your smartphone – along with great articles that will keep you busy and engaged for hours! Check out their article on hunkering down: it's packed with great ideas on things to do online. *Highly recommended!*

YOUTUBE.COM

All kinds of fun to be had there...!



GET OUT AND TRAVEL... VIRTUALLY!

Google Earth lets you 'fly' anywhere — from Timbuktu to the pyramids of Egypt — to view satellite imagery, maps and whole neighborhoods in 3D. It allows you to virtually view the world *and* zoom in on any particular piece of it.

Google Earth compiles images from various sources, including satellites in orbit and aerial photos taken from airplanes and drones. From a boneyard of military planes, to a polka-dot pattern created by ants, to mysterious structures etched into the Gobi Desert and even a phantom island in the South Pacific, Google Earth brings some wacky places to light. Here's a look at some of the strangest – and some of the classic worldwide landmarks.

You can download Google Earth for FREE on any computer, tablet or smart phone. Once you open Google Earth, SEARCH for the following:

Odd Landmarks and Locations

Airplane Boneyard, Tucson Arizona
 Desert Art Installation, Red Sea Egypt
 Perfect Triangle West of White Tank Mountain Range, AZ
 Nazca Guitar, Cordoba Argentina
 San Alfonso del Mar (World's Largest Swimming Pool)
 Whampoa Shopping Center (a boat-shaped mall in Hong Kong)
 UTA Flight 772 Memorial, Niger
 Barringer Meteor Crater
 Osmington White Horse
 The Palm Islands of Dubai
 SS Palo Alto
 Atomium Belgium

Famous Landmarks

Ayers Rock Australia	Eiffel Tower Paris
Great Pyramid, Giza	The Louvre
The White House	Niagra Falls
Vatican City	Yosemite Falls
USS Arizona Memorial	Buckingham Palace
Hoover Dam	Forbidden City, Beijing
The Statue of Liberty	Cape Canaveral



NURSES: WE NEED YOUR PHOTOS!

So many nurses, both current and former, reside here in Champagne Village. If you're one of them, please email your scanned image of your graduation photo to CVTimesEditor@gmail.com, so we can honor our CV nurses in the May issue. If you need help with scanning, call Susie (603-938-5283) and she'll scan your photo for you.

HURRY: we need your photo by April 12th!

Visit a Museum!

Here's a great way to get a little culture and education while you're confined to your home. Google Arts & Culture teamed up with over 2500 museums and galleries around the world to bring anyone and everyone virtual tours and online exhibits of some of the most famous museums around the world. Now, you get 'go to the museum' and without leaving your sofa.

The following is a short list of museums now offering virtual galleries and online (free) walking tours. (*My personal favorite: The Museum of Natural History.*)

Google these museums to find their websites:

Museum of Natural History
 National Portrait Gallery
 The Louvre, Paris
 The Van Gogh Museum, Amsterdam
 The Rijksmuseum, Amsterdam
 The British Museum, U.K.
 The Vatican (including the Sistine Chapel)
 The NY Metropolitan Museum of Art
 The National Gallery of Art
 The Acropolis Museum, Athens, Greece
 The Guggenheim, NY
 Madame Tussauds Hollywood



REBUS ANSWERS (from page 12)

FROM LEFT TO RIGHT: open and shut case, domino, search high and low, paradox.

CV ACTIVITIES/CONTACTS

CARDS AND GAMES

Bridge for Everyone
Bunco
Game Night
Hand and Foot
Pool Players

WHEN AND WHERE

Tues - 1pm Card Room
2nd & 4th Fri - 1pm Hall
Mon - 6pm Hall
Thurs - 1pm Gathering Place
Mon, Weds, Fri - 1pm Hall

CONTACT

Wayne Steele (760) 913-5345
Delores Madsen (760) 751-3472
Anita Amaro (760) 913-5055
Martie Jenson (760) 201-5520
Mike Mann (714) 323-8417

CRAFTS, HOBBIES, ETC.

Bird Watchers
Chorus
Crafters & Conversation
Drama Club
Ukulele Group

WHEN AND WHERE

various
Tues 10-12 Card Room
Thurs - 10am Card Room
Most Tues & Thurs 2-4 Hall
Thurs - 9:30pm Hall

CONTACT

Deanna Clatworthy (760) 751-0204
Nancy Thweatt (619) 209-1422
Julie Conner (626) 536-9167
Jennie Shaw (760) 751-8909
Hil Sybesma (760) 751-8764

EXERCISE, SPORTS, DANCE, WELLNESS

Bocce Ball
Body Groove Exercise
Chair Yoga
CV Hikers
Line Dance - Beginners
Line Dancing (no lessons)
Meditation
Men's Golf
Oaks Ladies Golf
Pickleball
Ping Pong - Beginning
Table Tennis
Tennis Club (meeting)
Water Exercise
Water Exercise

WHEN AND WHERE

set your own time
Tues & Thurs 4:00pm Hall
Mon, Weds, Fri - 8am Hall
Various
Mon - 9:45am Hall
Mon, Weds, Fri - 9am Hall
Sat - 8am Card Room
Tues, Thurs morning
Thurs mornings
Mon, Fri, Sat - 8:30am Tennis Ct
Weds - 2pm Card Room
Mon -Thurs - 4:30 Card Room
2nd Thurs - 5:30pm Hall
Mon, Weds, Fri - 10am Pool
Tues, Thurs - 9am Pool

CONTACT

Bev Strobl (858) 695-9077
Joanne Hansen (619) 743-3823
Linda Clifford - text only (760) 877-4745
Mark Seebach (760) 644-8838
Janet LeRossignol (760) 749-7934
Janet LeRossignol (760) 749-7934
Sue Seebach (760) 224-5899
Rich Magnuson (442) 248-1916
Betty Service (619) 933-8887
Jan Nyberg (661) 203-9352
Al Kezis (207) 385-6926
Leo Soldatenkov (858) 382-7918
Anna Marie Montoya (760) 751-0287
Deanna Clatworthy (760) 751-0204
Jan Nyberg (661) 203-9352

RELIGIOUS

Ladies Bible Study
Myron's Bible Study
Vespers Sunday Worship
Village Care Group

WHEN AND WHERE

various
Tues - 7pm Gathering Place
1st Sun - 4pm Card Room
2nd/4th Thurs - 6:30pm Card Room
5th Thurs, 5pm potluck Hall

CONTACT

Bev Davenport (760) 751-3025
Myron Baker (760) 802-5471
Linda Clifford - text only (760) 877-4745
Don Densmore (760) 751-8865

COMMUNITY

Bookmobile
Care & Concern Committees
CV Lions Club
Library
Memorial Assistance
Men's Breakfast

WHEN AND WHERE

1st/3rd Tues, 10-12 by Laundry Rm
Various
3rd Weds, 5:30pm Hall
CV Library
Call if needed
1st Sat (Oct-May) Hall

CONTACT

Linda Clifford - text only (760) 877-4745
Barbie Floyd (530) 925-2319
Alan Rings (858) 395-7572
Linda Clifford - text only (760) 877-4745
Martie Jenson (760) 201-5520
Tom Bossmeyer (442) 217-8194

SOCIAL AND CLUBS

CV Boomers
CV Democrats
CV Social Group
Karaoke
Social Activities Committee
Veterans Memorial
Young and the Rest of Us

WHEN AND WHERE

various
various
Fri - 4:00pm, Gathering Place
various, Hall
various
various, Memorial
various

CONTACT

Joanne Hansen (619) 743-3823
Susie Riley (603) 938-5283
Inge Stein (858) 335-9885
Wade Steverson (760) 297-4810
Linda Steverson (760) 297-4810
Susie Riley (603) 938-5283
Susie Riley (603) 938-5283