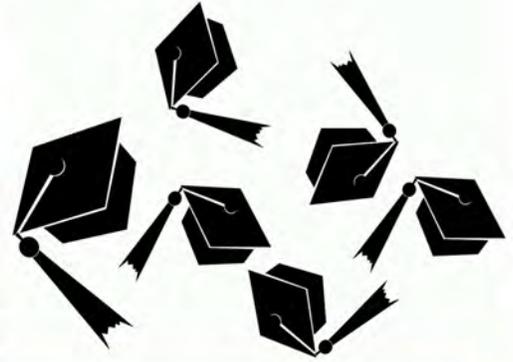


Champagne Village TIMES



June 2018

VOLUME 14, ISSUE 6

HELLO, 'SENIORS!' Here's a sampling of what's inside...

LEFT TO RIGHT

Anita Amaro

Jack Broderick

Lauretta Broderick

Sandy Broderick

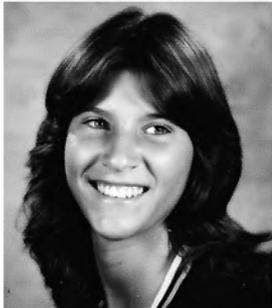


Marci Burns

Vern Burns

Steve Caves

Sylvia Clark

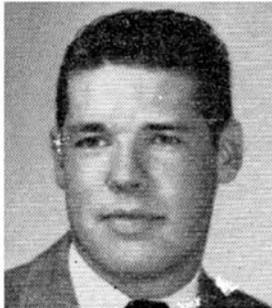


Wayne Clark

Deanna Clatworthy

Jerry Clifford

Linda Clifford



CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: kmikkelsen@associatedasset.com

Board email: CVPOABOARD@gmail.com

CV website: ChampagneVillage.org

Phone: (760) 749-8008 Fax: (760) 749-8036

NOTES FROM THE BOARD

By Wade Steverson #388

Thank you to all who attended the Open Board Meeting on May 24. The Board met to discuss/vote on new business, and for the results of election ballots to elect three Directors to the Board of Directors. After the opening of the meeting the Inspector of Elections, Janet LeRossignol, retired to the Card Room to oversee CV volunteers in counting the election ballots.

New Business:

- The Reserve Expenditure, in an amount not to exceed \$29,290, to install new front entry landscaping as designed by Dennis Drummond, Landscape Designer, was approved.
- The revised A&L Guidelines with minor grammatical and/or formatting was approved.
- A Reserve Expenditure for leak testing in the amount of \$1,946 was approved.
- Approval to disband the Governing Documents Committee failed due to no motion being made to disband.
- The CVPOA CFO Procedures and Policies were approved.

The Inspector of Elections presented the Board with the election results. The results are as follows:

Wayne Steele	226 votes
Ed Hocking	220 votes
Charlie Service	210 votes
Walt Zielinski	89 votes
Lee Martin	89 votes

The Board adjourned to discuss legal matters and elect Board officers. The Board voted to appoint the following officers during an organizational meeting in the Board Room:

President	Wade Steverson
Vice President	Charlie Service
Secretary	Ed Hocking

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BOARD OF DIRECTORS

Wade Steverson President
Charlie Service VP
Roger Elyea CFO
Ed Hocking Secretary
Susan Robinson Director
Wayne Steele Director

COMMITTEES

Architecture & Landscape

Care & Concern
Barbie Floyd

Common Area Facilities

Common Area Landscape

Communications

Emergency Planning
Susan Robinson

Governing Docs

Social Activities
Linda Steverson

CV TIMES Editors

Janet & Pat LeRossignol
jleross1@gmail.com

We encourage you to write articles and provide feedback on making our newsletter better.

DEADLINE: 18th of each month

Editors reserve the right to edit or print any item submitted.

JUNE MEETINGS

- Agenda Workshop: **June 15 at 9:00 am in the Card Room.**
- Board of Director's Meeting: **Thursday, June 21 at 6:00 pm in the Village Hall.**
- Board minutes are available on the CVPOA website, ChampagneVillage.org
- Minutes, financial statements and SAC financial statements are available in the Library.

OFFICE NOTES

RESERVING SPACE FOR MEETING OR EVENT

The Village Hall, Card Room, Library, Picnic Area and Multi-Purpose Room (aka The Gathering Place) are available for all CV group meetings and events. Karin in the Office is the **only** person who keeps the master calendar and she is the one you must contact to confirm availability. Once you know which day/time is available, then you **must** complete a **Calendar Reservation form** (kept on the wall outside her office) and turn it in to her. Without that form, there is no proof that you reserved the room. Also, remember to let her know if you need to cancel your reservation if you don't need it.

For Private Parties, any resident of Champagne Village in good standing may reserve the common area facilities, except the swimming pool, for a private gathering such as the celebration of the resident's or immediate family's wedding, anniversary, birthday, etc. **Immediate family is defined as spouse, brother, sister, son, daughter-in-law, son-in-law, parents, grandparents and grandchildren.**

GARAGES

- This applies to those lucky people with garages. The main purpose of garages is for the parking of vehicles, not storage. If you have a two car garage and two cars, both cars must be parked in the garage. Storage of items cannot preclude you from parking in the garage for any reason.
- Garage doors should only be open when you are entering or exiting the garage in your vehicle.

Fire Prevention

By Tom Riggs

As many of you know I manage Rancho Monserate Mobile Home Park in Bonsall /Fallbrook area. During the Lilac fire we had 75 homes, a full one third of the community burned to the ground, destroying everything each of those people owned and cherished. The community fire breaks were in excellent condition, trees were trimmed and we still had devastating losses. One of the big causes of some homes being burned and others not, was whether there was clearance between the homes and the landscape. I highly recommend that you trim your bushes away from your home and trim tree 10 feet away from your roof lines.

THANK YOU TO THE BALLOT COUNTERS

By Janet LeRossignol, Inspector of Elections

Thank you to the following residents who did a sterling job of ensuring we had a very accurate and complete ballot count: Joann & Ralph Galarneault, Diane Hoadley, Martie Jenson, Greg Lorton, Caroline Edwards, Pat Krumweide, Anna Marie Montoya, Linda Blakley, Don & Myrlene Densmore.

AFTER HOUR EMERGENCIES

If you have a *non life-threatening* emergency after the CVPOA Office closes, please dial the office phone number (760) 749-8008 and wait on the phone for a live person who will answer your call. If it's a life-threatening emergency, call 911.



SPRING POOL HOURS

April 1 - June 15

ADULTS - 9am to 7pm

CHILDREN - 12pm to 2pm only

SUMMER POOL HOURS

June 16 - September 15

ADULTS - 8am to 9pm

CHILDREN - 11am to 2pm and 5pm to 7 pm

CHAMPAGNE VILLAGE

Okay, so we didn't exactly 'graduate' this year... but look at these amazing photos!

LEFT TO RIGHT

Barb Coston
 Carol Cox
 Bev Davenport
 Don Densmore



Myrlene Densmore
 Bill Ellenberger
 Marcia Elyea
 Roger Elyea



Lauralyn Green
 Carla Grills
 Doug Grills
 Steve Hacker



Marty Hacker
 Mary Hocking
 Billee Hueter
 Renee Humphrey



Ken Jelden
 John Jelden
 Rick Kent
 Jim Koester



SENIOR CLASS 2018

RECOGNIZE ANYONE? Cover the names column and see if you guess correctly!



LEFT TO RIGHT
 Pat Krumweide
 Gary Krumweide
 Joni Lance
 Janet LeRossignol



Pat LeRossignol
 Greg Lorton
 Dave Marquez
 Donna Marquez



Pat Martin
 Lee Martin
 Don Maughan
 Etta McQueary



Lana Micknik
 Anna Marie Montoya
 Jan Nyberg
 Larry Parker



Sharon Parker
 Lee Rabeneau
 John Raymond
 Sharon Raymond

CHAMPAGNE VILLAGE

Okay, so we didn't exactly 'graduate' this year... but look at these amazing photos!

LEFT TO RIGHT

Carol Repas
Larry Repas
Susie Riley
Susan Robinson



Jim Roggow
Marilyn Roggow
Annette Rossi
Joe Rossi



Paul Scott
Yvonne Scott
Jean Slaughter
Pat Slaughter



No Senior Photo - But Look at This!

Ninety-nine-year-old Margaret Meadows (#160) couldn't send us her senior year photo, since her own high school back in Westcliff-On-Sea, England didn't publish a yearbook. But when she instead sent us THIS photo, we knew we had a fun story.

Born in 1919 and shown here playing a pirate in her school play when she was 16 years old, Margaret graduated from high school in 1936. She was eight years old when her mother was left disabled as a result of a massive heart attack, forcing Margaret to grow up quickly and help around the house.

In 1940, she married Alex Meadows, who joined the Royal Air Force during WWII. Their son and daughter were born in 1943 and 1944. After the war, Alex worked in the manufacture and sale of women's clothing, and Margaret's

SENIOR CLASS 2018

RECOGNIZE ANYONE? Cover the names column and see if you guess correctly!



LEFT TO RIGHT

Harold Slavinski
Joan Slavinski
Linda Steverson
Wade Steverson

Stella Sutherlin
Hil Sybesma
Sharon Sybesma
Tom Walker

Ginny Walker
Joe Wolowsky
Cheryl Wolowsky
Norma Woodward

closet was filled with his samples! Their happy life continued when they retired, moving to North Wales to purchase a fixer-upper. Only six years later, her daughter and son-in-law moved to La Crescenta, California and asked that they come along to be part of their grandkids' lives.

In 1983, Margaret and Alex moved to Champagne Village. Soon after, Alex, a part-time minister while in England, started Vespers when he quickly saw the number of people here who no longer drove and thus couldn't get to church. Both he and Margaret were avid golfers, and Margaret joined the CV Women's Golf Club, eventually becoming President. Back then, the club had 90 members - but today there are only a handful. Margaret and Alex loved to travel, and their worldwide adventures included Mexico, Indonesia, New Zealand, Spain, France, and too many others to mention here. When Alex passed away in 2004, Margaret's traveling came to a halt.

In March of next year, Margaret will be 100 years old. So we're sending an early HAPPY BIRTHDAY to our little pirate, along with our thanks for sharing this wonderful photo!

Download the CV Calendar of Events from our Website

If you use iCal (Mac) or Google Calendar, or any other calendar application that supports iCal feeds, you can download the entire CV calendar of events from our website. iCalendar (using the *.ics filename extension) is a popular file format used to distribute calendar information between different applications over the internet. To do this, simply go to the CALENDAR OF EVENTS page on the CV website (once you're logged in), and click on the blue iCal Feed button toward the bottom of the page. At that point, you can either download all events from the website calendar and import them into your own calendar, or copy the URL shown and paste it into any calendar application that supports an iCal feed. *The latter option will assure that you receive all updates on the calendar as we add new events!*



Work commences on drilling a pilot hole to determine if water is sufficient for building a well. Stay tuned for details! This is the corner of Live Oak and Ironwood.

COMMITTEE MEETINGS

Architecture & Landscape:	Tuesdays 8:30 am
Common Area Facilities:	Contact the Office
Common Area Landscape:	1 st /3 rd Mon 9:00 am
Communications:	No meetings in June
Governing Docs:	No meetings in June
Social Activities:	Contact the Office
Well Water:	Tuesdays 1:00 pm

Residents are welcome to observe these meetings in action, provided that they are present when the meeting begins. As an observer, you are asked to remain silent and not interrupt. You can ask questions at the **conclusion** of these meetings if the Committee Chair recognizes you.

CHAMPAGNE VILLAGE NEXTDOOR

champagnevillage.nextdoor.com

By Pat & Janet LeRossignol #435

This is a private social network for all residents in Champagne Village. To join you must be invited by email by any resident who is registered on the site. If you're having problems figuring it out, feel free to call Janet (749-7934).



SMILE

I called an old MIT classmate and asked what he was doing. He replied that he was working on "Aqua-thermal treatment of ceramics, aluminum and steel under a constrained environment." I was impressed. Upon further inquiring, I learned that he was washing dishes with hot water under his wife's supervision!

THANK YOU TO MARIO & FIL

By Pat & Lee Martin #137

Thanks to our employees, Mario and Fil, for their beautiful job rebuilding the island planter in front of spaces #53 and #54 on Sycamore. They also did great work in the Picnic Area repairing the restrooms and storage building. We save a lot of money because of their wide range of skills put to use in Champagne Village.

Social Activities Committee (SAC)

Linda Steverson (Chair/Treasurer)
 Martie Jenson (Co-chair/Treasurer)
 Bev Davenport (Secretary)

Anita Amaro, Doreen Smith, Wayne Steele, Ed Hocking,
 Marci Burns, Joan & Harold Slavinski, Steve Caves,
 Charlie Service, Sherry Russell, Joe & Annette Rossi,
 Terry & Charlie Edwards

LADIES' BREAKFAST

Saturday, June 2

7:30 am to 9:00 am

(or until the food runs out)

Only \$4/person! Pay at the door!

Casseroles, sausage, bacon,
 fruit, juice, & coffee

All Villagers and friends
 welcome.



Village Hop	
115 guests @ \$10	\$1,150.00
Band	-\$500.00
Food	-\$551.04
Cleaning	-\$50.00
Total Profit	\$48.96
SAC donated \$195 (their half of the 50/50) to the Drama Club.	

Men's Breakfast	
96 guests @ \$4	\$384.00
Donations	\$4.00
Food	-\$242.05
Cleaning	-\$50.00
Total Profit	\$95.95

2018 Champagne Village Events

Ladies' Breakfast..... Sat, June 2..... 7:30a
 Chick Flicks/Mama Mia.... Wed, June 6..... 3:00p
 Luau Party Sat, June 9..... 5:00p
 Board Agenda Meeting.... Fri, June 15..... 9:00a
 Pasta, Passions & Pistols... Sat, June 16..... 5:00p
 Boomers Just Desserts..... Tues, June 19..... 6:30p
 Board Meeting Thu, June 21 6:00p
 Karaoke Sat, June 23..... 5:30p
 InnerDancer Program..... Sun, June 24 2:00p
 Movie: I Can Only Imagine.... Sun, June 24 6:00p
 4th of July Parade..... Wed, July 4 11:30a
 Picnic..... Wed, July 4 4:00p
 Board Agenda Meeting.... Fri, July 13 9:00a
 Board Meeting Thu, July 19 6:00p
 Lions Saturday Brunch Sat, July 21 8:00a
 Western BBQ..... Sat, Sept 8 TBA
 Oktoberfest..... Sat, Oct 6 5:00p

Welcome to our New Residents in Champagne Village!

#21 Wendy & Matt Holmstrom

Matt (951) 526-6371, Wendy (951) 526-6372
 They moved to California from Wisconsin in 2005, then moved from Hidden Meadows to CV this year. They have family close by and a new grandson. Wendy is looking forward to the water aerobics and Matt loves to golf.

#312 Richard & Diane Reed

Richard (530) 313-8884, Diane (916) 605-6710
 The Reeds moved to CV from Sacramento to be closer to family. They have nine grandkids! She loves to knit and walk (she's looking for a walking partner); he plays the guitar and ukulele. And they have a greyhound that keeps them company.

#295 Ron & Anita Green

Ron (951) 813-1633, Anita (951) 813-1625

**Teach your grandkids about taxes.
 Eat 30% of their ice cream.**



CHAMPAGNE VILLAGE HALL

LUAU PARTY

DINNER:
\$16.00 each
 Due by Monday June 4th

Saturday June 9 @ 5:00 pm

Menu:
 Chicken Breast w/ Citrus Pineapple Glaze
 Loaded Mashed Potatoes
 Pineapple Cole Slaw; Garlic Butter Baby Carrots
 Cream Cheesecake w/Fruit Topping

Dance to the music of
CALICO RIDGE



**DENNIS QUAID
 TRACE ATKINS
 CLORIS LEACHMAN**

**SUNDAY, JUNE 24, 6PM
 VILLAGE HALL**

**Rated PG 110 minutes
 ***STARS**

FREE ADMISSION FREE POPCORN BONUS FEATURES

"I Can Only Imagine" tells the back story of this triple platinum, best selling Christian single of all time. This movie manages to give Christians the ability to express a love they find more powerful than any earthly romance: the anticipation of hope they feel for the day they will get to meet their heavenly father. This is about ultimate hope and forgiveness in the midst of life's most challenging moments. Some have called this movie the best faith based film since "The Passion of the Christ". I had not heard of this movie until I received several requests to show it. So Rick and Leonore Alvarado, this is for you. In fact, this is for every one of you, too.

Pasta, Passions & Pistols



***Adapted & Directed by Jennie Shaw**

***Producer (and mystery mime) Barbie Floyd**

***Starring Joe Rossi, Tom Bossmeyer, Wayne Steele,
Chuck Beck, Lynn Campbell, Bev Eineman,
Sally Brannon, Nancy Healey**

Saturday, June 16 5:00pm in the Hall

**Dinner of lasagna, salad, dessert
Served family style promptly at 5:00pm**



\$14 tickets

on sale

June 4 - June 11

**Call Jennie Shaw
(760) 751-8909
to get your tickets
(cash preferred)
Space 161**



JUNE 23
5:30 -?
CV HALL
BYOB and SNACKS

THE YOUNG AND THE REST OF US PRESENT

CHICK FLICKS

WEDNESDAY, JUNE 6 3:00pm
Village Hall

BYO favorite cocktail and
snacks for an afternoon
of fun and laughter!

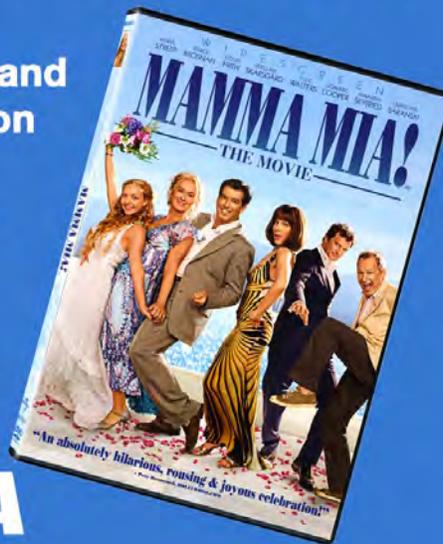
Shout out the lines and
sing along, play trivia,
and help choose next
month's CHICK FLICK!

JUNE'S MOVIE:

MAMMA MIA

(comedy) rated PG-13

questions: call sue seebach, #112



The Mechanic and The Cardiologist

A Lexus mechanic was removing a cylinder head from the motor of a LS460 when he spotted a well-known cardiologist in his shop. The cardiologist was there waiting for the service manager to come and take a look at his car when the mechanic shouted across the garage, "Hey Doc, want to take a look at this?"

The cardiologist, a bit surprised, walked over to where the mechanic was working. The mechanic straightened up, wiped his hands on a rag and asked, "So Doc, look at this engine. I opened its heart, took the valves out, repaired or replaced anything damaged, and then put everything back in, and when I finished, it worked just like new. So how is it that I make \$48,000 a year and you make \$1.7M, when you and I are doing basically the same work?"

The cardiologist paused, leaned over, and then whispered to the mechanic, "Try doing it with the engine running."

THE YOUNG AND THE REST OF US - WHO'S THAT?!

Sue Seebach and Susie Riley

We're blessed to live in a community that offers so many ways to enjoy ourselves and one another: SAC and Boomers events, exercise, games, sports and lots of clubs... Surely, variety IS the spice of life here in Champagne Village! But there's always room for a few more opportunities to mix and mingle. In this spirit, we thought it would be fun to add a few creative, new things on the CV calendar to bring us together to further strengthen the bond we all share as neighbors.

A few weeks back while brainstorming this and several ideas for activities, we came up with a fun name to help the community identify our upcoming events: *The Young and The Rest of Us*. Our quest is simple: create small events that are super easy to plan and FREE to all. We are NOT a committee, we don't have a budget and we receive nothing from the CVPOA. We're just two girls who want to have fun!

Our first event will be a series of *CHICK FLICKS*, shown each month in the Village Hall and free to all. More events to come over the summer months: stay tuned. **We hope you'll join us!**

Alcohol may not solve your problems. But neither will water or milk.

Respect your parents. They passed school without Google.

Remember when you could refer to your knees as right and left instead of good and bad?

A
CV BOOMERS
EVENT

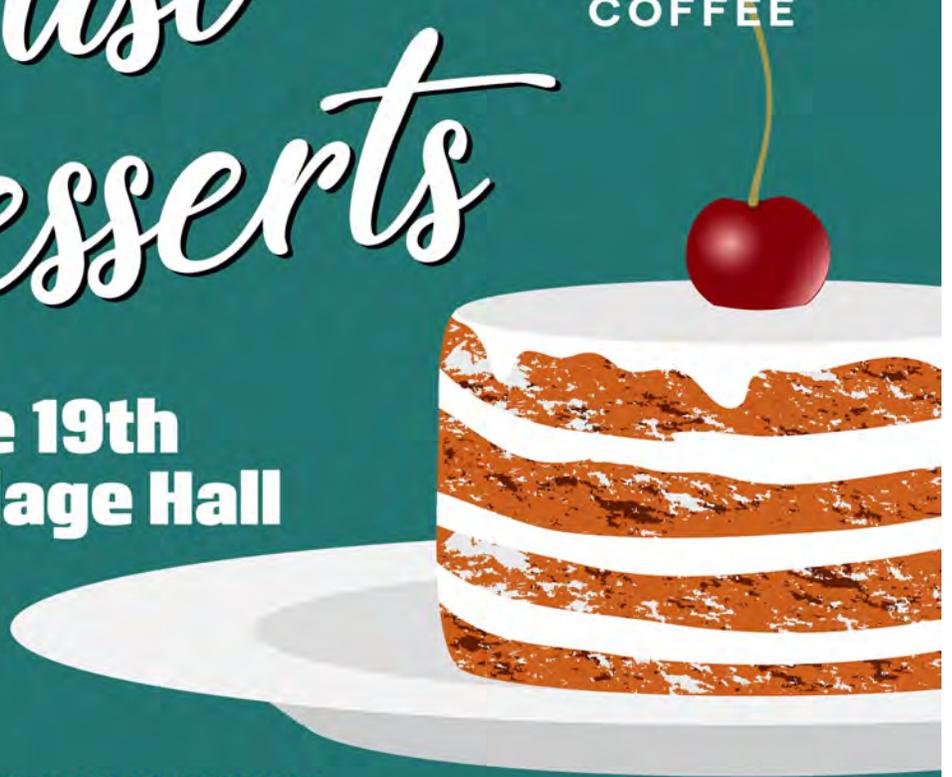
Just Desserts

A SELECTION
OF TREATS
SERVED WITH
COFFEE

Tuesday June 19th
6:30 pm Village Hall
\$5 per person

THIS EVENT IS FOR
BOOMERS MEMBERS ONLY
RSVP BY JUNE 17TH
SORRY, NO WALK-INS

NOT A BOOMERS MEMBER? JOIN NOW TO RESERVE!
\$15/INDIVIDUAL - \$25/COUPLE CALL ANNA MARIE AT 760.751.0287



Drop cash or check made out to CV BOOMERS in CVPOA box, along with this portion of the ad.

NAME _____ SPACE # _____ #TICKETS _____

PROGRAM ONE CALLS INTO YOUR PHONE

Please pick up your phone right now and program (877) 698-3261 into your phone as a CV One Call. You'll know right away that you're receiving one-calls (automated messages regarding announcements, reminders, and emergency information) from Champagne Village. You'll be glad you did!



July 4th Parade and Picnic

\$5/person



Schedule for the Day

- 8:30Residents help SAC decorate the Picnic Area**
- 10:00Reserve your seats at the Picnic area after 10:00!**
- 11:30Cart Judging & Parade**
Residents with decorated carts meet at the Picnic Area for judging; Cash prizes for top 3 decorated carts
- 5:00Picnic starts**
- 5:30.....Program begins**
- 6:00Dinner: KFC chicken, coleslaw, potato salad, cookies & ice cream bars**
50/50 - 100% will go back to the residents
- 5:30.....DJ George James will be playing your favorite tunes**
Bring your own drinks/snacks as always

CUT HERE AND TURN IN TO THE OFFICE BY FRIDAY, JUNE 29

I am attending the July 4th Picnic. I am paying for _____ person(s) at \$5 each. Total \$ _____

Name of resident(s) _____

My space number is _____

MAKE CHECKS PAYABLE TO SAC

INNERDANCER PERFORMING ARTS PRESENTS

Spring fling

**SUNDAY, JUNE 24TH 2:00-3:30PM
CHAMPAGNE VILLAGE HALL**

**STARRING
OUR AMAZING SPECIAL NEEDS DANCERS
AND OUR SPECIAL GUEST: YOU!**

SING AND DANCE AND HAVE FUN WITH US!

this is a **FREE** event: all Champagne Village residents,
friends and family are invited and welcome to attend!

ENJOY DELICIOUS COOKIES AND SPRINGTIME TREATS!

INNERDANCERS IS A 501C(3) NONPROFIT ORGANIZATION
DONATIONS WILL BE GRATEFULLY ACCEPTED AT THE DOOR

kiddie lit

READING GROUP

a book club for adults who love to
read and discuss children's books!

THIS MONTH'S BOOK:

The Giving Tree

by Shel Silverstein

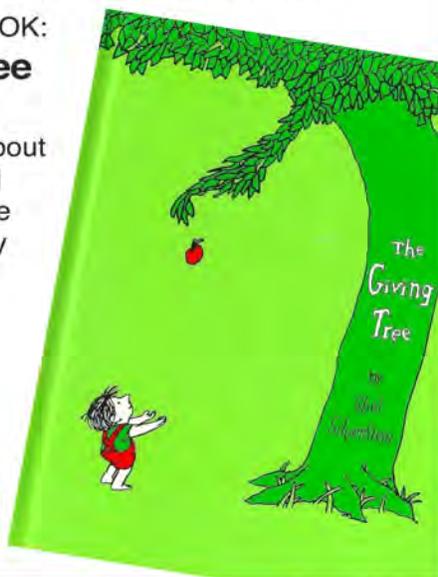
A moving parable about
the gift of giving and
a serene acceptance
of another's capacity
to love in return.

**SATURDAY,
JUNE 16th**

1:00pm

call susie riley at
603.938.5283 for
details and location!

join us!



If you haven't grown up
by age 50,
You don't have to.



Good News! The Gym is done!

By Jan Nyberg #221

The CV gym has been painted and reorganized. Big thanks to Mario and Fil for their hard work.

Part of this project was to replace dangerous equipment and expand the usable space. A Smith Machine was purchased, as well as several wall mounts to use with stretchy elastic bands for rehab.

Wondering how to use new equipment? Amy Van Liew, a personal trainer and corrective exercise specialist, has graciously volunteered to teach anyone who is interested. **Amy will be at the CV gym on Saturday, June 2 at 1:00.** Mark your calendar and come prepared to learn about our new equipment.



How is your calcium intake? A brief look at a bigger problem.

By Etta McQueary #299

According to the National Osteoporosis Foundation in 2013, over half of Americans, a total of 54 million U.S. adults over the age of 50, are affected by osteoporosis and low bone density. That number is increasing annually. The numbers worldwide are staggering, affecting some 200 million adults. It's no wonder doctors are recommending we take calcium supplements and consume dairy to strengthen our bones. Has this been working for us?

There is no doubt that dairy is a good source of calcium; But knowing we consume lots of dairy in the forms of milk, cheese, ice cream, butter, and yogurt, why are our bones brittle and breaking? Logically, that does not make sense. For one thing, green plants are the best source of minerals, including calcium. These include the dark green ones, such as spinach, kale and chard. We can look at indigenous cultures who consume lots of plants without dairy and their bones are strong. But what about calcium supplements? Are they working? What we have learned is that calcium doesn't work in isolation. Calcium must be combined with other minerals such as magnesium and potassium so it can be properly absorbed and utilized by the body to build strong bones and teeth.

But if our supplement is a good one containing a balance of minerals, what is the real problem? It turns out that all the habits and factors that affect our health in many ways are preventing us from absorbing our nutrition, especially minerals. These unhealthy factors cause an acidic condition in the body which leads to several health conditions such as osteoporosis and cancer. And what causes an acidic condition in the body? Factors such as stress, environmental toxins, insufficient oxygen and certain medications all can trigger too much acid in the body. However, the most important factor and the most manageable, is our Standard American Diet, some of us refer to as the SAD, which has an immediate effect on the acid/alkaline effect of the body. These include foods with excess sugar and salt, preservatives and other chemicals in our food, processed foods, our societal habits that include soda, coffee and alcohol, and most animal foods, including dairy. Yes, all of this causes acidity in the body, which is the biggest cause of our osteoporosis. The worst of all of these listed here is soda. It actually leaches calcium from your bones when consumed and absorbed, so please don't drink that poison.

What is the long term solution? Consume more plants to neutralize the acid condition in the body. When you create an alkaline environment in the body, everything changes and health improves. You can even monitor the acid/alkaline balance of your body with pH test strips. It is easy to do and will help you see where you are on the balance scale. I can show you how if you are interested.

***In memory of new resident
Michael Corman #401***



**OPEN
Monday - Saturday
8:30 am - 10:30 am**

**Enjoy a cup of coffee!
Meet a new friend!**
(Located behind the Laundry Room)



**Karen Smith and Wayne Steele
(in foreground) at The Gathering Place**

The math teacher saw that one of her students wasn't paying attention in class. She called on him and said, 'Larry! What are 2 and 4 and 28 and 44?' Larry quickly replied, 'NBC, FOX, ESPN and the Cartoon Network!'

HEALTH INSURANCE NEWS

By Carla Grills #105

Do you remember when the family doctor still made house calls? Well believe it or not, I can still remember our doctor coming to the house when my brothers and I all had the flu. I don't think I've known a doctor who made house calls since I was in elementary school - until recently.

In recent years a new breed of medicine has been bringing health care back to the home through media. There are plans that offer 24/7 availability to experienced doctors by phone app, video or computer. More and more employers are offering these plans to employees as benefits. These plans cover the whole household for just a few dollars a month. Families love having the ability to call a doctor when children can be diagnosed over the phone for earaches, fevers and other illnesses that can send them out to emergency rooms in the late night hours. The employer benefits by not having employees lose a day of work for a doctor's appointment.

Nebraska has been a forerunner in telemedicine. As early as 1964 the University of Nebraska was developing two-way video connections to transmit neurological examinations across campus to medical students. As rural areas increased the shortages of doctors and specialists, the state looked for solutions. They established the Nebraska Statewide Telehealth Network in 2004. It connects hospitals, clinics, local doctors and nurse practitioners to specialists for consults and diagnosis beyond their local resources. Other states have been building on their model to address rural shortages in medical care.

We have similar services available to us as seniors. Telemedicine plans can be purchased for households for under \$30/month (up to 5 people). These plans have experienced doctors with no charge for the call. They forward any diagnosis or prescription information to your PCP. Several Advantage HMO plans offer 24-hour hot lines with a nurse or doctor available. These doctor calls sometimes charge your usual Medicare co-pay. Using these media services can save unnecessary trips to the doctor's office, emergency room and/or confirm you should call 911.

SNAKES ALIVE

PLEASE DON'T KILL SNAKES. Snakes are valuable predators that keep the rodent population under control. If you find a snake, call one of the residents listed below to remove it for you. We take the snakes to a remote location in the mountains and release them in a safe place.

GARY KRUMWEIDE #262 310-8827
ANNA MARIE MONTOYA #173 751-0287
TERRY QUIMBY #329 749-8422
CHARLIE SERVICE #259 749-0575

If you'd like to add your name to this list call Terry Quimby.

CALL 9-1-1 and ask for a LIFT ASSIST!

There is no charge to call the fire department if you fall with no injury and cannot get up. Please don't rely on your senior neighbor to help. None of us should be doing any heavy lifting!

FREE HOME HEALTH PRODUCTS

There are donated home health care products (adult Depends, bed protection sheets, etc.) in the southwest cupboard in the Village Hall main room. If you know of someone who can use these products please tell them. Also, if you have something you wish to donate for the cupboard, you can either place them in there or call Charolette Steele (913-5345) to pick them up. Thank you!

NEED YOUR FRUIT PICKED?

By Etta McQueary #299

Citrus fruit is in abundance in the Village now. We need more pickers for the job. Please call Etta (619-606-1062) if you can help pick or have a tree that needs to be picked. I have the fruit picker and buckets to do the job.

GOT MILK?

Do you ever run out of milk, eggs, bread or something else important and you just don't want to drive into Escondido to get it?

Most of you know about the Welk Market that carries all of those items. Here is the breakdown in the cost:

Dozen eggs	\$5.00
1/2 gallon milk	\$4.80
Quart of oj	\$2.70
Loaf of bread	\$4.50

There is also a small store called the All Seasons Market at the All Seasons Campground on the west side of the street just north of us on Champagne Blvd/Old 395...past Gopher Canyon. Here are their prices:

Dozen eggs	\$2.99
1/2 gallon milk	\$2.39
Quart of oj	\$2.49
Loaf of bread	\$2.69

FREE HOME CARE EQUIPMENT



We have relocated the medical equipment room to the area between the Laundry and the Gathering Place. You may take what you need and return it in a

clean and sanitary condition when you are done. There is no need to sign out the equipment.

If you have something to donate, please contact the Office, do not just leave it in the room. Thank you.



Bird Watchers

By Joan Slavinski #255

Our bird group had an enjoyable day visiting the San Diego Botanical Garden in Encinitas recently. The area was packed with local and imported varieties of trees, bushes and flowers. We saw a few birds and more, but this time the plants were the main attraction! Afterward we enjoyed a wonderful lunch!



CHORUS

By Sharon Sybesma #127

A big thank you to all our neighbors and friends who attended our Spring Concert. We worked hard and enjoyed performing it for you. We want to also thank the line dancers, the ukulele group, Dick and Linda Kroemer, our director Danny Cooper, and our pianist Mary King, and all others involved in helping us to present this concert.

To those who gave donations, we are so appreciative of your generosity. The chorus will be taking a summer break and will begin again in September. New members are always welcome. We look forward to seeing a few new people in September, so give it some thought over the summer. We meet every Tuesday at 10am in the Card Room. Hope to see you then.

WATER EXERCISE TO MUSIC

By Jan Nyberg #221

Ladies who enjoy meeting for water exercise on Tuesday and Thursday at 9:00am are back at it. We took time off during the winter months and are now looking forward to continuing our class in the warm sunshine. Please consider joining us at the pool and guaranteed, you will feel energized afterwards. Questions? Contact either Jan Nyberg or Debbie Moynour.



CV LIONS CLUB

By Paul Fischer #31

Due to the success of the Annual Italian Dinner and all our other fundraising projects this year, your CV Lions Club will be able to make charitable contributions of over \$10,000 for the fifth year in a row. Thanks to all of you who attended or donated for your generous support!

The Lions began their Centennial celebration in July of 2014 with a goal of serving 100,000 people worldwide. As of today, over 200,000 people have been served, more than double the goal. The Lions, with nearly 4.5 million members, is the largest service organization in the world. It was the first major organization to admit women as regular members. In July, the Lions will elect the first woman to ever serve as International President, Gudrun Yngvadottir of Iceland.

To continue in our success our next function will be on Saturday, July 21. This will be different in a way we have not tried. We will be serving a breakfast-brunch in the late morning. We feel this will give residents a chance to have a treat even if you are working or going to church during our breakfast on Sunday.

PICKLE BALL

By Jan Nyberg #221

Pickle Ball continues to amaze and delight! We play Monday and Friday mornings, 8:30 at CV tennis courts. At times, we may have as many as 9 people playing which is 4 people per court with one waiting to rotate in. The players have an interesting mix of skill levels and the games are always challenging and entertaining. New players are welcome and it is fun exercise for both men and women. For information or to schedule a lesson, call Jan Nyberg or Al Kezis.



CV MENS GOLF CLUB

By Pat LeRossignol #435

Fantastic lunch from Bob Bolt and Jean Slaughter: pulled pork, potato salad, baked beans and bread sticks. Next month is Ron Gaedtke's turn. There were 22 members and we had the normal reports, secretary and treasury.

Big winners this month on the **Fountains** were Bill Weurding, John Votaw and Jim Hamilton. No Oaks report. By "vote" we decided to go to **Boulder Oaks** (old Meadow Lakes course) next month on the 7th. Shades of the old "SAFARIS"! Thanks, John V. for looking into that. We're also looking at **Castle Creek** as a new occasional destination. Details to follow!

Pat and Lonny Clemons will be working on a transition for the Fountains set-up and reporting.

WE NEED NEW CVMGC MEMBERS!!!!!! Women, too, for the Ladies Club, by the way!! If you have neighbors who golf (or don't)...invite them to join us. If nothing else, they get to enjoy a monthly lunch (usually GREAT) and meet some new friends. Come on out!

The annual **Men's/Women's Oaks tourney** was held on Tuesday, May 22. It was fun!

One of our members, **John Foley**, a Rancho Bernardo guy who was instrumental in bringing the Oaks North guys up to join us, is moving back to Ohio...John what are you thinking! Thanks for your participation! We'll miss you.

SILVER SWANS DANCE

By Caroline Bossmeyer #13

Our Silver Swans Dance Class will be on hold until the Fall! Everyone has been wonderful and it is so nice to dance with all of you. HOWEVER, life seems to have become much busier with my children and grandchildren this year than I expected and so I cannot commit to every Tuesday. For now we will hang up our Silver Swans dance shoes, and put them on again after the summer!



OAKS LADIES GOLF CLUB

By Betty Service #259

We held our quarterly meeting on May 3. We had snacks and Debbie Chappie passed out winnings for the 3rd quarter of the year, January, February and March. We discussed having a Safari in the fall, maybe October. We also discussed having our annual men/women tournament May 22 and should have been played by the time you read this. More details about winners and details next month.

Our next scheduled quarterly meeting will be Thursday, July 5 and the end of our year. Who knows what the coming year will bring.

If you are interested in joining our fun group contact Sharon Raymond at **619-322-9249** or email at jarskr1964@gmail.com. Dues are still \$30 per year, beginning July 2017 to June 2018.



CV TENNIS CLUB

By Anna Marie Montoya #173

Club president Diane Hoadley opened our meeting. We welcomed our newest members, Rick and Leonore Alvarado. They are not tennis players, but they joined for the fellowship. We also welcomed back pickle ball players Jan Nyberg and Don Maughan.

We then satisfied our appetite with a menu of delicious Honey Baked Ham and great side dishes. Yum!

The next CV Tennis Club and potluck will be held on Flag Day, Thursday, June 14. Clay Albert will be the host for the June meeting with a yet undetermined menu. A One Call will be made to update you several days prior the meeting.

We are seeking to expand membership and there is no requirement to know how to play tennis or pickle ball. If you would like to expand your social circle and get to know some of your neighbors, please consider joining our club. Dues are only \$15 per year. Please call Anna Marie Montoya (751-0287) for details.

By Charolette Steele #334



Winners of the Garden Tour raffle.
Above: Mary & Scott Brooks
Below: George Cholaki



80th Birthday Party: The 80th birthday party on April 26th had 130 guests! Everyone enjoyed the wonderful meal. Elvis, who was really Danny Cooper, sang some of his hit tunes and hymns. It was a fun time seeing and chatting with friends at the luncheon. We hope everyone enjoyed their special day!

Thanks go to Bev Davenport, Marty Hacker and Donna Perez for organizing this event. Thanks also to all the people who helped with food, setting up the hall, table decorations and gifts, hostesses, men who served, and those who helped clean up. We are blessed to have so many residents willing to help with these events. Donna Perez, who prepared the luncheon, has been gracious enough to share her recipe for the beef brisket. However, there isn't enough room in our column this month, so look for the recipe in the July article. You might even want to make the brisket for your 4th of July picnic!

Garden, Porches and Patios Tour: Bouquets of thanks to all who participated on the Garden, Porches and Patios Tour this year. We saw so many beautiful plants and ideas and appreciate all the hard work that went into the preparation. Linda Clifford, Kitty Koss and Carole May did an excellent job organizing the event; Anita Amaro, Walt Zielinski, the Brokaws, Connors, Krumweides, Scotts and Steeles really went all out to make this year's tour wonderful. A special thank you to the Scotts for donating the two beautiful plants that were won by Scott and Mary Brooks, and Rosalie and George Cholaki. Our sincere thanks to each of you who toured and donated to continue the work of our Care and Concern Committees. Please thank and encourage others to visit Lecia Smith at Nursery Outlet 906 Buena Creek Road in Vista. She was very generous in helping us with both the 80th Birthday Party and the Garden Tour.

Reminder: We will be holding our general meeting on Monday, July 9th at 10:00 in the Hall Card Room. We hope to see you there.

If you would like to be added to our prayer list, contact Leonore Alvarado (rlalvarado@juno.com). If you wish to join C&CC, call Barbie Floyd (530-925-2319).

The Care and Concern Committees are composed of volunteer teams who provide support for the residents of our community through prayer and care.

VESPERS SUNDAY WORSHIP

Card Room, Champagne Village Hall

Sunday, June 3 at 4:00 pm
Pastor Steve Blue
Dinner will be served after this service

Sunday, June 17 at 4:00 pm
Pastor Jake Duran

VESPERS is a NON-DENOMINATIONAL group that gathers the first and third Sunday of each month for fellowship and communion. Everyone welcome!

CV LIBRARY



- It's always open.
- You can take books whenever you want.
- Return them when you are through with them.
- Donations are always welcome.
- Put *new* books and *returned* books in the basket.
- **Always** call in advance (751-0223) if you have a large number of books to donate.

CV LIONS CLUB RECYCLES

CRV glass/plastic bottles/aluminum/cans
DROP THEM OFF IN THE CARPORT AT:

#205 Camphor - Arlene G.

#232 Lawrence Welk- Deanna C.

#348 Ironwood - Carol & Jack Cox

#386 Mulberry - Alan R.

Also the Village Hall near the ice machine

If you are unable to drop off and need a pick up, call Alan Rings (858-395-7572).

We also recycle used eyeglasses, prescription sunglasses, broken frames or eye glass cases.

There is a drop box in the Copy Room.



GOLF CART CLINICS at the Car Wash Area

9:00 am

on 2nd, 3rd, and last *Fridays*

If you're having trouble with your golf cart, take it to the Car Wash on these days:

A-1 Golf Cars (732-0712) - every *second* Friday

Golf Carts & More (975-0033) - every *third* Friday

Escondido Golf Cars (735-8200) - *last* Friday



BOOKMOBILE

1st and 3rd Tuesdays of every month

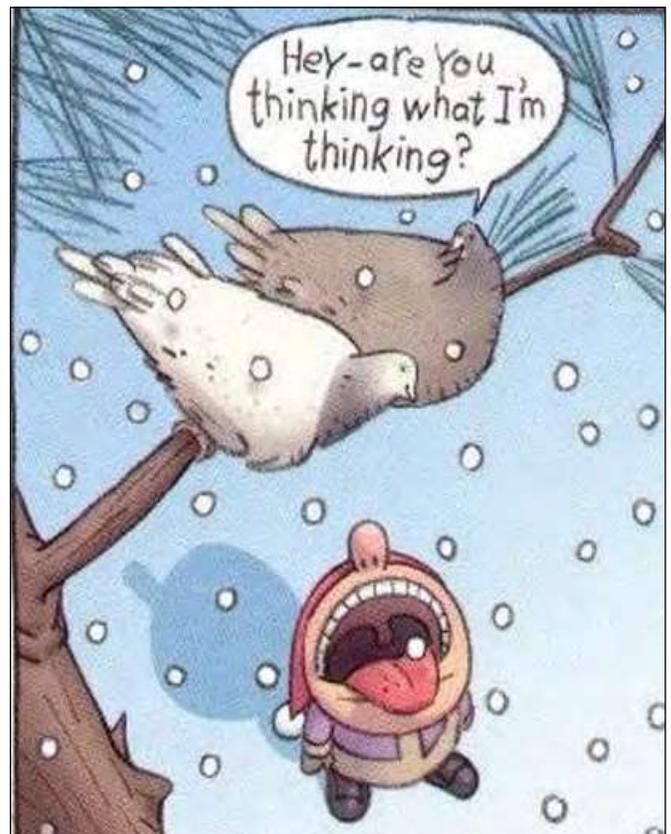
10 am - 12 noon

In the parking lot by the Laundry Room

SEE'S CANDY \$17 per 1 lb. box

By Linda Clifford #186

Father's Day is coming! The deadline for orders is Thursday, June 14. Place your order preference along with your check made out to Linda Clifford, and put it in her mailbox #186, or in the dropbox at the Hall.



CHAMPAGNE VILLAGE ACTIVITIES

CARDS & GAMES

<u>CARDS & GAMES</u>	<u>TIME / PLACE</u>	<u>CONTACT</u>	<u>PHONE</u>
Bridge for Everyone	Tuesday - 1pm /Card Room	Wayne Steele	913-5345
Bunco	2 nd /4 th Friday - 1pm /Hall	Delores Madsen	751-3472
Game Night	Mon - 6pm /Hall	Anita Amaro	913-5055
Hand and Foot	Thursday - 1pm /Gathering Place	Martie Jenson	201-5520
Pool Players	Mon thru Fri - 1pm to 3pm /Hall	Mike Mann	(714) 323-8417

CRAFTS, ETC.

Crafters' Corner	Thursdays - 10am /Hall	Julie Conner	(626) 536-9167
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EXERCISE

Aerobic Workout (indoors)	T/Th - 8am /Hall	Linda Clifford	877-4745
Chair Yoga	M/W/F - 8am /Hall	Linda Clifford	877-4745
Line Dance - Beginners	Friday - 9:45/10:15/Hall (Call Janet first)	Janet LeRossignol	749-7934
Line Dancing (no lessons)	M/W/F - 9am /Hall	Janet LeRossignol	749-7934
Water Exercise	M/W/F - 10am /Pool	Deanna Clatworthy	751-0204
Water Exercise to Music	T/Th - 9am /Pool	Jan Nyberg	(661) 203-9352
		Deb Moyneur	745-2902

SPORTS

Bocce Ball	You set your own time to play	Charolette Steele	913-5345
Men's Golf	Tues/Thurs morning	John Raymond	(619) 322-9060
Oaks Ladies Golf	Thursday morning	Sharon Raymond	(619) 322-9060
Pickle Ball	M/F - 8:30am	Jan Nyberg	(661) 203-9352
Table Tennis	M-Th - 4:30-6:30pm /Card Room	Ben Read	751-8466
Tennis Club Meeting	2 nd Thursday - 5:30pm /Hall	Anna Marie Montoya	751-0287

RELIGIOUS GROUPS

Catholic Bible Study	Thursday - 6:30pm /Gathering Place	Jim & Carol Kostick	500-8565
Ladies Bible Study	2 nd /4 th Wed - 10am / Card Room	Bev Davenport	751-3025
Vespers Sunday Worship	1 st /3 rd Sunday - 4pm /Card Room	Margaret Meadows	749-7573
Village Care Group	2 nd /4 th Thurs - 6:30pm /Card Room	Don Densmore	751-8865
	5 th Thursday - 5pm potluck /Hall		

VOLUNTEERING

Care & Concern Committees	Various	Barbie Floyd	(530) 925-2319
Lions Club	3 rd Wed - 5:30pm /Hall	Paul Fischer	522-0374
Men's Breakfast	1 st Sunday (Oct-May) - 7:30am /Hall	Tom Bossmeyer	(442) 217-8194

MISCELLANEOUS

Bird Watchers	Various	Joan Slavinski	(970) 946-2355
Bookmobile	1 st /3 rd Tuesdays - 10-12 /by Laundry Room	Joann Galarneault	751-0223
Boomers Club	Various	Joanne Hansen	(619) 743-3823
Bubbly Babes/Red Hats	Various	Mary Starkey	751-0825
Chorus	Tuesday 10-12 /Card Room	Lauretta Broderick	913-5185
CV Democrats	Various	Diane Hoadley	300-8506
Drama Club Rehearsals	Fridays 2-4; 1 st /3 rd (Hall), 2 nd /4 th (GP)	Jennie Shaw	751-8909
Library	Borrow books/donate books	Joann Galarneault	751-0223
Meditation	Saturdays - 8am /Card Room	Sue Seebach	224-5899
Social Activities Committee	Various	Linda Steverson	297-4810
Ukulele Group	Tuesday - 3:30pm/Hall	Hil Sybesma	751-8764

For changes to this list contact the editors

CHAMPAGNE VILLAGE CALENDAR - JUNE 2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
VH - Village Hall CR - Card Room GP - Gathering Place Lib - Library					1 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 2:00 Drama Club/VH	2 7:30 Ladies' Breakfast 8:00 Meditation/CR 2:30-6 Private Party/Picnic
3 4:00 Vespers and Fellowship/CR	4 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/VH	5 ELECTION POLLING / CV 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 10:00 Bookmobile 1:00 Bridge for Everyone/CR 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR	6 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 10:00 Ladies Bible Study/CR 3:00 Chick Flicks/Mama Mia 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR	7 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 10:00 Crafter's Corner/VH 1:00 Hand & Foot/GP 1:00 Pennies 5:30 Tennis Club Meeting/VH 4:30-5:30 Table Tennis/CR 6:30 Catholic Bible Study/GP	8 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 9:00 A-1 Golf Carts 10:00 Water Exercise 1:00 Bunco/VH 1:00 Ladies Duplicate Bridge 2:00 Drama Club/GP	9 8:00 Meditation/CR 5:00 Luau/VH
10 12-6 Private Party/Picnic	11 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/CR 6:00 Game Night/VH	12 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 1:00 Bridge for Everyone/CR 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR	13 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR 6:00 Drama Club/VH	14 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 10:00 Crafter's Corner/VH 1:00 Hand & Foot/GP 1:00 Pennies 4:30-5:30 Table Tennis/CR 6:30 Catholic Bible Study/GP 6:30 Village Care Group/CR	15 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Board Agenda Meeting 9:00 Line Dance/VH 9:00 Golf Carts & More 10:00 Water Exercise 2:00 Drama Club/VH 2:00 Kiddie Lit Reading/CR	16 8:00 Meditation/CR 10-6 Private Party/Picnic 1:00 Kid Lit Book Group-The Giving Tree 5:00 Pasta, Passions & Pistol Play & Dinner
17 4:00 Vespers/CR	18 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/CR 6:00 Game Night/VH	19 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 10:00 Bookmobile 1:00 Bridge for Everyone/CR 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR 6:30 Boomer's Just Desserts	20 METER READING 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 10:00 Ladies Bible Study/CR 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR	21 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 10:00 Crafter's Corner/VH 11:30 Men's Club/VH 1:00 Couples Duplicate Bridge 1:00 Hand & Foot/GP 1:00 Pennies 4:30-5:30 Table Tennis/VH 6:00 Board Meeting 6:30 Catholic Bible Study/GP 6:30 Village Care Group/CR	22 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bunco/VH	23 8:00 Meditation/CR 12-8 Private Party/Picnic 5:30 Karaoke
24 12-4 InnerDancer Program 6:00 Movie-I Can Only Imagine	25 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 10:00 Water Exercise 1:00 Bridge/CR 1:00 Cribbage/Lib 4:30-5:30 Table Tennis/CR 6:00 Game Night/VH	26 8:00 Aerobic Workout/VH 9:00 Water Exercise to Music 10:00 Chorus 1:00 Bridge for Everyone/CR 3:30 Ukulele Group 4:30-5:30 Table Tennis/CR	27 8:00 Chair Yoga/VH 9:00 Line Dance/VH 10:00 Water Exercise 4:30-5:30 Table Tennis/CR 6:00 Larry's Poker/CR	28 8:00 Aerobic Workout/VH 9:00 Water Exercise Music 10:00 Crafter's Corner/VH 1:00 Hand & Foot/GP 1:00 Pennies 4:30-5:30 Table Tennis/VH 6:30 Catholic Bible Study/GP 6:30 Village Care Group/CR	29 8:00 Chair Yoga/VH 8:30 Pickle Ball/tennis ct 9:00 Line Dance/VH 9:00 Escondido Golf 10:00 Water Exercise 5:30 Dubs Bridge/VH	30 8:00 Meditation/CR