

Champagne Village

CV TIMES

JULY 2020

CVPOA HOURS

THE OFFICE WINDOW REMAINS CLOSED. OFFICE STAFF ARE ON SITE AND AVAILABLE BY EMAIL, PHONE OR THE HALL DROP BOX

9:00am – 4:00pm M-F
(lunch 11:30am – 12:30pm)

CLOSED FRIDAY JULY 3

KIOSK 8:00am – 4:00pm M-F
10:00am – 4:00pm S-S

TRASH THURSDAYS

POOL HOURS

ADULTS 8:00am – 9:00pm
THE POOL IS OPEN ONLY TO RESIDENTS: NO GUESTS ARE PERMITTED UNTIL FURTHER NOTICE

BOARD MEETING

To be announced later

UPCOMING EVENTS

None at this time

July News

IMPORTANT CHANGES: PLEASE READ

Over the past three months, the Board has diligently taken proactive steps to minimize the spread of COVID-19 in Champagne Village. This has included closing common areas, cancelling most social activities and events, and asking all residents to abide by state and county mandates for social distancing and the wearing of face coverings.

Recently, the Board's Executive Council gave the go-ahead to reopen the Pool, Fitness Room and the Gathering Place, and approved the Fourth of July Parade and Picnic (with limited seating) as well as Candidates Night.

Unfortunately, after being strongly advised by our Association's legal counsel, and after seeing the rising number of new COVID-19 cases in San Diego County, we are reversing some of these reopenings. **Both the Gathering Place and Dog Park will be closing. In addition, the Golf Cart Parade, July 4th Picnic and Candidates Night have all been cancelled.**

Some activities and areas remain open, since their prime purpose is for recreational exercise: **see page 3 for a list of these areas and rules for their use.** Also note that – until further notice – NO GUESTS are permitted in any common areas. Per state and county mandates, social distancing and (when not possible) face masks are still required in all common areas.

The Executive Committee continues to meet weekly to monitor county and state notices. Listen for one-calls and watch for notices at both the Mail Center and the Hall Lobby for any updates.

Ballots for the election of three new Board Directors will be delivered this week. **Details on ballots and the election are on pages 2, 6 and 22.**



CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: tsteigely@associatedasset.com Board email: CVPOAboard@gmail.com

Website: ChampagneVillage.org Phone: (760) 749-8008 Fax: (760) 749-8036

HAPPY FOURTH OF JULY!

Upcoming Election Dates

Ballots delivered to CVPOA Members July 2
Deadline for Submitting Ballots to Office..... August 16
Board Meeting when Ballots are Counted..... August 20

Careful when Opening the Front Gate!

For everyone's safety, please be mindful when opening the Front Gate for someone from your phone. If a delivery person phones you from the Gate stating that they have a package to deliver, ask them to read you the name and address on the label. **If the package isn't for you, hang up. If they claim it's for you and you're not expecting a package, hang up.** It is YOUR responsibility to know who's at the gate when you grant someone entrance to the Village.

Contacting the Office

The Office window is closed, but the staff is here – please email (tsteigely@associatedasset.com) or phone (760-749-8008) us.

IF YOU NEED HELP

Contact the Office (760-749-8008) for help getting food or prescriptions: we have a list of kind and caring residents ready to shop for you!

Replaying One-Calls

All one-calls remain in our system for 48 hours. If you missed a portion of any message and want to hear it again, dial (877) 698-3261 using the phone that you receive one-calls. When prompted, press 1 to hear the latest (group) message.

A&L Committee Now Meets Weekly

The A&L Committee will return to meeting weekly. Applications must be submitted no later than the prior Friday at noon.

SECURITY DISCLAIMER

We hope that our entry systems provide some deterrence to crime. However, no matter what steps we take, the Association can never be completely safe and secure. For example, it is possible for someone to enter the property under false pretenses to commit crimes, for residents to commit crimes against their own neighbors, for guests of residents to commit crimes, and for employees to commit crimes. As a result, the Association is not and can never be free of crime, and we cannot guarantee your safety or security. Accordingly, you should NOT rely on the Association to protect you from loss or harm. Instead, you should provide for your own security by taking common-sense precautions such as carrying insurance against loss, keeping your doors locked, refusing to open your door to strangers, asking workers for identification, installing a security system, locking your car, etc. You may also wish to check various websites and law enforcement lists to be aware of those living in your area.

BOARD OF DIRECTORS

Charlie Service President
Jean Slaughter Vice President
Wayne Steele Secretary
Roger Elyea CFO
Joe Rossi Director
Karen Smith Director
Greg Lorton Director

BOARD COMMITTEES

Architecture & Landscape
Karen Smith / Joe Rossi

Common Area Facilities
Jean Slaughter / Joe Rossi

Common Area Landscape
Greg Lorton

Emergency Preparedness
Greg Lorton

Communications
Everett Smith

Governing Docs
Everett Smith

Social Activities
Linda Steverson

CV TIMES EDITOR

Susie Riley #311
CVTimesEditor@gmail.com
(603) 938-5283

DEADLINE FOR ARTICLES AND ADVERTISEMENTS

15th of each month

Residents are encouraged to write articles, submit photos and provide feedback on our newsletter to help make it better.

The Editor reserves the right to edit or print any item submitted.

FAQS: CV Events, Activities, Areas

Have ALL CV events been cancelled?

YES, until the County allows the opening of community centers.

Any dates previously reserved for activities will remain on the calendar.

What about private events?

While private events cannot be scheduled in the near future, we may be able to schedule events in the long term. Contact the Office for details.

Is this necessary?

YES, in order to comply with county and state mandates that are in effect to limit the spread of COVID-19.

How will we know when things reopen or restart?

The Executive Committee (the Board President and two rotating Directors) meets weekly, and closely monitors county and state mandates to determine when it's safe to reopen common areas and resume activities. Updates resulting from these meetings will be sent via one-calls and notices posted at the Mail Center and Hall Lobby.

What about packages in the Hall?

The Hall remains open for you to pick up your packages. Bring your mask and please don't linger or congregate while collecting them.

RULES: REOPENED COMMON AREAS

Pool Area

HOURS: 8:00am – 9:00pm

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN 30 PERSONS in the pool area at any time

Pool time limit: one hour

THE SPA IS CLOSED UNTIL FURTHER NOTICE

Fitness Room (Gym)

HOURS: 8:00am – 9:00pm

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN FOUR PERSONS at a time

Sanitize equipment after use

Fitness Room time limit: 45 minutes

Pickleball / Tennis Courts

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN TEN PERSONS at a time

Sanitize equipment after use

Picnic Area

Open for recreation only (Chair Yoga, Line Dancing)

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN TEN PERSONS at a time

CHAMPAGNE VILLAGE

FACILITIES CLOSED

DOG PARK

GATHERING PLACE

Hall

Kitchen

Seating (Living Room) Areas

Card Room

Pool Room

Office Window

SPA inside Pool Area

CHAMPAGNE VILLAGE

FACILITIES OPEN

Laundry Room

Library

Tennis and Pickleball Courts

Bocce Ball Area

Picnic Area

Fitness Room

Pool (**NO SPA**)

Ping Pong Tables (**OUTSIDE ONLY**)

MASKS PLEASE!

Per the County of San Diego and the State of California, Villagers must continue practicing social distancing, and wear face coverings when they can't socially distance.

USING COMMON AREAS THAT ARE OPEN

- If you're not feeling well, **STAY HOME**.
- Distance yourself from others who do not live with you by at least **SIX FEET**.
- Wear **FACE MASKS** in common areas whenever you cannot create six feet between others.
- For now, common areas are for **RESIDENTS ONLY: NO GUESTS (including family members)** are permitted until further notice.
- You agree that you are using these areas **AT YOUR OWN RISK**.
- **HAND SANITIZER** is available at the Gathering Place, Tennis Courts, the Dog Park and the Picnic Area.

ABOUT YOUR CVPOA COMMITTEES

The Common Landscape Committee

The common areas in Champagne Village are those areas that are outside the individual lots owned by the residents, and are operated and maintained by the Champagne Village Property Owners Association for the benefit of all residents. These include the common area facilities, such as the Village Hall, Pool and Fitness Center, Picnic Area, Tennis Courts, etc. While the Common Area Facilities Committee oversees maintenance and improvements of the built facilities, **the Common Area Landscaping Committee oversees the activities to maintain and improve the landscaping of the Village's common areas.** This includes the vegetation and landscaping around the common area facilities as well as the undeveloped areas within the Village. These areas range from large sections of the Village, such as the area south of the Picnic Area and hillsides, to narrow swaths between individual lots (typically slopes between lots on separate levels).

While CV employees do much of the maintenance and landscaping work, the CVPOA contracts with Green Horizons to handle larger projects. This includes routine plantings, brush clearing and maintenance, as well as responses to unanticipated events such as fallen trees or storm damage.

In recent years, the largest single operating cost related to landscaping was for water from the Valley Center Municipal Water District to irrigate the common areas. As water costs continued to escalate, the Village embarked on the Water Well project. The project included installation of the well near the northeast corner of the Village just off Terrace Drive, as well as the piping network to connect the well with each of the individual areas requiring irrigation. Hil Sybesma was a major proponent for the project, and serves as the Board's representative for it. Since the system began operating in July 2019, the Village has realized significant savings in its water bill.

The Common Area Landscaping Committee oversees these landscaping operating and maintenance activities. Currently, Greg Lorton is the committee chair, and Hil Sybesma is on the committee as the unofficial project manager for the Water Well project.

This article is one of a series intended to help readers better understand the role and responsibilities of CVPOA Committees.

CRAFTERS & CONVERSATION

Until we're permitted to safely gather in the Village Hall, the Crafters Corner folks are meeting on Thursdays at 10:00am over at the Welk Resort.

**Questions? Call Julie Conner
(626) 536-9167**

RESIDENT HAPPENINGS!

Next Month, we'll debut a NEW COLUMN on what's happening in the lives of CV residents. **Have a new grandchild? Celebrating an anniversary or birthday? Recently retired, or returning from a fun vacation?** Email the editor and we'll add it to the column! (CVTimesEditor@gmail.com)

REMEMBER: the deadline for all submissions is the fifteenth of each month. Send us your news!



CHAMPAGNE VILLAGE



EVENT CANCELLED
SEE PAGE 1 FOR DETAILS

74th Golf Cart Parade

Be at the Park 11:30 AM

to Line Up and Judging

Parade Starts at 12:00 noon

Contest for the
Best Decorated
Golf Cart

1st, 2nd and 3rd Place Prizes



FAQS: Election for Directors

Which Board seats are up for election?

THREE SEATS are available, currently held by Charlie Service, Jean Slaughter and Wayne Steele.

Who are the candidates for these seats?

SIX CVPOA MEMBERS have applied for candidacy:

Joanne Hansen
Donna Perez
Susie Riley
Charlie Service
Charolette Steele
Wade Steverson

Who votes in this election?

All CVPOA members (homeowners) may vote. One vote is permitted per home, for a total of 457 votes.

When will we receive our ballots?

On or around **THURSDAY, JULY 2ND**.

When is Candidates Night scheduled?

Candidates night has been cancelled (see page 1 for details).

How do I fill out my ballot?

Instructions are provided with your ballot and on page 22 of this newsletter.

What is Section 5115?

The note on your voting instructions refers to Section 5115, which is California's law that requires voting by secret ballot (using the outer and inner envelope).

What if I need a new ballot?

If you've lost or did not correctly fill out your ballot or envelopes, contact the Office for replacements.

What's the deadline by which my ballot needs to be delivered to the Office?

No later than **SUNDAY, AUGUST 16TH**.

Can someone else fill out my ballot?

NO. Proxies are not allowed. Only a you or a co-owner of your home can fill out your ballot.

Can someone else deliver my ballot for me?

YES, but all envelopes must be sealed first. If you need someone to pick up your ballot, call the Office.



MEET

— THE —

CANDIDATE

FORUM

EVENT CANCELLED
SEE PAGE 1 FOR DETAILS

WE'RE RUNNING
FOR BOARD SEATS.
A CHANCE TO MEET THEM
AND HEAR WHAT THEY HAVE TO SAY.

MONDAY
JULY 13TH

PICNIC AREA
6:00PM

MARK YOUR CALENDAR

safe distancing / face masks please!



Care and Concern News

Charolette Steele #334



July Meeting

We will not be holding our semi-annual meeting in July. And because our future events are still in question as to when or even if we will be able to hold, them there is no need to make plans as now. If there are any changes, we will keep you up to date here in our CV Times or through the nightly message sent out by Leonore Alvarado.

Thank You

Thanks go to Susie Riley and her Vets Team for the flag-lowering that has been taking place to honor our veterans during this pandemic. We have been unable to hold any Celebration of Life Ceremonies for our residents, so it is nice to pay tribute to our veterans by lowering the flag in their memory.

Fourth of July Fun FAQs

On July 4th, 1776, the Continental Congress adopted the Declaration of Independence which was written mainly by Thomas Jefferson. The vote for actual independence was on July 2nd, 1776 but we celebrate on July 4th each year.

Calvin Coolidge is the only president born on July 4th, but three of our founding fathers, Thomas Jefferson, John Adams and James Monroe died on Independence Day.

Happy Fourth!

We wish everyone an enjoyable Fourth of July and hope everything will return to normal, or as close to normal as possible, as soon as it can!

Care and Concern committees are composed of volunteer teams who provide support for residents of our community through prayer and care.



Champagne Village Lions Club



Our 25th Year

Lion Alan Rings #386
WE SERVE



The new Board was installed on June 17th by Vice District Governor Jay Ruiz, Jr. at the Club's first membership meeting since January, held at the picnic area with all social distancing protocols observed. Jay spoke of his Lions club's signature service activity, a semi-annual medical mission to the Philippines, where his club treats vision conditions and performs cataract surgeries and other medical procedures. Jay presented **Tom Bossmeyer (#13)** with an award for his service as Student Speaker chairman.

Past President **Terry Quimby (#329)** remarked how our Club had grown over the past two years and announced that the Club had just donated three shade canopies for the dog park. He then handed the gavel over to the new President, Tom. Expressing the Club's appreciation, Tom presented Terry with a Melvin Jones Fellowship plaque. Tom spoke of his vision and plans for the coming year.

Eyeglass Recycling Chairman **Chuck Beck (#387)** reports that he had collected 1,400 pairs of eyeglasses for the Lions Optometric Vision Clinic in San Diego. Chuck gathers used glasses from 40 area optometrists and optician offices, as well as from the Hall collection box.

In addition to used eyeglasses, your Lions club recycles used hearing aids. If you have a pair that is no longer being used, please place them in the eyeglass collection box in the Hall.

FROM THE YOUNG AND THE REST OF US

After careful thought, **we've decided to cancel all of our events until further notice.** This includes Saturday morning meditation, our monthly Lunch Bunch and Chick Flicks, and our annual Holiday Market.

We know this may come as a disappointment, but we believe it's the right decision. We'll reevaluate things in January. Meanwhile, please stay safe and take care of yourselves – **we'll be back!**

Julie Conner, Yvonne Scott, Sue Seebach, Susie Riley

Food Assistance

Meals, delivery and pickup

Aging & Independence Services (AIS)
(800) 339-4661

Jacobs & Cushman San Diego Food Bank
(858) 527-1419 OR call 2-1-1

Feeding San Diego
(858) 452-3663

Meals on Wheels of San Diego County
(619) 260-6110

Stay Home SD
(619) 800-3252

ElderHelp
(619) 284-9281

Partner in Aging
(858) 480-1453
pharmacy and grocery pickup assistance

Need a Ride?

Facilitating Access to Coordinated Transportation

FACT offers **FREE rides** in San Diego County (including North County and the Escondido area) for seniors, persons with disabilities, students, veterans, and other residents who need assistance to make essential trips for medical, pharmacy or grocery needs.

TO ARRANGE A RIDE, call (888) 924-3228
8:00am and 3:00pm, Monday - Friday
Call ahead, 3-7 days in advance if possible.

Have the name(s) of the rider(s) to be transported, the pick-up address and time, and specify if any rider uses a mobility device such as a wheelchair or scooter.

Rides are available on a first-come, first-served basis.

Free Fitness Classes

Scripps Health offers **FREE** fitness classes via Zoom:

Chair Yoga & Meditation
Mondays, 11:00-11:55am, Meeting ID: 657 852 723

Balance
Tuesdays, 11:30am, Meeting ID: 438 562 730

Arm-ercise
Wednesdays, 11:30am, Meeting ID: 290 592 779

Slow Flow Yoga
Wednesdays, 7:00-8:00pm, Meeting ID: 114 630 925

Free Physical Therapy

Physio2Go provides **FREE** physical therapy via Telehealth to whomever needs it, no questions asked. A physical therapist will listen to your problem, watch you move, and give you special tests to determine the best plan of action for you.

Phone: (877) 827-8246
Email: referrals@physio2gopt.com



CHAIR YOGA IN THE PARK Chair Yoga (via safe distancing) is offered Mondays, Wednesdays and Fridays at 8:00am in the Picnic Area. Seating is limited and available on a first-come, first-served basis.



Karaoke in the Park

Wade Steverson #388

Champagne Village enjoyed a great musical karaoke afternoon in the Picnic Area on Saturday, June 20th. The party started at 5:00pm and continued until 8:00pm.

Nine talented resident singers treated Villagers to a variety of songs from country to rock and roll. The cool breeze, sunshine and fresh air gave us a comfortable environment to get out, chat and enjoy the music.

CV Karaoke founders Stan Ford, Fernando Diaz and Wade Steverson appreciate the great turnout and singers.

**WE MUST BE FREE NOT BECAUSE
WE CLAIM FREEDOM,
BUT BECAUSE WE PRACTICE IT.
WILLIAM FAULKNER**

Selling Something?

If you're selling items online or via a printed ad, remember that you'll need to notify the Front Gate if anyone from outside Champagne Village will be entering to view or retrieve your items.

If you're planning an estate or yard sale, you'll need to request permission from the Office. In addition, the Front Gate does not grant access to those wanting to attend your sale unless their names have been provided in advance.

Remember: YOU are responsible for all guests visiting you.

To notify the Front Gate of a guest, email (cvfrontgate.com) or phone (760-749-7723) them.



I hate when I gain ten pounds for a role and then suddenly realize I'm not an actress...

Parking lot in front of the Laser Eye Surgery Center.



My husband purchased a map of the world, handed me a dart and said, "throw this: wherever it lands, I'm taking you for a holiday when this pandemic is over."

Turns out we're spending two weeks behind the fridge.



From the Editor

I LOVE JULY 4TH!

I love the flags waving, the anthems, the aroma of grilled food - I love ALL of it! I can't wait to whip up some potato salad, bite into a hotdog, crack open an icy cold beverage, don my red white and blue... and stay put right in my own back yard. Huh.



Yes, our own 'pursuits of happiness' this Independence Day will be different. Personal freedoms are pretty limited these days - but we ARE still free, thanks to our forefathers who battled tyranny for that freedom. Right now, we're battling something else, and we'll win this fight too. Meanwhile, we do what we must.

Some things may be cancelled, but patriotism sure isn't. This year, let's celebrate THAT. Happy Fourth to us all -

OH! I received your requests for larger type. Please let me know if it helps!

Julie

Found a Snake in your Yard? Don't Kill It!

Snakes are valuable predators that keep our rodent population under control. If you find a snake, call one of these residents to remove it for you. We take the snakes to a remote location in the mountains and release them in a safe place. Want to help? Call Terry Quimby.

- Gary Krumweide #262 310-8827
Anna Marie Montoya #173 751-0287
Terry Quimby #329 749-8422

Sleep Quality and Falls: There IS a Connection

If you have problems sleeping and are up often during the night, you may be at increased risk for falls.

According to doctors, when you don't sleep well, you may be more likely to feel dizzy or have trouble with your balance. Good sleep habits can help you feel better and decrease your risk of falls.

In addition, many medicines that promote sleep have side effects that include dizziness and daytime drowsiness. Be sure to talk with your doctor about the safe use of all medicines and supplements you take, including those that help you sleep.

The following tips may help you sleep better at night:

- Keep a regular sleep schedule. Try to go to bed and wake up at the same time each day.
- Limit napping during the day. If you need to, take only one 20 to 30-minute nap.
- Do not drink too much fluid before bed.
- Take time to relax before bed. It may help to read, listen to music or take a warm bath.
- Keep a soothing bedroom environment. Use your bed for sleeping and not other activities like watching TV or eating.
- Limit your use of electronic devices or bright lights before bed.
- Avoid tobacco, caffeine and alcohol. These may make it hard to fall asleep and stay asleep.
- Exercise regularly during the day. Don't exercise too close to bedtime.

Visit steadyu.gov to find more fall prevention tips and resources.

Have Breakfast and Help SAC

Eat at the Golden Egg Omelet House, and 10% of your receipt is contributed to SAC when you mention you live here Champagne Village!

GOLDEN EGG OMELET HOUSE
316 W Mission Ave, Escondido
7:00am to 2:30pm every day





Welcome, New Residents!

#249 Cathy and Ron Jordan

Cathy (630) 728-3028, Ron (630) 781-1937
They moved here from Santa Maria. Ron is a retired case worker, and Cathy works as a speech therapist for the Ramona school district.

#304 Kathy Burnam and Russell Levy

Kathy (714) 585-2750, Russell (714) 322-8789

#337 Ruthann Ackrich (818) 621-4222

(Ruthann is moving in with Dale Kennedy)

#12 Will and Kathy Cattell

Will (619) 208-4770, Kathy (619) 518-9193
They're renting #377 while their new home is being installed at #12



Barrel cactus, from the garden of Sue and Mark Seebach (#112).

Think you Know THESE Villagers?

Jan Nyberg #221 and Nancy Thweatt #93

Do you remember where were you on July 20, 1969, when Neil Armstrong and Buzz Aldrin stepped on the moon? The U.S. space program provided some very exciting moments in all our lives. One of our CV neighbors actually worked on the manned space program as crew trainer for NASA!

He was a young aerospace engineer from a small town with an advanced degree, educated in his home state of Michigan. He began his career working on missiles in California and was just the right kind of guy and in the right place and time. Hired as part of the NASA Apollo Mission Planning Program in 1966, his team developed reentry procedures for flight crews. They also worked on Lunar Module consumables, abort to earth using the lunar module for Apollo 13, and lunar orbital correction. One of his highlights was ascending the huge wire cage elevator that carried the crew to their entry atop the Apollo rocket. Ascending up the rocket's shaft, they passed over the American flag emblazoned on its side, and it seemed to extend on and on before they reached the top. It was a sight and experience never to be forgotten.

Our mystery CV resident also describes meeting with the flight crews in a training session. While he had expected to meet with one of the three separate crews, all three – the prime, the backup and the ground crew – were in attendance for his presentation. Included were Gus Grissom, Roger Chaffee, and Ed White (the first American to walk in space), all who tragically perished during a pre-launch test at Cape Kennedy in 1967. Following this training session, he spent time with Ed White, discussing navigation and getting his autograph.

Our resident was a young husband and father at that time, and both he and his lovely wife socialized with many famous NASA neighbors – including Apollo 8 Commander Frank Borman and Dave Scott (Mission commander for Apollo 15). At that time, Houston had only one hotel located near Mission Control. Familiar newscasters of the time, Walter Cronkite and others, would eat their meals at the same restaurant along with NASA engineers.

Finally, the best for last: our resident was present in Mission Control for launch of the Apollo 11 lunar mission in 1969. Probably more than most of us, he certainly remembers where he was when man walked on the moon!

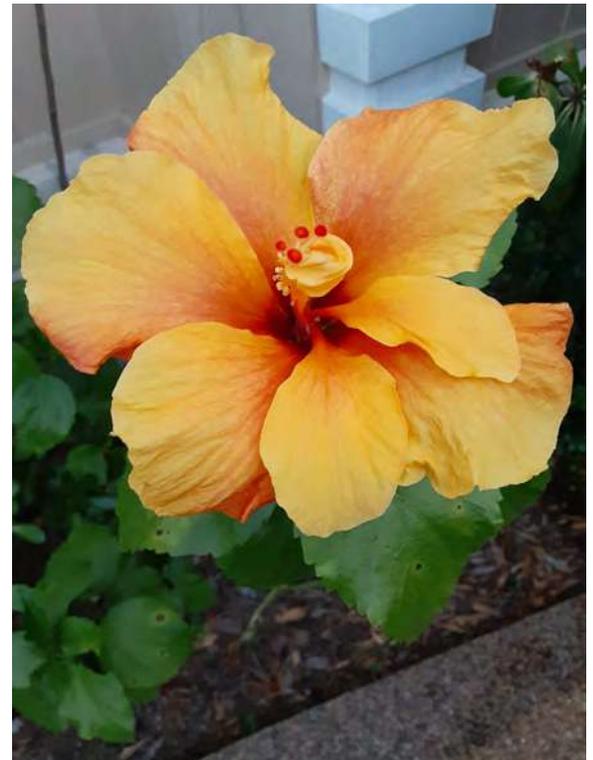
If you want to hear more, ask them for more details about these historic experiences.

DO YOU KNOW WHO THESE VILLAGERS ARE?

Check later in this newsletter for the answer.



Caroline Edwards (a.k.a. Yasmin, #384) performs along Mulberry during one of the Spirit golf cart parades in May.



Hibiscus, from the garden of Linda and Jerry Clifford (#186).

FOURTH OF JULY, 1982

Check out these photos of Champagne Village's July Fourth festivities from 38 years ago!



CV Men's Golf

Pat LeRossignol #435

Golf is still thriving with our Men's Club. Most of our regulars are back from the Pandemic Pause and the scores have been better than expected. Don't know if it has to do with the forced layoff, but participation has increased. We have three new members and it looks like a few more will join us soon. CV resident Glenn Cloes has joined along with 'outsiders' Jody Hamlisch and Bim Baldado. Member Mike Uhl has brought in several guests/potential members from Reidy Creek, including Jody, and a few others who may be new members by the time you read this.



Restrictions that were mentioned last month are still in effect, although being occasionally tweaked. Masks, social distancing, cart utilization, etc. We'll provide updates via email on any definitive changes concerning JC Golf/Welk restrictions and procedures, as well as any new growth in membership or our meeting plans for the summer.

Living in Champagne Village provides us with lots of enjoyment, opportunities for involvement and great friendship and camaraderie. It also has some downsides that occasionally befall us. On a very sad note, the Village and our Golf Club lost Larry Tewes, who passed away in May. We will miss his friendship, his determination to keep on truckin', and his interesting golf swing. Our condolences go to his wife, Nan, and their family. We'll miss him greatly.

Remember, 'never up, never in' is almost okay, but don't ever say 'get in the hole,' even among friends.

Oak Ladies Golf

Betty Service #259

Unfortunately, there isn't a lot of activity lately on the Oaks Ladies Group. A few ladies are playing golf but not necessarily on Thursday mornings. The course looks in beautiful shape and the greenskeepers are doing a great job.



If you're interested in playing golf with the Thursday morning group or joining us for lunch, please email betty.service@gmail.com or call me (619-933-8887).

The ladies play Thursday mornings at 8:00am (could be earlier in the summer months). I am currently taking a break from golf (bum knee), so you can also contact Karen Smith (760-751-9762). Karen usually plays weekly.



CHECK YOUR MAILBOXES!

If you still use a traditional wooden-style mailbox, please check it: several of these boxes have lost their ornament or handle, leaving a rusty screw exposed. This is dangerous for those of us who deliver your newsletter and other CV notices. It could cause a puncture wound, which might lead to a serious infection! Please remove the screw – thanks!



Pet Care Services During COVID-19

Helen Woodward Pet Food Assistance
AniMeals Program
(858) 756-4114 ext.341

Helen Woodward Animal Center is providing pet food to San Diegans affected by COVID-19, older adults, community members with a disability and laid-off workers. This is a drive-through style pet food distribution (Monday, Wednesday, and Thursday), that gives out a two-week supply of dog or cat food per pet/per household (maximum three pets).

San Diego Humane Society
(619) 299-7012 ext.2100

Through the PAWS San Diego pantry program, anyone can visit SDHS's campus locations in Escondido, Oceanside or San Diego between 10:00am and 4:00pm to pick up a bag of dog or cat food, as well as other supplies such as cat litter, pet treats and pet beds.



**THE GREATNESS OF AMERICA
LIES NOT IN HER BEING MORE
ENLIGHTENED THAN ANY
OTHER NATION, BUT RATHER
IN HER ABILITY TO REPAIR
HER FAULTS.
ALEXIS DE TOCQUEVILLE**

Can Pets Get Coronavirus?

Sharon Parker (#298)

It has been reported that cats can contract COVID-19, and a study published by the journal *Science*, along with recent information from the CDC, supports these reports. According to the study, however, there is no evidence of transmission of the disease from cats to humans, and the CDC continues to maintain the same. As of April 23rd, the CDC website states, "At this time, there is no evidence that animals play a significant role in spreading the virus that causes COVID-19."

The situation is ongoing. Reuters reports that they will "take a closer look at transmission of the virus between humans and pets," and the CDC has indicated it is "working with human and animal health partners to monitor this situation and will continue to provide updates as information becomes available." As always, use the CDC's common-sense precaution to "wash your hands after being around animals."

Veterinary diagnostic labs are beginning to test animals on a limited basis. If you suspect that your cat has COVID-19, contact your veterinarian to discuss if testing is available or appropriate.

There are no particular precautions regarding keeping pets clean relative to the corona virus. If the pet was exposed to an infected person, it is possible that virus particles on their fur could be picked up by a human as a result of petting (although this is unlikely).

If your pet is suspected to have been exposed to an infected person, bathing the pet should resolve any concerns about them carrying virus on their fur.

DO YOU NEED FACE MASKS?

Per the County of San Diego and the State of California, the wearing of face masks is required when you cannot safely distance from others.

If you need them, the following residents are offering quality handmade face masks to Villagers:

CAROL REPAS (#370) (760) 749-6484
VICKI McCALMONT (#56) (619) 345-1709



PICKLEBALL PLAYERS (top row, from left) Janice Georger, Shannon Fitzmaurice, Marcia and Toby Elyea, Clay Albert and Al Kezis. Bottom row: Dee Dee Angelier and Jan Nyberg.

Tennis and Pickleball

Nancy Thweatt #93

One of our newest residents, Steve Penacho, recently held an informal Pickle Ball clinic at the Tennis Courts to introduce winning strategies and techniques. The next Learning the Game clinic will be held at 8:00am on the fourth Monday, July 27th. Our Pickle Ball players are excited to learn how to beat their opponents. Paddles Up! Thanks, Steve!



WINDOWS: Please enter your new password.

USER: cabbage

WINDOWS: Password must be more than 8 characters.

USER: boiled cabbage

WINDOWS: Password must contain 1 numerical character.

USER: 1 boiled cabbage

WINDOWS: Password cannot have blank spaces.

USER: 50bloodyboiledcabbages

WINDOWS: Password must contain at least one upper case character.

USER: 50BLOODYboiledcabbages

WINDOWS: Password cannot use more than one upper case character consecutively.

USER: 50BloodyBoiledCabbagesIfYouDon'tGiveMeAccessNow!

WINDOWS: Password cannot contain punctuation.

USER: ReallyPissedOff50BloodyBoiledCabbagesIfYouDontGiveMe AccessNow

WINDOWS: Sorry, that password is already in use.



ANSWER: WHO'S WHO on page 13

Roger and Marcia Elyea (with Toby), #428

BEWARE OF COVID-19 SCAMS

As the state of California and San Diego County continue to respond to the ongoing threat posed by COVID-19, the San Diego County District Attorney's Office is warning consumers to be on alert for scams related to COVID-19. **Scammers are taking advantage of fears and anxiety surrounding the Coronavirus.** Here are some tips to help you keep the scammers at bay:

ECONOMIC IMPACT PAYMENT SCAMS

- The IRS will deposit your economic impact payment into the direct deposit account you previously provided on your tax return (or, in the alternative, send you a paper check). **The IRS will NOT call and ask you to verify your payment details.** Do NOT give out your bank account, debit account, or PayPal account information - even if someone claims it is necessary to get your economic impact payment. Beware of this scam.
- If you receive a call, do NOT engage with the scammers or thieves. **Just hang up.** If you receive texts or email claiming that you can get your money faster by sending personal information or clicking on links, delete them. **Do not click on any links in those emails.**
- Reports are also swirling about bogus checks. **If you received a "check" in the mail now, it's a fraud - it will take the Treasury Department a few weeks to distribute the payments.** If you receive a "check" for an odd amount (especially one with cents), or a check that requires that you verify the check online or by calling a number, it's a fraud.
- Don't respond to texts and emails about checks from the government. **Anyone who tells you they can get you the money now is a scammer.**
- Don't be a victim! Visit www.irs.gov or www.irs.gov/coronavirus for the latest information.



CHARITY SCAMS

- Don't let anyone rush you into making a donation. If someone wants donations in cash, by gift card, or by wiring money, don't do it.
- Do your homework when it comes to donations, whether through charities or crowdfunding sites.
- The "Charities Search" section of California Attorney General's Web site offers links to GuideStar's information on California charities, including many charities' filings with the IRS, Form 990. For more information, visit <https://oag.ca.gov/charities>.



"I can't go out because of the virus" sounds weak, whiny and boring.

Try this instead:

"I've sworn an oath of solitude until the pestilence is purged from the lands."

That sounds more principled, valiant and heroic - and people might even think you are carrying a sword.

FUNNY JULY HOLIDAYS

- 7/2 I FORGOT Day
- 7/6 International Kissing Day
- 7/11 World Miniature Golf Day
- 7/14 International Nude Day
- 7/15 Take Your Poet to Work Day
- 7/19 National Ice Cream Day
- 7/23 Gorgeous Grandma Day
- 7/27 Take Your Plant for a Walk Day
- 7/29 National Lipstick Day
- 7/30 Father-In-Law Day

When I see people my age mountain climbing, I feel good just getting my leg through my underwear without losing my balance...

EMAIL SCAMS: Identifying and Avoiding Them

Your IN box is a potential ticking time bomb of email scams. These days, scammers are sending fraudulent emails that attempt to trick you into revealing your personal information (most often your bank account, credit card or social security numbers) by clicking on malicious links or attachments. These emails may look authentic and might even include logos from government agencies. A few simple tips will help you identify which are authentic and – more important – which are not.

Always check the FROM address. On many computers and devices, you can hover your cursor over the sender's name (or right-click on it) to see their *real* email address. Some scams use an email address that looks legitimate but isn't. A red flag is when the email domain name doesn't match the organization the sender says they're from. Do this regularly with any emails you're not sure about.

Never click on suspicious links or attachments. Scam emails often include links that look valid, but if you hover over them, you can usually see the real hyperlink. If the hyperlinked address isn't the same as what appears in the email, it's probably a scam. As a rule, NEVER open a link or attached file unless you were expecting it.

Even if it's from a friend, call them first. Scams can arrive in your IN box from a friend, so you still need to be on the alert for links or attachments. If a file is attached and you weren't expecting it, call them before opening it. If you receive an email from someone you know claiming to be in a third-world country and in need of emergency funds, PHONE them. Don't click on any link until you hear back.

Be cautious about PASSWORD RESET emails. The easiest way to steal your private information is if you simply hand it to someone. Whenever you receive an email from what looks like your bank or any other company or organization that you do business with, and they're asking you to reset your password or log back in, that's a red flag. If you're not sure, look up the company's number and phone them directly before you do anything.

Quick FAQs

Medicare will NEVER call, email, or visit you and ask for your personal information.

The **IRS** DOES NOT initiate contact with taxpayers by email, text messages or social media channels to request personal or financial information.

Social Security will NEVER send you an email asking you to provide your personal data, such as your Social Security number, date of birth or any other private information.

EMAIL SCAM CHECKLIST

If you answer YES to any of the following questions, the email is likely a scam.

Is the email from someone you do not know personally, are unfamiliar with, or would not normally communicate with?

Is the person writing about issues related to an online account, requesting that you log in or urging you to reset a password?

Is the sender's email address from a suspicious looking domain? (For example, notice the difference in *paypal.paymentsnow.com* vs. *paypal.com*.)

Is the sender asking you to click on a link or open an attachment?

When you hover over (or right-click on) any links within the email, does it show a different link than what is contained within the body of the email?

Is the sender stating that something bad will happen if you don't click the link, or that there is extreme value in clicking the link?

Does the email contain poor grammar or spelling errors?

Is the sender warning you that they found inappropriate content, information or images of you, or that they found your password?

WHEN IN DOUBT, THROW IT OUT.

Don't open the attachment or click on the link: just DELETE the file.

Health Insurance News

Carla Grills #105

Included in the COVID-19 stimulus program that Congress passed is the CARES Act of Phase 3. Many of us still don't know all the provisions of this Act.

For those who lose their jobs or are otherwise affected by the virus outbreak, several financial penalties are waived such as early withdrawals or 401K limitations. They should be researched if this applies to you.

Along with financial aid, Medicare has been unusually responsive to the new healthcare guidelines. In addition to expansive new benefits for telemedicine services, the Centers for Medicare and Medicaid Services have issued COVID-specific coverage rules to CDC recommendations for seniors.

All COVID-19 related treatment is covered by Medicare, including hospitalization for quarantine purposes. In the past, Medicare did not cover hospital days once a patient was medically able to be discharged. Under the new rules, Medicare covers extended hospital stays to comply with COVID-19 quarantine guidelines. So if you're stressing about finances if you get sick, relax: you're covered!

In anticipation that a new vaccine will be available, it too will be covered 100% regardless of deductible status. Medicare beneficiaries will have no out-of-pocket costs for the COVID-19 vaccine, and you'll be able to get in line as soon as one is available.

Previously, Medicaid was prohibited from covering the services of direct support professionals while a beneficiary was hospitalized. The CARES Act removes this prohibition and expands Medicaid benefits to cover home and community-based direct support services during hospitalization. This allows continuity of care for the elderly and those with disabilities who are hospitalized due to COVID-19.

All resources I have indicate that we are not through this virus outbreak yet. No one knows how to predict this outbreak. Although businesses are beginning to open, **DON'T LET YOUR GUARD DOWN: THE VIRUS IS STILL SPREADING IN CALIFORNIA.** Continue to practice social distancing, wash your hands and wear your mask in close proximity to other people. When you can, avoid large groups and those who are being socially active or going to a lot of public places. Don't be afraid, **JUST BE WISE!**

The Economic Impact Payment

Ken Cozzens #421

The Treasury Department and the Internal Revenue Service is urging people to use [Get My Payment](#).

How Get My Payment works

The Get My Payment tool provides eligible taxpayers with a projected Economic Impact Payment deposit date. The information is updated once daily, usually overnight. There is no need to check more than once a day. Taxpayers who did not choose direct deposit on their last tax return can use this tool to enter bank account information receive their payment by direct deposit, expediting receipt.

Non-Filers Portal is Available

For those not required to file a federal tax return, the [Non-Filers: Enter Payment Info Here](#) tool helps you submit basic information to receive an Economic Impact Payment quickly to your bank account. Developed in partnership between the IRS and the Free File Alliance, this tool provides a free and easy option for those who don't receive Social Security retirement, survivor or disability benefits (SSDI), Railroad Retirement benefits, Supplemental Security Income (SSI) or VA Compensation and Pension (C&P) benefits. The non-filers tool is also available in Spanish.

Eligible taxpayers who filed tax returns for 2019 or 2018 will receive the payments automatically. Automatic payments will also be sent to those receiving Social Security retirement, disability benefits, Railroad Retirement benefits, Veterans Affairs benefits or Supplemental Security Income soon.

Watch Out for Scams

The IRS urges taxpayers to be on the lookout for scams related to the Economic Impact Payments. Be on the alert for scams using email, phone calls or texts related to these payments. **Remember: The IRS will not send unsolicited electronic communications asking people to open attachments, visit a website or share personal or financial information.**

Stay informed: visit [IRS.gov](#) and check the Frequently Asked Questions (FAQs) for more information.

EDITOR'S NOTE: For more information on email scams, read the articles on pages 18 and 19 of this newsletter.

VILLAGE NEWS

Victoria Moore (#432) sent these beautiful photos from her morning walk here in the Village on June 20th.
PLEASE SEND US PHOTOS FROM YOUR CV WALKS! Email them to CVTimesEditor@gmail.com.



Put on Your Thinking Cap!

answers on next page

What has many keys, but cannot open a single lock?

What runs around a backyard but never moves?

I am tall when I'm young and short when I'm old. What am I?

What can break without ever being held?

Feed me and I live, water me and I die. What am I?

Which invention allows you to look straight through a wall?

What occurs once in every minute, twice in every moment, and never in a thousand years?

Paul is six feet tall, works at a Butcher shop and wears a size ten shoe. What does he weigh?

Two girls are born to the same mother on the same day, and yet are not twins. How can this be?

Protect Yourself from Extreme Heat and Outages

For seniors and those with specific medical needs, extreme heat can literally be a life-or-death situation. Get notified about state-directed outages so you can make arrangements to stay cool and connected.

To get additional information, call 800-411-7343 and ask to be enrolled in the Temperature Sensitive program. You can also download an application on sdge.com.

If you're already enrolled in the Medical Baseline Allowance program, you're already receiving notification of rotating power outages, so you don't need to sign up again.



AARP Online Learning: Social Security

AARP offers the following FREE online seminars on the basics of Social Security. If you can't make one of the free webinars when it's broadcasted, you can register to receive a link and view it any time.

Social Security, Retirement and You – Part 1

August 25th, 7:00pm PST

Provides resources and information to help you make decisions that will affect you later in retirement.

Social Security, Retirement and You – Part 2

August 27th, 5:00pm PST

A LIVE Social Security Q&A session.

To register for these and other free online learning experiences, go to learn.AARP.org.



HELP SOLVE THE MYSTERY:

Anyone Know About THIS?

So far as we can tell, this antique fire hose cart has been stationed across from the Mail Center for about 25 years – but we can't find anyone in CV who knows the story behind it. If you know anything about this hose cart, please send an email to the editor (CVTimesEditor@gmail.com) and we'll report on it next month!

ANSWERS TO RIDDLES ON PAGE 21

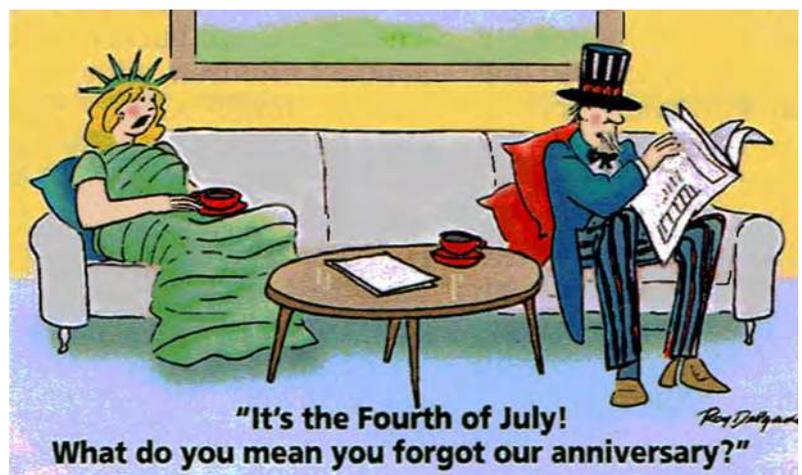
A piano, a fence, a candle, a promise, fire, a window, the letter M, meat, they're two of a set of triplets.

Filling Out Your Ballot

Ballots for the election of three Directors for the CVPOA Board will be in hand on or about July 2nd. To complete your ballot, follow these instructions.

1. Review your packet to be sure you've received a ballot (marked OFFICIAL BALLOT) and two numbered envelopes (envelope 1 and envelope 2). If you're missing any items, contact the Office.
2. Complete your ballot by voting for your chosen candidates:
 - a. You may vote for UP TO THREE candidates.
 - b. If you choose, you may vote for less than three candidates, but voting for any more than three will result in your ballot not being counted.
 - c. Don't sign, address or write ANY identifying information on your ballot: doing so will result in your ballot not being counted.
3. Fold and place your completed ballot in the envelope marked ENVELOPE #1. Don't write anything on this envelope: doing so will result in your ballot not being counted.
4. Place envelope #1 inside the envelope marked ENVELOPE #2.
5. Complete all information needed on the outside of envelope #2 in the upper left-hand corner.
6. Deliver this envelope to the Office drop box **NO LATER THAN SUNDAY, AUGUST 16TH.**

For a list of frequently asked questions regarding this ballot and the election, see page 6 of this newsletter.



CV ACTIVITIES/CONTACTS

CARDS AND GAMES

Bridge for Everyone
Bunco
Game Night
Hand and Foot
Pool Players

WHEN AND WHERE

Tues - 1pm Card Room
2nd & 4th Fri - 1pm Hall
Mon - 6pm Hall
Thurs - 1pm Gathering Place
Mon, Weds, Fri - 1pm Hall

CONTACT

Wayne Steele (760) 913-5345
Delores Madsen (760) 751-3472
Anita Amaro (760) 913-5055
Martie Jenson (760) 201-5520
Mike Mann (714) 323-8417

CRAFTS, HOBBIES, ETC.

Bird Watchers
Chorus
Crafters & Conversation
Drama Club
Ukulele Group

WHEN AND WHERE

various
Tues 10-12 Card Room
Thurs - 10am Card Room
Most Tues & Thurs 2-4 Hall
Thurs - 9:30am Hall

CONTACT

Deanna Clatworthy (760) 751-0204
Nancy Thweatt (619) 209-1422
Julie Conner (626) 536-9167
Jennie Shaw (760) 751-8909
Hil Sybesma (760) 751-8764

EXERCISE, SPORTS, DANCE, WELLNESS

Bocce Ball
Body Groove Exercise
Chair Yoga
CV Hikers
Line Dance - Beginners
Line Dancing (no lessons)
Meditation
Men's Golf
Oaks Ladies Golf
Pickleball
Ping Pong - Beginning
Table Tennis
Tennis Club (meeting)
Water Exercise
Water Exercise

WHEN AND WHERE

set your own time
Tues & Thurs 4:00pm Hall
Mon, Weds, Fri - 8am Hall
Various
Mon - 9:45am Hall
Mon, Weds, Fri - 9am Hall
Sat - 8am Card Room
Tues, Thurs morning
Thurs mornings
Mon, Fri, Sat - 8:30am Tennis Ct
Weds - 2pm Card Room
Mon -Thurs - 4:30 Card Room
2nd Thurs - 5:30pm Hall
Mon, Weds, Fri - 10am Pool
Tues, Thurs - 9am Pool

CONTACT

Bev Strobl (858) 695-9077
Joanne Hansen (619) 743-3823
Linda Clifford - text only (760) 877-4745
Mark Seebach (760) 644-8838
Janet LeRossignol (760) 749-7934
Janet LeRossignol (760) 749-7934
Sue Seebach (760) 224-5899
Rich Magnuson (442) 248-1916
Betty Service (619) 933-8887
Jan Nyberg (661) 203-9352
Al Kezis (207) 385-6926
Leo Soldatenkov (858) 382-7918
Anna Marie Montoya (760) 751-0287
Deanna Clatworthy (760) 751-0204
Jan Nyberg (661) 203-9352

RELIGIOUS

Ladies Bible Study
Myron's Bible Study
Vespers Sunday Worship
Village Care Group

WHEN AND WHERE

various
Tues - 7pm Gathering Place
1st Sun - 4pm Card Room
2nd/4th Thurs - 6:30pm Card Room
5th Thurs, 5pm potluck Hall

CONTACT

Bev Davenport (760) 751-3025
Myron Baker (760) 802-5471
Linda Clifford - text only (760) 877-4745
Don Densmore (760) 751-8865

COMMUNITY

Bookmobile
Care & Concern Committees
CV Lions Club
Library
Memorial Assistance
Men's Breakfast

WHEN AND WHERE

1st/3rd Tues, 10-12 by Laundry Rm
Various
3rd Weds, 5:30pm Hall
CV Library
Call if needed
1st Sat (Oct-May) Hall

CONTACT

Linda Clifford - text only (760) 877-4745
Barbie Floyd (530) 925-2319
Alan Rings (858) 395-7572
Linda Clifford - text only (760) 877-4745
Martie Jenson (760) 201-5520
Tom Bossmeyer (442) 217-8194

SOCIAL AND CLUBS

CV Boomers
CV Democrats
CV Republicans
CV Social Group
Karaoke
Social Activities Committee
Veterans Memorial
The Young and The Rest of Us

WHEN AND WHERE

various
various
various
Fri - 4:00pm, Gathering Place
various, Hall
various
various, Memorial
various

CONTACT

Joanne Hansen (619) 743-3823
Susie Riley (603) 938-5283
Pat Martin (760) 703-7776
Inge Stein (858) 335-9885
Wade Steverson (760) 297-4810
Linda Steverson (760) 297-4810
Susie Riley (603) 938-5283
Susie Riley (603) 938-5283