

The Champagne Village Times



CHAMPAGNE VILLAGE
Property Owners' Association

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August 2014

Volume 12, Issue 8



**THE SPEED
LIMIT APPLIES
TO ALL
VEHICLES
AND ALL
RESIDENTS,
VENDORS,
AND YOUR
GUESTS!**

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Directors/Officers

Jean Slaughter, President
Jack Cox, Vice President
Ken Sumner, CFO & Director
Doreen Smith, Secretary, Director
Susan Robinson, Director
Hil Sybesma, Director
Bob Bolt, Director

Committee Chairs

Architecture & Landscape,
Doreen Smith
Social Activities Committee,
Sherry Russell
Common Area Landscape/Water
Bob Bolt
Disaster, Charlie Service

CV Times Editors,
Janet & Pat LeRossignol
jleross1@gmail.com

We welcome and encourage residents to write articles or submit stories and jokes, and to give input and opinions on making the newsletter better. The editorial team has sole discretion to edit and/or print any item submitted. All articles must be submitted by the 18th of the month.

Read important message from the Library Ladies on page 16!

- Next Agenda Workshop is Friday, August 15 at 9 am in the Card Room (always held the Friday prior to the Board meeting).
- Next regular Board of Directors Meeting is Wednesday, August 20, 2014 at 1 pm in the Village Hall.
- Board minutes and financial statements are available in the Library for your reading. SAC financials are posted quarterly and may be viewed at this same location.



Have a Great Summer!



OFFICE NOTES

BOARD MEETING NOTES

By Tom Riggs

1. The Board approved issuing a *Pay or Lien Letter* to a delinquent unit and to further file a lien of not paid in accordance with the Association's *Collection Policy*.
2. By unanimous vote the board approved the appointment of Bob Suttie and Hil Sybesma to an Ad Hoc Committee that will make recommendations to upgrade the audio video system.
3. President Jean Slaughter thanked the "Motorcycle Committee", especially Chairman Doreen Smith, for their work. President Slaughter announced that there would be **no** action to modify the Rules and Regulations to allow motorcycles. The crowd of over fifty cheered and applauded.
4. There was a presentation by Doug Grills on the merits of investing some of the association's reserves in insured annuities as a way to increase yield. At the conclusion Doug answered questions from the Board as well as residents.

SECURITY DISCLAIMER

We always hope that our entry systems provide some deterrence to crime. However, no matter what steps we take the association can never be completely safe and secure. For example, it is possible for someone to enter the property under false pretenses to commit crimes, for residents to commit crimes against their own neighbors, for guests of residents to commit crimes, and for employees to commit crimes. As a result, the association is not and can never be free of crime and we cannot guarantee your safety or security. Accordingly, you should NOT rely on the association to protect you from loss or harm. Instead, you should provide for your own security by taking common sense precautions such as carrying insurance against loss; keeping your doors locked; refusing to open your door to strangers; asking workmen for identification; installing a security system; locking your car; etc.

TRANSPORTATION SERVICES NOW AVAILABLE



Tuesdays at 9 am

By Tom Riggs

Based on a suggestion from Peggy Holder and others, Champagne Village Property Owners Association has made arrangements with the "Alpha Project" to provide **free** weekly shuttle service to Champagne Village residents. **The shuttle will leave Champagne Village at 9 am on Tuesdays beginning on August 5.** The shuttle will go to the Vons/CVS center, as well as other destinations, and will return at 12 pm. No sign-ups, just be in the Hall lobby by 8:50 on Tuesdays to get a ride into town.

The Alpha project also offers transportation on a reservation basis. Service is provided Monday through Friday 8:30 am to 4:00 pm. This service requires 72 hours advanced notice/reservation and is limited to two destinations per day. Transportation is provided to medical appointments, grocery shopping, banking, trips to Medicare, SSI, and Social Security Administration, as well as other destinations. Pick up and drop off is provided directly at your home. The toll free number for reservations is 1-844-884-3574.

The Village Van on Fridays will also be available.

HOW TO REPORT AN EMERGENCY

If you need to report an emergency that may endanger life or property (fire, gas leak) please call 911 immediately. To report maintenance emergencies call the Office number (760) 749-8008 and stay on the line until you get a live person.

During office hours you will get either Karin or Tom; after hours you will get an operator who will contact us so we can determine the proper course of action for the particular emergency. One of your staff is on call 24 hours a day seven days a week 365 days a year to handle emergencies. You may leave a non emergency message on the afterhours message service.

POOL USE

- Smoking is **not allowed** in the pool area.
- As it states on the signs in the pool area, "**ONLY CHILDREN WHO ARE TOILET TRAINED MAY USE THE POOL**". Swim diapers **DO NOT** negate or supersede this rule.

SUMMER POOL HOURS

June 16 - September 15

ADULTS - 8 am to 9 pm
 CHILDREN - 11 am to 2 pm
 5 pm to 7 pm



Social Activities Committee (SAC)

2014 CHAMPAGNE VILLAGE EVENTS

AUGUST

Lions Pancake Breakfast.....Sun, Aug 3.....7:30 am
 50's Sock Hop.....Fri, Aug 15.....5:00 pm
 "Heaven Is For Real" movie.....Sat, Aug 23.....6:00 pm

SEPTEMBER

NO CV BREAKFAST IN SEPTEMBER

Western BBQ in the Park.....Sun, Sept 14.....5:00 pm

OCTOBER

CV Breakfast.....Sun, Oct 5.....7:30 am
 Halloween Party.....Fri, Oct 31.....5:00 pm

NOVEMBER

CV Breakfast.....Sun, Nov 2.....7:30 am
 Lions Charity Italian Dinner.....Sat, Nov 8.....5:30 pm
 Veterans' Dinner.....Sat, Nov 15.....5:00 pm

DECEMBER

CV Chorus Christmas Concert.....Sat, Dec 6.....TBA
 CV Breakfast.....Sun, Dec 7.....7:30 am
 Christmas Caroling/Tree Lighting.....Mon, Dec 8.....6:00 pm
 Christmas Dinner Dance.....Sat, Dec 13.....5:00 pm
 Holiday Home Tour.....Sun, Dec 14.....1:00 pm
 New Year's Eve Party.....Wed, Dec. 31.....5:00 pm

THANK YOU

By Sherry Russell

A special thanks to those of you who helped make the 4th of July Picnic a success. This includes the cooks, servers, decorators, judges, golf cart parade organizers and everyone who gave their time and efforts. Special thanks to Ken Sumner for his wonderful speech and the color guards. Last, but not least, all of those who attended. Hope you had a wonderful celebration!

SAC COMMITTEES

Chairwoman: Sherry Russell

Treasurer: Steve Thacker

Dinners: Sherry Russell

Decorations: Billy & Doreen Smith, Ernie & Rosie Uyeda

Emcee: Sherry Russell, Rosie Uyeda

Entertainment: Billy & Doreen Smith

Games: Gene & Kathy Lunden

50/50: Steve Thacker, Billy Smith

Movies: Peggy & Michael Holder

If anyone would like to join SAC and help with the various committees, please contact Sherry Russell.....THANKS!

SAC INCOME/EXPENSE REPORT

SAC INCOME/EXPENSE REPORT	
4th of July Party	
Reservation Income	\$1,225.00
50/50 Income	\$548.00
50/50 Payout	(\$551.00)
Entertainment	(\$175.00)
Food	(\$561.43)
Prizes	(\$275.00)
Misc Supplies	(\$106.81)
TOTAL	\$103.76
Miscellaneous Expenses:	
Clean CV kitchen stove	(\$100.00)
30 placemats for CV Hall	(\$64.80)

WINNERS IN THE GOLF CART DECORATING CONTEST



Wade & Linda Steverson



Ron & Nota Morey



Halstead Grandkids!

LIONS CLUB PANCAKE BREAKFAST



Sunday, August 3

7:30 am to 9:00 am
(or until the food runs out)

All Villagers are welcome!

A complete breakfast for only \$4!

All proceeds will go to vision charities.



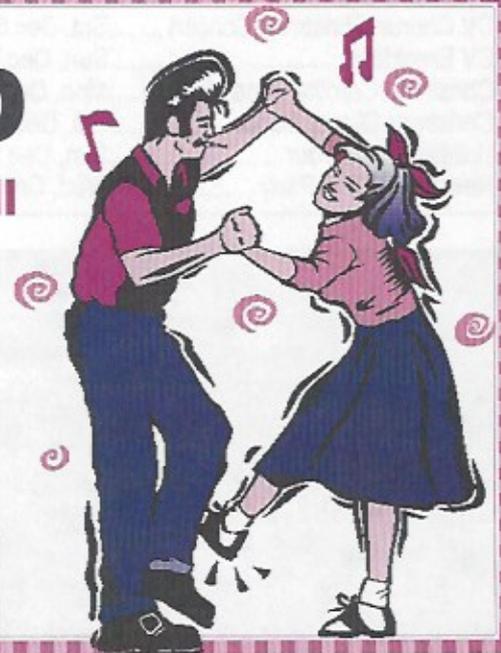
50's Sock Hop

Friday, August 15 at 6 pm in the Hall
\$17 per person

Catered by Green Oak Ranch - Pot Roast, Garlic Mashed Potatoes, Green Beans, Salad, Dinner Rolls, Dessert

Music by Tony Lopez - Highway 91

Put checks payable to SAC (no envelope) or cash (in envelope with name/space) in the Hall dropbox by Monday, August 11.



HEAVEN
IS FOR REAL



FREE MOVIE - PG

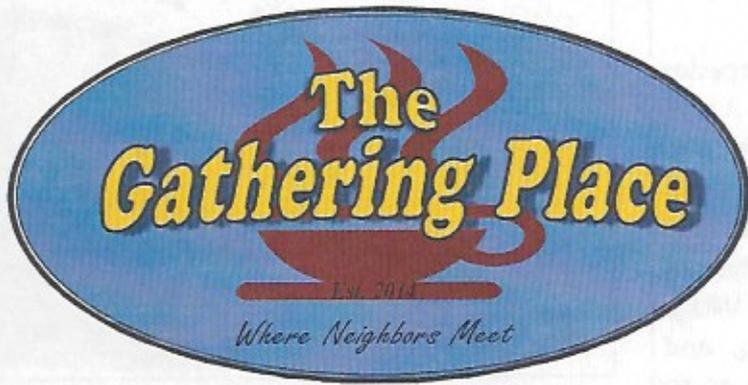
Saturday, August 23
Village Hall - 6:00 PM

Popcorn will be served

BASED ON A TRUE STORY

A little boy's incredible story of his trip to heaven and back.

Starring: Greg Kinnear, Kelly Reilly, Thomas Haden Church



Open Every Day

(except Sunday)

8 am to 10 am

It's a great place to meet new friends!

(It's in the Multipurpose Room
behind the Laundry Room)



The Coffee Gang would like to thank all the volunteers who have helped make The Gathering Place the success it is.

If you would like to volunteer to help for August or September call Donna Shaw (751-1799).



MOTORCYCLES and SCOOTERS

By Hil Sybesma #127

CVPOA Rules and Regulations regarding Motorcycles state: "No motorcycles, mini-bikes and other 2, 3 or 4 wheel motorized vehicles, except golf carts and motorized vehicles used by the disabled, shall operate in the Village". What this means, according to the State of California, is the only 2, 3 or 4-wheeled cycles allowed to operate in Champagne Village are 3-wheel Scooters, motorized wheelchairs, and Motor-Driven Cycles. For additional information go to the DMV's website at www.dmv.org/ca-California/other-types.php.

THE FOLLOWING ARE ALLOWED IN CV



- Motorized Scooters for the handicapped
- Motorized Wheelchairs
- Motor-Driven Cycles



Motor-driven cycles will have gas engines, which are limited to engine size not exceeding 149cc.



If the engine is larger than 149cc it is considered to be a motorcycle.

THE FOLLOWING ARE NOT ALLOWED IN CV



- Motorcycles
- Motorized Scooters



Mini-bikes can also be called scooters. The mini-bike, like the motorized scooter pictured here, are not allowed to be driven or ridden in Champagne Village.

Which of the following presidents' mothers, by her own admission, did not vote for her son when he ran for the presidency of the United States? John Fitzgerald Kennedy, William Jefferson Clinton, or Thomas Woodrow Wilson. Answer is on page 16.



This includes driving in CV!

ALERT TO ALL DRIVERS

By Annetta Citino, #212

Recently I was leaving the Village on Champagne Drive proceeding in a right curve just passing #56 on my right heading to the main exit. I nearly had a head-on collision with a vehicle on that blind curve who was illegally passing another vehicle going about 15 mph. The speeding vehicle swerved into my lane as he passed the other car. I had to slam on my breaks and the speeding car came within inches of mine and didn't stop. Unfortunately, there is no double line on the road indicating a blind curve, no passing. **This was a very dangerous situation. Please be careful!**

My husband and I just completed a refresher course in driving held at the San Marcos Senior Center (760-744-5535). It's sponsored by AARP, has excellent teachers, and new informative books/videos are included. I'm sure that the class time I have taken since 55 years of age to now 77 has allowed me to stay safer on the road, reduced my insurance rate, and provided a more peaceful life. Ask yourself what kind of driving world do YOU want to create?

HEALTH INSURANCE NEWS

By Carla Grills, #105

I have noticed that when we shop for health insurance it usually boils down to one of two priorities. Those priorities being dollars or doctors. Think about it. The last time you decided upon a policy what went through your mind? Can I afford the premium? Or does my doctor accept this insurance? Or can I have both my doctor(s) and this insurance plan?

We can more easily discern whether the premium fits our budget, but answering the doctor question takes a little more effort. Last year's health plan changes also forced companies and doctor networks to renegotiate their contracts. Many companies are still in the process of adding doctors and hospitals back into their networks. Maybe you were one of those who had to change insurance in order to keep your doctor.

If you are planning to make a change for next year regarding your health insurance coverage, now is the time to begin shopping for a doctor network. Yes, now, in August. ***The enrollment period for Medicare begins October 15 and ends December 7.*** It's a short period of time if you need to find a doctor. Agents cannot market Medicare products for 2015 until after October 1, but you can research your doctors and narrow down what kind of plan you want in advance.

Most health insurance companies have a reasonably easy to use doctor search tool on their websites. A considerable amount of information is available. Additional information may also be listed on the doctor's personal website. If you don't own a computer, you can do this research in the Village Hall. If you are not computer savvy, a friend, relative or agent can help you with your search.

But you cannot know if you connect with a doctor until you meet them, which is why now is the time to start looking. You can book an office visit appointment to meet especially a primary care doctor. Interview the doctor for the job of taking care of you! We are happiest with our plan when we trust and like our doctor. Do not wait until October if you want to make a change in doctors or your plan. If you start now, you will not be under pressure to make a quick decision.

A TIMELY RHYME FOR USING THE POOL

By Chuck Phillips #246

Before you enjoy fun and exercise in our pools,
please read the posted rules.

If you make use of our outdoor shower,
it'll make it easier for our pumps to use less power.

Us folks need only 20 minutes in our 102-104 degree
jacuzzi spa for full relief of aches and pain.

Now replace the cover so our pumps can maintain.

An emergency phone is available outside the upper gate,
so call 911 before it's too late.



I promise I will do more to exercise! Does bending the rules, running things over in my mind and jumping to conclusions count?

If there are no ups and downs in your life, it means you are dead.

- He had a photographic memory that was never developed.
- A chicken crossing the road is poultry in motion.
- A lot of money is tainted - taint yours and taint mine.

IF YOU NEED HELP...

FREE INSPECTIONS & REPLACEMENT OF SMOKE ALARMS & BATTERIES TO CV OWNERS

We are unable to accommodate alarms located on vaulted, or other high ceilings requiring ladders.

Call Joe, a Burn Institute volunteer and CV resident at (760) 522-3733.

Resources for those who need help getting meals or groceries:

MEALS ON WHEELS SAN MARCOS

(760) 736-9900

SCHWAN'S home delivered meals

(888) 724-9267

schwans.com

VON'S

vons.com (online ordering only)



VAN TRIPS

The Village Van goes to the Von's Shopping Center on El Norte Parkway every Friday at 9 am. Don't just show up, call the Office to sign up (749-8008). All residents who no longer drive are welcome. (See Alpha Project - p. 2)



FRIENDS HELPING FRIENDS

By Pat LeRossignol #435

We are volunteers who drive CV residents to medical/dental appointments when they have no other means of getting there. If you need a ride, please call Pat LeRossignol (749-7934) and we'll find a driver for you. **If it's an emergency call 911!**

By the way, note the new free shuttle service provided by the Alpha Project on page 2.



NEED YOUR FRUIT PICKED?

Fruit picking is still under way. We need a sturdy ladder to help us get to the top ones and we'll soon need a longer pole or, perhaps, someone can volunteer to make an extension for the one we do have to use. Etta (619) 606-1062

DIAL 2 - 1 - 1 FOR INFORMATION

Serving the entire population of our region, 2-1-1 San Diego connects people with community, health and disaster services through a free, 24/7 stigma-free phone service and searchable online database. Using the power of technology and innovation, we connect people to the help they need.

We can help you with: Utility Assistance, Food Assistance, Mental Health Services, Navigating Health Care, and many, many more.

RESOURCES FOR VETERANS

By Mimi Baca

I attended a Vets Conference and came away with two great resource books for anyone to review.

Federal Benefits for Veterans - Dependents and Survivors. It's the 2013 edition edited by the U.S. Dept. of Veterans Affairs.

California Veterans Resource Book edited by the California Department of Veterans Affairs.

If you would like to borrow either or both, just give me a call (751-1032).

Apply for a FREE CapTel 840 Phone

California residents may qualify to receive a CapTel 840 phone free through a special state program that provides telephone equipment to people with hearing loss.

CALL CTAP: (800) 806-1191 (Voice)
(800) 806-4474 (TTY)

SENIOR DISCOUNTS

There are senior discounts at *many* stores. Just ask at the check-out counter *before* you pay.



CHAMPAGNE VILLAGE NEXTDOOR

By Pat LeRossignol #435 (jleross1@gmail.com)

There are now 120 residents on our new private online website called Champagne Village Nextdoor. On this website residents can share community events, recommendations, items for sale/free, crime/safety concerns, ideas about how to make our neighborhood better, and more. You need to live in CV and be invited to join, so send me an email (see above) and I will connect you...or you can have your neighbor invite you. All emails are kept private. Try it out. If you don't like it, you can always opt out later.

The CV Rules & Regulations, Bylaws, and C,C&Rs are now on the site under "Documents".



HELP STOP SPAM

When you forward messages, remove all email addresses and use BCC so the emails are kept private - please!

HUGGING

Hugging is healthy: It helps our body's immune system, it keeps you healthier, it cures depression, it reduces stress, it induces sleep, it's invigorating, it's rejuvenating, and it has no unpleasant side effects. Hugging is nothing less than a miracle drug.

Hugging is all natural: It is organic, naturally sweet, no pesticides, no preservatives, no artificial ingredients and 100% wholesome.

Hugging is practically perfect: There are no movable parts, no batteries to wear out, no periodic check-ups, low-energy consumption, high-energy yield, inflation-proof, nonfattening, no monthly payments, no insurance requirement, theft-proof, nontaxable, nonpolluting and, of course, fully returnable.



WELCOME NEW RESIDENTS

#237 Ray Doty & Annie Ozaki
(702) 370-4564

Ray & Annie grew up in Overton, Nevada and went to the same schools but never dated. They both married other people and then were widowed many years later. They got reacquainted after 62 years and married!

#82 James Deppe & Sandra Fleck
(858) 344-5177

They moved to CV from De Anza Cove in Mission Bay. They love camping and their two little dogs.

#192 Stu & Kay Fried
(619) 318-3967 hers (619) 743-0486 his

They moved here from Chula Vista and hope to retire by the end of the year. She is a quilt maker, doll maker, and tole painter. He's hoping to get involved as soon as he's retired.

#47 Debbie Cabanas
(619) 938-3330

If you are a new resident and didn't receive a phone call from the editors, please call 749-7934.

VILLAGE EMAIL LIST

By Richard Coffman #212

If you would like to be on the VILLAGE EMAIL LIST, simply send an email to me at...

welkman1@gmail.com

You'll receive late-breaking news, Villagers' things for sale and other helpful information. I do not share the names on the list.

Do you know that awesome feeling when you get into bed, fall right asleep, stay asleep all night and wake up feeling refreshed and ready to take on the day? Yeah, me neither!



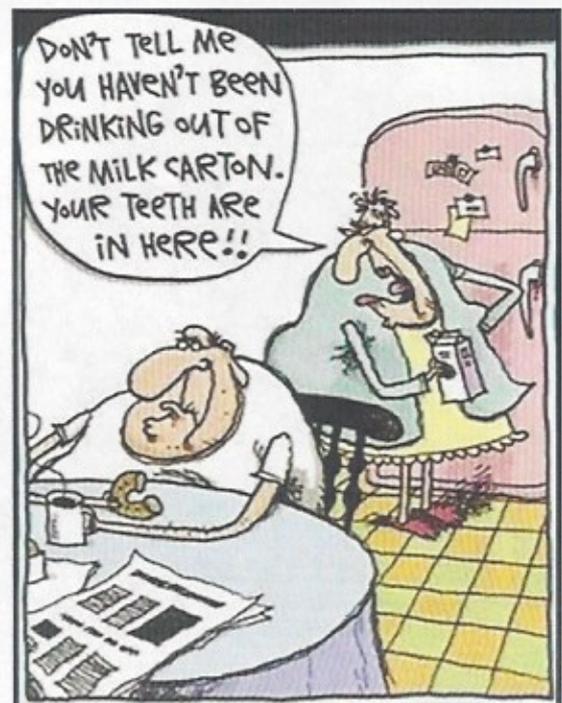
Beginner Ukulele Lessons—FREE!

By Jody Bennett #395

For those who attended the ukulele lesson advertised in the last month's newsletter, how did you like it? Think you might want to get a ukulele of your own and learn how to play? For those who didn't attend - ever thought about getting a ukulele and joining a mad group of seniors who want to learn to play the ukulele?

If you answered yes, then let me know and I'll start up a group! I can help you buy a decent priced ukulele and will give FREE beginners' lessons in the Village Hall every two weeks. How does that sound? If interested, email jody.bennett@hotmail.com. I'll post results next month of how much interest we've had and we'll go from there!

Please keep parked cars (including workers' vehicles!) out of the way of the EDCO trash trucks on Thursdays whenever possible. Try using visitor parking.



SKUNKED!

By Jody Bennett #395

You don't always know what to be prepared for until something happens, and you're not prepared! About three weeks ago, our dog ran straight into a skunk that decided he liked our back garden. I was NOT prepared and had nothing on hand but dog shampoo. I went searching on the internet and found out that tomato juice is NOT the recommended remedy of the day. I found that the local pet stores carry 'Skunk Odor Remover'. I then found a recipe!

1 quart (1 liter) 3% hydrogen peroxide
 1/4 cup (60 ml) baking soda
 1 tsp (5 ml) liquid laundry detergent or dish soap

- Combine the ingredients in an open container.
- For more stubborn skunk odors, you may need to up the amount of baking soda to 1/2 cup (125 ml) and the amount of soap to 1 Tbsp (15 ml).
- Do not close the container after mixing the ingredients together. The gas that will be produced could build up and create enough pressure to destroy the container.
- Do not store this mixture. Use it as soon as you mix it together.

Scrub yourself or your dogs with this solution. Dip a clean washcloth in the solution and use it to clean contaminated fur and skin. This solution is safe for both dogs and humans, but you should avoid getting it into eyes, ears, or mouths. While it is safe for skin, it can sting and damage eyes or other sensitive areas. Scrub the skunked dog or human with this solution before rinsing it off with clean water. Repeat as necessary until you can no longer smell the skunk. Note that you may need to make more of the solution for a bigger dog or adult human. This works best if done within an hour or two after contamination.

For more information: <http://www.wikihow.com/Get-Skunk-Smell-Out-of-the-House>



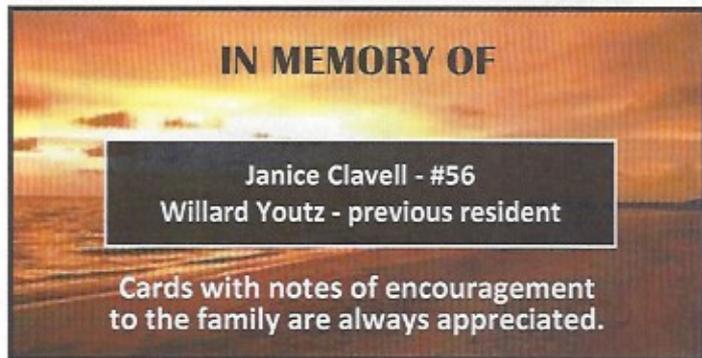
ARE YOU A BIRD WATCHER?

Call Dom Alleva #18 (703-9755) if you'd like to join his bird watching club.

Question of the Month

What makes you HAPPY? I see so many happy people living in Champagne Village and often wonder what makes that person happy. Some people are born with a smile in their heart and never lose their happy disposition, but others never find anything to be happy about. Well folks, we have many places for you to be HAPPY. I hear the swimming pool during exercise time is a very happy place. The line dancing class has many people who smile as they listen to the music and dance. The chorus has people singing from their hearts. The list could go on and on, playing pool, playing golf, or people watching from your front porch. Try going to The Gathering Place in the mornings; it is filled with HAPPY people or at least people who want to be happy.

We know that life often deals some people lemons and they struggle to make lemonade. If we are happy it will show; if we are disappointed or hurt, that will show, too. To read others can be a real gift and encouragement to others. When you see someone happy, ask them what is making them happy today. When you see someone who is down, try to be considerate and encourage them. You might just ask them to join you at The Gathering Place. Hopefully it will make them HAPPY!



RELIGIOUS ACTIVITIES

- VESPERS (non-denominational) - Sundays at 4 pm**
1st Sunday is Communion; fellowship follows the service.
Where: Card Room; Contact: Margaret Meadows (749-7573)
- CATHOLIC BIBLE STUDY - Thursdays at 6:30 pm**
Praise and Worship, sharing the Sunday Readings
Where: MPR Room; Contact: Jim or Carol Kostick (749-8313)
- VILLAGE CARE GROUP/BIBLE STUDY - 1st/3rd/5th Thurs. at 6:30**
On summer break; will resume in September.
Where: Card Room; Contact: Ken Sumner (751-4012)
- PRAYER GATHERING - 1st/3rd Wednesdays at 10 am**
Where: #406 Myrtle Court; Contact: Eunice Dirks (913-5040)

CARE & CONCERN
By Linda Clifford

Thanks to all the Care and Concern members and non-members who work in *The Gathering Place* from 8 - 10 Mondays through Saturdays. If you haven't been there, make it a point to invite a friend and see this great addition to our Village for yourself.

If you have a prayer request, would like a visit, would like a ride to the Gathering Place, or would like to join Care & Concern, email Leonore Alvarado at rlalvarado@juno.com.

One of my favorite hymns is "Love One Another". Let us all be mindful and love not only our family and friends, but truly LOVE ONE ANOTHER.

If you don't go after what you want, you'll never have it.
If you don't ask, the answer will always be no.
If you don't step forward, you'll always be in the same place.

BOCCE BALL - Tuesdays - 1 pm
Call first to join a team or stop by and watch and learn how to play. Or call a few friends to meet and play a few games on your own. It's fun and easy. Your pool key opens the shed where the bocce ball equipment is kept.
Contact - Billy Smith (751-3305)

CHAIR YOGA - M/W/F - 8 am
In these sessions of Chair Yoga you will be following the instructor on the DVD while sitting in a chair. It feels great and is easy to follow.
Contact - Linda Clifford (751-0075)

EARLY BIRD WALKIE TALKIES - Mon-Sat 7:30
Meet at the mailboxes and join a group of women who walk through the Village for about a half hour.
Contact - Linda Clifford (751-0075)

LINE DANCE - BEGINNING - Tuesdays 6 pm
Before you come to your first class, please call Janet LeRossignol (749-7934) to learn basic steps.

LINE DANCE - INTERMEDIATE - M/W/F 9am
Try the Tuesday evening class first to learn the steps to popular line dances. If you already dance and catch on quickly by watching others, the intermediate sessions are for you.
Contact - Janet LeRossignol (749-7934)

PICKLE BALL - Wed/Sat - 3 pm
Show up at the tennis courts and join in the fun.
Contact - Billy Smith (751-3305)

WORKOUT TO VIDEO- Thursdays - 6 pm
We alternate weeks with walking/zumba to video.
Contact - Janet LeRossignol (749-7934)

WATER EXERCISE - M/W/F 10 am, T/Th 3 pm
This is 40 minutes of water aerobic exercises in the pool to a guided CD. Come join us for a workout that's easy on your joints!
Contact - Joann, Lynn, Carol & Deanna (751-0204)

ZUMBA - T/Th/Sa - 8 am
This session is a very energetic workout.
Contact - Linda Clifford (751-0075)



LIONS CLUB

By Alan Rings #386

At the Lions Club meeting of July 16, Lion Arlene Garich led the members in observing a moment of silence for Lion Willard Youtz, recently deceased, who had been a member of the Club for many years. His wife, Ruth McClain, had also been a member.

Lion Leah Kapp asked for volunteers to fill positions for the upcoming Lions Pancake Breakfast for the Village to be held Sunday, August 3, beginning at 7:30 am. The menu will feature a complete breakfast of eggs, bacon, pancakes, waffles and all the trimmings. The cost is only \$4, part of which will help fund vision charities. All Villagers are invited to dine and contribute.

Lilly Lee and Stephanie Cortes presented a program on the work of the UCSD EyeMobile project which is affiliated with the UCSD Foundation and the Shiley Eye Center. It was started in 2001 and currently services 215 locations in the county. The EyeMobile is an RV converted into an eye clinic for young children. They examine, prescribe and provide glasses, all for free. If surgery or further needs are indicated, the patient is referred to the proper medical services. Last year, the EyeMobile conducted 15,300 screenings, 2,042 exams and gave out 1,249 pairs of glasses. King Lion Alan Rings presented them with a \$200 contribution.

The Lions Club has two devices available for free to any Villagers who have difficulty reading. One is a camera on an arm that works through a computer. The other is a large lighted lens, mounted on a floor stand which could be placed next to one's favorite chair. Contact Lion Alan Rings (858-395-7572) if you are in need.

The Lions Club collects aluminum cans and recyclable plastic and glass bottles which are eligible for the California refund. Collection baskets are located in the Hall near the kitchen. Rinsing them before hand helps, but is not always possible. Recyclables can also be dropped off in bags at the carports of Lions Carol Cox, #348 Ironwood or Alan Rings, #386 Mulberry. For any homebound Villager who needs home pick-up, please call Lion Carol Cox (749-1396).

There will be no meeting this month. The Board will meet on Wednesday, August 20 at 4:30 pm.

MEMORY KEEPERS SCRAP BOOK CLUB

Saturday, August 23 - 10 am to 4 pm

If you love scrapbooking or would like to learn more about it, please join us in the Card Room. Contact: Karen Resch (751-0850)

HAPPY HANDS

Tuesdays - 1 pm to 4 pm in the Hall

Join our group of lightly organized ladies who enjoy crafts, needlework, knitting, crocheting, etc. Contact: Janina Garvey (749-1730).

CV CHORUS

By Barbara Houg #133

Looking for a fun way to get and stay healthy? Try singing on a regular basis. But not any old singing will do. The kind of singing that will provide you with significant health benefits has to come from deep inside your chest, even from your abdomen.

If you've ever been in a choir you've probably been told that the proper way to sing is from your belly. The idea is to use your diaphragm, the large muscle that separates your chest and abdominal cavities, to push air out through your vocal cords. Using your diaphragm to sing is a good way to promote a healthy lymphatic system which in turn promotes a healthy immune system.

If you want to start singing for health and have some fun with it, I highly recommend that you learn how to sing in harmony with another person or group of people. Singing in harmony with others is easily one of my favorite things to do (excerpts from Dr. Ben Kim, Natural Health Care).

AND I KNOW JUST THE PLACE TO DO THAT! Come to the Card Room in the Village Hall on September 9 at 10 am and join the Champagne Village Chorus. We all love to sing and enjoy each other's company. We like to share our singing with the Village at various times of the year. We would love to have YOU join us and get acquainted. Any questions, call Barbara Houg (291-8518).

The CV Lions Club recycles
CRV glass & plastic bottles and aluminum
cans. Drop them off in the carport at
#348 Ironwood - Carol Cox or
#386 Mulberry - Alan Rings

CV CLUBS

FUN AT THE DOG PARK!



Jack McGrath's dog Bella enjoying the wading pool at the Dog Park.

CV PET LOVER'S CLUB

By Doreen Burchett #424 & Doreen Smith #458

REMINDER TO DOG OWNERS AND THE GUESTS OF DOG OWNERS

Check the map of the dog walk area you received from the CV Office when you registered your pet. It shows that the area begins near the car wash and picnic parking lot and goes along Live Oak Lane, then up Ironwood View to the intersection with Sumac View.

Within the mapped area, dogs may be walked in wooded areas and along streets and sidewalks. There are two fenced areas where dogs are allowed off leash. They are the large grass pet park and the small original fenced area at the end of the trail by the RV lot.

These areas are for use by dog owners who accept the responsibility for picking up their dog's waste. **NO EXCEPTIONS!** Please cooperate or let your dog poop in your own yard or living room but not in the designated walk areas unless you are willing to abide by the rules.

Please DO NOT PARK IN THE CAR WASH AREA which is reserved for washing vehicles.

Your guests must follow the same rules when they visit with their pets!

PETS ARE NEVER ALLOWED ON THE GRASS IN THE PICNIC AREA!



BUNCO

Meets the second and fourth Fridays at 1 pm in the Hall. Bunco is an easy dice game and the cost is only \$3. Call Delores Madsen (751-3472) to reserve your seat.

BRIDGE FOR EVERYONE

Meets on Tuesday at 1 pm in the Card Room. No stress, no pain. Just have fun. Singles welcome. Contact - Ernie Uyeda (749-1940)

COUPLES BRIDGE

Wednesday, August 13

Meets the second Wednesday at 5 pm in the Hall.
Hosts - Nancy Cowell (619-252-1945) and Karen Gaudi (858-395-7572). Sign up in the Copy Room. Please bring your own drinks and \$2 per couple for the prizes.

CRIBBAGE

Meets Monday at 1 pm in the Library. No charge! **We need more players!** Contact Billy Smith (751-3305)

HAND AND FOOT

Meets Monday at 1 pm in the Multi-purpose Room. It's an easy card game that you can learn in one hand! Contact - Rosie Uyeda (749-1940)

MONDAY GAME NIGHT

Meets at 6 pm every Monday - just show up! On the second Monday there is a 5 pm potluck before the games. We play Mexican Train, Mah-Jongg, Hearts, Spades, Sequence, Wii or bring a new game to play! Contact - Linda Clifford (751-0075)

PENNY CANASTA

Meets at 1 pm on Thursday in the Card Room. Contact - Nota Morey (751-9503)

PINOCHLE

Meets the first and third Friday at 1 pm in the Card Room - Cost - \$1
Contact - Marion Psota (751-3940)

POOL PLAYERS CLUB

Meets Tuesday's & Thursday's from 1 pm to 3 pm



CV MEN'S GOLF CLUB

By Pat LeRossignol #435

Due to the World Juniors Championships being played on the Fountains last month, we had our July play and meeting day on a Friday. Delicious, "guilty pleasure" KFC was on the menu with pasta salad, mashed potatoes with gravy! Excellent!

President Jean Slaughter mentioned the passing of our old friend, Willard Youtz, who died earlier in the month at his daughter's home in Idaho. He'll be missed. Jean and John Sutphen then gave us an update on Bud Clavell who is in the hospital being treated for Acute Leukemia, only three weeks after the passing of his wife. Our thoughts and prayers go out to Bud and his family. Get well soon.

Big Fountains winners this month were Mike Mann, Eric Fenchel and Eddie Bennett. Good job! No report for the Oaks this month.

Concerning the possible inter-league matches with Lomas Santa Fe and San Marcos Executive, it was determined that we won't have enough players (16) to go it alone, so I have contacted the appropriate folks to see if we can "split" a team with Reidy Creek who were going to drop out. I'll let you know next month.



FOUNTAINS LADIES GOLF CLUB

By Betty Service #259

We held our quarterly meeting on July 9 and there was much to discuss as we haven't met for three months.

A big concern for our club is we are not bringing in the money that we used to due to the downsizing of the club (not by choice). The only revenue we have is our dues of \$60 per year. Twenty dollars of that goes to the SDCWGA and the remainder goes to the various funds to pay out money to the members for tournaments, weekly sweeps, ringer, etc. We discussed possibly having a fundraiser.

Betty Service brought up some ideas for recruiting new members from other clubs that are closing. If you know of anyone looking for a new home please contact Betty (749-0575).

The next tournament will be the eclectic being played the weeks of August 20 and August 27. To qualify you must have played 7 rounds of golf from March to August 13. It will be gross only and no handicaps.

Our next scheduled meeting will be October 8. Betty Marsh will be reserving a date for our Christmas lunch which isn't that far off. EEK!



OAKS LADIES GOLF CLUB

By Bev Bedwell #394

Our newly elected president, Betty Service, thanked our marvelous, innovative, joyous past president Joyce Morgan. She has not only given us a year full of super events, but she has also provided us with a model of courage. Thanks, Joyce, and may this next year be filled with lots of holes-in-one, birdies and pars.

Our three top money winners and current millionaires are 1st - Karen Smith, 2nd - Priscilla DeArman, and 3rd - Sally Olsen.

Connie Phillips agreed to be rules chairman. Sally MacAllister reported on next Safari on October 9 at Rancho Carlsbad. Leah Kapp will continue as special events planner and Barbara Houg agreed to represent us at Welcome Wagon gatherings.

The club agreed to send a card to Rita Gray to thank her for her contributions to our group, especially her positive can-do attitude. Special thanks were given to Angie Mol and Carol Jungerheld who provided a perfect luncheon for the hungry golfers.

Lucky Joyce Morgan won the 50-50 prize of \$7.50.



CV TENNIS CLUB

By Anna Marie Montoya #173

All members please mark your calendar for the next Tennis Potluck/Meeting to be held on Thursday, August 14 at 5:30 pm in the Village Hall. Addie Wilkins and Thomas McCue will be providing the main course of a delicious baked ham. We all know that Addie is a great cook so don't miss this one. A sign-up sheet for side dishes will be posted in the Copy Room a few days before the 14th. Hope to see everyone there!

ODDS & ENDS



LIBRARY

By Joann, Connie, Liz,
Priscilla & Ann

Last month two books from our Library were found by the mailbox, along with assorted articles, papers, etc. Please always return our library books to the library basket.

As always we thank Wayne and Sylvia Clark who take our duplicate books for distribution to the VA Hospital, other senior centers, etc.

NOTE: We do not accept cookbooks, self-help books, or books on religion.

BOOKMOBILE

By Betty Mortz

Tuesday, August 5
Tuesday, August 19
10 am - 12 noon



The North County Mobile Unit of the San Diego Library will be coming to our Village the first and third Tuesdays. Library cards are free and the librarians are extremely helpful. Some newer books not available in our library might be available. See you there.



By Linda Clifford

I can get See's gift certificates and boxed candy for you. Please specify what type of candy you want. Put your order and check made out to Linda Clifford in the CVPOA dropbox or in my mailbox at 186 Skyline. The price is \$15/lb. (don't add tax) and I'll deliver your order to your home.

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E-mail: randyg@norwich.net



"Hello, Bob? It's your father again. I have another question about my new computer. Can I tape a movie from cable TV then fax it from my VCR to my CD-ROM then E-mail it to my brother's cellular phone so he can make a copy on his neighbor's camcorder?"

GOLF CART CLINICS

Fridays - 2nd, 3rd, and last
9 am at Car Wash area



If you are having trouble with your golf cart, take it to the Car Wash on the following Fridays for help.

The A-1 Golf Cart - every second Friday.

The Golf Carts & More - every 3rd Friday.

The Escondido Golf Cart - last Friday.



"I MET SOMEONE WONDERFUL IN A CHAT ROOM... AND THEN I FOUND OUT SHE'S A CAT!"

Answer from page 6 - Woodrow Wilson.

Not because Woody's mother didn't like him. It's because until 1920 women were not allowed to vote in this country. And because Wilson's term ended before women had the right to vote, she could not have legally voted for her own son.

WELK RESORT THEATRE

welkresorts.com/theatre/

THE ODD COUPLE (Comedy)

August 1 - 17

\$31.50 Matinees & Evening shows
No CV discount for this show

OKLAHOMA

August 22 - November 16

\$22.50 Matinees for CV residents
\$24 Evening shows for CV residents

Welk Theatre Box Office - (760) 749-3448 - CV residents receive two half price tickets for (some) shows

ACTIVITIES AT A GLANCE

<u>BRIDGE</u>	<u>TIME</u>	<u>CONTACT</u>	<u>PHONE</u>
Bridge for Everyone	Tuesday - 1 pm	Ernie Uyeda	749-1940
Couples Bridge	2 nd Wednesday - 5 pm	Linda Clifford	751-0075
Mixed Duplicate Bridge	2 nd Thursday - 1 pm	Ernie Uyeda	749-1940
<u>CARDS & GAMES</u>			
Bunco	2 nd /4 th Friday - 1 pm	Delores Madsen	751-3472
Cribbage	Monday - 1 pm	Billy Smith	751-3305
Game Night	Mon- 6 pm (5pm 2 nd Mon)	Linda Clifford	751-0075
Hand and Foot	Monday - 1 pm	Rosie Uyeda	749-1940
Penny Canasta	Thursday - 1 pm	Nota Morey	751-9503
Pinochle	1 st /3 rd Friday - 1 pm	Marion Psota	751-3940
Pool Players	Tues/Thurs - 1 pm to 3 pm		
<u>CRAFTS, ETC.</u>			
Scrap Book Club	4 th Saturday - 10 am	Karen Resch	751-0850
Happy Hands	Tuesday - 1 pm	Janina Garvey	749-1730
<u>EXERCISE</u>			
Chair Yoga	M/W/F - 8 am	Linda Clifford	751-0075
Line Dance-Beginning	Tues - 6 pm (no class 4 th Tues)	Janet LeRossignol	749-7934
Line Dance-Intermediate	MWF - 9 am	Janet LeRossignol	749-7934
Walkie Talkies	Mon-Sat - 7:30	Linda Clifford	751-0075
Walking/Zumba Workout	Thurs - 6 pm	Janet LeRossignol	749-7934
Water Exercise	MWF - 10 am & TTh - 3 pm	Deanna Clatworthy	751-0204
Zumba	Tues/Thurs/Sat - 8 am	Linda Clifford	751-0075
<u>SPORTS</u>			
Bocce Ball	Tuesday - 1:00	Billy Smith	751-3305
Fountains Ladies Golf	Wednesday morning	Betty Service	749-0575
Men's Golf	Tuesday/Thursday morning	Mike Mann	(714) 323-8417
Oaks Ladies Golf	Thursday morning	Barbara Houg	291-8518
Pickle Ball	Wed/Sat 3:00-5:00 pm	Billy Smith	751-3305
Table Tennis	M-Th - 4:30-6:30 pm	Lee Conner	749-2857
Tennis Club Meeting	2 nd Thursday - 5:30 pm	Diane Hoadley	749-2286
<u>BIBLE STUDY, ETC.</u>			
Catholic Bible Study	Thursday - 6:30 pm	Jim/Carol Kostick	749-8313
Dirks Prayer Group	1 st /3 rd Wednesdays - 10 am	Eunice Dirks	913-5040
Vespers	Sunday - 4 pm	Margaret Meadows	749-7573
Village Care Group	1 st /3 rd /5 th Thursdays - 6:30 pm	Ken Sumner	751-4012
<u>VOLUNTEERING</u>			
Care & Concern Committee		Linda Clifford	751-0075
Friends Helping Friends (rides to doctor/dental appointments)		Pat LeRossignol	749-7934
<u>MISCELLANEOUS</u>			
Bubbly Babes/Red Hats	Various	Mary Starkey	751-0825
Chorus	Tuesday 10 - 12	Barbara Houg	291-8518
Library		Joann Galarneault	751-0223
Lions Club	3 rd Wednesday - 5:30 pm	Alan Rings	(858) 395-7572
Social Activities Committee		Sherry Russell	749-9211
Village Solos		Marlene Montooth	749-7445

For changes to this list contact Karin in the Village Office

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CHAMPAGNE VILLAGE CALENDAR - AUGUST 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 4:00 Vespers - communion	4 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-5:30 Table Tennis 6:00 Game Night	5 8:00 Zumba 10:00 Bookmobile 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Bocce Ball 1:00 Shanghai 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Beginning Line Dance	6 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 10:00 Dirks Prayer Gathering 3-5 Pickle Ball/tennis ct 4:30-5:30 Table Tennis	7 8:00 Zumba 11:30 Oaks Ladies Golf 1:00 Pennies 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Walking Workout 6:30 Catholic Bible Study	8 8:00 Chair Yoga 9:00 Line Dance 9:00 A-1 Golf Carts 10:00 Water Aerobics 1:00 Bunco 1:00 Ladies Duplicate Bridge	9 8:00 Zumba 3-5 Pickle Ball/tennis ct
10 4:00 Vespers	11 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-5:30 Table Tennis 5:00 Game Night Potluck	12 8:00 Zumba 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Bocce Ball 1:00 Shanghai 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Beginning Line Dance	13 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 3-5 Pickle Ball/tennis ct 4:30-5:30 Table Tennis 5:00 Couples Bridge	14 8:00 Zumba 1:00 Mixed Duplicate Bridge 1:00 Pennies 2:00 Water Aerobics 4:30-5:30 Table Tennis 5:30 Tennis Club 6:00 Walking Workout 6:30 Catholic Bible Study	15 8:00 Chair Yoga 9:00 Line Dance 9:00 BOARD WORKSHOP 9:00 Golf Carts & More 10:00 Water Aerobics 11:30 Men's Club 1:00 Pinochle 5:00 SOCK HOP	16 8:00 Zumba 3-5 Pickle Ball/tennis ct
17 4:00 Vespers	18 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-5:30 Table Tennis 6:00 Game Night	19 8:00 Zumba 10:00 Bookmobile 1:00 Bridge for Everyone 1:00 Bocce Ball 1:00 Shanghai 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Beginning Line Dance	20 8:00 Chair Yoga 9:00 Line Dance 10:00 Dirks Prayer Gathering 10:00 Water Aerobics 1:00 BOARD MEETING 3-5 Pickle Ball/tennis ct 4:30-5:30 Table Tennis	21 METER READING DAY 8:00 Zumba 11:30 Men's Club 1:00 Pennies 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Walking Workout 6:30 Catholic Bible Study	22 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 1:00 Bunco	23 8:00 Zumba 10:00 Scrapbook Club 3-5 Pickle Ball/tennis ct 6:00 Movie - HEAVEN IS FOR REAL
24 Private Party - Raymonds #118 Picnic Area 4:00 Vespers	25 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-5:30 Table Tennis 6:00 Game Night	26 8:00 Zumba 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Bocce Ball 1:00 Shanghai 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Beginning Line Dance	27 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 3-5 Pickle Ball/tennis ct 4:30-5:30 Table Tennis	28 8:00 Zumba 1:00 Pennies 2:00 Water Aerobics 4:30-5:30 Table Tennis 6:00 Walking Workout - CR 6:30 Catholic Bible Study	29 8:00 Chair Yoga 9:00 Line Dance 9:00 Escondido Golf Carts 10:00 Water Aerobics	30 8:00 Zumba 3-5 Pickle Ball/tennis ct
31 4:00 Vespers						