

# The Champagne Village Times



## Champagne Village Property Owner's Association

8975-461 Lawrence Welk Dr.

Escondido, CA 92026

Email: [cvoffice.karin@gmail.com](mailto:cvoffice.karin@gmail.com)

Phone: 760-749-8008

Fax: 760-749-8036

## Board Meeting Notes

1. The Board approved a change to the language of the Rules and Regulations as it relates to the display of signs. A replacement page for your Rules and Regulations will be distributed within the next 30 days.

2. \$9,800 was allocated to remove the turf and install drains on the Croquet Court in an effort to mitigate the flow of water on-to units #415 - #419.

3. The Board confirmed three emergency reserve expenditures to repair a water main on Camphor. The total was \$4,914.35 and will be charged to Wa-



ter Sewer Reserve and Paving Reserve.

4. President Service asked the Facilities Committee to evaluate the Exercise Facility and report back with recommendations. Bob Bolt, Joe Klopp and resident Lee Conner will work on this project. Anyone who uses the exercise room and would like to give their input, please contact Joe Klopp or Bob Bolt.

## FACILITIES

After use of any facility such as the Village Hall, Card Room, Pool, Picnic Area or Multi-Purpose Room, please return the furniture to its proper location, dump your trash and **turn off the lights and the AC/Heat**. Thank you!



- Next Agenda Workshop is Friday, September 10 at 9 am in the Card Room (always held the Friday prior to the Board meeting).
- Next regular Board of Directors Meeting is Wednesday, September 15 at 1 pm in the Village Hall.
- Board minutes and financial statements are available in the Library for your reading. SAC financials are posted quarterly and may be viewed at this same location.

## September

Volume 9, Issue

Editors,

Pat & Janet LeRossignol

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### Directors/Officers

Charlie Service, President

Ken Hazzard, Vice President

Bob Bolt, Secretary

Don Cowell, Director

Joe Klopp, Director

Lois Burdick, Director & CFO

Everett Smith, Director

### Standing Committee Chairs

Ken Hazzard and  
Lois Burdick, A&L

Michael & Peggy Holder, SAC

Charlie Service and  
Ken Hazzard, Disaster



## OBSERVING LABOR DAY

### COMMUNITY MANAGER'S MESSAGE

By Tom Riggs

A recent communication sent around the community questioned the value of having onsite staff and whether they were worth the money. I will give you just a few examples and I think you will see the true value of onsite staff. Probably the most recent case in point would be the painting of the Village Hall. We obtained bids for removing the wallpaper, texture coating the walls, and painting the interior of the Hall that were in the \$22,000 to \$25,000 range. The Board in its wisdom agreed to have staff perform the work and after all was done the total cost was well under \$10,000. Similar savings were achieved by having staff paint the exterior of the Hall. Most recently staff removed the old carpet, prepped the floors, and installed over 7,000 square feet of new carpet tile in the Village Hall. This was done by staff with no additional cost to the Association (\$8,000 to \$10,000 savings) while they continued to perform their daily duties.

In the area of landscaping, the new landscape and lighting around the Village Hall building was done with in-house labor and design saving in excess of \$30,000 over contracting to have landscape architects and professional landscape and lighting installers perform these services.

In addition to all of her duties as Office Manager, which in itself is a fulltime plus job, Karin has also become the head of the Ad Department of the CV Times. Due to her efforts, advertising income has now equaled the office expense in the neighborhood of \$20,000 annually. This income is beginning to increase with the introduction of color ads. Those of you who have been here for some time will remember we used to send out the newsletter for printing while having **two fulltime office employees**.

These are just some of the large items that staff is responsible for, however it's the things that aren't so noticeable that really save money. In the course of an average month the guys complete 60 to 75 work orders covering everything from electrical, plumbing, painting, concrete, carpentry, lighting, pool maintenance and several other categories. An average trip charge from a vendor ranges from \$50 to \$100 with hourly rates starting at \$75 and up. If you do the math this would add up to \$13,000 to \$15,000 monthly or \$168,000 annually. As you can see there is no question that your staff is truly a bargain. This is on top of their regular duties and the monthly preventative maintenance schedule.

## OFFICE NOTES

### TRASH SCHEDULE

Due to the Labor Day holiday, the trash will be picked up on **Friday, September 10**

### OFFICE CLOSED

The office will be closed on **Monday, September 6** for Labor Day



**SUMMER POOL HOURS**  
June 16 - September 15  
**ADULTS** - 8 am to 9 pm  
**CHILDREN** - 11 am to 2 pm  
5 pm to 7 pm



**FALL POOL HOURS**  
September 16 - November 30  
**ADULTS** - 9 am to 7 pm  
**CHILDREN** - 12 pm to 2 pm

The best value in all of this is the Association has someone on call 24/7, 365 days a year to respond to emergencies. It's very hard to put a price on that type of response since we normally experience a two to four day response time from vendors. The quick repair of a recent water main break on Camphor is a perfect example of money saved and resident inconvenience being kept to a minimum.

All of your staff is cross trained to fill in for other employees who are on vacation or sick leave which all but eliminates the need for temporary help and saves the Association a significant amount of money (\$18,000 to \$20,000 annually)

The next time you see Mario, Karin or Filiberto please take the time to thank them for all they do for Champagne Village. Your entire staff is committed to providing extremely high value and service to the community!



## CHAMPAGNE BLVD TRASH TALK...

By The Editors

**...is no more.** For the past 15 years or so a group of CV resident volunteers have been picking up trash along Champagne Boulevard on a monthly basis. You have probably seen the sign board on Champagne Boulevard stating that CV was responsible for that stretch of the road. Due to the lack of volunteers and increasing safety issues during busy traffic times, we will no longer be providing this service.

A special thanks goes to Addie Wilkins who managed this volunteer group for the past 6 years and Paul Gober who preceded her for about 8 years.

The following residents should also be recognized for their long term service to this program: Jean Slaughter, Art McClellan, Karl Natoni, Pat LeRossignol, Diane Hoadley, Debbie Chappie, Ged Peterson, George Baker, Billy & Doreen Smith, Cheryl Wolowsky, Jim Perry, and Connie Morey.

For all of the others who volunteered over the years, thank you very much for keeping Champagne Boulevard clean.

## Don't Mess with Seniors!

We went to breakfast at a restaurant where the 'seniors special' was two eggs, bacon, hash browns and toast for \$2.99.

'Sounds good,' my wife said. 'But I don't want the eggs.'

'Then, I'll have to charge you \$3.49 because you're ordering a la carte,' the waitress warned her.

'You mean I'd have to pay for not taking the eggs?' my wife asked incredulously.

'YES!!' stated the waitress.

'I'll take the special then,' my wife said.

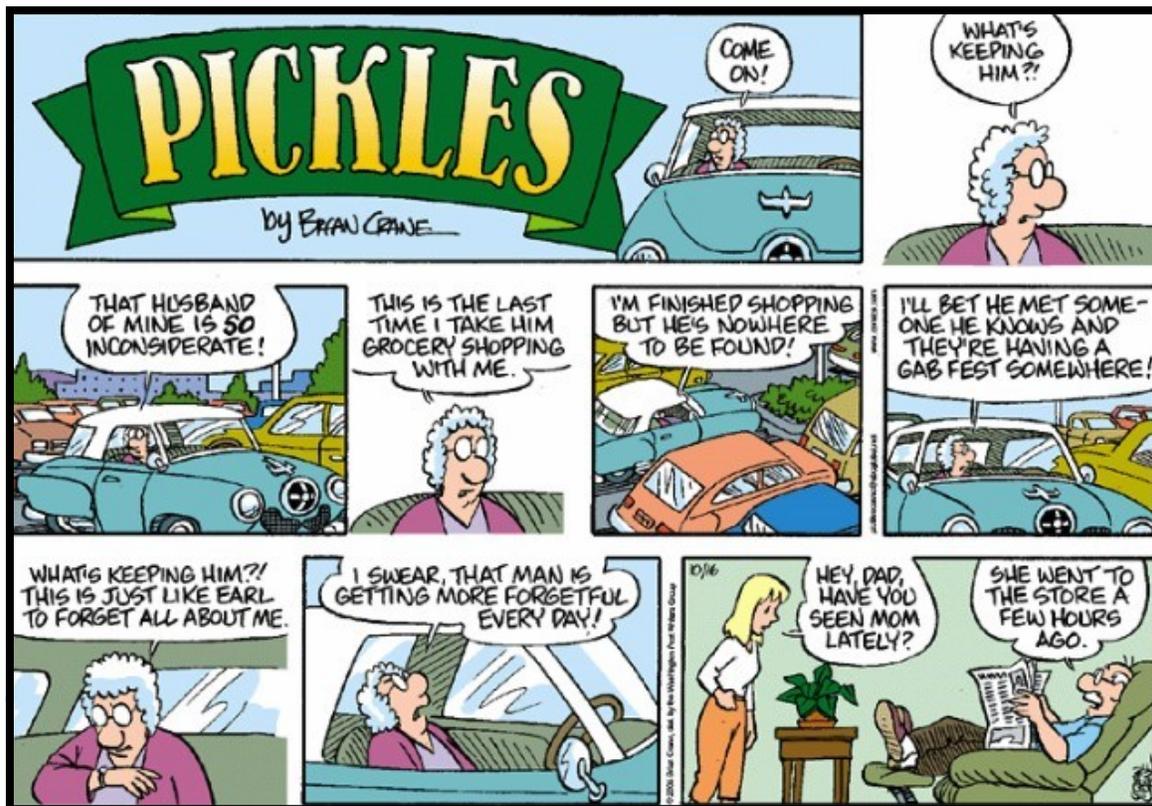
'How do you want your eggs?' the waitress asked.

'Raw and in the shell,' my wife replied. She took the two eggs home and baked a cake.

**DON'T MESS WITH SENIORS!!!** WE'VE been around the block more than once!

Knowledge is knowing a tomato is a fruit; Wisdom is not putting it in a fruit salad.

How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?



# Social Activities Committee (SAC)

Peggy & Michael Holder, Linda Harper, Julie Mathews, Janet LeRossignol, Mary Klopp



## SEPTEMBER DANCE

**Saturday, Sept. 11**

**5 pm - \$6/person**

### Sundance Band

Recommended by Villagers who heard them at the Elks on New Year's Eve

**Pizza, Salad, and  
"Make Your Own Sundae"**



Reservation deadline is Tuesday, Sept. 7  
Bring your own snacks, drinks, 50-50 cash  
We have greeters to help you find a place to sit  
Put your check/cash in the CVPOA drop box!

## 2010 CV Events

- Sat, Sep 11..... September Dinner Dance... 5:00p
- Sat, Sep 25..... Movie - AVATAR..... 6:00p
- Fri, Oct 1..... Oktoberfest Dance ..... 5:00p
- Sun, Oct 3 ..... Men's Breakfast .....8:00a
- Sat, Oct 30 ..... Halloween Party ..... 5:00p
- Sun, Nov 7 ..... Men's Breakfast .....8:00a
- Sat, Nov 13 ..... Vets Dinner ..... 5:00p
- Sun, Dec 5..... Men's Breakfast .....8:00a
- Sun, Dec 5..... Christmas Party ..... 5:00p
- Fri, Dec 24..... Christmas Eve Service
- Fri, Dec 31..... New Year's Eve Party

Changes are in blue. This list changes monthly!

## OKTOBERFEST



**Friday, Oct. 1**

**5 pm**

**\$6/person**

### Cahill & Delene

Back by popular demand!

**Menu: Bratwurst, Rolls, Potato Salad,  
Pickles, German Chocolate Cake**

Reservation deadline is Tuesday, Sept. 28  
Bring your own snacks, drinks, 50-50 cash  
We have greeters to help you find a place to sit  
Put your check/cash in the CVPOA dropbox!

# AVATAR



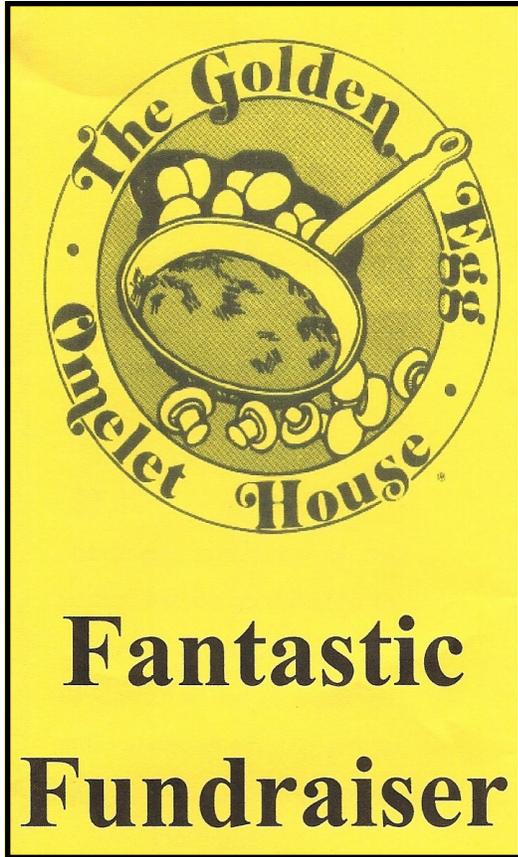
**Saturday, September 25 - 6 pm**

Rated PG 13

Action - Adventure - Fantasy

**Winner of 3 Oscars**

Cinematography, Visual Effects & Art Direction!



**The Golden Egg Omelet House**

**Fundraiser 10% of Food and  
Beverage contributed to organization**

**CHAMPAGNE VILLAGE S.A.C.**

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**316 West Mission Ave.  
Escondido, Ca.92025  
(760) 489-6420**

You can pick up a coupon at the Office, or cut out this coupon, or simply tell the waitress when you visit The Golden Egg Omelet House that you live in Champagne Village. It's as simple as that.

**SAC CREED!**

Submitted in jest by SAC 😊

An old man, a boy and a donkey were going to town.

The boy rode on the donkey and the old man walked.

As they went along they passed some people who remarked it was a shame the old man was walking and the boy was riding.

The man and boy thought maybe the critics were right, so they changed positions.

Then, later they passed some people who remarked, 'What a shame, he makes that little boy walk.'

So they then decided they'd both walk!

Soon they passed some more people who thought they were stupid to walk when they had a decent donkey to ride.

So, they both rode the donkey.

Now they passed some people who shamed them by saying how awful to put such a load on a poor donkey.

The boy and man figured they were probably right, so they decide to carry the donkey.

As they crossed the bridge, they lost their grip on the animal and he fell into the river and drowned.

The moral of the story?

If you try to please everyone, you might as well kiss your ass goodbye!

## MISCELLANEOUS

### MEET BILLY & DOREEN SMITH

By Pat & Janet LeRossignol



Doreen and Billy Smith met in 1965 at a “Parents without Partners” meeting when one of Doreen’s friends suggested she meet this guy that she worked with at the local Safeway. Their first meeting was uneventful as they hardly talked, but they met again at a subsequent meeting that was held coincidentally at Billy’s ex-wife’s house. Billy says he invited all the attendees to come on in and “drink a beer out of my refrigerator”. Billy and Doreen talked at length that night, staying up most of the night. Doreen left a note on Billy’s car that said, “sorry I kept you up all night talking, how about we have dinner tonight”. That was the beginning of a beautiful relationship that continues today. But how did they get there?

Doreen was born in Los Angeles to parents who were



Four Square Church ministers. Their calling took the family (including Doreen’s brother) across the country to Texas, Tennessee, Louisiana and Oklahoma where the kids were forced to uproot on a continual basis. Doreen attended 18 different schools during her youth. When her

father deserted the family they were forced to go on

welfare and Doreen had to support the family at a very young age working assorted jobs. Her mother had friends in the San Diego area and they eventually relocated to Escondido where they lived on 8th Street. After all the traveling and different schools, she finally graduated from Escondido High School.

While she was growing up in a strictly religious setting (holy rollers as she puts it) she was not allowed to go to movies, go dancing, play cards, or wear makeup. She was only able to date “boys from the church” which severely limited her choices, but she eventually married one of them. From that marriage came children Sherry and Larry, whom many of you have met. Sherry has attended many of our events over the years and Larry has played his trumpet with some of the bands at our dances. Due to anger management issues on the part of her police officer husband, Doreen and the children left after seven years.

She was a Sunday School teacher when she was planning her second marriage to a local Escondido butcher. Her minister informed her that she no longer “qualified” to be a Sunday School teacher in the eyes of the church. She was very disappointed. Her second marriage yielded son Timmy. After four years that husband left them without any notice, leaving her and her three children alone. Doreen then worked in assorted jobs, enrolled at Palomar College, received her degree and began working in accounting and eventually a banking career which lasted 32 years.



Billy was born in 1937 and raised in Frankfort, Indiana. In his youth he worked at assorted jobs, attended Ball State University for a while and was working in a management program with Woolworths. At the age of 19 he enlisted in a two year program with the U.S Marine Corps. He

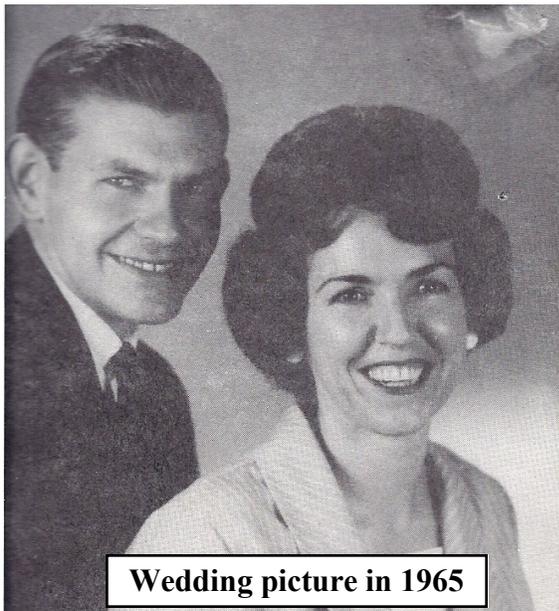
*Continued on page 7*

## MISCELLANEOUS *continued*

should have been sent to Camp LeJeune in North Carolina for basic training, but due to some recent drownings there, he was posted to Camp Pendleton. He hasn't left this area since!

Billy met his first wife through a church basketball league (she was a cheerleader) and they had two daughters, LeeAnn and Tracy. When the girls were three years and nine months old respectively, their mother disappeared with them. They were eventually found living on a local reservation with a man who had lived next door in Vista. Alive but not very healthy, their mother was not willing to leave, so Billy went on with his life. He had a second short marriage which yielded a son, Sean. Billy worked in the supermarket business for many, many years and was doing so when he was asked to attend a Parents without Partners meeting. And the rest is history...or almost.

After their fateful meeting Billy and Doreen became constant companions and were married after knowing each other for only two months. I wonder if it will last? Doreen remembers that their wedding bands cost \$19.95 each! While Billy worked predominantly at Safeway, Doreen worked in the banking business with Bank of America (17 years and a VP), Temecula Valley Bank and Inland Empire Bank. All this time they raised all six of their kids (The Brady Bunch revisited) as well as taking care of Doreen's mother.



Wedding picture in 1965

In 1996 Doreen's boss and his wife, Luke and Marilyn Mohr, lived here in Champagne Village on south Live Oak. The Mohr's invited the Smiths to come to dinner at the Welk Resort and to show them around the Village. After a lovely dinner at the old Welk Resort Restaurant (ahhhh, the good old days...) and a visit around CV, Doreen was totally sold on moving here. Billy wasn't so sure but would do anything to make Doreen happy. Their kids had grown up and moved away but they did have a dog. In those days in CV if you had a dog you had to live on south Live Oak, Mulberry or the southern end of Ironwood. Their home choices were few and they opted for their current place on Ironwood. They moved to CV in 1997 and have since redone almost the entire home and yard and it's beautiful. Doreen actually worked an additional six months before retiring so they could cut out part of the mountain in their backyard and build the deck that she always wanted. They have subsequently added a Jacuzzi and all of it is spectacular.

They may have retired (Billy in 1998, Doreen in 2000) but they are certainly not inactive! They are both heavily involved in the Village. In addition to both of them serving as Social Activities Committee (SAC) chairpersons, Doreen has been on the Board three times for a total of six years, one tour as President. She also attends Vespers regularly, is a member of Red Hats, has been in the CV Book Club and regularly plays golf with the Oaks Ladies Golf Club. Billy is currently President of the Tennis Club, is part of CV Lions (take your aluminum cans to him!), plays poker and cribbage, plays golf on both the Oaks and Fountains...you get the picture. They both were key players in getting the dog park planned and executed, attend almost every single CV event, and in 2003 were the very first Grand Marshals of the Champagne Village 4th of July Parade. They are the epitome of a happy couple enjoying their lives here in Champagne Village. As we say every month, if you don't know them you should. They're hard to miss...they're everywhere and we're all the better for it. Thanks Doreen and Billy Smith.

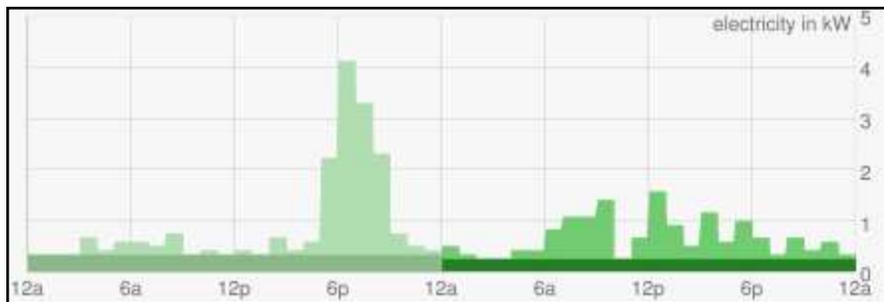
## MISCELLANEOUS *continued*

### HOW TO SAVE ON YOUR ELECTRIC BILL

From SDG&E's website: [sdge.com](http://sdge.com)

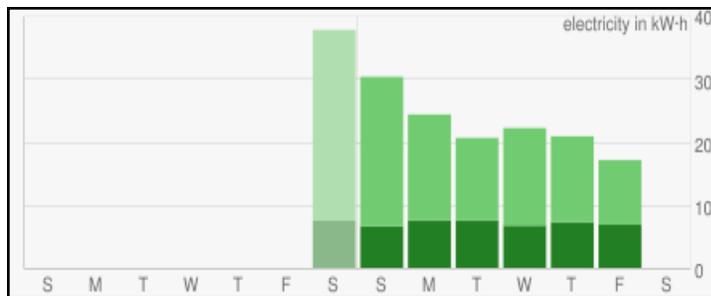
SDGE recently installed new electric Smart Meters on all of the homes in Champagne Village. Now you can monitor your home electricity use on your computer. By having the ability to view your energy use online, you will have the convenience of controlling your use and lowering your bill. To follow up on how to do this, go to the following website: [sdge.com/myaccount/energynetwork/index.shtml](http://sdge.com/myaccount/energynetwork/index.shtml)

Below is an actual chart of one CV household's usage. You can view your usage by the day, week or month. The top chart shows the daily use for two days by the hour. The bottom chart shows the weekly use day by day. The darker shaded portion represents appliances that are always on. Many appliances are always on such as refrigerators, water heaters, televisions, VCRs/DVDs, stereos, microwaves, coffeemakers, security systems, computers, printers, modems, clock radios, etc.



Thursday July 22 21 kW-h used  
Always on: 7.2 kW-h used

Friday July 23 17 kW-h used  
Always on: 6.8 kW-h used



**On the SDG&E website you can find these energy use suggestions and much more:**

- ⇒ Ceiling fans are economical to operate as they consume very little energy. Adjusting the setting of your thermostat from 78° to 80° and using a ceiling fan at the same time can save 15% in energy usage.
- ⇒ A typical laptop computer has a maximum power consumption of 15 watts whereas a typical desktop PC consumes about 150 watts.
- ⇒ New refrigerators are much more energy efficient than old ones. Depending on its age, your refrigerator may be so inefficient that replacing it is the wisest decision. Keep the door closed, keep it full, cover all foods and liquids, defrost at least twice a year, unplug the refrigerator and clean the dust from the back or bottom coils twice a year, check the temperature and door seals (see website for more info).

## MISCELLANEOUS *continued*

- ⇒ Use compact fluorescent bulbs.
- ⇒ When the time comes to replace your electric water heater, a new high-efficiency model can be a worthwhile investment in energy savings. Next to heating or cooling, water heating is usually the largest energy expense in the home. ( Editors' note: you can also attach a timer to your water heater to minimize the cost.)

SDG&E offers two discount programs that can help you save on your bills. Call SDG&E at (800) 411-7343 to see if you qualify.

### Participation Rules

- The SDG&E bill must be in your name and the address must be your primary residence.
- You must not be claimed on another person's income tax return other than your spouse.
- Your household income - before deductions - is no more than the income level listed below.
- You must renew your application when requested.
- You may be asked to verify your income.
- You must notify SDG&E if you no longer qualify.

Maximum Allowable Annual Income		
Number of Household Members	CARE Program	FERA Program
1 or 2	\$31,300	Not eligible
3	\$36,800	\$36,801 - \$46,100
4	\$44,400	\$44,401 - \$55,600

### AT&T OFFERS DISCOUNTS FOR LOW INCOME RESIDENTS

California LifeLine is a program sponsored by the California Public Utilities Commission that provides discounts on monthly residential basic telephone service charges to eligible low income households. For more information call **1-800-288-2020**, press 1 at the prompt, and then and ask about the **California LifeLine program**.

California Lifeline Service Income Limits	
Number of Household	Annual Gross Income
1 or 2	\$24,000
3	\$28,200
4	\$34,000

**BUBBLY BABES**

By QM Mary Starkey



On August 22 the Babes went to the California Center for the Arts, Escondido for an event called "We're Off to Broadway". It was performed by the Coastal Communities Band and conducted by Dr. Fleming. Deanna Clatworthy and Lynn Tobin were the hostesses and did a bang-up job! I thank them both. Next month will be a "Royal Regional Roundup Luncheon" to be held on September 12 at the El Camino Country Club in Oceanside. You'll have a notice in your mailbox soon about this event and can call me to make your reservations.

**CHAMPAGNE SINGLES**

By Mary Starkey



Our night out to eat is September 10. We'll be going to the Olive Gardens. Please sign up in the Copy Room so I can reserve the Garden for us all. We'll then meet at the usual place in front of the Laundry Room for a ride at 5 pm. Try to be on time for we will only wait five minutes, because of time reserved.

**COMPUTER TALK**

By Richard Coffman

**TIME FOR ORION TO STEP UP TO THE PLATE**



Many Village residents have been put through the wringer on broadband service the past few months by Orion. Especially hurt are those who signed up for telephone service on broadband.

Our options are limited since AT&T won't serve us and other cable companies would have to buy out Orion to service us. Satellite broadband is expensive and has caps on how much they will download.

Further complicating the picture is the fact that many of us are streaming movies from Netflix

which puts a heavy load on the capacity of the system.

At the recent meeting in the Village ,Orion told us they were in the process of hooking up to fiber optic cable since AT&T had run out of high capacity wires.

At issue, however, is whether the cable throughout the Village that we are all connected to is adequate for the demands of the job.

By Orion's figures there are more than 200 Village residents hooked up their system. If those of you who have had consistent trouble with your service will email me a brief log of your troubles, I will see that this is delivered to Orion. Perhaps a mass response will underline the severity of the problem in the Village.

My email is [welkman1@gmail.com](mailto:welkman1@gmail.com).

**LIONS CLUB**

By Jack Cox



We had an exceptional meeting this last Wednesday as can be testified by some of you in attendance along with the Club membership. Our guest speaker Mimi Baca had a charming and informative presentation truly enjoyed by all.

Who else's driving skills could challenge Evel Knievel's nerve? You know, the man who has recorded every bone broken in his body. Ask her about the "Evel stories" when you see her. This was just one of many anecdotes Mimi shared with us that occurred during her colorful and humorous 25 year history with a highly successful independent marketing communications firm.

The Lions Club netted \$313 from the second Annual Pancake Breakfast and the Club, with the help of the Villagers and the Welk Resort, placed \$130 of aluminum cans in the Club's coffers. Thank you all.

Please keep your old eye glasses coming to us. A little side note is that we don't need the glass cases. Please do not place these in the collection box.

## MISCELLANEOUS *continued*

### CV PET LOVER'S CLUB

By Doreen Burchett

The Pet Club was formed in 2006 when several pet owners expressed an interest in getting acquainted with other pet owners in CV. We decided to call it CV Pet Lover's Club to encourage residents who no longer have pets to join the group too.

We established quarterly meetings on the third Tuesday of the second month of each quarter, i.e., February, May, August, and November in the Village Hall at 3:00 pm. We are a loosely knit "club" without officers or dues and exist because of volunteers who step up when needed.

Since the Club was formed we have created a voluntary one-call notification for residents who have listed their pets with us and for "pet people" who want to help find lost pets. Should anyone's pet get lost, a phone call to all members starts the search. Doreen Smith volunteered to operate the one-call system and Doreen Burchett keeps the list updated.

In 2007 and 2008 we were instrumental in the creation of the Pet Park as a new amenity. This facility came about by a lot of work and was financed largely by private donations from residents who saw the benefit of having a beautiful location where pets can run freely without a leash. Pet owners worked with management in selecting the best site and owners volunteered their professional knowledge to help in the design and provided sweat equity to assist staff during the construction phase. Others donated cookies and drinks.

We are now enjoying the results of everyone's efforts that brought it to fruition in July of 2008. If you drive by there around three or four o'clock you will see a number of pets playing while their owners enjoy conversation with each other.

In 2009 we were successful in having the CV Pet Policy revised to update and clarify statements in addition to allowing guests to bring pets to visit residents. The largest change was to allow residents to have two pets per household!

2010 has been a year when we have not needed

quarterly meetings since most of the people who come to these meetings see each other in the Pet Park daily. The main dog topic of discussion is getting people to realize that they are responsible for picking up after their own pets, anywhere in CV.

Since we have no major projects to work on at the present time, we have suspended the quarterly meetings for the future. There will be a generic statement in the CV Times to let people know that there is a Pet Club. Pet owners who want to write about their pets or a topic of interest can do so. Contact us if you would like to do this in a future issue.

We should congratulate ourselves for accomplishing so many worthwhile projects in such a short time. Thank you for all the things you have done for the pets at Champagne Village.

Doreen Smith (751-3305) or Doreen Burchett (751-4008).



# SPORTS

## CV MEN'S GOLF CLUB

By Steve Webb



We had a great lunch of lasagna and bread sticks at our August meeting. The big **Fountains** winners were: Wayne Tillman, Bill Cowan, and Terry Quimby. Brian Wright won the PGA pool of \$24 with Bubba Watson. The big **Oaks** winners were Bill Cowan and Charlie Service. Bill Cowan is planning a safari on Monday, October 4 at 8 am at the California Oaks Country Club in Murrieta. The cost will be \$40 for golf and prizes. The 50-50 winners were Michael Holder and Brian Wright.

As of this issue, leaders for golfer of the year on the **Oaks** are Bill Cowan, Ray Urbaniak, Jim Sikes and Chuck Kemp. On the **Fountains** its Billy Smith, Paul Evans, Bill Glenn, Wayne Tillman and Charlie Service. Good luck.

## FOUNTAINS LADIES GOLF CLUB

By Janet LeRossignol



Our meeting days are mixers and it's a wonderful time for the members to get to know everyone in the Club by playing with someone different every meeting day. Who knows, you might find a new friend.

By the way, there are unattested and incorrect scorecards occasionally. Those members involved will be disqualified for the game of the day and the Sweeps Chairmen will notify them.

It's time to sign up for the safari at Rancho Monserate on Wednesday, September 22. The \$10 fee to play will be collected at the next meeting on September 8. We'll also have pizza for lunch at Rancho Monserate after golf; the cost will be determined later.

Connie Phillips will receive a free round of golf at the Fountains for bringing Dee Bender in to the Club. Great going Connie. Welcome to the Club Dee!

"I never pray on a golf course. Actually, the Lord answers my prayers everywhere *except* on the course."

Billy Graham

## OAKS LADIES GOLF CLUB

By Priscilla De Arman



September already. Wonderful weather for golf and meeting new members. Our monthly meetings are very well attended and the lunch menus keep us in good shape. Latest was provided by Betty Service. Meeting led by V.P. Bev Bedwell. New member Linda Cowell was introduced and welcomed.

Scheduled events coming up: October - a Safari; November - annual Turkey Shoot (that's when you carry your own turkey around and then plant it somewhere within the 18 holes); December - Christmas Party.

That weird "Glo Ball" game is being planned for October 22. No flashlights allowed. Weird but lots of fun *they say*. Well, we can have dinner after the game with lights. Enjoy. Life is beautiful.

## CV TENNIS CLUB

By Brenda Webb



Mark your calendars! The Tennis Club meeting will be held on Wednesday, September 8 instead of our normal Thursday. It will be at the picnic area at 5:30 pm and will be hosted by Billy and Doreen Smith. They're providing everything but the beverages. The meal will consist of ribs, chicken, baked beans, cole slaw, and strawberry shortcake. Remember to bring your favorite beverage and come to the park for a fun meeting. You won't want to miss this event! Hope to see you all there!



Sheila Osbourne, 91, and Ray Kessler, 89! You're never too old to play tennis!!!

## CARDS & GAMES

### BRIDGE FOR EVERYONE

By Virginia Niciphor

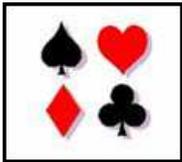


Bridge is played every Tuesday afternoon starting at 1 pm in the Card Room. No stress, no pain. Just relax and have fun. Singles welcome. Call Virginia Niciphor (751-3464).

### COUPLES BRIDGE

By Linda Harper

Our next bridge date is Wednesday, September 8 at 5 pm in the Hall. Hosts for the evening will be Don & Nancy Cowell (751-9173).



Make your reservations to play by signing up on the bulletin board in the Copy Room. You may also sign up to bring dessert or hors d'oeuvres. Please bring your own libations. Three prizes each for women and men will be awarded. Please bring \$2 per couple for the prizes.

Come early, circulate, visit with friends and enjoy the delicious food that has been provided...and then Play Bridge!

### PENNY CANASTA

By Betty Bearman

Meets 1 pm to 4 pm every Thursday in the Card Room. Call Betty Bearman (751-0477) for more information.



### PINOCHLE

By Marion Psota

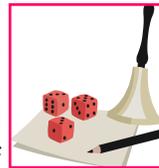


Are you a pinochle player? If you are new to Champagne Village or have just forgotten, WE DO have a group of pinochle players who meet the first and third Friday of each month. The time is 1 pm in the Card Room. It's a friendly, fun time and the cost is only \$1. If you are interested in playing, please give Marion Psota (751-3940) a call and we'll put your name on the list of available players. Someone will call you the week of play and check if you're able to join us on Friday.

### BUNCO

By Carolyn White

Bunco is a fun dice game that's very easy to play and you can win prizes. The cost is only \$3. We play the second and fourth Fridays of the month from 1 pm to 3 pm in the Village Hall. This month we'll play on September 10 and September 24. We need to know if you will be there so we can make up tables of four; call Carolyn White (751-1833) to reserve your seat.



Mark your calendar and we'll look forward to seeing you there. Bring a friend or a neighbor! The more people who play, the more money you can win.

### HAND AND FOOT

By Stella Stanek

If you're a card playing nut, join us for an easy canasta card game that you can learn in one hand! We play every Monday at 1 pm in the Multipurpose Room behind the Laundry Room.



### MONDAY GAME NIGHT

By Linda Harper

6 pm every Monday  
5 pm potluck on Sept. 13

Play Mexican Train, Mah-Jong, Hearts, Sequence, Spades, Wii or bring a new game to play! No sign up - just show up at the Hall!



### POOL PLAYERS CLUB

By Orlie Macioci

If you have played pool, billiards or snooker before, we want you! Our Champagne Village Pool Players Club needs some new blood. Women are welcome, too. We play Monday through Friday from 1 pm to 3 pm, subject to change if so desired. We have two tables in our new room and can barely fill one table of four players. If you're interested, please contact Orlie Macioci (749-6444). Thank you.



## EXERCISE

### LINE DANCING

By Janet LeRossignol

**Lessons - Mon - 8:30 am**  
**Dancing - MWF - 9 am**

On Monday, Wednesday and Friday mornings men and women dance to all types of music for exercise. Come try it!

Beginners must start with the Monday lesson at 8:30 to learn the steps to each dance. Once you know the dances you'll be able to dance with the rest of the group at 9 am. Call Janet for questions about the class (749-7934).



### WATER EXERCISE

By Deanna Clatworthy

**MWF - 10 am**  
**TTh - 7 pm**



Open to all interested persons and held at the pool on Monday, Wednesday and Friday at 10 am. The Tuesday and Thursday sessions start at 7 pm.

Come try the 40 minute water aerobic CDs. If you like it and plan to continue, there is a one time charge of \$5 to cover expenses.

Call Deanna if you have any questions (751-0204).

### STRETCH CLASS

By Jackie Lohrke

**Stretch Through**  
**Conscious Movement**  
**Tuesdays - 9 am**

Jackie Lohrke teaches how to move consciously through movement on Tuesdays at 9 am in the Card Room. Please dress comfortably. Bring mats, belt, towels and small cushions. Tummies will be more comfortable if breakfast



is small and eaten early before class. Instruction is based on years of practicing and teaching Yoga and other disciplines. Any questions, please call Jackie (749-2335). New students are encouraged to contact Jackie prior to attendance.

### AEROBIC DANCE

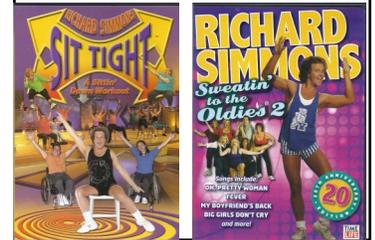
By Peggy Holder

**Workout for a**  
**Healthy Heart**

**Mondays - 2:00 pm**  
**Thursdays - 9:00 am**

CHAIR AEROBICS will take up the first half hour! They're easy, fun and good for you.

Join us in the Village Hall for aerobic dance workouts on Mondays and Thursdays. We'll be working out with Richard Simmons' "Sweatin' To The Oldies" and "Sit Tight" being shown on the large screen.



## CRAFTS

### MEMORY KEEPERS SCRAP BOOK CLUB

By Janet Hyman

**Saturday, September 25, 10 am to 4 pm**  
**Please Join Us!**



If you love scrapbooking or would like to learn more about it, please join us in the Card Room this month.

Just bring your supplies and a light snack and come on down to have some fun. It's also a great way to share our individual creativity. We can always learn new and clever ways of making our memory books even better. Even if you don't have any interest in doing it yourself, drop by and see how great some of them look. If you need supplies or want to ask a question, call Janet Hyman (749-8120).

### HAPPY HANDS

By Janina Garvey

**Tuesdays - 1 pm to 4 pm**



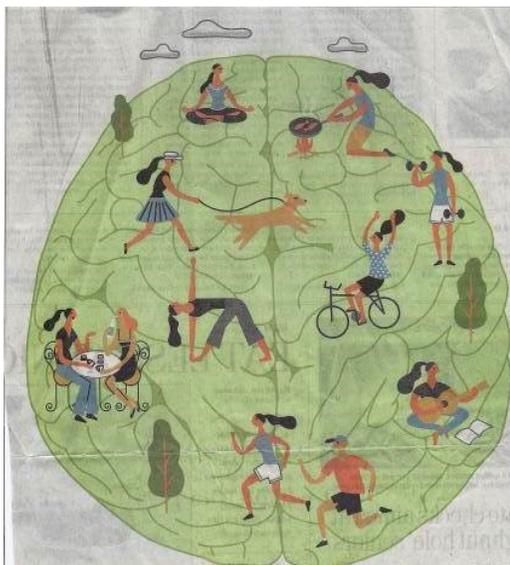
Join us at Happy Hands every Tuesday from 1 pm to 4 pm in the Village Hall. We are a group of "lightly organized" ladies who enjoy crafts, needlework, knitting, crocheting, etc. We invite any resident who enjoys hand work, or would like to learn, or just like to get acquainted with some friendly Villagers.

We are accepting handmade caps and baby blankets. Any donations of materials or time will be greatly appreciated. Please bring yarn to Happy Hands on Tuesday's 1 pm to 4 pm (or join us). For more information call Janina Garvey (749-1730).

## BRAIN GAIN

Excerpts from an article by R.J. Igneizl, Staff Writer for the San Diego Union Tribune

Submitted by Peggy Holder



- Exercise can build mental fitness -

**Aerobic exercise helps improve mental agility.....**

Getting fit is more than just trimming the waist, toning the biceps and strengthening the heart and lungs. It's also about building brainpower.

"Many of the things that we now know to be associated with heart health and general fitness are also associated with keeping the brain healthy," says Michael Kabat, neuropsychologist at Scripps Memorial

Hospital in La Jolla.

"If you smoke, eat a high-fat diet, are inactive and live a lifestyle that promotes vascular disease, you're not just at risk for heart disease. These things also impact brain function."

Doing things that challenge the brain, like learning to play the guitar, have been shown to help form new connections between different parts of the brain and repair some that are damaged. Scientists believe if the brain builds up a reserve of strength, it may be able to extend mental fitness longer and stave off memory loss.

When it comes to brain fitness, "it's never too early or too late to start," said D. Ipsid Vahia, a psychiatrist at the Stein Institute for Research on Aging at the University of California San Diego Medical Center.

### PHYSICAL EXERCISE

One of the most important things people can do at any age to make their brains healthier is to "minimize the time you're physically sedentary and intellectually sedentary," Vahia said. "It's presumed that the reason **aerobic exercise works** (to benefit the brain) is because it increases oxygenation and blood flow to the brain. In general, people with greater physical fitness tend to have greater brain fitness."

Instead of playing online brain games, people may be better off working up a sweat. Some studies show that physical activity can spark new connections between neurons and produce new brain cells. It's also believed that **aerobic exercise** builds heart and artery resilience, which boosts blood flow to the brain. **Aerobic exercise** helped improve mental agility.

Researchers at the University of Washington School of Medicine tested the effects of aerobic training in a clinical trial with men and women diagnosed with mild cognitive impairment. Some of the volunteers began an intense program of aerobic exercise. The others spent the same amount of time performing non-aerobic stretching and balance exercises.

After six months, the **aerobic exercise** group showed significant gains in mental agility, while the non-aerobic group showed continuing declines in tests of thinking speed, word fluency and ability to multitask.

# VOLUNTEERING

## CARE AND CONCERN COMMITTEE

By Bev Davenport

Three years ago my daughter and her husband took my grandkids to England to live while Dad worked on his doctorate in The New Testament. Several visits during that short time were very sweet and now they are home in the USA. The kids are here for a visit and boy, does that change our life.

We forgot how active a four and seven year old can be. We forgot that time means nothing when you are that age and they think we can do everything they can do. We laugh, smile and then cry at the noise and mess they leave behind, but there is nothing better than a little one saying "I love you Grandma".

I finally posted our five house rules to make our home a happy home, but I'm not sure they find anything they do unhappy, so why should they do something different.

Moments of JOY are healthy for the soul ~ so I choose to remember a few words of wisdom my Dad taught me. "Things are to be used and people are to be loved." But Dad, my car keys were missing for 3 days!!

The kids love to go for a ride in our blue Bumper Car (golf cart) and that does take some time to drive all through the Village, and the outside air is so healthy for all of us. They love the sunshine as the dreary rainy days of England were spent mainly inside. No wonder they have so much energy now.

They ask: Why do we live where they keep us inside gates and they wonder how we get out and why?

Why are old people retarded? I reminded them the word is retired!

Why can't we understand them when they talk? We tell them we just don't hear well anymore.

The four year old said "Grandma, you need to learn your colors and letters so you won't have to ask me."

I hope you are all enjoying your summer and families that come for a visit. Remember we should always look for the good in each other.

If you are feeling all alone and need a visit or would like to be on our prayer list, please call the Care and Concern Committee. Grandpa is ready for an adult conversation. Call Harlan or Bev Davenport (751-3025).

## FRIENDS HELPING FRIENDS

By Jan Denny



We are an organization of volunteers who drive fellow Villagers to medical appointments when they have no other means of getting there. If you are in need of our services, please call me (749-4255) and I will find a driver. If it's a real emergency, however, call 911 for assistance. We need more drivers, so if you can help out occasionally, please call me at the above number to get more information and see if it's something you would like to do.

## A Fun & Rewarding Experience Awaits You!

By Mimi Baca

Are your grandchildren grown up and don't need you to read to them? Do you miss that interaction? Here's a solution for you to consider. School's starting soon and the need for reading tutors is great.

Please join Karolyn Ebbert and me and come to a "Back to School" picnic on Thursday, September 9. It's an opportunity for you to meet other tutors and to ask them what the tutoring experience has meant for them. You can choose the day of the week you want, the time of the day and in some cases even the school. One hour a week is all that's required. You don't have to be a retired teacher - just have an interest in helping a child read well. Please call Karolyn (749-3646) or me (751-1032) if you would like to come to the picnic with us to check it out for yourself.

## RELIGIOUS ACTIVITIES

### CATHOLIC BIBLE STUDY

By Jim and Carol Kostick

Wednesdays at 6:30 pm

The Bread of Life Catholic Bible Study is held every Wednesday from 6:30 pm to 8:30 pm in the Multi-Purpose Room behind the Laundry Room. It includes Praise and Worship, sharing the Sunday Readings and time for Prayer of Petitions.



All are welcome. Please bring your Bible. Information? Please call Deacon Jim and/or Carol Kostick (749-8313).

### VESPERS

By Margaret Meadows

Sundays at 4 pm

We hold a non-denominational service every Sunday from 4 pm to 5 pm in the Card Room. We're very fortunate to have with us a retired minister, Gerry Galloway, holding the services. We celebrate communion the first Sunday of the month with fellowship after the service with a few snacks.



### THURSDAY NIGHT BIBLE STUDY

By Barbara Pittman

Thursdays at 7 pm



Bible Study will resume on September 9 and will continue every Thursday from 7 pm to 8 pm. We'd love to have you over!

Join us as we continue our study in the Book of Romans. Our study focuses on "Understanding God's Grace and Power". This and other intriguing issues can be discussed at any of our casual non-denominational meetings. Pastor Estus Pittman leads the study and all are encouraged to participate. We meet in the Card Room. On occasion, we show a video or have a little snack afterwards. If you have a prayer need, we will gladly pray for you.

**You will enjoy being a part of this Village family!**  
For more info call 751-4342.

## ODDS AND ENDS

### HUH?

Submitted by Dale Matheny

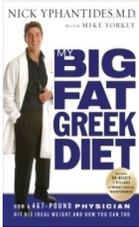
- ⇒ Those who jump off a bridge in Paris are in Seine.
- ⇒ A man's home is his castle, in a manor of speaking.
- ⇒ Practice safe eating - always use condiments.
- ⇒ Shotgun wedding - a case of wife or death.
- ⇒ A man needs a mistress just to break the monogamy.
- ⇒ A hangover is the wrath of grapes.
- ⇒ Reading while sunbathing makes you well red.
- ⇒ When two egotists meet, it's an I for an I.
- ⇒ A bicycle can't stand on its own because it's two tired.
- ⇒ What's the definition of a will? (It's a dead give away).
- ⇒ She was engaged to a boyfriend with a wooden leg but broke it off.
- ⇒ If you don't pay your exorcist, you get repossessed.
- ⇒ The man who fell into an upholstery machine is fully recovered.
- ⇒ A lot of money is 'tainted - taint yours and taint mine.
- ⇒ He had a photographic memory that was never developed.
- ⇒ Once you've seen one shopping center, you've seen a mall.
- ⇒ Bakers trade bread recipes on a knead-to-know basis.
- ⇒ Santa's helpers are subordinate clauses.
- ⇒ Acupuncture is a jab well done.

Two hats were hanging on a hat rack in the hallway. One hat said to the other, "You stay here, I'll go on a head."

Three sisters, ages 92, 94 and 96, live in a house together. One night the 96 year old draws a bath. She puts her foot in and pauses. She yells to the other sisters, 'Was I getting in or out of the bath?' The 94 year old yells back, 'I don't know. I'll come up and see.' She starts up the stairs and pauses 'Was I going up the stairs or down? The 92 year old is sitting at the kitchen table having tea listening to her sisters, she shakes her head and says, 'I sure hope I never get that forgetful, knock on wood.' She then yells, 'I'll come up and help both of you as soon as I see who's at the door.'

**CV HEALTH STEWARDS**

By George Cholaki



Dr. Nick's sixth pillar is "Don't Travel Alone". The best way to succeed at an exercise and weight loss plan is to be held accountable to a friend or a group. You

may be perfectly willing and accustomed to disappointing yourself, but you likely won't be as quick to disappoint others. What an opportunity to be deliberately vulnerable and reach out to others in receiving support, encouragement, and accountability! With accountability things are hard at first. Without accountability things are hard in the end. With accountability you can succeed. Without it, you will most likely fail. Go try it, what have you got to lose? Just a few pounds!

**LIBRARY**

By Nickie, Joann, Connie and Liz



We understand that some of our library patrons have taken out DVDs only to find the cases empty when they went to play them at home. We'll check all incoming DVDs but suggest you do the same before leaving the library as there are still people not returning items to the basket.

As you probably realize, we receive duplicates of books and other items. One of the most helpful services we have is the disposal of these for which we thank Sylvia and Wayne Clark very much. They take these extras to senior centers, the VA Hospital and other places to be

enjoyed. Another example of our good Village residents.

**VAN TRIPS**



The Village Van goes to the Von's Shopping Center on El Norte Pkwy every **Friday at 9 am**.

Please call the office to sign up (749-8008). All residents who no longer drive are welcome.

**BOOKMOBILE**

By Betty Mortz



North County mobile library will be in our Village Tuesday, September 7 and September 21 from 10 am to 12 am

Library cards are available for new people. The beautiful van will be parked near the Laundry. Librarians Gerardo and Luis will be there to assist each of you.

**GOLF CART CLINICS**

**Golf Carts & More** Clinic is held every third Friday of the month.



**A-1 Golf Cart** Clinic is held the second Friday of each month at the car wash area at 9 am.

**The Escondido Golf Cart** Service Clinic is on the last Friday of each month at the car wash at 9 am.

**NEW RESIDENTS**

Phone # Correction:

#38 Linda Grubbs **522-5492**

**TRASH SCHEDULE FOR 2010**

Due to the Labor Day holiday, the trash will be picked up on **Friday, September 10**



All eyes were on the radiant bride as her father escorted her down the aisle. They reached the altar and the waiting groom; the bride kissed her father and placed something in his hand. The guests in the front pews responded with ripples of laughter. Even the priest smiled broadly. As her father gave her away in marriage, the bride gave him back his credit card.

I was in the express lane at the store quietly fuming. Completely ignoring the sign, the woman ahead of me had slipped into the check-out line pushing a cart piled high with groceries. Imagine my delight when the cashier beckoned the woman to come forward looked into the cart and asked sweetly, "So which six items would you like to buy?" Wouldn't it be great if that happened more often?

Two blondes living in Oklahoma were sitting on a bench talking, and one blonde says to the other, "Which do you think is farther away... Florida or the moon?" The other blonde turns and says "Hellooooooooooooo, can you see Florida ??????"

## ACTIVITIES AT A GLANCE

### CARDS & GAMES

	<u>Time</u>	<u>Contact</u>	<u>Phone</u>
Bridge for Everyone	Tuesday 1 pm	Virginia Niciphor	751-3464
Bridge for Couples	2 <sup>nd</sup> Wednesday 5 pm	Linda Harper	751-0075
Bunco	2 <sup>nd</sup> /4 <sup>th</sup> Friday 1 pm	Carolyn White	751-1833
Game Night	Monday 5 pm/6 pm	Linda Harper	751-0075
Hand and Foot	Monday 1 pm	Addie Wilkins	751-1859
Penny Canasta	Thursday 1 pm	Betty Bearman	751-0477
Pinochle	1 <sup>st</sup> /3 <sup>rd</sup> Friday 1 pm	Marion Psota	751-3940
Pool	Monday-Friday 1 pm	Orlie Macioci	749-6444

### CRAFTS, ETC.

Scrap Book Club	4 <sup>th</sup> Saturday 10 am	Janet Hyman	749-8120
Happy Hands	Tuesday 1 pm	Janina Garvey	749-1730

### EXERCISE

Aerobics	Monday 2 pm/Thurs 9 am	Peggy Holder	690-3798
Line Dance for Beginners	Monday 8:30 am	Janet LeRossignol	749-7934
Line Dance	MWF 9 am	Janet LeRossignol	749-7934
Stretch Class	Tuesday 9 am	Jackie Lohrke	749-2335
Water Exercise	MWF 10 am Tuesday/Thursday 3 pm	Deanna Clatworthy	751-0204

### RELIGION

Catholic Bible Study	Wednesday 6:30 pm	Jim/Carol Kostick	749-8313
Thursday Bible Study	Thursday 7 pm	Estus Pittman	751-4342
Vespers	Sunday 4 pm	Margaret Meadows	749-7573

### SPORTS

CV Men's Golf	Tuesday/Thursday am	Lee Rabeneau	751-2544
Fountains Ladies Golf	Wednesday am	Betty Service	749-0575
Oaks Ladies Golf	Thursday am	Deanna Clatworthy	751-0204
Tennis	2 <sup>nd</sup> Thursday 5:30 pm	Billy Smith	751-3305

### VOLUNTEERING

Care & Concern Committee		Bev Davenport	751-3025
Friends Helping Friends		Jan Denny	749-4255

### MISCELLANEOUS

Bubbly Babes/Red Hats	Various	Mary Starkey	751-0825
Champagne Singles	2 <sup>nd</sup> Friday 5:30 pm	Mary Starkey	751-0825
CV Chorus	Tuesday 10:30 am	Bob Halstead	749-2380
Let's Go - Together		Mimi Baca	751-1032
Lions Club	3 <sup>rd</sup> Wednesday 5:30 pm	Jack Cox	749-9491
Pet Lover's Club	Meets quarterly	Doreen Smith	751-3305
Social Activities Committee		Peggy Holder	690-3798

**For changes contact Karin in the Village Office**