

# The Champagne Village Times



## CHAMPAGNE VILLAGE

Property Owners' Association

8975-461 Lawrence Welk Drive

Escondido, CA 92026

Email: [cvoffice.karin@gmail.com](mailto:cvoffice.karin@gmail.com)

Phone: (760) 749-8008

Fax: (760) 749-8036

September 2013

Volume 11 Issue 9

### NO BOARD MEETING

There was no Board meeting in August so there are no Board notes in this issue.

# 15

**PLEASE!  
CV speed limit!**

### SECURITY



Please remember that Champagne Village is only gated, not secure, around the perimeter. Over the years we have been a relatively safe community. However, that can change very quickly if we become complacent and fail to secure our homes, cars and personal property. Don't let yourself be a victim of opportunity. **LOCK UP YOUR STUFF!**

### FREE INSPECTIONS AND REPLACEMENT OF SMOKE ALARMS AND BATTERIES TO CV OWNERS

The Burn Institute of San Diego offers free battery-operated smoke alarm inspections and maintenance. Inspections include vapor-testing and inspection of existing alarms, and replacement of alarms or batteries, if necessary.

**There is absolutely no charge to owner-occupied residents. Sorry, this program is funded by government grants, and rental units are not covered.**

Please also note that we are unable to accommodate alarms located on vaulted, or other high ceilings requiring ladders.

Call Joe, a Burn Institute volunteer and CV resident at (760) 522-3733.

### Inside This Issue

Office Notes.....	2
SAC News.....	3
Clubs.....	13
Odds & Ends.....	19
Activities at a Glance.....	20
Advertisements.....	22

### Directors/Officers

Everett Smith, President  
Ken Hazzard, Vice President  
Sandra Sidars, Secretary  
Ken Sumner, CFO & Director  
Jack Cox, Director  
Doreen Smith, Director  
Jean Slaughter, Director

### Standing Committee Chairs

Architecture & Landscape,  
Ken Hazzard  
Social Activities Committee,  
Peggy & Michael Holder,  
Sherry Russell  
Disaster, Charlie Service

CV Times Editors,  
Janet & Pat LeRossignol  
[jleross1@gmail.com](mailto:jleross1@gmail.com)

We welcome and encourage residents to write articles or submit stories and jokes, and to give input and opinions on making the newsletter better. The editorial team has sole discretion to edit and/or print any item submitted. All articles must be submitted by the 18<sup>th</sup> of the month.

- Next Agenda Workshop is Friday, September 13 at 9 am in the Card Room (always held the Friday prior to the Board meeting).
- Next regular Board of Directors Meeting is Wednesday, September 18, 2013 at 1 pm in the Village Hall.
- Board minutes and financial statements are available in the Library for your reading. SAC financials are posted quarterly and may be viewed at this same location.



## OBSERVING LABOR DAY

### FLU SHOTS

Flu shots will be available at Champagne Village on Wednesday, September 25 in the Village Hall from 12 pm to 4 pm. Shut-ins will be served from 4 pm to 5 pm.

If you qualify under Medicare, the shots will not cost you anything. Everyone must bring in your Medicare card with the red, white and blue stripe at the top and any supplemental health insurance cards and \$20 just in case you don't qualify for the free shots.



You must register at the Village Hall Office by Monday, September 23. The signup sheet and forms to fill out are on the table across from the office counter. **The shots are for Champagne Village residents only.**

The nurses are offering to go to the homes of residents who cannot physically come to the Village Hall. Please call the CV Office to register for this service (749-8008).

The flu shots are sponsored by Palomar Health. Volunteers are CV residents who are Palomar Medical Center auxiliary members.

**Any questions, call Luann at (858) 675-5123.**



## FIRE!

When there is a fire near Champagne Village, **do not call the Office** for information. Karin and Tom do not have a radio or TV and are listed on the Deer Springs Fire District call listing the same as all residents.

Call the **fire information numbers** that are listed in the CV Directory under emergency numbers on page 2.



## OFFICE NOTES

### OFFICE CLOSED

The office will be closed **Monday, September 2** for Labor Day

### TRASH SCHEDULE

Due to the Labor Day holiday, the trash will be picked up on **Friday, September 6**



### RECYCLE YOUR LIGHT BULBS, PAINT CANS, BATTERIES, ELECTRONICS & APPLIANCES

To recycle old paint cans with or without paint take them to any of the following locations:

- Dunn Edwards: (760) 741-3633
- Frazer Paints: (760) 745-1234
- Sherwin Williams: (760) 741-5850
- Vista Paint: (760) 839-9420

To recycle all light bulbs, drop them off at:

- Lowe's: (760) 484-5113
- Home Depot: (760) 233-1285

Free disposal of electronics & appliances:

- DPR Enterprises: (760) 532-4103

To recycle household batteries:

Drop them off at the mail center by the mailbox (Please, no car batteries or plastic bags)

For more information on recycling call:  
**(877) 713-2784**

### SUMMER POOL HOURS

June 16 - September 15

- ADULTS - 8 am to 9 pm
- CHILDREN - 11 am to 2 pm  
5 pm to 7 pm



### FALL POOL HOURS

September 16 - November 30

- ADULTS - 9 am to 7 pm
- CHILDREN - 12 pm to 2 pm



# Social Activities Committee (SAC)

Michael & Peggy Holder, Sherry Russell, Steve Thacker and Bev Purdy

## 2013 CHAMPAGNE VILLAGE EVENTS

### SEPTEMBER

Swing Band Picnic Dance ..... Sat, Sept 14..... 3:30 pm

### OCTOBER

Oktoberfest..... Fri, Oct 4 ..... 5:00 pm

Men's Breakfast..... Sun, Oct 6 ..... 7:30 am

Halloween Party ..... Sat, Oct 26 ..... 5:00 pm

### NOVEMBER

Men's Breakfast..... Sun, Nov 3 ..... 7:30 am

Vet's Dinner ..... Sat, Nov 9..... 5:00 pm

Lions Fashion Show ..... Sat, Nov 16..... 11:00 am

Free Movie ..... Sat, Nov 23..... 6:00 pm

### DECEMBER

Men's Breakfast..... Sun, Dec 1..... 7:30 am

Christmas Caroling & Chili..... Mon, Dec 2..... 5:00 pm

Christmas Dinner Dance..... Sat, Dec 7..... 5:00 pm

CV Chorus Concert ..... Sun, Dec 8..... 2:00 pm

Holiday Home Tour ..... Sun, Dec 15..... 1:30 pm

Christmas Eve Service..... Tues, Dec 24 .... 4:00 pm

New Year's Eve Party..... Tues, Dec 31 .... 6:00 pm

THERE WILL BE  
NO MEN'S BREAKFAST  
THIS MONTH.



## UPCOMING MEN'S BREAKFASTS

October is rapidly approaching which means the return of the great breakfasts cooked up by the hard working men of our Village. These breakfasts are only possible if we have enough volunteers to do the work. If you are willing to help, please contact Steve (breakfast boss) Thacker's volunteer recruiter, Ernie Uyeda (749-1940). If we have enough men sign up, then they can take turns instead of the same men working every month. Let's make these the best breakfasts ever and challenge ourselves to feed 140 people in October.



## CHILI COOK-OFF WINNERS

1<sup>st</sup> - Steve Webb  
(top picture)

2<sup>nd</sup> - Jack Cox

3<sup>rd</sup> - Sandy Sidars  
& Cindy Simunec  
(tie)



**The Golden Egg Omelet House**

316 W. Mission Ave., # 101 - 102 - 103  
Escondido  
760.489.6420

Featuring:  
**"The Mess!"**  
or "The Veggie Mess!"

All you can eat...  
**The "Mess!"**  
Scrambled eggs with...  
Ham  
Italian Sausage  
Hash Browns  
Sautéed Onions  
Bell Peppers  
Tomatoes  
Topped with Melted Jack & Cheddar

or **"The Veggie Mess!"**  
Scrambled eggs with...  
Hash Browns  
Bell Peppers  
Tomatoes  
Broccoli  
Zucchini  
Topped with Melted Jack & Cheddar

**\$8.95**  
No split • No Substitutions  
Served: Monday thru Saturday

**\$7.95**  
A plate  
with French Bread & Toast or Tortillas

### The Golden Egg Omelet House Fundraiser

10% of Food and Beverage is contributed to  
SAC if you mention you live at CV!

316 West Mission Ave.  
Escondido, CA 92025  
(760) 489-6420  
Open Daily 7 am - 2:30 pm

# END OF SUMMER CONCERT IN THE PARK

Featuring The Valley Winds Swing Band

Saturday, September 14 ~ 3:30 - 5:30 pm ~ \$5/per person



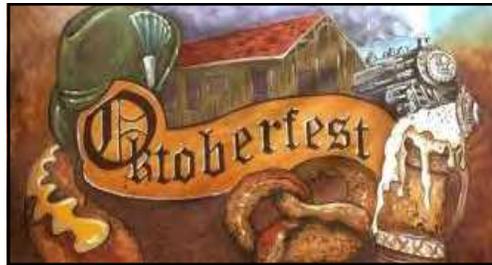
- A light lunch and lemonade will be served
- Bring your own snacks and beverages
- Bring cash for the 50-50 drawing
- Reserve a table the morning of the event



All proceeds go to the Valley Winds Swing Band College Music Scholarship Fund



Put checks payable to SAC (no envelope please) or cash (in envelope with name/space)  
in CVPOA dropbox by Monday, September 9!



## Friday, October 4

CV Hall

5 pm - \$8



You can reserve seats the morning of the event

*Featuring Cahill & Delene*

Hosts/Chefs: Betty & Charlie Service, Jackie & Allan Whaite,  
Carol & Bill Cowan, Joyce Martin & Terry Quimby

Menu: bratwurst, sauerkraut, buns, potato salad,  
German chocolate cupcakes, coffee & lemonade



Bring your own drinks - appetizers - cash for the 50-50 drawing

Put checks payable to SAC (no envelope) or cash (envelope with name/space)  
in CVPOA dropbox by Monday, September 30!



# CHILI COOK OFF



# Snakes Alive! It's the Snake Guys!

By Judy Johnson

Do you suffer from ophidiophobia? If so, you probably won't read this article and you certainly won't look at the pictures. Because you, like one-third of human adults, have a truly serious fear of snakes. And we do have snakes here in Champagne Village. Luckily, however, we also have a crew of brave guys to get them out of our way.

True ophidiophobes don't just fear live contact with these "slimy, disgusting" creatures. They dread even thinking about them. Remember Indiana Jones in *Raiders of the Lost Ark*? Or Matt Damon in *We Bought a Zoo*? Scarlett Johansson reported that Matt cried like a baby as snakes were spread all over their movie set. No animal on this planet elicits more fear than the loathsome snake. Fear of them is said to be the most common reported phobia on earth. Psychologists suggest that there is really no reason for such an overwhelming hatred of snakes. Perhaps, they suggest, we have simply evolved with an innate fear of them.

**Snake Guys to the Rescue.** Lucky for us in CV that we have four hardy fellows who know how to handle the dangerous critters. They are Terry Quimby, Bill Cowan, Charlie Service and Steve Thacker. All four are ready to leap at a moment's notice to save us from any rattler that wanders our way. The snake crew guys have great backgrounds for facing the snakes. Charlie actually used to "milk" rattlers to extract the venom and sell it for saving snake bite victims. Once he got one of them stuck by the fangs in the soul of his boot. Bill was a surveyor for an engineering firm for 40 years and had a career of coming across snakes. Steve is actually the mountaineer, hunter and backwoodsman of the group. According to his comrades, he is the best trained and most competent in handling snake situations. Terry declares, "I got my training as a Navy Seal." He's kidding.

The current snake guys took over the CV program five years ago from Paul Gober. Paul had done snake rescue all by himself for many years. In fact, Paul was bitten by a rattler on two separate occasions and spent several weeks in the hospital recovering from very serious bites. His doctor forced him to stop his snake service to the Village. One more bite, the doctor warned, and Paul might die.

**Exciting Rescues** - There have been more than a few "leaping and screaming" snake encounters here over the years. Perhaps the most memorable was a giant rattler hiding in Ken Hansen's a/c unit. Ken's neighbors had earlier spotted a 5 foot long, mature rattler 4 inches in diameter with as many as 9 rattles on its tail crossing upper Terrace. The snake crew struggled to lure it out of the a/c, but the snake started attacking back. It hacked away at the snake stick and was very heavy to lift. The crew finally managed to catch it and put it in a container. But before they did, they snapped a celebration picture of their prize (it's the snake pictured here).

Charlie and Steve had quite an adventure when a large rattler was spotted near a hose by the Madsen's house. The snake alluded them on their first try by slithering away under the house. (No, the snake guys don't crawl under houses!) The snake returned the next day to the same exact hose spot and this time they were able to catch it.



L to R: Terry Quimby, Bill Cowan, Charlie Service

Earlier the same year, Bill had caught a snake, put it into its container and headed off to release it. The guys don't kill the snakes. But when he went to set the snake free by the Welk's creek behind the gas station, the snake was no longer in the container. It had disappeared. Bill backtracked but never found it.

One CV resident called Charlie and Bill in hysterics and said that he had seen an Anaconda under his porch. The man was terrified. The snake crew got a good giggle out of that one. Of course, they came to look for the snake, but knew darned well that there are no Anacondas around here. It was a harmless gopher snake.

Another silly story occurred when a resident who had just moved here spotted a dry lizard skin in his living room. He told the snake guys to hurry over. He was sure that there was a live snake inside the house somewhere. There wasn't.

Steve has found as many as eight rattlers in his canyon yard. Once he actually caught one in the act of shedding. The snake was wiggling between two rocks as it attempted to get its skin off.

**Where the Snakes Hide Out** - Snakes love the canyon rocks, so our canyon homes are the most likely spots for snake sightings. They are also occasionally found on the back hillsides behind upper Live Oak. Julie Matthews has had a few and Shirley Murphy recently called the crew when she found one under her car's tire. Joan Van Ingen was warned about leaving a bowl of water on her retaining wall by her canyon back yard. The guys informed her that the water was an open invitation for a snake visit. A few doors down from Joan, Billy and Doreen Smith's dog located a four foot long rattler by their backyard heat pump. The snake crew successfully flushed it out with a water hose. The Smiths have recently discovered that sulfur pellets purchased at a local farm supply outlet and placed all around their back perimeters have totally eliminated their reptilian visitors.

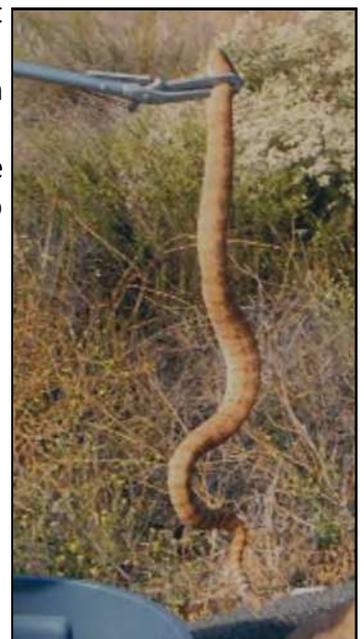
Snakes hibernate in a ball during the winter. They are cold blooded and cannot even move in chilly weather. But once the sun comes out, they love to lounge on the hot canyon rocks and they can go ballistic if they are disturbed. If you leave them alone, they probably won't bother you.

**How to Spot a Rattler** - Rattlesnakes have a powerful body, a thin neck and a triangular head. Their eyes are hooded and oval, but don't get close enough to look at their eyes. It's their skinny necks that most differentiate them from their harmless relatives. Don't take a chance trying to make the identification. It's better to just call our brave snake guys who will safely return them to the wild.

In the unlikely event that you are bitten, remember that the resulting symptoms can be life threatening and **you need to call 911 and get to an emergency room immediately.** And be sure to bring your health insurance card. Antivenins can cost over \$40,000. Like most Californians, we live in rattlesnake country. We are less than one hour from the nearest emergency room, so our initial treatment is relatively simple:

**DO THE FOLLOWING:** Try to calm the victim; gently wash the area with soap and water; apply a cold, wet cloth over the bite; call 9-1-1

**DON'T DO THE FOLLOWING:** DON'T apply a tourniquet; DON'T pack the bite area in ice; DON'T cut the wound with a knife or razor; DON'T use your mouth to suck out the venom; DON'T let the victim drink alcohol.



**Health Insurance News**  
**2014 Changes in Medicare Drug Costs**

By Carla Grills

While Medicare is changing less than the Individual and Family policies, there are some changes coming. One significant change for those who take drugs is the adjustment to Part D - your Medicare Drug Program.

Although some plans may have no deductible, the new maximum deductible allowed for all plans with a deductible will be \$15 dollars less in 2014. A deductible is the flat rate you pay before your insurance begins to pay.

After the deductible (if you have one) you pay a percentage of your costs (like 20%) until you reach what is called Initial Coverage Limit. The new limit will be reached at \$120 less in 2014. This is the total amount both you and your plan pay for your covered drugs. Welcome to the "Gap"!

Beneficiaries (as we seniors are called) will reach the "Gap" sooner in 2014 than they did in 2013. In the coverage gap the beneficiary pays about three quarters of the cost for generic drugs and nearly half of the cost for brand name drugs. This is a reduction from three years ago when beneficiaries paid all of the cost during the gap period. When total cost paid out by you and your plan reaches \$4,550 you will exit the Gap at a total \$200 less than in 2013.

After the Gap a new calculation begins. Beneficiaries will pay \$2.55 or \$6.35 or 5% in 2014 for each prescription the rest of the calendar year. There are variations according to the tier under which the drug is covered.

Be certain to check your Annual Notice of Change letter and The Evidence of Coverage statements for changes in your plan, drug costs, and drug tiers.

**TEST YOUR MEMORY**

Annual testing of your memory should be routine, whether you are taking memory medications already or not. Comparing current scores to past results can show meaningful changes, via standardized, easily understood tests. We've been conducting memory testing in our community for over 30 years, **without charge**, as part of our services. We are one of the largest grant supported memory research centers on the West Coast. So, if you are over 50 and interested in having your memory tested, give us a call.

**Pacific Research Network**  
**619-294-4302    www.prnsd.com**

**75%** The amount by which you can lower your risk of memory problems if you adopt three healthy behaviors (such as healthy eating, not smoking, and exercising regularly). Can't swing three? Pick two and you'll be 45% less likely to forget!

Two little boys are in the hospital waiting for their operations. The older boy asks, "What are you having done?" The second boy says, "I'm getting my tonsils out, and I'm afraid." The first boy says, "You've got nothing to worry about. I had that done when I was four. They put you to sleep, and when you wake up they give you lots of Jell-O. It's a breeze."

The second boy then asks, "What are you going in for?" The first boy says, "Circumcision." "Whoa!" the smaller boy replies. "Good luck. I had that done when I was born. Couldn't walk for a year."

**Wild Women of Wine Country**  
**SOUTH COAST WINERY'S 8TH ANNUAL Breast Cancer Awareness Luncheon**  
**OCTOBER 1, 2013**

October is Breast Cancer Awareness Month, and we couldn't think of a better time to show we care than by hosting this special fun-filled day at South Coast Winery featuring Chefs celebratory harvest lunch and dynamic entertainment. This year we are going Passionately PINK for the Cure and attendees are encouraged to wear pink and enter the outrageous PINK shoe contest!

**Kick up your heels and raise your glasses ladies, there's finally an event with sole!**

Choose competition category that best suits your style, then design your PINK shoes now for a chance to win some amazing prizes. Pink Shoe Contest Categories: Onsite contest registration just \$5!  
 1. Soles, Straps & Pumps  
 2. Fashion Walk & Photos  
 3. The Pink Ribbon & No Call Boots

This is a first-come, first-served exclusive event and all sales are final. If you can't attend this fun-filled event, please send invite to a friend. Purchase not valid with discounts or special offers. (\$8 per ticket benefits the Komen Inland Empire Affiliate). The Running Ribbon is a trademark of Susan G. Komen for the Cure®

South Coast Winery Resort & Spa • 34843 Rancho California Road, Temecula, CA 92591 • 951.587.WINE

**Susan G. Komen® Inland Empire Breast Cancer Awareness Luncheon**

**\$35 (\$8 per ticket benefits the Komen Inland Empire Affiliate)**

**Tuesday, October 1<sup>st</sup>**

Link to registration at [komenie.org](http://komenie.org)

**10:00 - Registration/Shopping & Girl Talk**

**11:30 to 2 PM - Lunch, Entertainment, Pink Shoe Contest**

**South Coast Winery Resort & Spa  
 34843 Rancho California Road  
 Temecula, CA 92591**

**951.587.WINE**

*(Submitted by resident Rita Cripe)*

An older couple had trouble remembering common, day to day things. They both decided that they would write down requests the other had, to avoid forgetting.

One evening the wife asked if the husband would like anything. He replied, "Yes, I'd like a large ice cream sundae with chocolate ice cream, whipped cream, and a cherry on top. The wife started off for the kitchen and the husband shouted after her, "Aren't you going to write it down?" "Don't be silly", she hollered back, "I'm going to fix it right now. I won't forget."

She was gone for quite some time. When she finally returned she gave him a large plate of hash browns, eggs, bacon and a glass of orange juice. He took a look and said, "I knew you should've written it down! You forgot the toast!"



***Ocean sand magnified 250 times!***



**DIGITAL DIARY & MORE**

By Richard Coffman

If you would like to be on the **Village Email List**, simply send an email to me at [welkman1@gmail.com](mailto:welkman1@gmail.com) and ask to be put on the list for late-breaking news, Villagers' things for sale, and other helpful information. I do not share the names on the list.

**MESSAGE FROM DISH NETWORK**

*Recently several DISH customers have reported that people claiming to be representatives of DISH have contacted them in an attempt to collect money for special promotions or upgrades. We have discovered that these callers are often asking for credit card numbers or requesting payments via Western Union or Green Dot.*

*This message is to remind you that DISH will never call you asking for this or any other personal information or information related to your DISH account. If you receive a call requesting a payment in exchange for a promotion or upgrade, we encourage you to disconnect the call and contact us directly at **800-333-DISH (800-333-3474)**.*

**WHY SENIORS STILL NEED NEWSPAPERS**

I was visiting my daughter last night when I asked if I could borrow a newspaper. "This is the 21<sup>st</sup> century mom, we don't waste money on newspapers. Here, use my iPad."

I can tell you this, that fly never knew what hit him.

**Excellent Food Tips**

1. Freeze cut up green onions in a plastic bottle. Make sure the green onions are completely dry before storing or they'll get freezer burn.
2. Use a vinegar solution to make your berries last longer. Prepare a mixture of one part vinegar (white or cider and ten parts water). Swirl the berries around in the mixture, drain, rinse, and put them in the fridge. The solution is diluted enough that you won't taste the vinegar. Raspberries will last a week or more, and strawberries go almost two weeks without getting moldy and soft.
3. Spray leftover guacamole with cooking spray before putting it back in the fridge. You should also keep the pit in the avocado.
4. Don't store onions with potatoes. They'll spoil faster. In a cool, dry place with good air circulation, onions will last 2 - 3 months.
5. Store potatoes with apples to keep them from sprouting.
6. One rotten apple can spoil the bunch.
7. Add a dab of butter to the cut size of cheese to keep it from drying out.
8. Wrap the crown of a bunch of bananas with plastic wrap. They'll keep for 3-5 days longer. They also produce more ethylene gas than any other fruit, so keep them isolated on the counter.
9. Wrap celery, broccoli, and lettuce in tin foil before storing in the fridge.



A fantastic nature shot of a Falcon nesting in a tree.

**New Residents - Welcome to CV!**

#326 Ronald Dias & Elena Aguilar  
213-4858

#407 John & Katie Murphy  
533-9282



*The inside of an oyster growing pearls.*

did you know?

When a male penguin falls in love with a female penguin, he searches the entire beach to find the perfect pebble to present to her.



Photos taken by resident John Raymond when the hillside across from Champagne Village went up in flames on August 19, 2013.

A man escaped jail by digging a hole from his jail cell to the outside world. When finally his work was done he emerged in the middle of a pre-school playground. "I'm free! I'm free!" he shouted. "So what", said a little girl, "I'm four!"

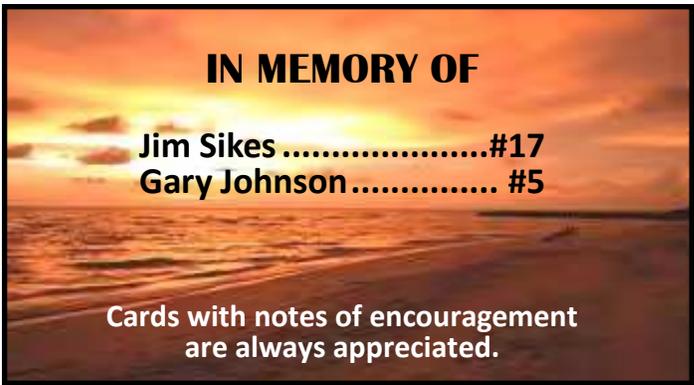
**Care & Concern Committee**

By Bev Davenport

What do you do when you are feeling down, hurting, or in pain — either physically or emotionally? You can call a friend or family member, or call the Care and Concern Committee. This committee, unique to Champagne Village, has 70+ people who will pray for your needs. Care and Concern, the heart of our Village for those in need, will bring you soup and also help families with memorial services.

People may not remember exactly what you did or what you said, but they will always remember how you made them feel. Maybe we each need to ask ourselves, “How do we make people feel?”

Call Bev Davenport (751-3025) if you have a need or want more information about the Care and Concern Committee.



**CHURCH SERVICES / BIBLE STUDY**

**VESPERS (non-denominational) - Sundays at 4 pm**

Where: Card Room

Contact: Margaret Meadows (749-7573)

**CATHOLIC BIBLE STUDY - Wednesdays at 6:30 pm**

Where: Multi-Purpose Room

Contact: Jim or Carol Kostick (749-8313)

**VILLAGE CARE GROUP & BIBLE STUDY - 2<sup>nd</sup>/4<sup>th</sup> Thurs. at 6:30 pm**

September meetings on Sept. 12 and 26

Where: Card Room

Contact Ken Sumner (751-4012)

**PRAYER GATHERING - 1<sup>st</sup>/3<sup>rd</sup> Wednesdays at 10 am**

Where: 406 Myrtle Court

Contact: Eunice Dirks (913-5040)

**SHABBAT CLUB - 7 pm last Friday of the month (Sep 27)**

Where: Card Room

Contact: Al Estus & Barbara Lita (751-4342)

**If I Had My Life to Live Over**

By Erma Bombeck

- I would have gone to bed when I was sick instead of pretending the earth would go into a holding pattern if I weren't there.
- I would have burned the pink candle sculpted like a rose before it melted in storage.
- I would have talked less and listened more.
- I would have invited friends over to dinner even if the carpet was stained, or the sofa faded.
- I would have taken the time to listen to my grandfather ramble about his youth.
- I would never have insisted the car windows be rolled up on a summer day because my hair had just been teased and sprayed.
- I would have sat on the lawn in spite of the grass stains.
- When my kids kissed me impetuously, I would never have said, "Later, now go get washed up for dinner." There would have been more "I love you's" and more "I'm sorry's".
- But mostly, given another shot at life, I would seize every minute. Look at it and really see it. Live it and never give it back. STOP SWEATING THE SMALL STUFF.
- Don't worry about who doesn't like you, who has more or who's doing what instead let's cherish the relationships we have with those who do love us.



## LIONS CLUB

By Alan Rings

Lion King Alan Rings opened the membership dinner meeting on August 21 by leading the Pledge of Allegiance and Leah Kapp led the members in singing "America the Beautiful". The Lion's toast and an invocation were given, as is the tradition. Larry Tewes gave the Treasurer's report. Carolyn White read the minutes of the June membership meeting. The Board approved changes to simplify the Financial Report and make it easier to read and adopted a revised financial policy.

Ernie Uyeda was appointed to chair a committee to recommend to the membership those charities to receive donations from the club in 2013. At least 75% of a charity's income must actually go for charity. The members of the Charity Committee, Jack Cox, Janice Gleyzal, Leah Kapp and Nan Klee met on August 17.

Everyone enjoyed the good fellowship and a great meal of chicken crepes, coleslaw, vegetables, rolls and dessert prepared by Leah Kapp, who has fully recovered from her recent illness. Several members were called on to tell jokes.

Co-Chairs Rings and Ernie Uyeda reviewed the August Lions Charity Breakfast. A record 111 Villagers enjoyed a full breakfast of pancakes, scrambled eggs, bacon, sausage and fresh fruit. Including several generous donations, a total of \$533.71 was raised for charity. The overwhelming support of the Lion members who turned out at 6 in the morning to work the breakfast made it a huge success.

The August program was devoted to planning for the Fashion Show and Charity Luncheon November 16, the first one since 2008. Leah Kapp led the meeting. She noted that J.C. Penney will be providing the beautiful fashions and accessories. Some members volunteered to call on area businesses for door and raffle prizes. Other members offered to make gift baskets to be auctioned. All Villagers and guests are encouraged to attend this gala event. Tickets are available now at \$15 each from Leah Kapp or any member of the CV Lions Club.

The next meeting will be Wednesday, September 18 at 5:30 pm with the Board meeting at 4:30. District Governor Napoleon White will attend. If anyone would like to attend a Lions meeting, please contact Membership Chairman Pat McGuire, Space 156 (749-4724).



## MEMORY KEEPERS SCRAP BOOK CLUB

By Janet Hyman

**Saturday, September 28, 10 am to 4 pm**

If you love scrapbooking or would like to learn more about it, please join us in the Card Room. Just bring your supplies and a light snack and have some fun. It's a great way to share our individual creativity and learn new and clever ways of making our memory books even better. If you need supplies or have a question, call Janet Hyman (749-8120).



## HAPPY HANDS

By Janina Garvey

Tuesdays - 1 pm to 4 pm

Join us at Happy Hands every Tuesday from 1 pm to 4 pm in the Village Hall. We are a group of "lightly organized" ladies who enjoy crafts, needlework, knitting, crocheting, etc. We invite any residents who enjoy hand work, would like to learn, or would just like to get acquainted with some friendly Villagers.

We are accepting handmade caps and baby blankets. Any donations of materials or time will be greatly appreciated. For more information call Janina Garvey (749-1730).

## IMPOSSIBILITIES

- *You can't count your hair.*
- *You can't wash your eyes with soap. Well, maybe you could but...*
- *You can't breathe through your nose when your tongue is out. Put your tongue back in your mouth you nerd.*



### CV PET LOVER'S CLUB

By Doreens Burchett & Smith

Many dog owners and their pets meet in the Pet Park to socialize with others, at this time of year between 3 pm and 4 pm. It's a good time for new residents to get acquainted. You don't have to own a dog to stop by to socialize with us and enjoy the pets at play.

The Pet Park is for the use of CV residents any-time **except Tuesday mornings** when it is closed for maintenance. Residents may obtain a key to the lock from Karin in the Office. Please abide by the rules and regulations which are posted, **and lock the gate when you leave**. Also, please be sure your pet is registered with the Office and review the map of the areas where pets can be walked on leashes in Champagne Village.

#### REMINDERS WHEN WALKING IN PET AREAS:

**Watch for snakes and coyotes.** Coyotes have been seen near the Pet Park and on Ironwood during the day. Fish and Game suggests that you carry an air horn or pepper spray when walking your dog, especially at dusk or dawn. Use caution by keeping small dogs on leashes when outside. **Watch for cars.** Please walk on the sidewalk along Live Oak Lane and close to the sides of Ironwood View in the Pet Park area to avoid a run in with a vehicle. **Drivers, please drive slowly when in pet walk areas.**

**PLASTIC BAG DONATIONS!** Thank you to CV residents who continue to donate your newspaper and produce bags for us to use in the Pet Park. Your response is appreciated and a "green" thing to do.

**REMINDER: PLEASE BE A RESPONSIBLE OWNER AND ALWAYS PICK UP YOUR PET'S WASTE AND DEPOSIT IT AT HOME OR IN WASTE CONTAINERS BY THE PET PARK OR RV AREA TRAIL, BUT NOT IN THE PICNIC AREA OR BAG STORAGE CONTAINERS!**

**PLEASE DO NOT USE THE PET PARK UNLESS YOU ARE WILLING TO MONITOR YOUR DOG AND CLEAN UP ITS WASTE. THE GRASS IS PRIMARILY FOR PLAY AND WAS NOT CREATED AS A BATHROOM!** Regular users of the Pet Park are tired of picking up or stepping in the waste left by other people's pets. Doreen Smith (751-3305), Doreen Burchett (751-4008)



### VILLAGE SOLOS

By Mimi Baca

The September get together will be held on Friday, September 13 (yuck) in the Village Hall at 5:30 pm. The next time you're in the Copy Room remember to sign up. If for some reason you can't get to the Hall, call Mimi (751-1032). First timers are always our guests and do not need to bring any food.

The hostesses will be Donna Shaw and Mimi Baca and our theme is "Back to School". Think about a funny or memorable incident that happened during your school years. We'll ask you to tell your funny or memorable story (3 minute maximum please) to the other five people at your table. All six then decide which one is their favorite. We'll ask that person to tell their story to ALL of us. This is your "homework assignment". You've got approximately two weeks to think about your story **AND you are not allowed to say "I pass"!**

**PIANO WANTED**

The CV Chorus is looking for a piano in good condition for the Village Hall. A donation would be nice but the CV Board said they are willing to purchase one if necessary. Please call Pat Slaughter (749-4412) or Barbara Houg (291-8518)

**CHORUS**

By Barbara Houg

**Why singing is good for you**



Go on, admit it. You love to belt out a song when you think no one can hear you. Whether it's in the car or in the shower, we all love to sing, and a growing amount of research is helping to explain just why it feels so good. A professor of Vocal Performance at Emporia State University says, "Singing is an inborn response in those moments of absolute emotional tranquility. Babies sing to themselves. Like the infant, we sing because we feel good and singing makes us feel even better. In fact, it may well be counterproductive to one's well-being not to sing."

The benefits seem to be even greater when you sing in a group. Apart from all the great physical benefits, which I will touch on next month, singing in a choir can help with a feeling of hopelessness and isolation. So, whether you decide to sing in the car or **HEAD OUT TO JOIN A CHOIR**, you're doing yourself and your health a big favor!

**September 24** is the day our CV Chorus starts rehearsals in the Card Room in the Village Hall. If you like to sing, please join us. We especially need altos and men. However, whatever you sing, we would love to have you join us and make a joyful noise. Any questions, contact Barbara Houg (291-8518).



**BUNCO**

Meets the second and fourth Fridays at 1 pm in the Hall. This month we meet on September 13 and 27. Bunco is an easy dice game. The cost is only \$3. Call Delores Madsen (751-3472) to reserve your seat.

**BRIDGE FOR EVERYONE**

Meets on Tuesday at 1 pm in the Card Room. No stress, no pain. Just have fun. Singles welcome. Contact - Ernie Uyeda (749-1940)

**COUPLES BRIDGE**

Wednesday, September 11

Meets the second Wednesday at 5 pm in the Hall.

Hosts - *Sherm & Dorothy McKissock* (751-2732). Sign up in the Copy Room. Please bring your own drinks and \$2 per couple for the prizes.

**CRIBBAGE**

Meets Monday at 1 pm in the Library. No charge! We need more players! Contact Billy Smith (751-3305)

**HAND AND FOOT**

Meets Monday at 1 pm in the Multi-purpose Room. It's an easy card game that you can learn in one hand! Contact - Rosie Uyeda (749-1940)

**MONDAY GAME NIGHT**

Meets at 6 pm every Monday - just show up! On the second Monday there is a 5 pm potluck before the games. We play Mexican Train, Mah-Jongg, Hearts, Spades, Sequence, Wii or bring a new game to play! Contact - Linda Harper (751-0075)

**PENNY CANASTA**

Meets at 1 pm on Thursday in the Card Room. Contact - Sandra Watkinson (749-0164)

**PINOCHLE**

Meets the first and third Friday at 1 pm in the Card Room - Cost - \$1  
Contact - Marion Psota (751-3940)

**POOL PLAYERS CLUB**

Meets Tuesday's & Thursday's from 1 pm to 3 pm

## CV MEN'S GOLF CLUB

By Pat LeRossignol



In addition to an excellent lunch provided by Bill Cowan and Allan Whaite, we had our first golf club and equipment swap. A lot of stuff was brought in, but don't know how much actually changed hands. Three new members were introduced: Eric Fenchel, Rick Stryker and Wayne Widener. All three live in San Marcos but have played here at Welk quite often. They each told a little about themselves and we certainly welcome them to the club.

Big winners on the **Fountains** this month were Steve Webb, Billy Smith, Paul Evans and Bob Bolt. On our next meeting day (9/19) we'll be having a mixer with best ball team competition.

In the **Oaks** report, Bob Olsen stated that there is consideration to improving the payouts each week by paying for chip-ins and sandies in addition to birdies and closest to the pins. It will probably require a slightly higher buy-in to participate. More to follow.

Hole in one awards are being revised and computerized and an updated club roster is being prepared by Paul Evans. The 50/50 drawings were won by Wayne Widener and Keith Andreas. Hit 'em straight!

## CV TENNIS CLUB

By Diane Hoadley



The CV Tennis Club did not have a monthly meeting/potluck in August due to its hosting of the Chili Cook-Off.

The next monthly meeting/potluck will be a picnic in the park on Thursday, September 12 at 5:30 pm, hosted by Billy and Doreen Smith. Hope to see you all there!

*A severe slice is a thing of awesome power and beauty.*

## OAKS LADIES GOLF CLUB

By Betty Service



The August meeting was well attended. A new pairing arrangement was started last month and it seems to be working well. Players arrive 15 minutes early and draw a playing card marked with a hole #. For instance: Four players draw hole #14; they would go to that hole and see who they are playing with for the day. You get a chance to play with people you don't normally play with.

Betty Service has started a new challenge for players in addition to the weekly games. It is "closest to the pin". She picks a hole each week that can be reached in one shot. It is purely voluntary to get in and costs \$1. Whoever gets closest to the pin gets ½ of the pot and the other half goes in the treasury. The first week was won by Doreen Burchett for \$7.50.

Upcoming events will be the Safari October 24. Stay tuned for further details as it gets closer.

President, Joyce Morgan suggested a new service project. It will be "back to school" supplies for needy children. It was agreed by all to be a good project. Please bring supplies to the September meeting.

The 50/50 was won by Bev Bedwell in the amount of \$11.00. Better go to the casino Bev! Keep enjoying the remainder of your summer and keep that sunscreen on.

*No matter what causes a golfer to miff a shot, all his playing partners must solemnly chant "You looked up" or else invoke the wrath of the universe.*

*"Nice lag" can usually be translated to "lousy putt". Similarly, "tough break" can usually be translated "way to miss an easy one!"*

*Golf should be given up at least twice per month.*

## GET UP AND MOVE!

All residents who like to work out in the morning

**COME SEE WHAT IT'S ALL ABOUT!**

**YOGA, ZUMBA, AEROBICS**

We'll show previews  
on the big screen in the Hall  
of all the workouts

**10 am - TUESDAY, SEPT. 17**

Healthy snacks will be served

**For more information email  
[linda8975186@yahoo.com](mailto:linda8975186@yahoo.com)**

*FYI - All classes are run by resident volunteers. If you'd like to join a class but the times are not convenient for you, feel free to start a new session at a different time and we'll advertise it for you. The DVDs used for aerobics, zumba, yoga, and line dance are available for any resident who wants to start a new class. Contact Janet LeRossignol for more information (749-7934).*

### **CHAIR YOGA - MWF - 8 am**

In these sessions of Chair Yoga you will be following the instructor on the DVD while sitting in a chair. It feels great and is easy to follow.

Contact - Linda Harper (751-0075)

### **WATER EXERCISE - MWF - 10 am, TTh - 4 pm**

This is 40 minutes of water aerobic exercises in the pool to a guided CD. Come join us for a workout that's easy on your joints!

Contact - Deanna Clatworthy (751-0204)

### **EARLY BIRD WALKIE TALKIES - Mon-Sat 7:30**

Meet at the mailboxes and join a group of women who walk through the Village for about a half hour of exercise.

### **BEGINNING LINE DANCE - Tuesdays at 6 pm**

Before you come to your first class, please call Janet LeRossignol (749-7934).

### **INTERMEDIATE LINE DANCE - MWF 9 am**

Try the Tuesday evening dance class first to learn the steps to popular line dances. If you already dance and catch on quickly by watching others, the intermediate sessions are for you.

Contact - Janet LeRossignol (749-7934)

**Visit the CV gym.**

**It's important for your physical  
and mental health to stay active!**

**NEW**

### **AEROBIC DANCE & ZUMBA**

Tues/Thurs - 8 am

35 minutes of aerobics, then 20 minutes of Zumba.  
This session is a very energetic workout.  
Contact - Linda Harper (751-0075)

## **PICKLE BALL AT CV**

Pickle Ball is now available at the CV! Find a partner or foursome and head over to the tennis courts. The equipment (balls and racquets) are kept in a storage bin on the courts. If you don't already have one, you'll need to purchase a tennis court key (\$10) from Karin in the Office.

### **BOCCE BALL**

*The Bocce Ball courts are open for anyone to play. The rules of the game are posted on the side of the shed where the equipment is stored. Your pool key will open the shed. Gather a few friends for a friendly game!*



## LIBRARY

By Joann, Connie, Liz, Judy, Priscilla

Recently we had a perfect example of the donation of a large collection of books. The donor contacted a librarian in advance so we all gathered to handle the many books. Thank you!

The Westerns (Louis L'Amour, etc.) seem to be multiplying themselves so we'd like to move them. We need a small (2½ or 3 ft. wide x 3 or 4 ft. high) bookcase. If anyone has such an expendable item, please call Connie (749-9995) or Liz (749-0368).



## VAN TRIPS

The Village Van goes to the Von's Shopping Center on El Norte Pkwy every **Friday at 9 am**. Please call the Office to sign up (749-8008). All residents who no longer drive are welcome.



## GOLF CART CLINICS

Fridays - 2nd, 3rd, and last  
9 am at Car Wash area

**The A-1 Golf Cart** Clinic is held every *second* Friday.

**The Golf Carts & More** Clinic is held every *third* Friday.

**The Escondido Golf Cart** Service Clinic is every *last* Friday.



## NEED YOUR FRUIT PICKED?

If you have fruit on your trees and cannot pick it yourself, **please call resident Etta McQueary (619-606-1062)** and she'll send someone to do it for you. You can keep what you want, and the rest will be placed at the mailboxes to share with everyone.

## BOOKMOBILE

By Betty Mortz

**Tuesdays, Sept. 3 and 10**  
**10 am - 12 noon**



The North County Bookmobile will be here serving our reading needs on the dates listed above. Come meet Luis and Martha and enjoy the opportunity of the books, magazines, etc. for our pleasure. It is available to us the first and third Tuesday of each month and is parked near the Laundry Room.

## FRIENDS HELPING FRIENDS

By Pat LeRossignol



We are volunteers who drive CV residents to medical appointments when they have no other means of getting there. If you need a ride, please call **Pat LeRossignol (749-7934)** and we'll find a driver for you. ***if it's a real emergency call 911!***



By Linda Harper

I have See's gift certificates and can get boxed candy for you. Please specify what type of candy you want, put your order and check made out to Linda Harper in the CVPOA dropbox or in my mailbox at 186 Skyline. The price is \$14.50/lb and I'll deliver your order to your home.

## ***BRAIN TEASERS FOR SENIORS***

1. Johnny's mother had 3 children. First child was named April. Second child was named May. What was the third child's name?
2. There is a clerk at the butcher shop who is 5' 10" tall and wears size 13 sneakers. What does he weigh?
3. Before Mt. Everest was discovered, what was the highest mountain in the world?
4. How much dirt is there in a hole that is 2 ft. by 3 ft. by 4 ft?
5. What word in the English language is always spelled incorrectly?
6. What was the President's name in 1975?
7. If you were running a race and you

*passed the person in second place, what place would you be in?*

8. If a farmer has 5 haystacks in one field and 4 haystacks in another field...how many haystacks would he have if he combined them all in a third field?

### **Answers:**

1. Johnny
2. Meat
3. Mt. Everest
4. There is no dirt in a hole.
5. Incorrectly
6. Barack Obama
7. Second place
8. One

## ACTIVITIES AT A GLANCE

<u>BRIDGE</u>	<u>TIME</u>	<u>CONTACT</u>	<u>PHONE</u>
Bridge for Everyone	Tuesday - 1 pm	Ernie Uyeda	749-1940
Couples Bridge	2 <sup>nd</sup> Wednesday - 5 pm	Linda Harper	751-0075
Mixed Duplicate Bridge	2 <sup>nd</sup> Thursday - 1 pm	Ernie Uyeda	749-1940
<u>CARDS &amp; GAMES</u>			
Bunco	2 <sup>nd</sup> /4 <sup>th</sup> Friday - 1 pm	Delores Madsen	751-3472
Cribbage	Monday - 1 pm	Billy Smith	751-3305
Game Night	Monday - 6 pm (5pm 2 <sup>nd</sup> Mon)	Linda Harper	751-0075
Hand and Foot	Monday - 1 pm	Rosie Uyeda	749-1940
Penny Canasta	Thursday - 1 pm	Sandra Watkinson	749-0164
Pinochle	1 <sup>st</sup> /3 <sup>rd</sup> Friday - 1 pm	Marion Psota	751-3940
Pool Players	Tues/Thurs - 1 pm to 3 pm		
<u>CRAFTS, ETC.</u>			
Scrap Book Club	4 <sup>th</sup> Saturday - 10 am	Janet Hyman	749-8120
Happy Hands	Tuesday - 1 pm	Janina Garvey	749-1730
<u>EXERCISE</u>			
Aerobics/Zumba	Tues/Thurs - 8 am	Linda Harper	751-0075
Chair Yoga	M/W/F - 8 am	Linda Harper	751-0075
Line Dance-Beginning	Tues - 6 pm (no class 4 <sup>th</sup> Tues)	Janet LeRossignol	749-7934
Line Dance-Intermediate	MWF - 9 am	Janet LeRossignol	749-7934
Walkie Talkies	Mon-Sat - 7:30	Linda Harper	751-0075
Water Exercise	MWF - 10 am & TTh - 4 pm	Deanna Clatworthy	751-0204
<u>BIBLE STUDY</u>			
Catholic Bible Study	Wednesday - 6:30 pm	Jim/Carol Kostick	749-8313
Prayer Group	1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays - 10 am	Eunice Dirks	913-5040
Shabbat Club	Last Friday - 7 pm	Barbara Pittman	751-4342
Vespers	Sunday - 4 pm	Margaret Meadows	749-7573
Village Care Group	1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays - 6:30 pm	Ken Sumner	751-4012
<u>SPORTS</u>			
Fountains Ladies Golf	Wednesday morning	Betty Service	749-0575
Men's Golf	Tuesday/Thursday morning	Lee Rabeneau	751-2544
Oaks Ladies Golf	Thursday morning	Barbara Houg	291-8518
Table Tennis	M-Th - 4:30-6:30 pm	Lee Conner	749-2857
Tennis Club Meeting	2 <sup>nd</sup> Thursday - 5:30 pm	Delores Madsen	751-3472
<u>VOLUNTEERING</u>			
Care & Concern Committee		Bev Davenport	751-3025
Friends Helping Friends (rides to doctor appointments)		Pat LeRossignol	749-7934
<u>MISCELLANEOUS</u>			
Bubbly Babes/Red Hats	Various	Mary Starkey	751-0825
Chorus	Tuesday 10 – 12	Barbara Houg	291-8518
Library		Joann Galarneault	751-0223
Lions Club	3 <sup>rd</sup> Wednesday - 5:30 pm	Alan Rings	(858) 395-7572
Social Activities Committee		Peggy/Michael Holder	690-3798
Village Solos	2 <sup>nd</sup> Friday - 5:30 pm	Judy Johnson	749-2611
		Marlene Montooth	749-7445

**For changes to this list contact Karin in the Village Office**

## CHAMPAGNE VILLAGE CALENDAR - SEPTEMBER 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>NO BREAKFAST</b> 4:00 Vespers	2 <b>OFFICE CLOSED</b> 8:00 Chair Yoga 9:00 Line Dancing 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-6:30 Table Tennis 6:00 Game Night	3 8:00 Aerobics/Zumba 10:00 Chorus <i>10:00 Bookmobile</i> 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Shanghai 4:00 Water Aerobics 4:30-6:30 Table Tennis 6:00 Beginning Line Dance	4 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics 4:30-6:30 Table Tennis 6:30 Catholic Bible Study	5 8:00 Aerobics/Zumba <i>11:30 Oaks Ladies</i> 1:00 Pennies 4:00 Water Aerobics 4:30-6:30 Table Tennis	6 <b>TRASH PICK UP</b> 8:00 Chair Yoga 9:00 Line Dance 9:00 Shop/CV Van 10:00 Water Aerobics <i>1:00 Pinochle</i>	7 8:00 Aerobics/Zumba 10-4 Private Party-Hall 12-4 Private Party-Park
8 4:00 Vespers	9 8:00 Chair Yoga 9:00 Line Dancing 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-6:30 Table Tennis 5:00 Game Night Potluck	10 8:00 Aerobics/Zumba 10:00 Chorus 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Shanghai 4:00 Water Aerobics 4:30-6:30 Table Tennis 6:00 Beginning Line Dance	11 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics <i>11:30 Fountains Ladies Golf</i> 4:30-6:30 Table Tennis 5:00 Couples Bridge 6:30 Catholic Bible Study	12 8:00 Aerobics/Zumba <i>1:00 Mixed Duplicate Bridge</i> 1:00 Pennies 4:00 Water Aerobics 4:30-6:30 Table Tennis 5:30 Tennis Club 6:30 Village Care Group	13 8:00 Chair Yoga 9:00 A-1 Golf Carts 9:00 Line Dance 9:00 Shop/CV Van <b>9:00 WORKSHOP</b> 10:00 Water Aerobics <i>1:00 Bunco</i> 4-10 Private Party-park 5:30 Village Solos	14 8:00 Aerobics/Zumba  <i>3:30 Swing Band in the Park</i>
15 4:00 Vespers	16 8:00 Chair Yoga 9:00 Line Dancing 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-6:30 Table Tennis 6:00 Game Night	17 8:00 Aerobics/Zumba 10:00 EXERCISE DEMO 10:00 Chorus <i>10:00 Bookmobile</i> 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Shanghai 4:00 Water Aerobics 4:30-6:30 Table Tennis 6:00 Beginning Line Dance	18 8:00 Chair Yoga 9:00 Line Dance 10:00 Water Aerobics <b>1:00 BOARD MEETING</b> 4:30-6:30 Table Tennis <i>5:30 Lions Club</i> 6:30 Catholic Bible Study	19 8:00 Aerobics/Zumba <i>11:30 Men's Club</i> 1:00 Pennies 4:00 Water Aerobics 4:30-6:30 Table Tennis	20 <b>METER READING</b> 8:00 Chair Yoga 9:00 Golf Carts & More 9:00 Line Dance 9:00 Shop/CV Van 10:00 Water Aerobics <i>1:00 Pinochle</i>	21  <i>Carpets cleaned</i>
22 4:00 Vespers	23 8:00 Chair Yoga 9:00 Line Dancing 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-6:30 Table Tennis 6:00 Game Night	24 8:00 Aerobics/Zumba 10:00 Chorus 1:00 Bridge for Everyone 1:00 Happy Hands 1:00 Shanghai 4:00 Water Aerobics 4:30-6:30 Table Tennis 6:30 Bunco	25 8:00 Chair Yoga 9:00 Line Dance <b>12-4 FLU SHOTS</b> 4:30-6:30 Table Tennis 6:30 Catholic Bible Study	26 8:00 Aerobics/Zumba 1:00 Pennies 4:00 Water Aerobics 4:30-6:30 Table Tennis 6:30 Village Care Group	27 8:00 Chair Yoga <i>9:00 Escondido Golf</i> 9:00 Line Dance 9:00 Shop/CV Van 10:00 Water Aerobics <i>1:00 Bunco</i> 7:00 Shabbat Club	28 8:00 Aerobics/Zumba  <i>10:00 Scrapbook Club</i>
29 4:00 Vespers	30 8:00 Chair Yoga 9:00 Line Dancing 10:00 Water Aerobics 1:00 Bridge 1:00 Hand & Foot 1:00 Cribbage 4:30-6:30 Table Tennis 6:00 Game Night					