

Champagne Village

CV TIMES

SEPTEMBER 2020

CVPOA HOURS

THE OFFICE WINDOW REMAINS CLOSED. OFFICE STAFF ARE ON SITE AND AVAILABLE BY EMAIL, PHONE OR THE HALL DROP BOX

9:00am – 4:00pm M-F
(lunch 11:30am – 12:30pm)

KIOSK 8:00am – 4:00pm M-F
10:00am – 4:00pm S-S
LABOR DAY 10:00 – 2:00

TRASH FRI, SEP 11th

POOL HOURS

SEP 1-15 8:00am – 9:00pm

SEP 16-30 9:00am – 7:00pm

**RESIDENTS ONLY: NO GUESTS
UNTIL FURTHER NOTICE**

BOARD MEETING

THURSDAY, SEP 17 6:00pm
details TBA

UPCOMING EVENTS

Chair Yoga

Mon, Wed, Fri 8:00am, Picnic Area

Gathering Place

Mon-Sat 8:30 - 10:30am

Pickleball

Mon, Fri at 8:00am, Tennis Courts

September News

The Board held its monthly meeting Thursday, August 20th, via Zoom. The full Board attended at the Hall along with volunteers to count the ballots, as well as candidates on the ballot who were invited to watch the counting. Unfortunately, due to technical issues, it was learned only later that those attending online were unable to hear the meeting. Volunteers, under the direction of the Inspector of Elections, began the task of counting ballots immediately after the Board's roll call. Concurrently, the following business was transacted:

- The Board voted to transfer \$10,000 (the first quarter's savings from the well) and another \$10,000 (the second quarter's savings) from the operating account to the reserve account.
- The Board approved a request from Doug Ries (#335) to coordinate and host the 2020 Veterans Day ceremony at the Veterans Memorial.
- The results of the ballot count were announced shortly after the conclusion of business. The new Board members are Charolette Steele, Wade Steverson and Susie Riley. (Actual counts for all candidates are provided later in this newsletter.)

Following the count, the new Board met to elect the following officers: Wade Steverson, President; Greg Lorton, Vice President; Charolette Steele, Secretary; and Roger Elyea, CFO. Committee appointments largely remained the same: check the blue sidebar on page 2 for details.

The next Board meeting is scheduled for Thursday, September 17th at 6:00pm. Details to follow.

**Please note that
all COVID rules
and closures
remain in effect
until further notice: see page 3.**



CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: tsteigely@associatedasset.com Board email: CVPOAboard@gmail.com

Website: ChampagneVillage.org Phone: (760) 749-8008 Fax: (760) 749-8036

Office Closed Labor Day

The CVPOA office will be closed Monday, September 7th, in observance of Labor Day.

Reminders: Front Gate and Kiosk

During normal hours, be sure to call or email the Kiosk ahead of time if you're expecting guests or vendors.

Bringing your RV into the Village

RVs should enter through the North Gate (Welk Resort), since the Main gate does not remain open long enough for RVs.

Contacting the Office

The Office window remains closed, but the staff is here: please email (tsteigely@associatedasset.com) or phone us (760-749-8008) or use the drop box located to the left of the Office window.

IF YOU NEED HELP

Contact the Office (760-749-8008) for help getting food or prescriptions: we have a list of kind and caring residents ready to shop for you!

If You Need to Report an Emergency

If you need to report an emergency that might endanger life or property here in the Village (a fire or injury, for example), call 911 immediately – whether or not the Office is open.

To report a maintenance emergency during Office hours, call the Office (760-749-8008) to speak with Tami or Tom.

To report a maintenance emergency after hours (the gate not functioning, for example), call the Office (760-749-8008) and remain on the line until you are connected with a live person who will take your message. One of our staff is always on call for these issues.

SECURITY DISCLAIMER

We hope that our entry systems provide some deterrence to crime. However, no matter what steps we take, the Association can never be completely safe and secure. For example, it is possible for someone to enter the property under false pretenses to commit crimes, for residents to commit crimes against their own neighbors, for guests of residents to commit crimes, and for employees to commit crimes. As a result, the Association is not and can never be free of crime, and we cannot guarantee your safety or security. Accordingly, you should NOT rely on the Association to protect you from loss or harm. Instead, you should provide for your own security by taking common-sense precautions such as carrying insurance against loss, keeping your doors locked, refusing to open your door to strangers, asking workers for identification, installing a security system, locking your car, etc. You may also wish to check various websites and law enforcement lists to be aware of those living in your area.

BOARD OF DIRECTORS

Wade Steverson President
Greg Lorton Vice President
Charolette Steele Secretary
Roger Elyea CFO
Joe Rossi Director
Karen Smith Director
Susie Riley Director

BOARD COMMITTEES

Architecture & Landscape
Karen Smith

Common Area Facilities
Joe Rossi

Common Area Landscape
Greg Lorton

Emergency Preparedness
Greg Lorton

Communications
Everett Smith

Governing Docs
Everett Smith

Social Activities
Linda Steverson

CV TIMES EDITOR

Susie Riley #311
CVTimesEditor@gmail.com
(603) 938-5283

DEADLINE FOR ARTICLES AND ADVERTISEMENTS 15th of each month

Residents are encouraged to write articles, submit photos and provide feedback on our newsletter to help make it better.

The Editor reserves the right to edit or print any item submitted.

FAQS: CV Events, Activities, Areas

How will we know when activities/events are back open?

The Executive Committee closely monitors county and state mandates, to determine when it's safe to reopen common areas and resume activities. Updates resulting from these meetings will be sent via one-calls, with notices posted at the Mail Center and Hall Lobby.

What about packages in the Hall?

The Hall remains open for you to pick up your packages. Bring your mask and please don't linger or congregate while collecting them.

Can I walk my dog? Take a walk? Drive my golf cart?

Yes, but you must socially distance and wear a mask when you can't.

RULES: REOPENED COMMON AREAS

Pool Area

HOURS: 8:00am – 9:00pm

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN EIGHT PERSONS at a time

Pool time limit: one hour

Chairs, tables and loungers cannot be moved other than turning

THE SPA IS CLOSED UNTIL FURTHER NOTICE

Dog Park

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN EIGHT PERSONS at a time

Chairs cannot be moved other than turning

No personal chairs are allowed

Time limit: 30 minutes (with at least one hour before re-entry)

Pickleball / Tennis Courts

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN EIGHT PERSONS at a time

Sanitize equipment after use

Gathering Place Patio

Open only for outdoor use (only hosts allowed inside)

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN EIGHT PERSONS at a time

Picnic Area

Open for recreation only (Chair Yoga, Line Dancing)

Residents only: NO GUESTS

Maintain six feet of social distancing

NO MORE THAN EIGHT PERSONS at a time in the same area

CHAMPAGNE VILLAGE

FACILITIES CLOSED

HALL: Stage Room, Kitchen, Seating (Living Room) Areas, Card Room, Pool Room)

HALL Office Window

GYM (Fitness Room)

SPA inside Pool Area

CHAMPAGNE VILLAGE

FACILITIES OPEN

HALL: Library and Lobby (for notices, Office drop-offs and package pickups)

Gathering Place (**OUTSIDE ONLY**)

Dog Park

Laundry Room

Tennis and Pickleball Courts

Bocce Ball Area

Picnic Area

Ping Pong Tables (**OUTSIDE ONLY**)

MASKS PLEASE!

Per the County of San Diego and the State of California, Villagers must practice social distancing, and wear face coverings when they can't socially distance by at least six feet.

USING COMMON AREAS THAT ARE OPEN

- You must abide by all **EMERGENCY COVID RULES**.
- If you're not well or you have tested positive for COVID-19, **STAY HOME**.
- Distance yourself from others who do not live with you by at least **SIX FEET**.
- Wear **FACE MASKS** whenever you cannot create six feet between others.
- **NO GUESTS** (including family members) are currently permitted.
- You agree that you are using these areas **AT YOUR OWN RISK**.
- You are responsible for providing your own **HAND SANITIZER**.
- When done, **WIPE DOWN AND SANITIZE** all furniture and bathroom surfaces that you touch.



Lions Tom Bossmeyer, Bruce and Rita Cripe and Alan Rings pose with Interfaith staff.

VILLAGERS DONATE \$2,500 IN SCHOOL SUPPLIES FOR HOMELESS STUDENTS

Last month, Villagers donated \$2,500 to the CV Lions Club to buy school supplies for 144 homeless and disadvantaged area children in grades K-12. The CV Lions Club partnered with Interfaith Community Services, which is distributing these supplies.

The two carloads of purchased school supplies included 3-ring binders, scissors, notebooks, composition books, pencils, pens, colored pencils and markers, rulers, flash drives and earbuds.

“We were blown away by the generosity. I thank every neighbor who’s helped us,” said Lion President Tom Bossmeyer. “We were hoping to get at least \$500 in donations, but it was five times more than we hoped for,” said Alan Rings, Club Treasurer.

Project Chairman Bruce Cripe noted that with that much money, the Lions were able to equip 144 children for success in school.

Interfaith staffer ‘B’ Hernandez wrote, “I really want to thank Champagne Village Lions Club for the wonderful donation of school supplies that are already benefiting the kids in our community. It was a pleasure connecting with all of you and we’re just still blown away at the quantity of school supplies you delivered. You all ROCK!! Thanks a billion times over and we look forward to another partnership with the Lions Club in the near future.”

Your CV Lions Club is seeking caring new members to have fun while fulfilling our commitments of community service. Please contact Bruce Cripe (760-712-1405).

CFO Monthly Report

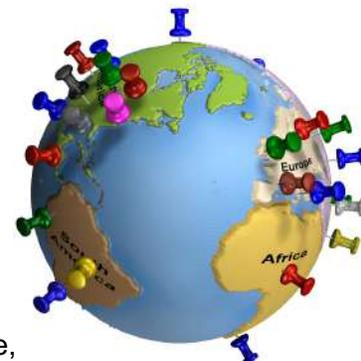
Roger Elyea (#125)

Analysis of Village Finances shows us in a strong position through the month of July. We maintain two types of accounts, checking (Operating) and Reserves. To function properly, we need a minimum of \$50,000 on our Operating accounts. We have over \$88,000 and that is after we have retired a loan from our Reserve account in the amount of \$23,774 and after having paid our annual firebreak invoices of \$16,000. We are currently \$97,000 under our expense budget, \$70,000 of the amount being contributed by savings from our well.

The Well project has now been completed, so our Reserve fund will quickly strengthen and allow us to fund upcoming street resurfacing and tennis court repairs that are in the contract bidding stage. Given our current track, the financial outlook for the village remains strong.

Where do YOU come from?

In an upcoming CV Times issue, we’ll add a two-page map of the U.S. with pins marking where we all come from. Whether it’s the city you last lived in before moving here, or it’s your childhood hometown, let us know. This will be fun – but only if many of us participate. You might discover that one of your neighbors is from *your* town! Email your info before September 30th to CVTimesEditor@gmail.com.



We can do it, San Diego!!
Stay home. Stay strong.
If you leave your place,
cover your face.

www.coronavirus-sd.com



Next time you drive by the kiosk, be sure to give a wave to **SHERRY RUSSELL**, our newest kiosk worker!

Election Results Seats for the Board of Directors

A TOTAL OF 309 BALLOTS WERE RECEIVED:

Charolette Steele	210	Joanne Hansen	149
Wade Steverson.....	163	Donna Perez	116
Susie Riley	154	Charlie Service	105

Thanks to Janet LeRossignol, our Inspector of Elections, and those volunteers who assisted in the count: Donna Baugh, Andrea Canady, Brenda Deubig, Anna and Terry Doane, Rosemary Gary, Cindy Guss, Martie Jensen, Pat Krumweide, Pat LeRossignol, Anna Marie Montoya, Sherry Russell, Sharon Strother, Stella Sutherlin, and Ginny and Tom Walker.

FLU SHOT CLINIC

Saturday, October 13th

9:30am - 11:30am

Picnic Area

Palomar Health FREE flu shots
(if you qualify under Medicare, otherwise \$20)

CHAMPAGNE VILLAGE RESIDENTS ONLY

Bring your valid photo ID, Medicare Card and any supplemental insurance cards with you. No appointment is necessary.

Social distancing and face coverings required.

For more information, contact Tami at the Office.

Things I'm super good at:

1. Forgetting someone's name 30 seconds after I meet them.
2. Running. Late, that is...
3. Making plans – and then regretting making plans.
4. Thinking of a great comeback – an hour later.
5. Digging through the trash for the food box I just tossed, because I already forgot the directions.
6. Googling my ailments and then panicking.
7. Leaving laundry to wrinkle in the dryer.
8. Forgetting why I walked into a room.
9. Looking for my phone while I am on my phone.
10. Calculating how much sleep I'll get if I could just fall asleep 'right now.'

DON'T FORGET!

If you opt out of the ONE-CALL system, you will not receive any further calls, including those made by the Office in an emergency. To be returned to the list and not receive non-emergency calls, call Tami in the Office.

Found a Snake in your Yard? Don't Kill It!

Snakes are valuable predators that keep our rodent population under control. If you find a snake, call one of these residents to remove it for you. We take the snakes to a remote location in the mountains and release them in a safe place. Want to help? Call Terry Quimby.

- Gary Krumweide #262 310-8827
- Anna Marie Montoya #173 751-0287
- Terry Quimby #329 749-8422

Get a \$25 Gift Certificate when You Refer Someone to Us and They Purchase an Ad!

There's plenty of space for more advertisers in our CV Times Newsletter. Ads are a great way to reach the 457 homes and 640+ residents here for just pennies per day.

Mention this opportunity to the businesses who serve YOU. If they purchase advertising space larger than half a page for one year, you get a \$25 gift certificate!

Be sure to have any interested businesses contact the Office – and get them to mention your name and space number, to claim your gift certificate!



CV VETERANS:

Order your Paver Today

More than 40 spaces remain in our CV Veterans Memorial. If you are a veteran who lives or has lived in the Village and would like to add your name to our memorial, now is the time!

To place your order, we need your name as you want it to appear on your paver, your space number, military rank, branch of service, years served and location if you choose (Korea, for example).

The deadline for all orders is September 20th, to ensure installation prior to Veterans Day.

TO ORDER, call **Susie Riley** at (603) 938-5283. *Please note that we need a minimum of six paver orders to proceed with installation this year.*



**IF 2020 WERE A DRINK,
YOU KNOW WHAT IT WOULD BE?
A COLONOSCOPY PREP.**

**DON'T LET THEM TAKE YOUR
TEMPERATURE WHEN YOU GO INTO A
STORE! IT'S A SCAM! THEY'RE ERASING
YOUR MEMORY: I WENT IN FOR BREAD
AND EGGS AND CAME HOME WITH
BEER AND ICE CREAM!**

FREE Food Assistance

Meals, delivery and pickup

Aging & Independence Services (AIS)
(800) 339-4661

Jacobs & Cushman San Diego Food Bank
(858) 527-1419 OR call 2-1-1

Feeding San Diego
(858) 452-3663

Meals on Wheels of San Diego County
(619) 260-6110

ElderHelp
(619) 284-9281

Partner in Aging
(858) 480-1453
pharmacy and grocery pickup assistance

FREE Physical Therapy

Physio2Go provides **FREE** physical therapy via Telehealth to whomever needs it, no questions asked. A physical therapist will listen to your problem, watch you move, and give you special tests to determine the best plan of action for you.

Phone: (877) 827-8246
Email: referrals@physio2gopt.com

FREE Rides

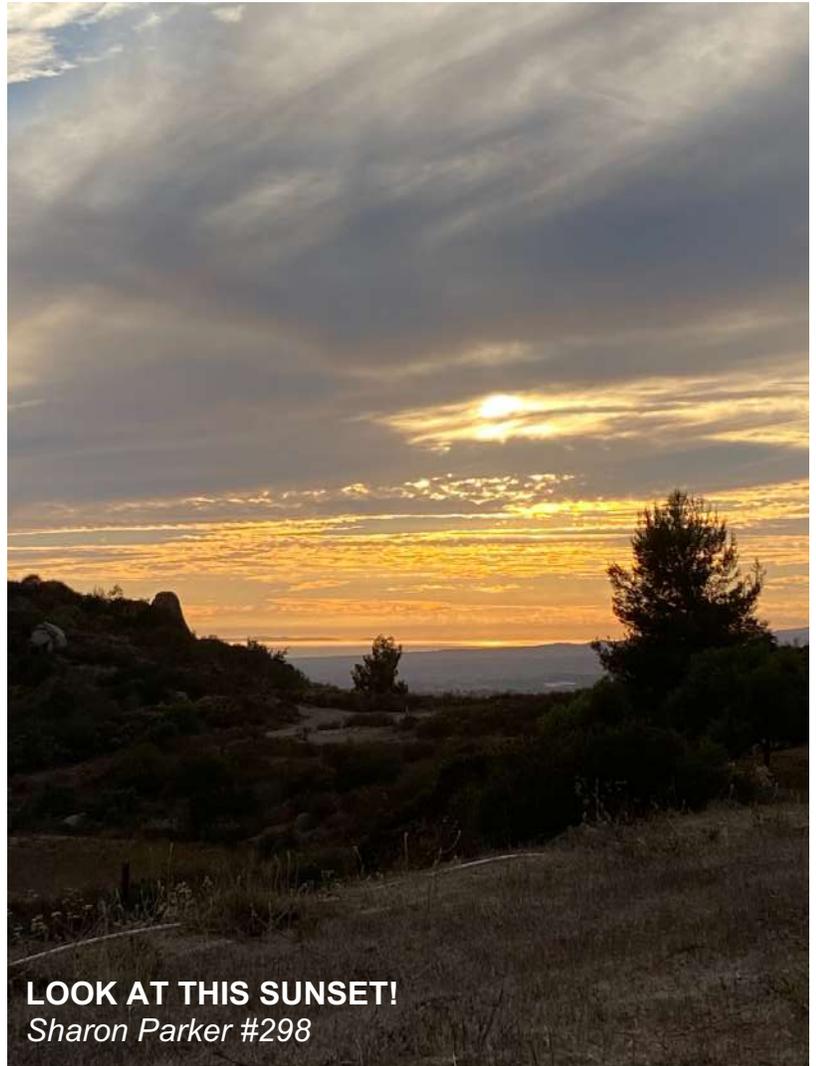
Facilitating Access to Coordinated Transportation

FACT offers **FREE rides** in San Diego County (including North County and the Escondido area) for seniors, persons with disabilities, students, veterans, and other residents who need assistance to make essential trips for medical, pharmacy or grocery needs.

TO ARRANGE A RIDE, call (888) 924-3228
8:00am and 3:00pm, Monday - Friday
Call ahead, 3-7 days in advance if possible.

Have the name(s) of the rider(s) to be transported, the pick-up address and time, and specify if any rider uses a mobility device such as a wheelchair or scooter.

Rides are available on a first-come, first-served basis.



LOOK AT THIS SUNSET!
Sharon Parker #298

CVPOA Website: A Useful Resource!

The Association's website provides a wealth of resources that include our governing docs, meeting notices and agendas, approved meeting minutes, an interactive calendar of events, a searchable resident directory, a library of CV Times issues and much more. To access this information, you'll need to register in order to log in:

1. Go to ChampagneVillage.org.
2. Click on the SIGN IN button at the top of the page.
3. Under the NEW USER? header, click on SIGN UP, then fill out the form.
4. Click on the AGREE button once you've read the Terms of Service. At this point, you're all set!

Once your information has been verified, you'll receive an email letting you know that you can log into the website by clicking on SIGN IN button, and entering the username and password you chose when you registered. If you have any questions or encounter problems, contact the Office.

Care and Concern News

Charolette Steele #334

Thank You

We would like to thank those residents who donated food for us to distribute to members of our community. We gave a box of canned goods to the first three people on our list that we reached by telephone who said that they would like to receive it. It is heartwarming to know that we have such kind and caring residents.



Old Time Sayings

I have been going through some things that belonged to my mother and found a *Ford Home Almanac and Facts Book* from 1939. This was an insert from the book that might be good things for us to remember right now in the year 2020, 81 years later!

Marshall Field's

12 THINGS TO REMEMBER

1. The value of time.
2. The success of perseverance.
3. The pleasure of working.
4. The dignity of simplicity.
5. The worth of character.
6. The power of kindness.
7. The influence of example.
8. The obligation of duty.
9. The wisdom of economy.
10. The virtue of patience.
11. The improvement of talent.
12. The joy of originating.

Help Us Update our List Please!

When we were making phone calls to find residents who would like to receive donated food, we discovered that our list needed to be updated. Since we do not know everyone in our Village we are asking for your help. If you would be interested in receiving donated food or if you know of a resident who might benefit from receiving donated food, please call either Donna Perez (602-410-2768) or Charolette Steele (760-805-2611). Thank you for your help!

Care and Concern committees are composed of volunteer teams who provide support for residents of our community through prayer and care.

Champagne Village Lions Club

Our 25th Year

Lion Alan Rings #386
WE SERVE



At the August 19 Lions Board meeting, **Dave Belt #395**, was voted to become the Club's 30th member. Your CV Lions Club is seeking caring new members who want to have fun while fulfilling our commitments of community service. Please contact Membership Chair **Bruce Cripe** at (760) 712-1405.

Have you seen the blue shade canopies at the Dog Park? They were donated by your Lions Club for the comfort of Villagers on hot summer days.

Your Lions Club assisted **Sandy Sidars #100**, who is legally blind, to purchase an OrCam Reader. Sandy can point this small hand-held device at a book, the CV Times, business letters, bills and even her computer screen, then press a button. OrCam takes a picture, processes it and reads the text to her through a built-in speaker. "It helps me read again," **Sandy** says. "It has given me back my independence." For a demonstration of this incredible technology, call her at (760) 749-8321 or go to orcaml.com.

Thanks to all the Villagers who so generously donated \$2,500 to the Lions' and Interfaith Community Services' school supplies drive. See the full story on page 4.

You know your Lions Club recycles eyeglasses - but did you know we also recycle hearing aids? If you have some you no longer need, place them in the Lions box in the Hall near the Card Room, where you also drop off eyeglasses for recycling.



Tennis and Pickleball

Nancy Thweatt #93

Learn Pickleball!!

No reason to be bored - learn a fun, new sport!



Have you ever had an interest in learning to play Pickleball? **Now is the perfect time!** It is a great way to exercise and make new friends. If you've ever played tennis, ping pong, racket ball or volleyball you will be surprised at the crossover skills.

General fitness helps too as some running is necessary. **Call ahead or just show up at our regular scheduled sessions on Mondays and Fridays 8:00am.** We have extra paddles. We're happy to take you through the basics!

Call: Jan (661-203-9352) or Nancy (760-519-0161). See you there!



Tom Bossmeyer (#13) and Marge Dubecky (#261) take a break from a recent game of Pickleball.

From the Editor



Every month when I put the CV Times together, I'm always so grateful for the beautiful photos, news items, questions, jokes, fillers and suggestions you all send me. It makes my job easier (not to mention more fun!), what with so little happening around here these days to report on. Keep it all coming, it's most appreciated!

This month, be sure to send your hometown location (see page 4) as well as your service photo if you're a veteran (see page 17). Lots of fun CV Times features are on the horizon: stay tuned and keep reading!



POLITICAL SIGNS IN THE VILLAGE

Per Section 4710 of California's Civil Code, signs or posters cannot be larger than 9 square feet, and flags or banners no larger than 15 square feet.

HOW ABOUT A MOVIE?

Our HALL LIBRARY is remains open and has hundreds of MOVIES, books and magazines for you to borrow and enjoy.

PLEASE BRING YOUR MASK, make your selections and don't linger, to create safe space for others also wanting a book or movie. Return them by placing in the basket.

Donations are always welcome. If you are donating more than ten books, please text Linda Clifford (760-877-4745). PLEASE: **no cookbooks, religious literature or self-help books – thanks!**



Fun September Days

- 1 **Random Acts of Kindness Day**
- 9 International Buy a Priest a Beer Day
- 14 National Kreme Filled Donut Day
- 16 Play-doh Day
- 18 Bright Pink Lipstick Day
- 19 Talk Like A Pirate Day
- 20 **Wife Appreciation Day**
- 22 National Centenarian's Day
- 25 Hug A Vegetarian Day
- 28 **National Good Neighbor Day**
- 30 Ask A Stupid Question Day

**I told my suitcases
that there will be no
vacation this year.
Now I'm dealing with
emotional baggage.**

September's Historic Moments

September 1, 1939 - At 5.30 a.m., Hitler's armies invaded Poland, starting World War II in Europe.

September 2, 1945 - President Harry Truman declared V-J Day (Victory over Japan Day) commemorating the formal Japanese surrender to the Allies aboard the USS Missouri in Tokyo Bay.

September 9, 1776 - The United States came into existence as the Continental Congress changed the name of the new American nation from the United Colonies.

September 11, 2001 - The worst terrorist attack in U.S. history occurred as four large passenger jets were hijacked then crashed, killing nearly 3,000 persons.

September 16, 1620 - The Mayflower ship departed from England, bound for America with 102 on board. The ship weathered dangerous Atlantic storms and reached Provincetown, Massachusetts on November 21st. The Pilgrims disembarked at Plymouth on December 26th.

September 17, 1787 - At the Constitutional Convention in Philadelphia, delegates from twelve states voted unanimously to approve the proposed U.S. Constitution.

September 18, 1947 - The U.S. Air Force was established as a separate military service.

September 20, 1973 - The much-hyped 'Battle of the Sexes' took place in the Houston Astrodome when Billie Jean King defeated Bobby Riggs.

September 22, 1862 - President Abraham Lincoln issued a preliminary Emancipation Proclamation freeing the slaves in territories held by Confederates as of January 1, 1863.

September 27, 1964 - After a 10-month investigation, the Warren Commission Report was issued, stating a lone gunman was responsible for the assassination of President John F. Kennedy in Dallas on November 22, 1963.

September 28, 1542 - California was discovered by Portuguese navigator Juan Rodriguez Cabrillo upon his arrival at San Diego Bay.

- Your risk of dying in a home fire is greater as you get older.
- Discuss your **fire escape plan** with family and neighbors. Contact your building manager or fire department to discuss your plan if you need extra help escaping.
- If you use a **walker or wheelchair**, check all exits to be sure that you can go through the doorways.
- If you can't hear your **smoke alarm**, consider getting one that has a different sound or one that comes with a **bed shaker** or strobe light.
- Never smoke around **medical oxygen**.
- Use a **timer** to remind you that you are cooking.



Sammy Service, owner of Betty and Charlie Service (#259) takes a break from his busy life to relax on a lazy, hot summer day.

Fire Safety: Thoughts for Seniors

Greg Lorton #346, Emergency Planning Committee and DSFSC Board Member

The following article was written by Steve Kerrin and published in the *Fire Safety News*, an email newsletter prepared by the Deer Springs Fire Safe Council (DSFSC). Steve is the president of the DSFSC. This is reprinted with permission.

According to the US Fire Administration, older adults more than twice as likely to die in a fire than the population as a whole. There are several reasons for this: diminished mobility and inability to hear an alarm rank high among those reasons.

It's no secret that as we age our hearing does not serve us as it once did. Some say that we start losing something else too, but this writer can't remember what that is...! If you suffer from hearing loss, are you able to hear your smoke or carbon monoxide alarm when it goes off? Will the alarm wake you when your hearing aids are on the nightstand while you sleep? Early warning and quick exit are critical to surviving a fire in your home or apartment.

Fortunately, there are devices to assist those with impaired hearing. There are products available that will activate a different sounding alarm that is closer, flash a bright strobe light and activate a device that will shake the bed. A quick internet search for 'smoke alarm bed shaker' will bring up several offerings. DSFSC does not endorse manufacturers, vendors, or products so please do your homework if you need such a device.

Think about your needs. Be sure to keep your glasses, hearing aid, cane, or wheelchair close to your bed at night. If there is an emergency, you will be able to grab them quickly as you leave.

The Fire Safety New is a great source of locally relevant and timely information. All residents are urged to register with the Deer Springs Fire Safe Council to receive the Fire Safety News and fire alerts. Go to dsfsc.org, and then click on 'News and Alerts' to subscribe. These services are free, although the DSFSC happily accepts donations.

Additional information on fire safety for seniors can be found at the U.S. Fire Administration website: usfa.fema.gov/prevention/outreach/media/social_toolkits/toolkit_caregivers.html

Think you Know THESE Villagers?

Jan Nyberg #221 and Nancy Thweatt #93

*Chicks and ducks and geese better scurry,
When I take you out in the surrey,
When I take you out in the surrey
with the fringe on the top...*

Gordon MacRae, from "Oklahoma!"

Who here has been a lifelong resident of Escondido? His family owned and operated a ten-acre citrus ranch that was located on Idaho and Citrus Streets back when Escondido was known for its beautiful lemon groves. One of his special Old Escondido memories is about his family's surrey with fringe on the top.

Grandma Lilian Wilkins drove the surrey well into the 1940s as she never learned to drive a car. Off she would go, a horse and surrey, into town to do her shopping and she sometimes took the Grandkids along. What a was a wonderful sight! Later, the family sold the surrey to a friend who drove it well into the '70s.

The surrey was resold and then donated to the Escondido History Center, where it was lovingly refurbished (some of it done here locally, while another part was sent to Pennsylvania) to its original glory, right down to the beautiful maroon velvet seat cushions, shiny black carriage and the fringe on the top! The family proudly rode the surrey as a parade entry in the 2019 Escondido Christmas parade. Their niece, Barbara Stump, had her picture taken that day sitting in the same place she sat and had her picture taken as a child.

His wife claims that she was a 'newcomer' to Escondido, having moved here from Minnesota in 1950. They both graduated from the old Escondido High School in the 50s. They met at Emmanuel Faith Community Church in 1962 and have been together ever since.

They both tell wonderful stories of Old Escondido, her adding that there are still large metal curb rings in place on Juniper Street that were once used to tie horses: a reminder of days long ago. For more stories about Old Escondido, ask this couple! If you care to view the real-deal surrey, it's housed in the Escondido History Center collection at Grape Day Park.

DO YOU KNOW WHO THESE VILLAGERS ARE?

Check later in this newsletter for the answer!



Welcome, New Residents!

#389 John and Penny Bilotta

John (949) 922-8666, Penny (619) 633-9042

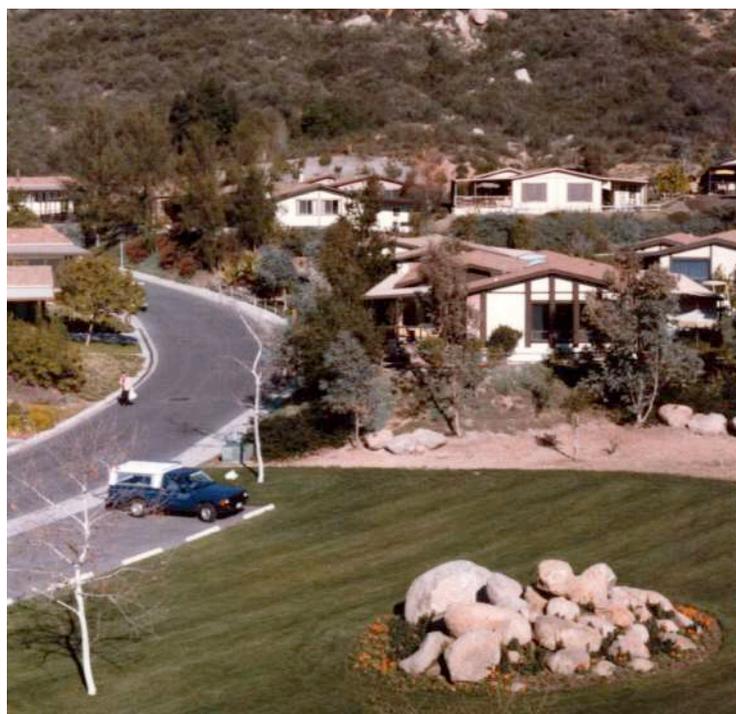
#291 Cheryl and Marty Fernandez

Cheryl 619.748.8998, Marty 619.748.8999

#434 Mary Baker 619.435.5737

#241 Tracey Daley 760.532.8288

#330 Patricia Starr 805.280.2479

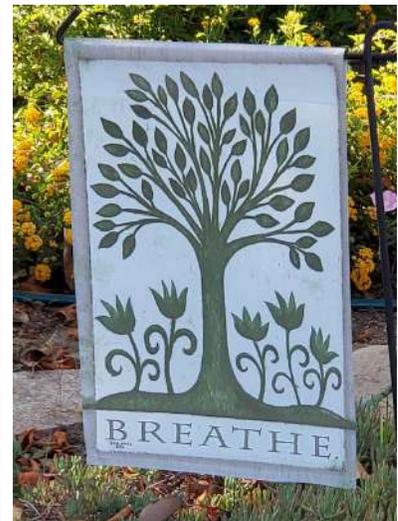


CIRCA 1980: this photo shows the pool area prior to its construction. Those boulders were moved to the hill behind the spa, where they remain today.

AROUND THE VILLAGE: FLAGS

Victoria Moore #432

Villagers express themselves with garden flags – here's just a small sampling!



SELF-EXPRESSION IS A VITAL PART OF UNDERSTANDING LIFE,
AND ENJOYING IT TO THE FULL.
OLIVER BOWDEN

CV Men's Golf

Pat LeRossignol #435

Five new members have joined us since last month's article, all outsiders (not from Champagne Village): Bob Hill, Gary Locke, Rik Mussman, Larry Sharp and Dennis Sosnowski. Fountains' players, please make a point to introduce yourselves to them at your next opportunity. Hopefully we can get some of them out on the Oaks as well.



With all of the new members over the last few months, we are approaching membership numbers we haven't seen for several years. Hopefully one of these days we can get together as a group for a lunch meeting: we'll let you know.

Any new residents that have interest in joining the club should contact Rich Magnuson at (442) 248-1916. Fountains is the larger course where we play on Thursday mornings. The Oaks players are out on Tuesday mornings.

Rankings for Golfer of the Year haven't changed much, though some of our new members' performances are affecting the point totals on the Fountains. Walt Van Dien still has a significant lead there over Bob Bolt, Ron Gaedtker, Bill Glenn and Tom Zynda. Tom, by the way, had back surgery last year, so there is proof that we can make good recoveries from our aging process problems. At least I'm hoping that's true.

Keep hitting 'em straight and long, but most importantly, show up!! And bring your friends and neighbors.

**The more you weigh
The harder you are
to KIDNAP**



Stay safe

**EAT
CAKE**

Oak Ladies Golf

Betty Service #259

Another quiet month on the greens. Not really sure who is still playing golf right now. I am happy to report that, after a cortisone shot in my knee, it's much better and you might see me soon!



This month I'd like to focus on a special member who passed away last year, and I am happy to say we have finally placed her memorial stone at the dog park by the Billy Smith tree. Doreen Burchett was an avid golfer and she loved the dog park. After discussion with other members who knew Doreen, we felt it was fitting to place it at the dog park instead of the golf course. Billy has a memorial stone there next to the tree, which by the way is gorgeous right now and in full bloom. Thank you both for many good memories.

If you are interested in playing golf with the Thursday morning group or joining us for lunch (once restaurants open again), please feel free to contact me at betty.service@gmail.com or call me (619-933-8887) for more information.

The ladies play Thursday morning at 8:00am (could be earlier in the summer months). I am currently taking a break from golf (bum knee), you can also contact Karen Smith (760) 751-9762. Karen usually plays weekly.



**THIS YEAR, I'M GOING TO STAY UP
ON NEW YEAR'S EVE. NOT TO SEE
THE NEW YEAR IN, BUT TO MAKE
SURE THIS ONE LEAVES!**

Watermelon is Your Friend!

Etta McQueary #299

Summertime is still with us in southern California, so let's talk about the benefits of the beautiful fruits that are so plentiful here. I hope you've been eating lots of them!



According to the American Diabetes Association and other health organizations, 34 million (10.5% of the U.S. population) are now diabetic. That is unfortunate, but it is not caused by eating fruit. If you are among that group, you might have been told to stay away from fruit – more specifically fruit juices because, without the fiber, they can spike blood sugar, which is not good for any of us.

But watermelon is 92% water. It's an excellent way to stay hydrated and refreshed when it's hot. It contains many nutrients (vitamin C and lycopine) and many other plant compounds that:

- Help prevent cancer and improves heart health.
- Can lower inflammation and oxidative stress.
- Can help digestion (although it's best to eat it between meals).
- Helps protect you from UV rays (which helps save your skin).
- Can help prevent macular degeneration (lycopine).
- Contains citrulline, an amino acid (yes, that's protein) that may increase nitric oxide levels in the body. This helps your blood vessels expand (men, take note) and can also help lower blood pressure.
- Citrulline can also help reduce muscle soreness.
- It helps the body be more alkaline (remember, all fruits and vegetables do that).
- And all of this takes stress off the heart.

You can see how important just one fruit can be for your health! Think about all the other more dense fruits with more fiber, such as peaches, pears, pineapple and papaya. They all contain a different set of plant compounds supporting your good health. Another way to enjoy fruits, especially watermelon, is by making a refreshing drink or cocktail, using the whole fruit, without the peels. Just, cut it up, put it in the blender with a little water, blend and drink! This whole food drink is not the same as juice, which has the fiber extracted. So, go get a watermelon while supplies are still plentiful and enjoy!

Tips for a Well-Behaved Dog

September 26 is Responsible Dog

Ownership Day. Follow these tips for a better relationship with your best four-legged friend.

Be a leader for your dog, not a boss. Leaders guide, ask and then praise when their dog does as they ask. Bosses shout and demand.

Try not to use your dog's name as a correction or as 'come' command. A dog's name should be used as something positive or to get their attention – not for scolding.

Ignore attention-seeking behavior (barking to get inside or outside, demanding pats etc.).

Don't leave food out for your dog. Dogs don't self-regulate well with food. Allow 15 minutes to eat, and if they're not finished take meals away until the next feeding.

Set boundaries and be consistent. Love but don't spoil, discipline but don't smack.

Diet, exercise, interaction and love are the most important ingredients for a happy, healthy dog. Create a loving bond and be generous with your time and affection: they will give you all of that back a thousand times over.



Tobey Elyea, owner of Marcia and Roger Elyea (#125), likes to stay cool in his pool by going round and round and round...

RESIDENT HAPPENINGS!

Send your news to CVTimesEditor@gmail.com.
The deadline for submissions is the fifteenth of each month.

Two family members of CV residents were on board the USS Theodore Roosevelt while the crew battled a COVID-19 outbreak in late March, which kept the carrier at a pier in Guam. More than 1,200 of the 4,800 sailors tested positive for COVID-19 – one of them Lieutenant Zachary Reed, nephew of Sharon and Doug Ries (#335). Zach (shown on left) spent over two months on a cot in a gym until he tested negative, then was flown home.

Andrew Scofield (shown on right), a machine mate and grandson of Jean Scofield (#84) never tested positive. Initially quarantined with others in the gym until the number of cases substantially rose, he was then moved with fellow shipmates to a local hotel where they quarantined for over a month.

Both are currently in good health – and were only recently introduced right here in Champagne Village, having never met on board their ship!



Zachary Reed (left) and Andrew Scofield (right).

Thank You's!

Many thanks to everyone who returns library books to the basket, donates books, magazines and DVDs, AND a big thank-you to the person and/or people who buy new puzzles. We love all the wonderful new puzzles with big pieces and vibrant colors.

Linda and Jerry Clifford, Village Librarians

Thanks so much to the kind neighbor who left me some freshly picked salad produce... it was really yummy!

Susie Riley



Lyla, great-granddaughter of Dick and Fran Cummings (#157) turned one year old on August 22nd. What a cutie!

On August 1st, **residents Mike Formico and Mary Baker** (both at #434) were married at Graham Memorial Presbyterian Church in Coronado. Because it could not be conducted inside the church (due to COVID-19 county mandates), the ceremony took place on the church's front lawn – on a day when it seemed that everyone in Coronado was out and about. Many stopped to watch the ceremony and wish Mike and Mary well!

They will reside here in the Village, and are currently in the process of combining their homes – all while Mary recovers from ankle surgery. Never a dull moment! Congrats to the happy new couple – and welcome to Champagne Village, Mary!



Send Us Your Service Photo!

If you didn't get your picture in for last year's special CV VETS issue, send it to us by October 18th so we can include in November.

If you can't email it, call the Editor (603-938-5283). I'll scan and return it to you.
CVTimesEditor@gmail.com



ANSWER: WHO'S WHO on page 12
Doug and Nancy Mackay (#164)



Patriot Day at the CV Veterans Memorial

COVID rules prevent us from gathering for a community moment of silence on Friday, September 11th, but our Memorial flag will remain at half staff for the day in honor of those lost. We invite everyone to visit (and safely space as needed) for your own moment of silent prayer and reflection.



MY MASK BROKE IN THE STORE TODAY AND I ALMOST FELT LIKE MY BLOUSE POPPED OPEN.

Health Insurance News: Hospice

Carla Grills #105

I recently attended an educational meeting regarding Hospice. I've had training in Hospice in the past, but I learned some new information that I wanted to share with you.

Most of us don't seek information about end-of-life options until it is on our doorstep, either for ourselves or a loved one. Many encounter Hospice services for the first time when a parent is terminally ill.

Hospice is a Medicare Benefit Part A and is designed to meet the needs of someone who has been deemed terminal by their physician and a Hospice Medical Director. This benefit has not been available through Medicare Advantage Plans. However, a change is coming in 2021 concerning Hospice and Advantage plans. If you have an Advantage Plan, you may want to check your Notice of Change letter that comes in October, to see if Hospice has been added as a benefit. Currently, the plan could be dropped and Original Medicare Part A takes effect.

When a doctor has determined that a patient is terminal, they are considered certified for 90 days and then recertified again every 60 days with unlimited recertifications. If the patient stabilizes and no longer qualifies for hospice, they can be discharged. If decline recurs, they can be readmitted.

I have explained these coverage time periods for a very important reason: many terminally ill patients and their families don't take advantage of Hospices' many benefits, because they wait too long to enroll. They feel that to accept Hospice is to accept death. Treatments to cure do stop. Hospice offers palliative care (which is pain comfort), shopping, cleaning, respite (a five-day break for the caregiver), spiritual counseling, social workers, grief counseling, a Hospice aid, and a minimum 8 hours of intensive care nursing.

While the goal is to facilitate a patient's ability to stay at home, there is also an institutional benefit for the short term. About 98% of patients receive routine home care wherever they reside: an individual home, nursing facility, assisted living facility or a Board and Care home.

I hope this information helps prepare everyone during a very difficult time of life.

IRS Debunks Tax Refund Myths

Ken Cozzens #421

When it comes to tax refunds, a few common myths keep circulating and misinforming taxpayers.

First, the FACTS. Some key facts can help you understand the refund process better:

- Taxpayers who file electronically and use direct deposit can expect their refund faster than those who mail a paper return.
- Taxpayers who file a paper tax return are likely to face processing and refund delays.
- The best and easiest way to check on a refund is **Where's My Refund?** at [irs.gov](https://www.irs.gov).
- A tax refund's status can be checked within 24 hours after the taxpayer receives the e-file acceptance notification.
- Where's My Refund? is updated once a day, usually overnight.
- The IRS continues to process both electronic and paper tax returns, issue refunds and accept payments.

MYTH: Getting a refund this year means there's no need to adjust withholding for 2020. The Tax Withholding Estimator at [irs.gov](https://www.irs.gov) helps taxpayers figure out the right amount.

MYTH: Calling the IRS or a tax professional will provide a better refund date. Contacting the IRS or a tax professional will not expedite a refund.

MYTH: Ordering a tax transcript is a secret way to get a refund date. Ordering a transcript will not help taxpayers find out when they will get their refund.

MYTH: The Where's My Refund? tool is wrong because there's no deposit date yet. When this tool shows that the tax return status is received, it means they have received the return and are processing it. Some returns may take longer to process than others or need further review (when they have errors, are incomplete, etc.).

MYTH: Something is wrong when the refund amount is less than expected. A tax refund might be less than expected when math errors are found, or when you owe prior taxes, child support, student loans or other federal non-tax obligations. The IRS will mail a letter of explanation if adjustments were made. You might also receive a letter from the Bureau of the Fiscal Service if your refund was reduced to offset certain financial obligations.

CV ACTIVITIES/CONTACTS

CARDS AND GAMES

Bridge for Everyone
Bunco
Game Night
Hand and Foot
Pool Players

WHEN AND WHERE

Tues - 1pm Card Room
2nd & 4th Fri - 1pm Hall
Mon - 6pm Hall
Thurs - 1pm Gathering Place
Mon, Weds, Fri - 1pm Hall

CONTACT

Wayne Steele (760) 913-5345
Delores Madsen (760) 751-3472
Anita Amaro (760) 913-5055
Martie Jenson (760) 201-5520
Mike Mann (714) 323-8417

CRAFTS, HOBBIES, ETC.

Bird Watchers
Chorus
Crafters & Conversation
Drama Club
Ukulele Group

WHEN AND WHERE

various
Tues 10-12 Card Room
Thurs - 10am Card Room
Most Tues & Thurs 2-4 Hall
Thurs - 9:30am Hall

CONTACT

Deanna Clatworthy (760) 751-0204
Nancy Thweatt (619) 209-1422
Julie Conner (626) 536-9167
Jennie Shaw (760) 751-8909
Hil Sybesma (760) 751-8764

EXERCISE, SPORTS, DANCE, WELLNESS

Bocce Ball
Body Groove Exercise
Chair Yoga
CV Hikers
Line Dance - Beginners
Line Dancing (no lessons)
Meditation
Men's Golf
Oaks Ladies Golf
Pickleball
Ping Pong - Beginning
Table Tennis
Tennis Club (meeting)
Water Exercise
Water Exercise

WHEN AND WHERE

set your own time
Tues & Thurs 4:00pm Hall
Mon, Weds, Fri - 8am Hall
Various
Mon - 9:45am Hall
Mon, Weds, Fri - 9am Hall
Sat - 8am Card Room
Tues, Thurs morning
Thurs mornings
Mon, Fri, Sat - 8:30am Tennis Ct
Weds - 2pm Card Room
Mon -Thurs - 4:30 Card Room
2nd Thurs - 5:30pm Hall
Mon, Weds, Fri - 10am Pool
Tues, Thurs - 9am Pool

CONTACT

Bev Strobl (858) 695-9077
Joanne Hansen (619) 743-3823
Linda Clifford - text only (760) 877-4745
Mark Seebach (760) 644-8838
Janet LeRossignol (760) 749-7934
Janet LeRossignol (760) 749-7934
Sue Seebach (760) 224-5899
Rich Magnuson (442) 248-1916
Betty Service (619) 933-8887
Jan Nyberg (661) 203-9352
Al Kezis (207) 385-6926
Leo Soldatenkov (858) 382-7918
Anna Marie Montoya (760) 751-0287
Deanna Clatworthy (760) 751-0204
Jan Nyberg (661) 203-9352

RELIGIOUS

Ladies Bible Study
Myron's Bible Study
Vespers Sunday Worship
Village Care Group

WHEN AND WHERE

various
Tues - 7pm Gathering Place
1st Sun - 4pm Card Room
2nd/4th Thurs - 6:30pm Card Room
5th Thurs, 5pm potluck Hall

CONTACT

Bev Davenport (760) 751-3025
Myron Baker (760) 802-5471
Linda Clifford - text only (760) 877-4745
Don Densmore (760) 751-8865

COMMUNITY

Bookmobile
Care & Concern Committees
CV Lions Club
Library
Memorial Assistance
Men's Breakfast

WHEN AND WHERE

1st/3rd Tues, 10-12 by Laundry Rm
Various
3rd Weds, 5:30pm Hall
CV Library
Call if needed
1st Sat (Oct-May) Hall

CONTACT

Linda Clifford - text only (760) 877-4745
Barbie Floyd (530) 925-2319
Alan Rings (858) 395-7572
Linda Clifford - text only (760) 877-4745
Martie Jenson (760) 201-5520
Tom Bossmeyer (442) 217-8194

SOCIAL AND CLUBS

CV Boomers
CV Democrats
CV Republicans
CV Social Group
Karaoke
Social Activities Committee
Veterans Memorial
The Young and The Rest of Us

WHEN AND WHERE

various
various
various
Fri - 4:00pm, Gathering Place
various, Hall
various
various, Memorial
various

CONTACT

Joanne Hansen (619) 743-3823
Susie Riley (603) 938-5283
Pat Martin (760) 703-7776
Inge Stein (858) 335-9885
Wade Steverson (760) 297-4810
Linda Steverson (760) 297-4810
Susie Riley (603) 938-5283
Susie Riley (603) 938-5283