

Champagne Village

CV TIMES

OCTOBER 2020

CVPOA HOURS

THE OFFICE WINDOW REMAINS CLOSED. OFFICE STAFF ARE ON SITE AND AVAILABLE BY EMAIL, PHONE OR THE HALL DROP BOX

9:00am – 4:00pm M-F
(lunch 11:30am – 12:30pm)

KIOSK 8:00am – 4:00pm M-F
10:00am – 4:00pm S-S

POOL HOURS

8:00am – 9:00pm

RESIDENTS ONLY: NO GUESTS UNTIL FURTHER NOTICE

BOARD MEETING

THURSDAY, OCT 15th, time TBA)

UPCOMING EVENTS

Flu Shot Clinic

Tues, Oct 13th, Picnic Area

Great Pumpkin Decorating Contest

Sat, Oct 24th (see details page 6)

Halloween Golf Cart Parade

Sat, October 31st, 5:00pm Picnic Area

Chair Yoga

Mon, Wed, Fri 8:00am, Picnic Area

Pickleball

Mon, Fri 8:00am, Tennis Courts

October News

The Board of Directors met on Thursday, September 17th, at the Picnic Area for its monthly meeting. All present were safely spaced and wearing masks. It was the first time since February that members were physically invited to a meeting, as COVID had halted all in-person meetings for the past six months.

No business items requiring a vote were on the agenda. It was announced during the meeting that social gatherings would be permitted: however, after further clarification with the San Diego County Department of Health, the Board voted to step back and not permit social events at this time. It was also decided to remove any limitation on the number of people in all common areas that are currently open, with the exception of the Fitness Room (which remains at a maximum of four people).

Throughout September, the Executive Committee met and voted to permit golf cart parades, provided that 1) all participants remain in their carts, 2) carts remain at least six feet apart, and 3) there be no gatherings at the start or end of the parade.

Other than the modifications described above, all other Emergency COVID Rules remain in place. If you'd like an updated version of these rules, they are available in the Hall or online at the Association's website, ChampagneVillage.org.

The next Board meeting is scheduled for Thursday, October 15th. Details will be provided at a later time.

Please note that all Emergency COVID rules and closures remain in effect until further notice: see pages 3 and 4 of this issue for details.



CHAMPAGNE VILLAGE PROPERTY OWNERS ASSOCIATION

8975 Lawrence Welk Drive #461, Escondido CA 92026

Office email: tsteigely@associatedasset.com Board email: CVPOAboard@gmail.com

Website: ChampagneVillage.org Phone: (760) 749-8008 Fax: (760) 749-8036

BOO!

Notice: Drop Box Use Changes

Effective November 1st, 2020, **the Association will no longer accept monies, cash or checks from any organization or club other than SAC.** Each group will need to be responsible for collecting payments for their events, as using the drop box will no longer be permitted. Please note that **you can still place your HOA payments and Board/Office correspondence in the drop box.**

Summer Pool Hours Extended

Given that the pool was closed for some time over the summer months due to COVID, **summer hours for the pool have been extended** through the end of October.

Contacting the Office

The **Office window remains closed**, but the staff is here: please email (tsteigely@associatedasset.com), phone us (760-749-8008) or use the drop box located to the left of the Office window.

IF YOU NEED HELP

Contact the Office (760-749-8008) for help getting food or prescriptions: we have a list of kind and caring residents ready to shop for you!

Guest Parking Passes Now Required

In order to better monitor parking in the common areas, we've reinstated a procedure that's been successfully used in the past. **If you have a guest who is staying with you for more than one day, you must notify the Front Gate, who will prepare a Guest Pass** dated for the duration of their stay. This Pass will be available when they arrive and must be placed on the dashboard of their vehicle while it's parked in Guest Parking. If your guest is arriving after hours, you can pick up their Pass from the Office prior to their arrival. This procedure will help us track parking and prevent any unnecessary or accidental towing of vehicles. *As always, your guest may park in your carport if there's room (in this case, a Pass would not be required).*

REMINDER: Board/Committee Communications

Please review our **communications procedure** on page 16.

UPCOMING: Maintenance/Upgrades

Tennis Courts: October

Fitness Room Flooring: November (pending Board approval)

Additional Mail Center Lockers: pricing/planning in process; requires Board approval

BOARD OF DIRECTORS

Wade Steverson President
Greg Lorton Vice President
Charolette Steele Secretary
Roger Elyea CFO
Joe Rossi Director
Karen Smith Director
Susie Riley Director

BOARD COMMITTEES

Architecture & Landscape
Karen Smith

Common Area Facilities
Joe Rossi

Common Area Landscape
Greg Lorton

Emergency Preparedness
Greg Lorton

Communications
Everett Smith

Governing Docs
Everett Smith

Social Activities
Linda Steverson

CV TIMES EDITOR

Susie Riley #311
CVTimesEditor@gmail.com
(603) 938-5283

DEADLINE FOR ARTICLES AND ADVERTISEMENTS

15th of each month

Residents are encouraged to write articles, submit photos and provide feedback on our newsletter to help make it better.

The Editor reserves the right to edit or print any item submitted.

FAQS: CV Events, Activities, Areas

Are the Emergency COVID Rules still in place?

YES. If you need an updated copy, pick one up in the Hall Lobby or find them at the Association's website, ChampagneVillage.org.

How are these rules determined?

The Association prepares these rules based on state and county mandates. (Although the Association sets rules and regulations for our community, we cannot supercede the law.) The Executive Committee (consisting of the Board President and two other rotating Board members) meets regularly to review any changes to these mandates and determine whether it's safe to reopen common areas or resume activities.

How will we know when activities/events are allowed?

Updates resulting from Executive Committee meetings are sent via one-calls, with notices posted at the Mail Center and Hall Lobby.

What about packages in the Hall?

For more information on what you can do in the Hall, see page 4.

Can I walk my dog? Take a walk? Drive my golf cart?

Yes, but you must socially distance or wear a mask when you can't.

Fitness Room (Gym)

Residents only: NO GUESTS

NO MORE THAN FOUR PERSONS at a time

Maintain six feet of social distancing

Sanitize equipment after use

Pool Area (Spa Closed)

Residents only: NO GUESTS

Maintain six feet of social distancing

Chairs, tables and loungers cannot be moved other than turning

Sanitize all surfaces after use

Dog Park

Residents only: NO GUESTS

Maintain six feet of social distancing

Chairs cannot be moved other than turning

Pickleball / Tennis Courts

Residents only: NO GUESTS

Maintain six feet of social distancing

Sanitize equipment after use

Picnic Area

Residents only: NO GUESTS

Open for pre-approved RECREATION ONLY

Maintain six feet of social distancing

Sanitize chairs after use

CHAMPAGNE VILLAGE

FACILITIES CLOSED

HALL: Stage Room, Kitchen, Seating (Living Room) Areas, Card Room, Pool Room)

HALL Office Window
GATHERING PLACE
SPA inside Pool Area

CHAMPAGNE VILLAGE

FACILITIES OPEN

HALL Library, Ice Machine and Lobby (for notices, Office drop-offs and package pickups)

Dog Park
Laundry Room
Tennis and Pickleball Courts
Bocce Ball Area
Picnic Area
Fitness Room (Gym)
Ping Pong Table (OUTSIDE ONLY)

MASKS PLEASE!

Per the County of San Diego and the State of California, Villagers should practice social distancing, and wear face coverings when they can't socially distance by at least six feet.

USING COMMON AREAS THAT ARE OPEN

- You must abide by all **EMERGENCY COVID RULES**.
- If you're not well or you have tested positive for COVID-19, **STAY HOME**.
- Distance yourself from others who do not live with you by at least **SIX FEET**.
- Wear **FACE MASKS** whenever you cannot create six feet between others.
- **NO GUESTS** (including family members) are currently permitted.
- You agree that you are using these areas **AT YOUR OWN RISK**.
- You are responsible for providing your own **HAND SANITIZER**.
- When done, **WIPE DOWN AND SANITIZE** all furniture, equipment and surfaces that you touch.

FAST FAQs

Common Areas and COVID

Why is the Hall closed?

In March, the state closed all community centers to help mitigate the spread of COVID-19. The state considers HOA clubhouses to be 'community centers,' along with senior centers and other public or semi-public facilities where members of a community tend to gather.

Is the ENTIRE Hall off limits?

Portions of the Hall remain open ONLY for the following. Bring your mask and please don't linger or congregate:

- Pick up your packages
- Get ice
- Read all posted notices and bulletin boards
- Borrow and return movies, books and puzzles
- Move table tennis equipment to and from the parking lot
- Use the drop box to communicate with the Office

What's NOT allowed in the Hall?

You cannot linger in the living areas, watch TV, play billiards, use the computer equipment, gather for any reason or visit with the Office staff.

What about the Pool Area and Fitness Room?

California considers our Pool Area and Fitness Room as public – as it does hotels, resorts, clubs and other residential developments. For this reason, we need to follow state and county mandates regarding their safe use. (This is why the Spa remains closed.)

County parks are open, so why can't we use our own Picnic Area?

It's true that county parks are currently open – but not for social gatherings. Parks can only be used for recreation, such as walking, running, exercising, and walking your dog.

When can we gather socially here in CV?

This is determined by the county, since we are required by law to follow their Health Order mandates. As the county changes its mandate, the Executive Committee will determine how it impacts our Village and act accordingly.

What can I do?

These county mandates exist to reduce the spread of COVID. We can all do our part by safely spacing ourselves from others who are not part of our household and wearing face masks when we can't. If you have questions regarding these mandates or other COVID related issues, dial 211 (see article on this page).



Questions? Dial 2-1-1

Operating 24 hours a day, 365 days each year, 211 San Diego offers assistance and resources to community, health, social, and disaster services. The call is free and confidential. 211 provides access to more than 6,000 services, resources and programs, including home-delivered meal services and other food resources, **questions about COVID** and the nearest testing locations, utilities and discount programs, healthcare concerns, mental health resources, options specifically for seniors and numerous public benefits. Call 211 anytime you have a question!



**I THOUGHT
GROWING OLD
WOULD TAKE LONGER.**



FLU SHOT CLINIC

Tuesday, October 13th 9:30 - 11:30am
Picnic Area

Palomar Health FREE flu shots

(Free if you qualify under Medicare, otherwise \$20)

Bring your photo ID, Medicare Card and any supplemental insurance cards with you. No appointment necessary.

Social distancing and face coverings required.

For more information, contact Tami at the Office.

From the A&L Committee

Check your Mailboxes & House Numbers

Several Document Delivery Boxes throughout the Village (mailboxes) need painting, repair and/or replacement. It's very difficult for volunteer delivery persons to do their jobs when lids are falling off, posts are leaning, hinges are broken, or covers are missing. **Please check your mailbox and repair or replace them as needed.** Please also empty your mailbox regularly.

On a related topic, the Fire Department has asked that we ensure that space numbers are placed on all homes, so they can easily be located in case of an emergency. The A&L Guidelines require that all Document Delivery Boxes have two-inch-high numbers displayed on them, which can be easily seen from the street. Management has been asked to monitor this matter, so please make sure your mailbox is labeled.

Thanks for your cooperation in this matter.

Where are YOU from?

Keep sending in your entries! Whether it's the city you last lived in before moving here, or it's your childhood hometown, let us know!



In an upcoming issue, We'll feature a two-page map with pins marking where we all come from.

This will be fun – but only if many of us participate. Who knows: you might discover that one of your neighbors is from *your* town! Email your info before October 30th to CVTimesEditor@gmail.com.



THE GREAT PUMPKIN DECORATING CONTEST SATURDAY OCTOBER 24TH

Bring your decorated pumpkin down to the Hall Deck at noon to register it for the contest.

Three cash prizes for the best decorated pumpkins!
Carve, paint, or mark with pens to draw their faces or designs.
Use your imagination!

Pumpkins will be judged that afternoon and placed on display for all to see that evening.
Social distancing/masks required, no gathering or lingering please!

From the Social Activities Committee (SAC)

Hi Everyone! Long time no hear from us... we're back and coming up with ideas to provide some fun until we can get back together for our dinner-dance events. We hope you'll join in and participate when and where you can. SAC is working hard to be creative and keep us safe AND active in our Village. If you have any ideas, please tell them to a SAC committee member (for a list of members, see page 7).

Check out our upcoming **GREAT PUMPKIN DECORATING CONTEST** this month (details above)! And watch for details on these upcoming holiday events in the November issue of the CV Times:

DECORATING THE VILLAGE FOR CHRISTMAS Decorating for the Christmas Holidays either inside or outside or both – we'll send out a one-call for those of you who wish to participate.

FESTIVAL OF LIGHTS This is a contest in our Village. Decorate your yard and home with lots of fun holiday lights and decorations. We'll all vote for the best three decorated homes in our village (one vote per home).

Enjoy October – more news next month!

CV FAQs

THIS MONTH: RVs

What is the RV parking lot?

Located across from the tennis courts on Ironwood View, this is a fenced, locked area that houses a limited number of RVs belonging to CV residents.

What can be parked in the RV lot?

Registered and insured recreational vehicles: campers, motor homes, some fifth-wheel trucks, boats and trailers, provided that you have a reserved space.

How many spaces are there?

There are 45 spaces. Only one space is allowed per unit.

What's included?

Locked parking, electrical (temporary use only), water and a dump station.

How can I reserve one of these spaces?

Spaces are offered on a first-come-first-served basis. All spaces are currently reserved, and they're typically in high demand. Contact the Office if you'd like to be added to the wait list.

How long is the wait list?

Right now, two residents are on the wait list. There's no telling how long the wait will be once you're on this list: this year, we've had a high turnaround and the wait was minimal. Other times, it's been several months or more.

Where is this wait list?

The Office is responsible keeping and updating the list. At some point, if several people are on the list, it may be published here to allow everyone to check their progress (provided those on the list permit it).

If I buy an RV from someone here, will I inherit their space?

No. Prior to purchasing, you may want to contact the Office to determine availability of a space and be placed on the wait list.

Who can gain access to the RV lot?

Only those who have a reserved space, as well as CV staff.

Once I have a space, how long can I keep it?

As they are currently written, our Rules and Regulations state that you can keep your space indefinitely so long as your insurance and registration is active, and so long as you use your RV at least once every 18 months.

What's the cost?

Currently, there is no fee for parking in the RV lot.

How much do Association members pay to maintain the lot?

Each Association member pays 50 cents each year to maintain the RV lot.

If you have any questions about the RV park, please refer to your CV Rules and Regulations, or contact the Office for more information.



SOCIAL ACTIVITY COMMITTEE (SAC)

Linda Steverson Chair/Treasurer

Martie Jenson Co-Chair/Treasurer

Bev Davenport Secretary

Anita Amaro, Doreen Smith, Joan & Harold Slavinski, Steve Caves, Betty and Charlie Service, Doug Ries, Annette & Joe Rossi, Sherry Russell, Marci Burns, Terry & Charlie Edwards, Dale Kennedy



FREE Food Assistance

Meals, delivery and pickup

Aging & Independence Services (AIS)
(800) 339-4661

Jacobs & Cushman San Diego Food Bank
(858) 527-1419 OR call 2-1-1

Feeding San Diego
(858) 452-3663

Meals on Wheels of San Diego County
(619) 260-6110

ElderHelp
(619) 284-9281

Partner in Aging
(858) 480-1453
pharmacy and grocery pickup assistance

FREE Physical Therapy

Physio2Go provides **FREE** physical therapy via Telehealth to whomever needs it, no questions asked. A physical therapist will listen to your problem, watch you move, and give you special tests to determine the best plan of action for you.

Phone: (877) 827-8246
Email: referrals@physio2gopt.com

FREE Rides

Facilitating Access to Coordinated Transportation

FACT offers **FREE rides** in San Diego County (including North County and the Escondido area) for seniors, persons with disabilities, students, veterans, and other residents who need assistance to make essential trips for medical, pharmacy or grocery needs.

TO ARRANGE A RIDE, call (888) 924-3228
8:00am and 3:00pm, Monday - Friday
Call ahead, 3-7 days in advance if possible.

Have the name(s) of the rider(s) to be transported, the pick-up address and time, and specify if any rider uses a mobility device such as a wheelchair or scooter.

Rides are available on a first-come, first-served basis.



SENIOR PLANET

Aging with Attitude

SENIOR PLANET

Learn a skill. Find a friend. Make a difference.

Senior Planet offers **FREE** courses, programs, and activities that help seniors learn new skills, save money, get in shape, and make new friends.

Senior Planet is about much more than just the latest gadgets and apps and websites. This site also enables older adults and people of all ages to come together and find ways to learn, work, create, and thrive in today's digital age.

Current **FREE** classes include Morning Stretch, Range of Motion, Chair Tai Chi, Balance and Strength, and lots of technology basics like Smartphones, Instagram, Telemedicine, Cloud Storage, and using Zoom. It takes less than 30 seconds to register and it's **FREE!** You don't have to be a member to take the free courses - but if you do register, you'll receive a weekly newsletter via email that contains some great articles on technology and other important topics to seniors. Learn, grow, and connect! Participate in virtual classes from the safety of your home – visit SeniorPlanet.org!

everyone is
welcome!
Vespers Sunday Worship
with Pastor Steve Blue
Sunday October 4th
4:00pm Picnic Area
Residents only. Masks must be worn.
VESPERS is a NON-DENOMINATIONAL group that gathers for fellowship and communion. Call Linda Clifford (760-877-47455) to learn more.

Care and Concern News

Charolette Steele #334

Like you, Care and Concern is still plagued by this plague! No events to report, so I'm instead offering tips to improve our health.



COPY YOUR KITTY: stretching when you get out of bed will boost circulation and digestion and ease back pain.

BREAK FOR BREAKFAST: eat a balanced breakfast to start your day right.

BRUSH UP HYGIENE: when you brush your teeth, also brush your tongue and the roof of your mouth.

CHALLENGE YOUR BRAIN: try eating or brushing your teeth with your other hand or choose your clothes by 'feel' rather than 'sight.'

KNOCK ONE BACK: doctors give you permission to drink one glass of red wine daily, however, green tea and olives can replace that glass of wine.

BONE UP DAILY: drinking milk or eating yogurt give you calcium to keep your bones strong so be sure you get your 200+ milligrams, especially since we are all over the age of 30.

CURRY FAVOR: hot, spicy foods containing chilies or cayenne pepper send out endorphins, the feel-good hormones; just go easy on how much you intake at one time as old age and hot foods don't always go well together.

CUT OUT HERBS BEFORE OPS: Some herbal supplements such as ginkgo biloba, garlic, ginger, ginseng, and feverfew may cause increased bleeding during surgery, so stop taking them at least two weeks before.

Remember to always check with your physician before you make changes to your daily routines as they may be counterproductive to what he/she wishes you to do.

Next month I'll write more!

PLEASE STAY HEALTHY AND HAPPY UNTIL WE CAN RETURN TO NORMAL - OR AS CLOSE TO NORMAL AS POSSIBLE!

Care and Concern committees are composed of volunteer teams who provide support for residents of our community through prayer and care.

Found a Snake? Don't Kill It!

Snakes are valuable predators that keep our rodent population under control. If you find a snake, call one of these residents to remove it for you. We take the snakes to a remote location in the mountains and release them in a safe place. Want to help? Call Terry Quimby.

Gary Krumweide #262 (760) 310-8827
Anna Marie Montoya #173 (760) 751-0287
Terry Quimby #329 (760) 749-8422



BLUE MOON on October 31st

This full moon is the second this month and is therefore called a Blue Moon. Blue moons don't happen often – thus the saying *Only once in a blue moon*. The phrase in modern usage has nothing to do with the actual color of the Moon, although a visually blue Moon (one appearing with a bluish tinge) may occur under certain atmospheric conditions – for instance, volcanic eruptions.

FUN FACT
WOMEN SPEND MORE TIME
THINKING ABOUT WHAT MEN
THINK THAN MEN SPEND
ACTUALLY SPEND THINKING.

Tennis and Pickleball

Jan Nyberg #93



September's Tennis/Pickleball Club meeting was held at the picnic area with about 30 members present. Masks and social distancing were required. A big thank-you to Alan Rings, who took each person's temperature.

Following the meal, we had a short business meeting with co-president Jan Nyberg presiding. Marcia Elyea reported that we had \$1,249 in our treasury account. Business discussed included plans for the redo of the tennis court and designated pickle ball court, and new club fees for set up and clean up for picnic area. It was decided by the group to include the fee in the total for the food bill charged to the members at the next meeting. We also welcomed two new residents who are also new members: Marge Dubecky and Steve Penacho.

COME PLAY PICKLEBALL WITH US! Call ahead or just show up at our regular scheduled sessions on Mondays and Fridays 8:00am. We have extra paddles, and we're happy to take you through the basics!

Call: Jan (661-203-9352) or Nancy (760-519-0161). See you there!

Editor's Note: this event took place prior to the Board's decision to step back on social gatherings.



Pickleball Club member Ed Gray (#193) masks up – well, sort of!

From the Editor



No fun social time here in CV is making all of us long to see one another's faces. So let's do something about that...

We're providing a few ways to 'see' more of your faces in the Times – and have some fun too!

Watch for and PLEASE CONTRIBUTE to the following features in upcoming issues:

NOVEMBER

Time for our annual salute to CV veterans - a yearly favorite for many of us.

Deadline: October 15th

FEBRUARY

Let's celebrate the season of love: send me your wedding photos!

Deadline: January 15th

APRIL. Send me your baby photo, and let's see if we can recognize fellow residents when they were tots! **Deadline: March 15th**

JUNE. Carpe Diem! Dig out your high-school graduation photo and send it along.

Deadline: May 15th

Send your photos ONLY if you haven't in the past few years. And – if it's easier – send them right now while you're thinking about it. Email them to CVTimesEditor@gmail.com, or call me (603-938-5283) and I'll help get your images scanned.

Let's have some FACE time here in CV!

Happy Fall!

SAFETY IS YOUR RESPONSIBILITY

We hope that our entry systems provide some deterrence to crime. But no matter what steps we take, Champagne Village can never be completely safe and secure. It's always possible for someone to enter the Village under false pretenses to commit crimes, for residents to commit crimes against their own neighbors, for guests of residents to commit crimes, and for employees to commit crimes. As a result, the Village is not and can never be free of crime, and we cannot guarantee your safety or security.

You should NOT rely on the Association to protect you from loss or harm. Instead, we encourage you to provide for your own security by taking common-sense precautions, such as:

- Carry insurance against loss
- Keep the doors to your sheds, vehicles and home locked
- Do not open your door to strangers
- Ask all workers for identification
- Install a security system
- Check various websites and law enforcement lists to be aware of those living in your neighborhood.
- If you notice a breach in common-area fencing or observe anything wrong with the gates, call the Office.
- If you see anything suspicious, call 911.

REMEMBER: Being safe is YOUR responsibility!



HALLOWEEN PARADE

SATURDAY, OCTOBER 31ST 5:00PM

We'll line up at the Park (please stay in your carts!)

Wear your costumes and decorate your carts!

Prizes awarded! For details or if you have questions, call LJ Hacker (#48)

How Our Finances Work

Roger Elyea, CFO #125

Our CVPOA finances are very much like your home finances, except we have more spending categories and higher monthly expenses than the average home. The Association has three major account categories:

- Our Operating Account(s), similar to your home checking account
- Our Reserve Account, like your home savings account
- Our Investment Accounts, like your long-term investments such as CDs and 401(k)s

As you do for your home, we carefully monitor each of these categories every month to be sure we meet our monthly financial obligations and that we're observing the CV budget that's approved each fall.

All income flows into our Operating Account. This includes HOA fees, utilities, newsletter advertising, etc. We like to maintain our operating account at or above \$50,000 to be sure we can meet our monthly obligations of about \$100,000 without facing insufficient funds due to the timing of checks. Once we pay our monthly bills, excess funds are transferred to the Reserves to fund future capital projects and Investments.

Checks are written from our Reserve fund for scheduled capital projects. These are planned projects, and funds are set aside for them before they come due. We recently saw a good example of this with our street project, which is being done a year early (due to street damage from two wet winters and cuts in our streets for the water distribution system). This expense initially causes a dip in our Reserve Funds for October, with a steady increase in cash over the rest of the year and into 2021. The Reserves fund is expected to remain above \$500,000 for the remainder 2020.

Our Operating (Checking) fund dropped to \$25,000 due to cash transfers to Reserves and high landscape expenses, which are typically expected this time of year (due to clearing, trimming and other landscape projects). Recovery of the Operating Account is expected in the fourth quarter.

We remain in a strong financial position as we enter the last quarter of this fiscal year.

Champagne Village Lions Club



Our 26th Year
 Lion Alan Rings #386
WE SERVE



At the September 16th Lions meeting, 15 members met at the Picnic Area. Social distancing was practiced and all had their temperatures taken by Carol Cox.*

Lions Club President Tom Bossmeyer presented Lion Kay Fried with a Melvin Jones Fellowship, from the Lions Clubs International Foundation. The MJF is the highest award a Lion can achieve. Kay did an outstanding job serving as the Club's Secretary from 2016 until this year.

October is the Lions' annual White Cane Day celebration, the one time each year we respectfully ask you and all other Villagers to make a donation that will directly impact one of our local qualified Lions charities.

What is White Cane Day? In 1930, a Lion in Peoria, Illinois, introduced the idea of using a white cane with a red tip as a means of helping the blind achieve independence. Since, the Lions have given away hundreds of thousands of white canes and lobbied for traffic laws to give those with red-tipped white canes the right of way. After that, the Lions established the first eye bank and opened businesses that hired blind workers. In 1964, Congress authorized October 15th as National White Cane Safety Day.

In this same spirit of serving the needs of people, your CV Lions Club takes the money you give and uses it or donates it to qualified Lions charities that provide free vision screenings, glasses, surgeries and other services for people with vision and hearing needs in the Village, San Diego County and across the world. Since 2013, you've helped us raise over \$60,000 to serve others.

Please help the CV Lions help those who are visually and hearing impaired. **This month, you'll receive a letter from us asking you to contribute all you can.** Every penny donated goes to charity. Thanks in advance for your generosity!



Kay Fried (#192), wearing a face shield, receives the Lions' highest award from Club President, Tom Bossmeyer. The MJF is the highest award a Lion can achieve. Congratulations, Kay!



The Gift of Sight

The CV Lions Club recently helped Sandy Sidars (#100, pictured above), who suffers from macular degeneration and is legally blind, restore her ability to read once again. Last month, she wrote the following to Lions President Tom Bossmeyer:

Thank you for helping me to see. Words cannot express my gratitude for helping me purchase the Orcam Reader. It has given me some independence and privacy reading business letters and other correspondence which was not possible when I became legally blind. It was necessary for my family and care givers to read to me when they were available. The generosity of the Lions Club was far beyond my expectations to receive such a gift. I use it daily. Thank you and the wonderful Lions Club who truly give sight to those in need.



* Editor's Note: this event took place prior to the Board's decision to step back on social gatherings.

Think you Know THIS Villager?

Jan Nyberg #221 and Nancy Thweatt #93

This lucky Villager who traveled to Southern Africa in early March was in the last tour group to exit there just as the pandemic was shutting down worldwide air travel. When his flight home was canceled, he was able to book Turkish Air to LAX via Istanbul, a 39-hour trip that cost 57,000 ZAR (the currency of South Africa, which roughly converts to \$3300). Part of the urgency was not knowing about the coming global lockdown, as the group had been off the communication grid during their 17-day excursion.

The trip's focus was to see the big five of Southern Africa: lion, African elephant, cape buffalo, rhinoceros, and leopard, all in their natural habitats. His favorite area was Zimbabwe, where he stayed in a luxury tent that even had a bathroom! There, he viewed the awesome, thundering Victoria Falls and a nearby private rhino preserve that has collected most of the wild rhinos in order to protect them from poachers. As part of the tour, he was the guest of a host family who served, among other things, fried minnows and baked mopane worms...!

Next, the group traveled to the Chobe River, where they were treated to a two-hour tour in a flat-bottomed boat. Each guest was loaned a Cannon camera and given a memory stick to take their photos home. He captured amazing photos of birds, crocodiles, hippos, wart hogs, giraffes, zebras and buffalo and monitor lizards.

Off to Botswana, bouncing along in a half-ton pickup truck comfortably outfitted for 6-9 tourists. They viewed giant termite hills and zebras (which each have their own personal markings, none the same) and elephants (male bulls are elusive but he did spot one!). The last stop before heading home was Kruger National Park in northeast South Africa. To learn more about this trip of a lifetime, give him a shout! But first, do you know who this ten-year resident is?

DO YOU KNOW WHO THIS VILLAGER IS?

Check later in this newsletter for the answer!

WHEN I SAY, "THE OTHER DAY," I COULD BE REFERRING TO ANY TIME BETWEEN YESTERDAY AND 15 YEARS AGO.



Welcome, New Residents!

#65 Rafael and Chris (Rosa) Perez

Rafael (619) 623-2440, Rosa (442) 281-0159

#61 Donna Ross (760) 913-5154

#273 Marie (Mimi) Papini Wisma (760) 470-9704

#331 Ruth Lovison Smith (858) 348-7212

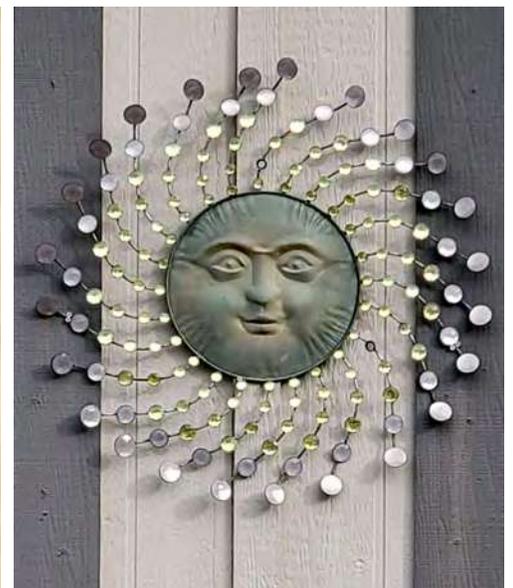


LOOK OUT BELOW – AND ABOVE! Last week, a small and safely distanced crowd watch as workers removed a large pine from behind Space 189 via crane since it could only be accessed by reaching over the house. The tree created an extreme fire hazard as it was too close to the home.

AROUND THE VILLAGE: SUNS

Victoria Moore #432

Villagers let the sun shine brightly in many places throughout our community!



**NO MATTER HOW TALL THE MOUNTAIN, IT CANNOT BLOCK OUT THE SUN.
UNKNOWN**

Say what you mean, but don't say it mean!

This situation is hard for all of us, and new to all of us. Everyone here in the Village – residents, staff, vendors and the Board, is doing their best to adapt to all that's happening as things change and we learn more. Kindness goes a long way and is sincerely appreciated when you're writing online, speaking with others and leaving phone messages at the Office. So say what you mean – but please don't say it mean!

CV Men's Golf

Pat LeRossignol #435

The heat has lessened the participation lately, at least on the Fountains, but we're still cooking along at higher numbers (sorry)! Protocols remain the same concerning activity at and around the club house, so make sure you are distancing as much as possible and donning a mask until out on the courses. We're restricted from shotgun starts due to distancing issues, so any possibility of doing a "mixer" round would be very difficult. It would be nice to mix everyone up so that we can all get acquainted with some of our new members. They're all great guys—at least so far! Groups might consider mixing their foursomes up on their own...but then it's hard to teach old stubborn dogs new tricks. Too bad we still can't gather together for a meeting.



Oaks Golfer of the Year rankings as of September 3 show John Grubb in the lead over Bob Olsen by 8 points with (former CVer) Bill Cowan and Bob Bolt trailing them. There are still around 15 rounds to go this year so several guys are still in the running. On the Fountains, Walt Van Dien is still leading Bob Bolt, Ron Gaedtke and Tom Zynda. Don't know if they have enough rounds coming, but Bill Glenn, John Votaw and Mike Uhl may still have a shot at it.

We're always searching for new members, so consider joining us. Though CVMGC membership continues to grow, it'd be great to have more CVers participating. Potential new members should contact Rich Magnuson at (442) 248-1916.



Recent CVPOA improvements on Oak Shadow Drive, by Welk's Oaks golf course.

Oak Ladies Golf

Betty Service #259

Currently there are no ladies going out on Thursday mornings. A few ladies still play but they pick their own day and time, it seems. It's sad for me to remember what used to be when the course was full of eager ladies coming out and excited to see each other and compete for our little bit of money. Times past, sigh...



A little humor and a few pictures from days gone by: A man entered the bus with both of his front-pant pockets filled with golf balls, then sat down next to a beautiful (you guessed it) blonde. The puzzled blonde kept looking at him and his bulging pockets. Finally, after many such glances from her, he said, "It's golf balls." The blonde continued to look at him thoughtfully and finally, not being able to contain her curiosity any longer, asked, "Does it hurt as much as tennis elbow?"

For any information you can still call Betty Service (619-933-8887) or Karen Smith (760-751-9762).



Take a look at these lovely ladies: see if you can guess who they are, and I'll give you the answers next month. Good times, as you can tell from the smiles!

I DID A PUSH-UP TODAY. ACTUALLY, I FELL DOWN, BUT I HAD TO USE MY ARMS TO GET BACK UP. SO, CLOSE ENOUGH.

PLEASE READ

Requests to Committees & Board

REMINDER: Procedure for Communicating Your Suggestions/Concerns/Requests

All too often, residents approach individual Board members to ask that they help facilitate some form of action or request. These requests range from speeding up work orders to ideas or suggestions for rule changes, improvements to the common areas, etc. What we all need to remember is that **the Board acts as a whole: individual Directors have no powers to grant requests or guarantee that anything can be done.**

Your suggestions, questions or concerns can only be considered when you submit your request to the Board itself, and not any individual. Only then can the Board consider and act on it.

To communicate more effectively with the Board, the following procedure must be used:

- 1. All requests/suggestions/complaints must be in writing.** The sooner the Board/Committee sees your letter, the sooner a course of action can be taken. Place a printed letter in the Office drop box or email CVPOABoard@gmail.com.
- 2. If your request/suggestion/concern pertains to a particular area of operation (e.g., landscaping), direct your letter to the appropriate Committee Chair:** see the list of Chairs on page 2 of this newsletter. (As always, if your request is for architecture/landscaping on your property, you'll need to complete an A&L Request Form.)
- 3. If the Committee Chair finds that further consideration or action is necessary, they will contact the Community Manager and/or the Board.** The Committee Chair is responsible for communicating with you regarding your request.
- 4. Contact the Office if you disagree with the Chair's response.**
- 5. If this is a matter of urgency, call the Office directly.**

Each month, the Office receives over 100 work order requests that must be considered and then carefully balanced against the hundreds of already scheduled and ongoing maintenance items. Following this procedure will streamline the consideration of your request and result in a swifter response.

Our Staff's job is to prioritize items and complete all work in the most efficient and cost-effective way possible. This may mean that your specific request might not be addressed immediately. We realize that everyone feels that their request should be first in line for action, but this is neither practical nor possible. If you have questions, please contact the Office.

LAST CHANCE:

Send Us Your Service Photo!

If you didn't get your picture in for last year's special CV VETS issue, send it to us by October 18th so we can include in November. If you can't email it, call the Editor (603-938-5283). I'll scan and return it to you.

HOW SOON AFTER
WAKING UP IS IT
OK TO TAKE A NAP?

GREETING CARDS TO SHARE

We now have a box of greeting cards in the Library that are free. If anyone has cards to donate, please leave them in the basket and we'll file them according to occasions. Thanks in advance for your donations!



**I MAY HAVE A SLIGHT
DRINKING PROBLEM...**

**MY HUSBAND JUST ASKED
ME TO TOAST SOME BREAD
FOR HIM.**

**I RAISED MY WINE GLASS AND
SAID, 'HERE'S TO BREAD.'**

RESIDENT HAPPENINGS!

Send your news to CVTimesEditor@gmail.com.
The deadline for submissions is the fifteenth of each month.



During a recent family visit to Shirley Blair (#86), this five-generation photo was taken. The five generations are (from left), Shirley; her daughter, Robin; Robin's son, Dominic; Dominic's son Cody; and Cody's son, Dominic (Little D).



Pippin, owner of Laura and Rich Dann (#361), recently decided to wander off on his own last week – but was luckily found in short time. We're guessing that he's resting here from the journey and resulting trauma that his departure created.



This Texas twosome are the twin granddaughters of Sharon and Larry Parker (#298). The girls turn eight years old on October 9th.



Spike, grandlizard of Alan and Mindy Kezis (#406), dresses up to prepare for a drive-by birthday parade.



Amelia, 17 months old, spent quality time with grandparents Julie and Lee Conner (#374) when she and her parents visited during the Bobcat fire (which came near their home).



LEFT: Margaret (Peggy) Hansen (#87) celebrates her 97th birthday with a special cake baked for her by daughter-in-law Joanne Hansen (#244).

RIGHT: Max, grandson of Jan Shaw (#161) and great-grandson of Jenny Shaw (also #161) shows off the shoes he aspires to one day step into: that of his dad.





DRIVE-BY RETIREMENT PARTY! After 35 years in the same company, recently retired resident Vern Burns (#106) was treated to a surprise drive-by parade from his coworkers, who didn't get the chance to celebrate the event due to COVID. Note the long trail of cars queuing up to wish him well. Congrats, Vern!

Emergency Planning Committee News

Greg Lorton #346, Committee Chair

The pandemic has derailed meetings of the Emergency Planning Committee, and most activities have been idled. During this time, the primary activity has been a rewrite of the Emergency Plan. The plan is expanded to provide residents more information describing situations that could create emergencies in the Village, and to update resources to help residents develop their own individual emergency plans. I would like to thank the committee, and particularly the significant efforts of Mark Seebach and Susie Riley in revising and improving the draft.

The new draft Emergency Plan has been distributed to the Board, the goal being to discuss and formally approve it at the October Board meeting.

Greg Lorton and Mark Seebach met with DSFPD Chief Rick Johnson on February 26 to discuss potential events, which included the new evacuation exercise developed by Cal Fire, a virtual external house inspection, and fire extinguisher training. All events are on hold due to the pandemic and fire season.

Blue Dots - Dead or Alive? Is there a benefit in the current community? What are the costs/efforts to revive and maintain the program? We will be seeking input from the Board and interested residents regarding this over the coming months.

Committee Members: Mark Seebach (#112), Susie Riley (#311), Paul Scott (#428), Carol Cox (#348) and Nancy Thweatt (#93)

CVPOA Budget Basics

Each year, Homeowner Associations are required to prepare a budget for conducting their operations. As nonprofit corporations, associations must budget so that revenues do not exceed expenses – meaning that the total income minus all expenses should equal \$0.

Two techniques are used to prepare a budget: zero base budgeting and incremental budgeting:

Zero Base Budgeting. This approach starts each year's budget from a zero base, i.e., at the beginning of the budgeting process, all budget line items have a value of \$0. The advantage of this technique is that because each line item starts at zero, the association must justify each item. This highlights any waste and obsolete operations. The disadvantage of this approach is that it can be very time consuming.

Incremental Budgeting. In incremental budgeting, the current year's budget serves as a basis for next year's budget and is simply adjusted. The most common methods of adjustment are CPI (consumer price index, which is the measure of inflation published by the government) adjustments, and variance projections, which is the most common method used by associations.

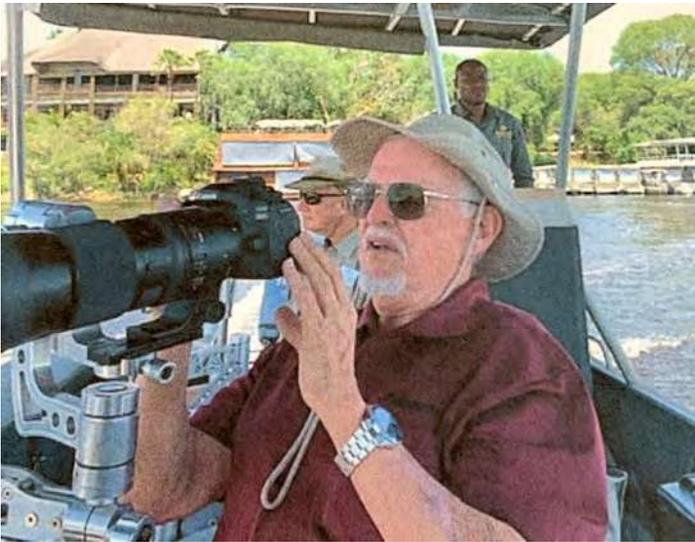
Since most line items in an association's budget are necessary rather than discretionary (utilities, insurance, maintenance, etc.), the association starts with the current year's budget and looks at variances projected through the end of the fiscal year. This gives us an estimate of actual expenses for each line item, so it can adjust expenses up or down as needed.

The CVPOA uses the incremental variance method combined with the zero-based method, to generally maintain the same level of service while adjusting only the items that truly need it. **By using these combined techniques, we've been able to keep assessment increases below the CPI for the past 16 years.**



ANSWER: WHO'S WHO on page 13

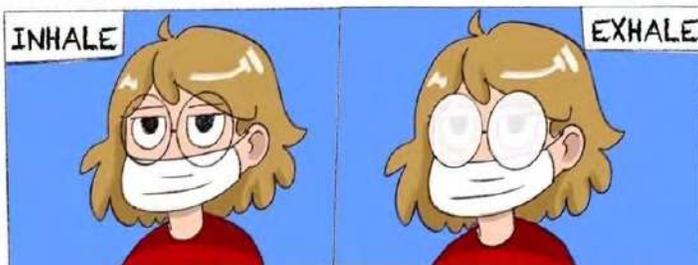
John Raymond (#118)



Thanksgiving Dinners for Residents

Care and Concern and Austin O'Malley #102

In past years, St. Francis of Assisi Church has provided Thanksgiving dinners to residents of Champagne Village. This year, due to COVID, we are not sure that this will be possible. If things change and circumstances allow delivery, we will let everyone know.



Dogs Love Us Unconditionally

Sharon Parker #298

No matter what you do, your dog will love you. In a world that can be hard, knowing there's a dog waiting for you to get home can help you get through the day. As dogs and humans have developed a deep relationship over thousands of years, dogs have become part of our families. We take pride in our dogs, spoiling them with treats, showing them off, and dressing them up. We play with them, hold them close, and rely on them for support.

Dogs have proven themselves to be loyal, kind, understanding, and full of spirit. They greet us happily after what may have been the worst day of our lives and make us feel better with a wag of their tail.

For all the reasons we love dogs, both obvious and intangible, we're so lucky to have them as best friends. If you take good care of your dog, socialize them, and respect their unique personality, they reward you with a lifetime of love.

Dogs Provide Emotional Support. Dogs make everyone feel happy. Just touching your dog releases oxytocin (the love hormone) in you and your dog. Whether your dog gives you the love you need after a hard day or if they're an official emotional support animal, dogs have been scientifically proven to help us.

Researchers have found that pets could make their owners feel that someone empathized with their struggles. In fact, in some cases, pets were described as therapeutic. Dogs help develop self-sufficiency and feelings of empowerment: "Pets provided a way in which patients were able to exercise control, feel that they mattered, and could make a difference in the life of another living thing."

There are few things in the world that bring people together as dogs do. Dogs are conversation starters. Strangers will come up to me and ask how old my dog is, what breed is he, and ask his name; little kids will ask if they can pet him.

Other great things about dogs:

- They can't help falling in love with you.
- They have the best Instagram accounts!
- They're the best source of feel-good news.
- Every single one is cute!
- They're really smart.
- They stimulate the mind.
- Dogs are basically just... the BEST!

Staying Healthy During this Crazy Time and Anytime!

Etta McQueary #299

We may be feeling overwhelmed by all the information coming to us from so many sources regarding the coronavirus. It can be difficult to determine what is credible. It's important to seek out sources you trust for science-based action you can take to stay safe. Although, there are many opinions, most health experts agree on the following tips.



Be cautious but try not to worry. Worry causes extra stress, which weakens the immune system. We need the immune system to be functionally strong, now more than ever. While we want to be informed, limit the amount of time you spend with the news and control your response to what you hear or read. Do the things that help you stay calm: prayer, meditation, stretching, walking the Village, walking the dog, reading, swimming, etc. All the things you can do and enjoy!

Keep the immune system functioning efficiently with the tools it needs to properly do its job. When the immune system is working well, Natural Killer (NK) cells seek out and fight germs and viruses (even cancer cells) that invade the body. Your body contains trillions of these NK cells that are constantly on the lookout for invaders. Like magnets, they attach themselves to the foreigners and destroy them.

Preload. Eating foods that help the immune system to function well is called preloading. Some preloading tips:

- Focus on real whole foods, such as fruits, vegetables, nuts, legumes and wild-caught seafood. Have an immune-boosting smoothie for breakfast or midday pickup with fruits, veggies and protein powder.
- Avoid or limit your intake of sugary foods or foods with added sugars. Check the food labels for hidden sugars that weaken the immune system. Learn the names of all the different sugars they add to our foods or avoid processed food all together. (I know these are comfort foods, but we can't afford to lose our health for the short-term pleasure they give us.)

Move more to kick in the immune system. If you can't get out of the house, work your body from your chair - lift your legs, raise your arms, multiple times, anything to get the circulation moving and work the muscles. Many of us are walking around the Village, even while wearing our masks.

Stay hopeful and have faith that this too shall pass!

Poetry Corner

Kristina McLaughlin #169

In honor of back-to-school season, this poem illustrates a small part of a teacher's struggle to teach and inform her students. I hope you enjoy... as a teacher, it's one of my favorites!

The History Teacher by Billy Collins

Trying to protect his students' innocence he told them the Ice Age was really just the Chilly Age, a period of a million years when everyone had to wear sweaters.

And the Stone Age became the Gravel Age, named after the long driveways of the time.

The Spanish Inquisition was nothing more than an outbreak of questions such as "How far is it from here to Madrid?" "What do you call the matador's hat?"

The War of the Roses took place in a garden, and the Enola Gay dropped one tiny atom on Japan.

The children would leave his classroom for the playground to torment the weak and the smart, mussing up their hair and breaking their glasses,

while he gathered up his notes and walked home past flower beds and white picket fences, wondering if they would believe that soldiers in the Boer War told long, rambling stories designed to make the enemy nod off.



I RECENTLY HAD MY PATIENCE TESTED. I'M NEGATIVE.

Common Area Landscaping Committee

Greg Lorton #346, Committee Chair

Hil Sybesma and I are happy to welcome Charolette Steele to the Common Area Landscaping Committee. The Committee met on Thursday, August 27, with Tom Riggs to establish a more active role in the Village. Tom explained that he meets monthly on the fourth Thursday of the month with Green Horizons. The purpose of the meeting is to drive through the Village to identify and prioritize landscape maintenance requirements.

The Committee decided to also meet monthly, normally on the Tuesday before the fourth Thursday walkthrough by Tom and Green Horizons. The committee mainly discussed specific landscaping issues, and the nature of the contract with Green Horizons. Charolette also recommended articles describing committee activities for the CV Times.

Members: Hil Sybesma (#127) and Charolette Steele (#334)

Zoom Tips and Tricks!

Lighting is critical. If you can, sit facing a big window to take advantage of natural light. If there's little to no natural light, make sure that a light is in front of you, not behind you, so you don't end up as just a silhouette.

Position the camera correctly. Ideally, you want the camera to be eye height or slightly above you. If your camera is angled so it looks up at you, you'll show off nose hair and a whole lot of chin – not a flattering angle! If you use a laptop or tablet to Zoom, position it atop a pile of books to get the right height – see photo.

Wear something bright and solid. Take a cue from newscasters, who are almost always dressed in solid, bright colors. Nice on top, sleepwear on bottom, I'll never tell. (No wonder Walmart is suddenly selling a lot more tops than bottoms these days!)



If you use a laptop or tablet, position it atop a pile of books for the right eye-level height.

Know where the MUTE button is.

Use it. If you're not going to be speaking most of the time, keep yourself muted to spare everyone else from hearing all the background noises at your house (and possibly avoid any potential embarrassment!).

My Home

Chuck Beck #387

*Champagne Village is my home
So there's no reason for me to roam
When I wander around this place
I meet nice folks with a smiling face*

*We have games and lots of sports
And walk around in sneakers and shorts
There's a swimming pool it's lots of fun
You can lie around and enjoy some sun*

*Grandkids come to visit a while
They bring us all a nice big smile
A couple of cities down the line
With nice shops and places to dine*

*The beach is not far with lots of sand
We drive around to enjoy this land
But it's much different than long ago
All the young folks missed the big show*

*We sometimes think about our past
And wonder why it went so fast
But good memories they always stay
They're the ones who brighten our day*

*All in all life's mighty fine
So I'll say it one more time
Champagne Village is my home
So there's no reason for me to roam*

*Now I'm getting lazy and kinda fat
So I think I'll stay right where I'm at*

LOST DOG



**3 LEGS, BLIND IN ONE EYE,
MISSING RIGHT EAR,
TAIL BROKEN,
RECENTLY CASTRATED...
ANSWERS TO THE NAME
OF "LUCKY"**

Champagne Village Gets Stoned!

Stan Ford and Anna Marie Montoya #173

You could have been stoned and not even known it. Yes, there is a rocker among us! In the most daring cloak-and-dagger manner, one of our fellow Villagers, a mystery do-gooder, is stalking our neighborhood. Unbeknownst to you, this person is placing seeds of kindness in our front yards. They're often discovered at or near your mailbox, but not always. Who is this neighbor? Stay tuned for more **Kindness Rocks!**



Health Insurance News

Carla Grills #105

October 15th begins another Annual Enrollment Period for Medicare Advantage and Drug Plans which ends December 7th. Open enrollment for the Affordable Care Act also begins this month. All with an effective date of January 1st.

Medicare Advantage plans continue to expand in the areas of additional benefits beyond original Medicare. This October to December 7th period is the time to shop and evaluate Advantage Plans and Drug plans if you are enrolled in one.

On October 1st most companies have sent out their Annual Notice of Change letters. (It may look like a booklet). Please be certain to read it carefully or have someone read it for you to determine if you have changes in your premium, coverage, doctor network or formulary (which is your drug coverage). These changes will affect your costs or access to care. If you have no changes then you do not need to make any changes. However, new plans are being offered every year and occasionally there is a new plan that may be a better fit for you.

If you have had a significant health change like a chronic heart, kidney or diabetic condition, then you should contact your agent to see if there is plan that is specifically designed to meet your need. These plans have benefits and formularies that are designed to cover special needs. Now is the time to shop plans for 2021.

Next month I will cover some changes Medicare is making and the exciting new benefits available in many Advantage Plans.

We are fortunate to live in San Diego County where there are many plans and providers to choose from. It can be difficult to sort out the differences, but worth the time. I have friends and relatives who live in other states that have only one provider in their county and no competition to encourage quality care or extra benefits.

Important Things all Extension Filers should Remember

Ken Cozzens #421

October 15th is almost here. That's the last day to file for most people who requested an extension for their 2019 tax return. These taxpayers can file any time before Thursday, October 15th if they have all their required tax documents. They can also pay part or all of their taxes anytime on IRS.gov.

Here are some key reminders for extension filers.

Use IRS Free File. Nearly everyone can e-file their tax return for free through IRS Free File. The program is available on IRS.gov now through October 15th. E-filing is easy, safe and the most accurate way for people to file their taxes.

File to get a refund. Anyone due a refund should file as soon as possible and use direct deposit to get their tax refund electronically deposited for free into their financial account. There is no penalty for filing a late return for people who are due a refund.

Pay the tax balance as soon as possible. The deadline to pay 2019 income taxes was July 15th, 2020. Taxpayers can check their account balance or view payment options online. Those who owe and can't pay their balance in full should pay as much as they can to reduce interest and penalties for late payment. Pay taxes online for free from a checking or savings account with IRS Direct Pay.

File by the deadline to avoid penalties and interest. Taxpayers should file by Thursday, October 15th to avoid a failure-to-file penalty.

What taxpayers should do about a missed deadline. Anyone who did not request an extension by this year's July 15th deadline should file and pay as soon as possible. This will stop additional interest and penalties from adding up.

More time for the military. Members of the military and others serving in a combat zone get more time to file. These taxpayers typically have until at least 180 days after they leave the combat zone to both file returns and pay any taxes due.

**WHEN YOU ARE KIND TO OTHERS, IT NOT ONLY CHANGES YOU,
IT CHANGES THE WORLD.
HAROLD KUSHNER**

CV ACTIVITIES/CONTACTS

CARDS AND GAMES

Bridge for Everyone
Bunco
Game Night
Hand and Foot
Pool Players

WHEN AND WHERE

Tues - 1pm Card Room
2nd & 4th Fri - 1pm Hall
Mon - 6pm Hall
Thurs - 1pm Gathering Place
Mon, Weds, Fri - 1pm Hall

CONTACT

Wayne Steele (760) 913-5345
Delores Madsen (760) 751-3472
Anita Amaro (760) 913-5055
Martie Jenson (760) 201-5520
Mike Mann (714) 323-8417

CRAFTS, HOBBIES, ETC.

Bird Watchers
Chorus
Crafters & Conversation
Drama Club
Ukulele Group

WHEN AND WHERE

various
Tues 10-12 Card Room
Thurs - 10am Card Room
Most Tues & Thurs 2-4 Hall
Thurs - 9:30am Hall

CONTACT

Deanna Clatworthy (760) 751-0204
Nancy Thweatt (619) 209-1422
Julie Conner (626) 536-9167
Jennie Shaw (760) 751-8909
Hil Sybesma (760) 751-8764

EXERCISE, SPORTS, DANCE, WELLNESS

Bocce Ball
Body Groove Exercise
Chair Yoga
CV Hikers
Line Dance - Beginners
Line Dancing (no lessons)
Meditation
Men's Golf
Oaks Ladies Golf
Pickleball
Ping Pong - Beginning
Table Tennis
Tennis Club (meeting)
Water Exercise
Water Exercise

WHEN AND WHERE

set your own time
Tues & Thurs 4:00pm Hall
Mon, Weds, Fri - 8am Hall
Various
Mon - 9:45am Hall
Mon, Weds, Fri - 9am Hall
Sat - 8am Card Room
Tues, Thurs morning
Thurs mornings
Mon, Fri, Sat - 8:30am Tennis Ct
Weds - 2pm Card Room
Mon -Thurs - 4:30 Card Room
2nd Thurs - 5:30pm Hall
Mon, Weds, Fri - 10am Pool
Tues, Thurs - 9am Pool

CONTACT

Bev Strobl (858) 695-9077
Joanne Hansen (619) 743-3823
Linda Clifford - text only (760) 877-4745
Mark Seebach (760) 644-8838
Janet LeRossignol (760) 749-7934
Janet LeRossignol (760) 749-7934
Sue Seebach (760) 224-5899
Rich Magnuson (442) 248-1916
Betty Service (619) 933-8887
Jan Nyberg (661) 203-9352
Al Kezis (207) 385-6926
Leo Soldatenkov (858) 382-7918
Anna Marie Montoya (760) 751-0287
Deanna Clatworthy (760) 751-0204
Jan Nyberg (661) 203-9352

RELIGIOUS

Ladies Bible Study
Myron's Bible Study
Vespers Sunday Worship
Village Care Group

WHEN AND WHERE

various
Tues - 7pm Gathering Place
1st Sun - 4pm Card Room
2nd/4th Thurs - 6:30pm Card Room
5th Thurs, 5pm potluck Hall

CONTACT

Bev Davenport (760) 751-3025
Myron Baker (760) 802-5471
Linda Clifford - text only (760) 877-4745
Don Densmore (760) 751-8865

COMMUNITY

Bookmobile
Care & Concern Committees
CV Lions Club
Library
Memorial Assistance
Men's Breakfast

WHEN AND WHERE

1st/3rd Tues, 10-12 by Laundry Rm
Various
3rd Weds, 5:30pm Hall
CV Library
Call if needed
1st Sat (Oct-May) Hall

CONTACT

Linda Clifford - text only (760) 877-4745
Barbie Floyd (530) 925-2319
Alan Rings (858) 395-7572
Linda Clifford - text only (760) 877-4745
Martie Jenson (760) 201-5520
Tom Bossmeyer (442) 217-8194

SOCIAL AND CLUBS

CV Boomers
CV Democrats
CV Republicans
CV Social Group
Karaoke
Social Activities Committee
Veterans Memorial
The Young and The Rest of Us

WHEN AND WHERE

various
various
various
Fri - 4:00pm, Gathering Place
various, Hall
various
various, Memorial
various

CONTACT

Joanne Hansen (619) 743-3823
Susie Riley (603) 938-5283
Pat Martin (760) 703-7776
Inge Stein (858) 335-9885
Wade Steverson (760) 297-4810
Linda Steverson (760) 297-4810
Susie Riley (603) 938-5283
Susie Riley (603) 938-5283